ED 032 489

AC 005 390

Programs for Urban Action.

National Board of Young Mens Christian Association, New York, N.Y.

Pub Date 68

Note - 163p.

EDRS Price MF -\$0.75 HC -\$8.25

Descriptors - \*Action Programs (Community), Cultural Enrichment, Employment Programs, Interagency Cooperation, Interpersonal Relationship, Mobile Educational Services, Outdoor Education, \*Participant Involvement, \*Program Descriptions, Program Planning, Recreational Programs, \*Religious Organizations, Staff Improvement, \*Urban Areas

Identifiers Young Mens Christian Association

This booklet contains descriptions of 150 urban action programs being conducted by Young Men's Christian Associations throughout the United States. Planning principles are included to assist those who wish to adapt the programs to local situations: involvement of people in planning; use of local indigenous leadership; planning in collaboration with other relevant organizations; fact finding and analysis; generation of receptivity; and involvement of program participants. Areas covered are: camping/outdoor education programs; correctional assistance programs; cultural enrichment programs/domestic exchanges; day camps, fun clubs, sports and recreational programs; detached worker programs; interpersonal relations programs; driver training and English teaching; group residential centers; handicapped persons services; Indian (American) services; inner city youth center; intern programs (community); interpretation courses on race and culture; jobs programs; neighborhood program/mobile operations; planning organizations (community); police relations programs; pre-school/neighborhood mothers' program; tutoring/supervised study programs; and urban conferences/staff development groups. (nl)

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE
OFFICE OF EDUCATION

THIS DOCUMENT HAS BEEN REPRODUCED EXACTLY AS RECEIVED FROM THE PERSON OR ORGANIZATION ORIGINATING IT. POINTS OF VIEW OR OPINIONS STATED DO NOT NECESSARILY REPRESENT OFFICIAL OFFICE OF EDUCATION POSITION OR POLICY.

# PROGRAMS FOR URBAN ACTION



# PROGRAMS FOR URBAN ACTION

A description of Action Programs being conducted by YMCAs of the United States which are designed to help relieve some of the major urban and human problems confronting the people in cities.

Sponsored by the Urban Action Commission, National Board of YMCAs, this has been a collaborative effort involving the departments and divisions of:

URBAN DEVELOPMENT—
RESEARCH AND DEVELOPMENT—
PROGRAM SERVICES—

of the

NATIONAL BOARD OF YOUNG MEN'S CHRISTIAN ASSOCIATIONS 291 BROADWAY, NEW YORK, N.Y. 10007



### PROGRAMS FOR URBAN ACTION

### **FOREWORD**

One of the initial recommendations of the Urban Action Commission of the National Board of YMCAs was that there be a communication to all YMCAs and supporting units which would contain reports of Y action and programs on the urban front, and an appeal to share insights and concerns related to this work. This notebook is a response to such a recommendation.

This has been a collaborative effort, coordinated by the Executives for Urban Development, Research and Development and Constituent Services. Staff members from within each of these divisions have helped in its production. The Program Services Department's Mrs. Charlotte Himber receives a special word of thanks for her editing of the material.

It is loose-leaf in design (and may be transferred to a more permanent binder), and open-ended in concept. Noteworthy programs will be solicited and disseminated on a continuing basis. YMCAs conducting programs different from the ones described are urged to write them up, using the established one-page format, and mail them to the Executive for Urban Development, Room 1800, 291 Broadway, New York, N.Y.

Additional information regarding any of the program extracts may be secured by writing your specific questions to the YMCA involved.

