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AUTHOR Roweton, William E.
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ABSTRACT

The study relates performance on a cognitive-style measure of perceptual sensitivity and grade point averages to several indices of creativity as affected by a checklist procedure and verbal pretraining. Subjects were 76 students, half of which received verbal pretraining requiring them to list adjectives under five categories. The pretrained subjects were divided into three groups. One group was instructed to use the long checklist consisting of seven category names followed by an extensive listing of specific values in thinking of physical changes in the product improvement problem. Another group was instructed to use the short checklist consisting of only seven category labels from the long checklist. The third group did not receive any checklist. The remaining students with no verbal pretraining were also divided into three groups and administered the same checklist treatments as the pretrained subjects. All subjects were presented a product improvement problem for 10 minutes and an unusual uses problem for the following 10 minutes. Among the results are: (1) subjects more sensitive to perceptual detail are not necessarily more creative, (2) grade point averages are not highly related to creativity, (3) verbal pretraining facilitates idea fluency but not originality. (Author/MC)

**Creativity: Idea Quantity
and Idea Quality**

William E. Roweton

Indiana State University

Earlier studies showed that two simple training techniques, the checklist procedure (e.g., see Davis & Roweton, 1968) and verbal pretraining (Roweton, 1969), facilitate creative idea production in tests requiring Ss to list physical changes for common objects. An idea checklist provides S with a general or specific list of ideas suggesting physical improvements. Verbal pretraining involves controlled, free-association, warm-up prior to problem solving. The Ss list adjectives (that is, different colors, shapes, sizes, etc.) for 5 min. before working on creativity problems (see Roweton, 1969).

The present study related performance on the Hidden Figures Test (HFT), a cognitive-style measure of perceptual sensitivity, and grade point averages (GPA) to several indices of creativity as affected by the checklist procedure and verbal pretraining. One group of college students used a long checklist, an extensive and detailed list of ideas, and a second group used a seven-item short checklist. Half

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of the Ss in these two groups, plus half of the Ss in a control group, were administered verbal pretraining.

Two problems provided dependent measures, a product improvement problem in which Ss listed physical changes for a door knob, and an unusual uses problem, requiring Ss to list uses for a brick.

Based upon earlier studies with the checklist and verbal pretraining procedures, several predictions seemed relatively clear. However, creativity as affected by these operational training procedures has never been empirically related to cognitive style measures or to intellectual-achievement factors (i.e., GPA). First, it was predicted that the short checklist would facilitate creative idea production more than the long checklist or no checklist conditions (e.g., see Davis & Roweton, 1968). Second, verbal pretraining also was expected to facilitate idea production (see Roweton, 1969). Third, concerning cognitive style, it may be assumed that individuals who are perceptually sensitive to detail in the HFT might also be perceptually sensitive to physical dimensions along which common objects may vary. That is, Ss scoring high on the HFT may be more likely to think of physical changes and uses of greater quantity and creative quality. Fourth, since the relationship

among intelligence, academic achievement, and creativity is a contested yet unresolved issue (e.g., see Barron, 1969), the correlations between GPA and creativity scores should provide additional information relevant to this traditionally critical question.

METHOD

Subjects.--A total of 102 students from an introductory educational psychology course at the University of Wisconsin were given the Hidden Figures Test (HFT). Several weeks later, 76 of these ss volunteered to participate in a creativity experiment.

Procedure.--Half of the 76 ss received verbal pretraining, requiring them to list adjectives under five categories (i.e., colors, materials, shapes, sizes, and styles). (See Table 1.) For those ss receiving verbal pretraining, one group was instructed to use the long checklist in thinking of physical changes in the product improvement problem. The long checklist consisted of seven category names followed by an extensive listing of specific values. (See Table 2.) Another group was instructed to use the short checklist consisting of only the seven category labels

from the long checklist. (See Table 3.) A third group did not receive any checklist. Three groups received no verbal pretraining but were administered the same checklist treatments as Ss who received verbal pretraining. That is, one group was administered the long checklist, one group received the short checklist, and one group was not given any checklist.