Additional copies of this notebook may be secured at a cost of \$2.00 each by contacting:

Robert R. Dye Asst. Exec. Director for Urban Development 291 Broadway, New York, N.Y. 10007



# SOME PLANNING PRINCIPLES IN BRINGING PROGRAMS TO INNER-CITY AND OTHER PREVIOUSLY UNSERVED COMMUNITIES

SOME OF THE PROGRAMS DESCRIBED IN THIS NOTEBOOK CAN BE ADOPTED, AS DESCRIBED, BY LOCAL ASSOCIATIONS. HOWEVER, THESE ARE PROBABLY FEW IN NUMBER. THE MAJORITY OF THESE PROGRAM DESCRIPTIONS MUST BE ADAPTED TO EACH LOCAL SITUATION, SO THAT THEY REFLECT THE UNIQUE NEEDS, GOALS, AND RESOURCES OF PARTICULAR COMMUNITIES. EXPERIENCE HAS INDICATED THAT THE APPLICATION OF CERTAIN PLANNING PRINCIPLES WILL FACILITATE THIS ADAPTATION PROCESS. SOME OF THESE ARE:

- 1. PEOPLE WHO WILL PARTICIPATE IN THE PROGRAM MUST BE INVOLVED IN THE PLANNING.
- 2. LOCAL INDIGENOUS LEADERSHIP MUST BE INVOLVED IN THE PLANNING AND SUBSEQUENT DIRECTION OF THE PROGRAM.
- 3. PLANNING MUST BE DONE IN COLLABORATION WITH OTHER RELEVANT ORGANIZATIONS IN ORDER FOR TOTAL RESOURCES TO BE FULLY UTILIZED.
- 4. RELEVANT PLANNING INVOLVES FACT FINDING AND ANALYSIS.
- 5. THE CLEAR DELINEATION OF OPERATIONAL SPECIFIC OBJECTIVES IS BASIC TO ALL PLANNING.
- 6. PLANNING SHOULD GIVE ATTENTION TO WAYS TO GENERATE RECEPTIVITY AND INVOLVEMENT ON THE PART OF PROGRAM PARTICIPANTS.

### ERRA'IA

Page v Table of Contents

XV DETACHED WORKER PROGRAM

Should be: MIGRANT WORKER PROGRAM

Page 92 JOBS PROGRAMS Insert under heading: O.I.C. (Opportunities Industrialization Centers) the following:

While not sponsored by the YMCA, this program is housed in a section of the residence facilities of the Centre Avenue Branch YMCA. In addition to leasing space to the O.I.C., the YMCA cooperates in every way.

ERIC.

### TABLE OF CONTENTS

TIOT		rag
FOR	REWORD	i
SOM	ME PLANNING PRINCIPLES	ii
I.	CAMPING/OUTDOOR EDUCATION PROGRAMS	1
•	A. Interracial, Intercultural Camp - Newark, New Jersey	1
	B. Camping For Inner City Girls - Washington, D. C.	2
	C. Camperships - Santa Barbara, California	2 3
	D. Interracial High Sierra Caravan Camp - Los Angeles, California	
	E. North Woods '68 - Cleveland, Ohio	5
	F. Coed High School Camp For The Disadvantaged - Tacoma, Washington	4 5 7 8
	G. The YMCA and Outdoor Education - Washington, D. C.	8
	H. Outdoor Education Program - Lincoln, Nebraska	10
	I. Camping and Education Project - Old Town, Maine	11
	J. Teen Evening Camp - Philadelphia, Pa.	12
	K. Senior Citizens Camping - Philadelphia, Pa.	13
II.	CORRECTIONAL ASSISTANCE PROGRAMS	14
	A. Correctional Assistance Program - Boston, Mass.	14
	B. Juvenile Detention Center Program - Nashville, Tenn.	15
III.	CULTURAL ENRICHMENT PROGRAMS/DOMESTIC EXCHANGES	16
	A. Domestic Exchange Program - Ohio-West Virginia YMCAs	16
	B. Trip Program - Paterson, N. J.	17
	C. YMCA-YWCA Adventure Tours - University of Washington YM-YWCA	18
	D. Wide Horizons - Philadelphia, Pa.	19
	E. Rocky Mountain Interracial Tour - Cleveland, Ohio	20
IV.	DAY CAMPS/FUN CLUBS/SPORTS AND RECREATION PROGRAMS	21
	A. Teen Evening Camp - Portland, Oregon	21
	B. Interracial - Intercultural Day Camp - Cleveland, Ohio	22
	C. Rotary-Y Day Camp - Reading, Penna	23
	D. ABCS - "Any Boy Can Succeed" - Worcester, Mass.	24
	E. Unity School Health & Physical Fitness - State YMCA of New	٥٢
	Hampshire	25
	F. Young Adults for Kids - Worcester, Mass.	26
	G. Boys Fun and Fitness Program - Tacoma, Washington	27 28
	H. Summer Youth Recruiting Teams - San Francisco, California  I. Cool Tags - Philadelphia, Pa.	29
	J. Airplane Excursions - Cleveland, Ohio	30
	K. Panthers Sports Program - Dayton, Ohio	31
17	DETACHED WORKER PROGRAMS	32
* *	A. Youth Action - Chicago, Illinois	32
	B. Operation Outreach - Rochester, N. Y.	33
	C. Project Street Corners - Peoria, Illinois	35 35
	D. Detached Services Program - Honolulu, Hawaii	<b>3</b> 6
	E. Detached Worker Program - New York City, N. Y.	37
	F. Street Club Work - Worcester, Mass.	38
	G. Detached Worker Program - Detroit, Michigan	<b>3</b> 9
	H. Schools Detached Worker - Miami, Florida	40
	T Inner City Ministry - Canton, Ohio	41



17 <b>T</b>	DIALOGUES/INTERPERSONAL RELATIONS PROGRAMS	42
VI.	A. Dialogue Groups - Springfield, Mass.	42
	B. Home Dialogues - Newark, N. J.	43
	C. Urban Dialogue Meeting - Sacramento, Calif.	44
	D. SECOND (Students Encouraging Communication on New Directions) -	• •
	Boston, Mass.	45
	E. Interracial Teen Conference - Long Beach, Calif.	46
	F. Interracial Human Relations Lab - Pacific Northwest Area	47
	G. Coed High School Interracial Micro Human Relations Lab -	
	Tacoma, Wash.	48
	H. Buddy System of Trenton, Trenton, N. J.	49
	I. Amigos Project - Stiles Hall Univ. YMCA - Berkeley, California J. Big-Brother-Big Sister - Oregon State Univ. YM-Y CA - Corvallis,	50
	Oregon	51
	K. LINK - Philadelphia, Pa.	52
	L. Negro-Caucasian Teen Dialogues - Portland, Oregon	53
	M. Project TEACH - Univ. of Wisconsin	54
WTT.	DRIVER TRAINING AND ENGLISH TEACHING PROGRAMS	55
V 1.1.	A. Reading, Pennsylvania	55
VIII.	GROUP RESIDENTIAL CENTERS	56
	A. Walton Village - Philadelphia, Pa.	56
	B. Group Residential Center - Columbus, Ohio	57
		<b>5</b> C
IX.	HANDICAPPED PERSONS SERVICES	5ე ნე
	A. Blind Camper Program - New Hampshire State YMCA	58 59
	B. Retarded Children Swimming Program - Concord, New Hampshire	29
х.	INDIAN (AMERICAN) SERVICES	60
	A. St. Paul American Indian Center - St. Paul, Minn.	60
XI.	INNER CITY YOUTH CENTER	61
	A. The House of Soul - Reading, Penna.	61
	B. Teenage Drop In Center - Montclair, N. J.	62
	C. The Teen Post - Redlands, Calif.	63
	D. August Fun Club - Raritan Velley, New Brunswick, N. J.	64
VTT	THERE DECOMES (CONSTRUCTOR)	65
YTT.	INTERN PROGRAMS (COMMUNITY)  A. Midland II Project - Bloomington - Normal, Illinois	65
	B. Operation Job-In - Oakland, Calif.	66
	C. Vista Volunteers - Pittsburgh, Pa.	67
	D. Leadership and Work Training Project - Springfield College,	0,
	Massachusetts	68
XIII.	INTERPRETATION COURSES ON RACE AND CULTURE	69
	A. Understanding Black Power - Reading & Berks County, Pa.	69
<b>47-4</b>	TODG DOGDAYG	***
XTA.	JOBS PROGRAMS	70
	A. Jobs Now - Chicago, Illinois  B. VDI (Youth Brogness in Industry) - St. Louis, Mo.	70
	B. YPI (Youth Progress in Industry) - St. Louis, Mo.	72
	C. BYU (Business, YMCA, Urban League) - St. Louis, Mo. D. New Careers - Boston, Mass.	73 74
	E. New Careers - Washington. D.C.	74 75
	AL ALE SERVER HERMANEWILL WIVE	