All 76 Ss were presented the product improvement (door knob) problem for 10 min. and the unusual uses (brick) problem for the following 10 min.

Design.--The relationship between cognitive style, grade point average, and creativity was assessed by Pearson correlation coefficients.

Regarding the training manipulations, a 3 x 2 factorial design was employed, with three levels of checklist training (long, short, or no checklist) and two levels of verbal pretraining (presence or absence).

To evaluate the effects of the checklist procedure and verbal pretraining independently of cognitive style and academic achievement, HFT and GPA were treated as covariates.

Dependent variables.--The dependent measures of creativity were idea frequency, originality, rated practicality, and flexibility.

RESULTS

Physical change (door knob) problem.--An analysis of covariance indicated that the checklist main effect reached significance on the flexibility measure ($F=3.83$, $df=2/68$, $p<.03$). On a subsequent Scheffe Multiple F test, long checklist Ss were slightly more flexible than the Short Checklist Group ($F=2.61$, $df=2/70$, $p<.10$). Second, on the number of highly practical ideas, the checklist main effect again reached significance ($F=3.08$, $df=2/68$, $p<.05$). The Long Checklist Group produced marginally more highly practical physical changes than Ss not receiving any checklist ($F=2.76$, $df=2/70$, $p<.10$).

The Ss administered verbal pretraining were significantly less original ($F=5.66$, $df=1/68$, $p<.02$), produced a smaller proportion of highly original ideas, but listed slightly more physical changes ($F=2.80$, $df=1/68$, $p<.10$) than Ss not receiving pretraining.

Unusual uses (brick) problem.--An analysis of covariance did not yield any significant F ratios for either the checklist or verbal pretraining main effects. However, on the number of uses produced, the checklist X verbal pretraining interaction was significant ($F=5.56$, $df=2/68$, $p<.006$). The Ss receiving verbal

pretraining and the long checklist produced significantly more uses than Ss with the long checklist but not receiving pretraining ($F=2.15$, $df=5/70$, $p<.05$). Also, on the proportion of highly practical ideas, the checklist X pretraining interaction reached significance ($F=4.21$, $df=2/68$, $p<.02$). The Ss with no verbal pretraining and a long checklist produced proportionally more highly practical ideas than Ss receiving both the long checklist and verbal pretraining ($F=2.00$, $df=2/70$, $p<.10$).

Selected correlations.--GPA correlated significantly with idea frequency ($r=.26$, $p .02$), the number of highly original ideas ($r=.27$, $p<.02$), and flexibility ($r=.22$, $p<.06$) in the door knob problem. HFT scores were significantly correlated only with the number of highly practical uses produced in the brick problem ($r=.29$, $p<.01$).

DISCUSSION

According to the results, first, HFT scores were not substantially related to creativity. The Ss more sensitive to perceptual detail were not necessarily more creative. Second, GPA, like HFT scores, were not highly related to creativity test performance. Obviously, the relationship between quasi-personality measures and

creativity is not direct and simple as initially hypothesized. Creative idea production must be influenced by factors greater than simple perceptual sensitivity and academic achievement. Third, the results clearly indicated that the short checklist did not overwhelmingly enhance creative idea quality as earlier studies suggested (e.g., Davis & Roweton, 1968). Fourth, verbal pretraining facilitated idea fluency, but not originality. That is, verbal warm-up apparently stimulated Ss to produce many common physical changes, inadvertently depressing idea originality. Finally, with the unusual uses problem, neither the checklist nor verbal pretraining main effects clearly influenced idea quantity or quality. Therefore, training for product improvement problems with the checklist and verbal pretraining procedures may not transfer to the unusual uses test.

In summary, the checklist procedure and verbal pretraining enhanced idea fluency more than idea quality (e.g., originality) in the door knob problem. However, it was not substantiated, as assumed by Osborn (1963) and others, that idea quality increases inevitably with idea production. Idea quantity and the number of creative ideas did not substantially correlate in either the door knob problem ($r = -.06$) or the brick problem ($r = -.28$).