XIV.	JOBS PROGRAMS (cont'd)	Page
•	F. New Careers Project - St. Louis, Mo.	77
	G. Training Resources For Youth, Inc. (TRY) - YMCA OF Greater	
	New York	78
	H. College Work Study - Boston, Mass.	79
	I. College Work Study - Ashland, Oregon	80
	J. Neighborhood Youth Corps - Jackson, Michigan	
		81
	K. Neighborhood Youth Corps - Washington, D. C.	82
	L. YMCA Neighborhood Youth Corps - Reading & Berks County, Pa.	83
	M. Jobs Club - Philadelphia, Pa.	84
	N. Job Corps Program - Washington State Univ., Pullman, Wash.	85
	O. JACS (Joint Action in Community Service) Job Corps Returnees	
	Program - Denver, Colorado	86
	P. Industrial Services Program - Wilmington, Delaware	87
	Q. Concentrated Employment Program (CEF) - Washington, D.C.	88
	R. House Of U.S.E. (Understanding, Stimulation, Education) -	
	Butler St. Atlanta, Ga.	89
	S. Brooklyn YMCA Trade School - New York City	90
	T. Youth In Action - Canton, Ohio	91
	U. O.I.C. (Opportunities Industralization Centers) - Pittsburgh, Penna.	
	V. Youth Orientation To Industry - Pomona, Calif.	93
	W. YMCA Work-Reation Camp - Reading & Berks County, Pa.	95
	• • • • • • • • • • • • • • • • • • •	
	X. Work-Study-Motivation Project, San Francisco, Calif.	97
	Y. Urban Youth Jobs Program - Detroit, Michigan	98
	Z. Housing Program For Imported Youth - Rochester, Minn.	99
	Z. Jobs Search - Cleveland, Ohio	100
ZZ	2. YMCA Counseling and Testing Service - New York, New York	101
XV.	DETACHED WORKER PROGRAM	102
1	A. Migrant Worker Program - Reading & Berks County, Pa.	102
XVI.	NEIGHBORHOOD PROGRAM/MOBILE OPERATIONS	103
	A. Operation Latch-Key - Dayton, Ohio	103
	B. Lighted Schools, Cincinnati, Ohio	104
	C. Enrichment Centers - Dayton, Ohio	105
	D. Project Outreach - Schenectady YMCA	
		106
	E. Extension Work in Depressed Areas - Nashua, New Hampshire	107
	F. Mobile Swimming Pool - Jersey City, N. J.	108
	G. YOUTHMOBILE - Worcester, Mass.	109
	H. VAN PROGRAM - Aurora, Illinois	110
	I. WHEELS - Boston, Mass.	111
	J. Youth Mobile - Philadelphia, Pa.	112
XVII.	PLANNING ORGANIZATIONS - COMMUNITY	113
	A. Wilmington Youth Emergency Action Council - Wilmington, Delaware	113
	B. Center City Coordinated Youth Services - Wilmington, Delaware	114
	C. Operation Positive - Canton, Ohio	116
	D. Goal Five Program - Detroit, Mich.	117
	Decroit, Filen.	11/
XVTTT.	POLICE RELATIONS PROGRAMS	110
v	A. Police Junior Aide Program - St. Louis, Mo.	118
		118
	B. Police-Community Relations Camp - Omaha, Nebraska	120
VTV	DDE_GCHOOT /NETGUDODHOOD WORKERG DDOODAY	
ALA.	PRE-SCHOOL/NEIGHBORHOOD MOTHERS PROGRAM	121
	A. Pre-School Program - Paterson, N. J.	121
	B. Pre-School Program - Wash., D.C.	122
	C. Day Care Program - Savannah, Georgia	123



XIX.	PRE-SCHOOL/NEIGHBORHOOD MOTHERS PROGRAM (cont'd)	Page
	D. Y Kids - Pre-School - Canton, Ohio	124
	E. Neighborhood Mothers - Canton, Ohio	125
	F. Self-improvement Group for ADC Mothers - Eugene, Oregon	126
	G. Women's Fitness Class - Tacoma, Wash.	127
xx.	SCHOOLS	
	A. Penn Center Academy - Phila., Penna	128
	B. Social Service Aide Project For The Education and Training of	
	Sub-Professionals - Chicago, Ill.	129
XXI.	TUTORING/SUPERVISED STUDY PROGRAMS	
	A. Tutor Project - Dallas, Texas	130
	B. "College Opportunity Program" - Dallas, Texas	131
	C. Tutorial Program - Meriden, Conn.	132
	D. Tutorial Program - Carbondale, Ill.	134
	E. Tutorial Program - Wash. State Univ Pullman, Washington	135
	F. YMCA Academy - Buffalo, N. Y.	<b>13</b> 6
	G. College Entrance Aid, Fresno State College - Fresno, California	137
	H. Union City Project - Stiles Hall, Berkeley, Calif.	138
	I. Remedial Reading Project - Ohio-West Virginia Area of YMCAs	139
	J. Remedial Educational Services - Univ. of Kentucky -	
	Lexington, Kentucky	140
	K. Latin-American Literacy Project - Boston, Mass.	141
	L. Supervised Study - Canton, Ohio	142
	M. Share - 20, Chicago, Ill.	143
XXII.	URBAN CONFERENCES/STAFF DEVELOPMENT GROUPS ON THE URBAN PHENOMENA	
	A. Urban Problems Conference, Springfield College, Springfield, Mass.	144
	B. Crisis Forum - Philadelphia, Pa.	145
	C. A I D (Action in Depth) - Philadelphia, Penna	146
	D. Project Understanding - Pittsburgh, Pa.	147
	E. Staff Development Series on the Urban Phenomena - Pittsburgh, Pa.	148
XXIII.	A. The Progressive Organization Of Afro-American youth -	
	Reading, Penna.	149
	Supplementary Reports (See new section after p. 149)	S <b>-</b> 1
	pablicaria webores (nee new section arrer h. 142)	9-T

9,

# A. Interracial, Intercultural Camp - Newark, New Jersey

### Purpose of Program

To provide a meaningful interracial and intercultural, high quality Camping Program for youth from the inner core sections of Newark and middle to upper class areas of Newark.

### How does it operate? Whom does it serve?

As a result of a one year study by laymen and staff, the following policies and areas of emphasis were made:

Totally subsidized campers from other community agencies, such as the Newark Fresh Air Fund, were not to exceed 20% of the camper enrollment in any camp period. This 20% did not include YM-YWCA youth members who were subsidized through the Newark YM-YWCA. This allowed for the realization of at least a 30% representation of inner core city youth in each camp period.

A racial balance goal was established at 50% Negro and 50% white in each camp period.

Camp staff salaries were increased and highly competent and motivated college students and college graduates were secured.

The eight day pre-camp training of staff provided an in-depth and involved preparation experience, including a tour of the Newark ghetto areas and visitation to the homes of Negro families for evening dinner and discussion. Training programs were held each week during the summer camp season. A five year research program was established to determine significant developments.

There was a reduction of the camper counselor ratio from 8 to 1 to a ration of 6 to 1 in order to give more depth to the small group approach to program. A concentrated promotion effort was developed to reach and secure youth.

### How is it funded?

Because of the increase in costs primarily due to the decrease in camper-counselor ratio and the increase in staff salaries, a potential \$13,000 deficit was carried as income with the plan to secure these monies from sources in the community.