The effects of simple training procedures must be re-evaluated since the present study questions earlier findings. It may be that idea fluency, the production of many different solutions to a problem, is an important early phase in problem solving. High idea quality may depend upon further elaboration and refinements of the initial ideas.

References

- Barron, F. Creative person and creative process. New York: Holt, Rinehart, and Winston, 1969.
- Davis, G. A., & Roweton, W. E. Using idea checklists with college students: Overcoming resistance. Journal of Psychology, 1968, 70, 221-226.
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TABLE 1
VERBAL PRETRAINING SCORESHEET

Name _____ Sex _____ Date _____

List as many examples under each of the five categories printed below as you can in 5 min. Two examples of the color category, for instance, could be red and blue. You must list at least four examples for each of the categories.

A. Colors

1. _____
2. _____
3. _____
4. _____
- _____
- _____
- _____
- _____
- _____

C. Shapes

1. _____
2. _____
3. _____
4. _____
- _____
- _____
- _____
- _____
- _____

E. Designs or Styles

1. _____
2. _____
3. _____
4. _____
- _____
- _____
- _____
- _____
- _____

B. Materials

1. _____
2. _____
3. _____
4. _____
- _____
- _____
- _____
- _____
- _____

D. Sizes

1. _____
2. _____
3. _____
4. _____
- _____
- _____
- _____
- _____
- _____

TABLE 2

LONG CHECKLIST

AIDS IN THINKING OF PHYSICAL CHANGES

<u>Add and/or Subtract Something</u>	<u>Change Color</u>	<u>Change the Materials</u>	<u>Change by Rearranging the Parts</u>
Make Stronger	Blue	Plastic	Switch Parts
Make Faster	Green	Glass	Change Pattern
Exaggerate	Yellow	Fiberglass	Combine Parts
Something	Orange	Formica	Other Order of
Duplicate	Red	Paper	Operation
Something	Purple	Wood	Split Up
Remove	White	Aluminum	Turn Backward
Something	Black	Nylon	Upside Down
Divide	Olive Green	Cloth	Inside Out
Make Lighter	Grey	Gunny Sack	Combine Purposes
Abbreviate	Brown	(Burlap)	Other Switcheroo
Add New Do-Dad	Tan	Cardboard	
Add New Smell	Silver	Steel	
New Sound	Gold	Leather	<u>Change Design or</u>
New Lights	Copper	Copper	<u>Style</u>
New Flavor	Brass	Rubber	
New Beep Beep	Plaid	Other	Oriental design
New Jingle	Striped	Material?	Swedish design
Jingle	Polka-dotted	Combination	Mexican design
Subtract The	Flowers	of These	French design
Thing That	Speckles	Materials?	Eskimo design
Doesn't Do	Paisley		Russian design
Anything	Pop Art		American design
	Other Colors?		Indian design
	Color		Egyptian design
	Combinations?		Spanish design
<u>Change Shape</u>	Other Patterns?		Old West
Round			Roaring Twenties
Square			Past Century
Triangle	<u>Change Size</u>		Next Century
Oval	Longer		Middle Ages
Rectangle	Shorter		Cave Man
5-Sided	Wider		Pioneer
6-Sided	Fatter		Hippie
8-Sided	Thinner		Beatnik
10-Sided	Thicker		Other Weirdos
Lop-Sided	Higher		Ivy League
Sharp Corners	Lower		Secret Agent
Round Corners	Larger		Elves and Fairies
Egg-Shaped	Smaller		Clown
Doughnut-	Jumbo		Football Uniform
Shaped	Miniature		
"U" Shaped	Other Size?		
Other Shapes?			

TABLE 3

SHORT CHECKLIST

AIDS IN THINKING OF PHYSICAL CHANGES

1. ADD AND/OR SUBTRACT SOMETHING
2. CHANGE COLOR
3. CHANGE THE MATERIALS
4. CHANGE BY REARRANGING THE PARTS
5. CHANGE SHAPE
6. CHANGE SIZE
7. CHANGE DESIGN OR STYLE