### **Evaluation**

Results of the First Year: In total, the results of the first summer's operation of the plan in 1967 was very satisfactory. Campers, counsellors, administrative camp staff and camp committeemen were enthusiastic. The 50/50 ratio of campers (Negro/white) worked out almost exactly. Enrollment of white suburban campers increased every period. Efforts are now being made to present the values of interracial camping to several suburban communities to secure larger enrollments of white campers for the 1968 season. A good start has been made. We are enthusiastic about possibilities for the future.

Association: YM-YWCA of Newark and Vicinity

City: Newark, New Jersey



### B. Camping For Inner City Girls - Washington, D. C.

### Purpose of Program

To involve the inner city youth in a traditional resident camping program for girls (Camp Orenda). One of the objectives of this program is to provide the opportunities for suburban and urban children to have a significant and meaningful inter-group experience in a resident camp setting. Through these experiences it is hoped that attitudes and values will be developed based on experience and not on rumor or myth.

# How does it operate? Whom does it serve?

- 1. The emphasis is on "quality" and stresses inter-group and inter-personal relations.
- 2. Emphasis is placed on inter-group relations and group dynamics in staff training.
- 3. Only in the morning hours is there a structured program; the remainder of the day is planned by campers and staff.
- 4. While development of skills are important, they are seen primarily as means to more basic and important ends.

### How is it funded?

80% of the campers pay their own way. The Committee of Management, because it feels strongly that suburban youngsters need and can benefit by experiences with urban youngsters, raises the funds not only for the cost of camp but for personal clothing and equipment where necessary.

### Evaluation

Many parents have met with the Orenda Committee following the last four seasons and have discussed in depth the problems and the successes. These parents, while cautioning the Committee to do everything possible to insure a positive and meaningful experience, have expressed real satisfaction with the program. This is in light of concerns by the camp administration about some problems, such as the addition of a few new vocabulary words by some campers. The measure of success can be somewhat determined by the fact that in three years after the program was initiated, the camp operated and continues to operate at capacity and has a substantial waiting list.

Association: Metropolitan Office

City: Washington, D. C.

### C. Camperships - Santa Barbara, California

### Purpose of Program

To provide opportunities for a meaningful camping experience and annual memberships for those who would otherwise not be able to afford the Y program.

### How does it operate? Whom does it serve?

Total funds available are divided into quotas for the County Welfare Department, the two major school districts in the area and the YMCA. The YMCA retains a quota in order to meet requests from individuals, private agencies, and infrequent requests from other county agencies. A meeting is held in April or early May to inform agencies regarding quotas and our philosophy, and to welcome their suggestions. All requests are channeled through one professional staff member. Utilizing school and county social workers relieves her of much casework detail. Generally, children from low socio-economic families throughout the community are served, the majority from Negro and Mexican-American homes.

### How is it funded?

By solicitation for our Sponsor Fund during the membership campaign and from a local Foundation. Total \$8,000 - \$10,000.

### Evaluation

Last year nearly 200 youngsters had a camping experience and over 100 enjoyed annual memberships. Each year we strive to improve our system of operation and to strengthen our relationship in the community. The program provides a valuable community service and is a good public relations effort for our Y.

Association: Santa Barbara YMCA

City: Santa Barbara, California

D. Interracial High Sierra Caravan Camp - Los Angeles, California

### Purpose of Program

To provide the opportunity for boys from Watts to be members of a caravan group seeing the wonders of the High Sierras. But through this experience, sharing some of themselves with other boys from our branch; basically learning how to get along with our fellow man.

### How does it operate? Whom does it serve?

25 Junior High-aged boys mix together on a one-week truck caravan. It serves both boys from Wilmington-Carson-Dominguez, and boys from Watts.

### How is it funded?

Most of the boys' parents paid their own way; some sold peanuts, others were on Camperships.

### Evaluation

Great! Some of our lily white boys found out black boys are human too!

Association: Wilmington-Carson-Dominguez

City: Los Angeles, California

### E. North Woods '68 - Cleveland, Ohio

### Purpose of Program

"North Woods '68" is a project designed to provide a Canadian North Woods camping experience for teenagers from inner-city areas of Cleveland. Until 1967 virtually no youth from these areas have been able to participate in more sophisticated programs of canoe and tent camping, much less do so outside the continental limits of the United States. This program will attempt to give them an excellent outdoor experience.

### How does it operate? Whom does it serve?

The project is under the supervision of the Cleveland Young Men's Christian Association and funded through the office of Economic Opportunity. Participating were 25 youth who qualify under poverty as defined by the council on Economic Opportunity. Youth also have to meet some criteria established by the YMCA.

The YMCA utilizes equipment and facilities of its North Woods Resident Camp located in Canada. Also built into the design is an evaluation process involving leaders, participants, and parents of participants.

The program was sponsored for 26 inner-city youth in 1967, utilizing funds provided by the Office of Economic Opportunity.

The campers receive pre-camp materials orienting them to the program. They travel the 600 miles to North Bay via bus, stopping over night one night en route. A regular itinerary is supplied.

After arriving at Camp, campers go through an extensive three day training program in outdoor living, canoemanship, water safety, cooking, and other skills necessary to live in the wilderness.

The group then makes a 5-6 day out-trip into the Canadian woods. After returning to base camp from the out-trip, they depart for Cleveland.

### Qualification of Campers:

All participants must meet the following qualifications.

- 1. Come from a poverty household as defined in the June 23, 1967 memo from the Welfare Federation To Agencies utilizing 0.E.O. Funds For Camping.
- 2. Be 13-15 years of age.
- 3. Be able to swim 100 yards and tread water for ten minutes. (Due to the possible hazards involved in canoe out-tripping, it is extremely important that campers be able to handle themselves well in deep water.)



# E. North Woods '68 - Cleveland, Ohio (Cont'd)

### How is it funded?

Funded by the Office of Economic Opportunity

### Evaluation

Basically, the project gives each participant a stimulating and worthwhile experience in sophisticated outdoor camping. Any camping program attempts to develop values such as an understanding of nature, an experience contributing to better health and habits, and the learning of some worthwhile skills. In an out-trip camp experience, these values are intensified and the value of hard work and team work added. Part of the evaluation is to see if the experience has any real carry-over value for the participants.

An attempt will be made to further determine whether this type of experience itself can be adequately handled by boys from poverty backgrounds. The 1967 experience indicated that these youth were able to participate well.

Parents, participants, and leaders are personally interviewed relative to experiences and values. According to the evaluations completed, the program is extremely successful.

Association: YMCA Of Cleveland Ohio

City: Cleveland, Ohio

# F. Coed High School Camp For The Disadvantaged - Tacoma, Washington

### Purpose of Program

- 1. To give teenagers an opportunity to have an interracial group experience
- 2. To develop leadership from the group to continue on Y programs after camp
- 3. Fun and recreation

### How does it operate? Whom does it serve?

- 1. Camp program was planned and executed by the youth working in councils and committees. Camp was staffed by Y staff and O.E.O. employees and volunteers.
- 2. 54 teenagers from the hard core areas attended the one week session at Camp Seymour.

### How is it funded?

Funds for this program came in the form of Camperships from Federal Youth Alert Funds. O.E.O. camp leaders were paid from the local Multi-Service Center budgets.

### **Evaluation**

The program was relatively effective in accomplishing its goals and purposes. It gave the YMCA many contacts in the community for subsequent programs with the disadvantaged. One Hi-Y and one Tri-Hi-Y club are actively meeting in the area.

Association: Tacoma YMCA

City: Tacoma, Washington

G. The YMCA and Outdoor Education - Washington, D. C.

### Purpose of Program

During the past three years the YMCA of Metropolitan Washington has <u>cooperatively</u> <u>planned</u> and <u>cooperatively implemented</u> an experimental program in Outdoor Education for inner city teachers and students with the University of Maryland and the District of Columbia Public Schools.

It was hoped that this project, utilizing the closeness of resident camp life, would provide teachers an opportunity to become more conversant with the problems, frustrations and needs of inner city children and to test new techniques of curriculum interpretation. It was also the intent to help students, both elementary and secondary, to develop more positive attitudes towards teachers and school, a more positive self image of himself as a person and as a learner and an opportunity to be exposed to the "thrill" of learning.

# How does it operate? Whom does it serve?

The three year program at Camp Lichtman successfully demonstrated that:

- a. Teacher attitudes can be made significantly more positive through such experiences, and techniques of curriculum interpretation can be developed for successful utilization in the classroom.
- b. The self-image of the student as a person and as a learner can be markedly improved through such exposures.

No attempt was made in Project Lichtman to provide a tutorial program for the students involved. The greatest value of outdoor education for the student is its ability to help the student develop more positive attitudes towards self, parning and school. Until a child has the interest in and the desire to learn, no teacher can teach that child and this is one of the basic problems in our urban educational system today.

Related to this is the ability of the teacher to interpret curriculum in such a way as to maintain the desire to learn and to make it meaningful. Outdoor education can play an important role in helping teachers, both new and old, develop teacher behavior that is responsive to the needs of these children and which is the basis for identifying the most effective and practical techniques of curriculum interpretation.

### How is it funded?

A total of \$157,000 was made available over these three years through Title I and Title III of the Elementary and Secondary Education Act.

G. The YMCA and outdoor Education - Washington, D. C. (Cont'd)

### **Evaluation**

Based upon an in-depth evaluation process that included Minnesota Multiphasic Personality Inventory, the Sears Self Concept Scale, evaluation by three different universities, and the Project's own evaluation team which included an Educational Psychologist and an advisory group of local research experts, the program successfully demonstrated effectiveness of a. and b. under "How does it operate?" In both of these areas, the YMCA had a vital role by providing the vehicle, a sort of bridge between the theoretical dimensions of teacher training and the realities of the environment in which teachers must work and by providing the opportunities for attitude adjustment by both teachers and students through interpersonal and group inter-action.

Association: Metropolitan Washington

City: Washington, D. C.

### H. Outdeer Education Program - Lincoln, Nebraska

### Purpose of Program

The assumption has undoubtedly been that youth have ample opportunity in the midplains region to avail themselves of outdoor experiences. However, experimentation in outdoor education as a part of the regular school program in several areas over the country, has demonstrated the worthiness of providing these kinds of experiences. The outdoor education was a new and innovative educational practice planned as an extension of regular school program not known to exist in Nebraska at the present time.

### How does it operate? Whom does it serve?

The Outdoor Education Program was first conducted in 1966 in Lincoln with boys and girls, ages 9 to 18, for four consecutive weeks, at the Lincoln YMCA Camp Kitaki.

In 1967 most of the boys and girls attending the Outdoor Education Program had attended the Title I summer school, and the remainder of the children came from low income families, who were not in need of special attention in reading, speech and hearing offered in the Lincoln Public School program.

The students represented both public and non-public school. The young people were encouraged to attend summer school and become participants on referral from school officials in target areas.

The boys and girls participated in a variety of events including physical and recreational activities such as swimming, horseback riding, archery and others; camp crafts, arts and crafts, nature study encompassing experiences related to astronomy, botany, biology, earth science and ornithology. Needs and circumstances caused variances in the program and in the schedule as was necessary to make experiences meaningful. Intangible values accrued largely from the actual involvement in a series of well-planned events. Campers participated in the various decisions of camp rules, regulations and activities.

### How is it funded?

In 1967 the program was funded through the Title I allocation to the Lincoln Public Schools. The Lincoln Public Schools administered the program and was responsible for accurate accounting of the funds.

### Evaluation

Many visitors from Lincoln public schools, the Lincoln Action Program, and the Lincoln YMCA observed the Outdoor Education Program at Camp Kitaki. Many needed tasks were performed by neighborhood Youth Corps enrollees.

Association: Lincoln YMCA Camp Branch

City: Lincoln, Nebraska

### I. Camping and Education Project - Old Town, Maine

### Purpose of Program

The purpose of the Camping and Education project was to provide disadvantaged children an opportunity to grow:

- 1. In achievement related to academic school work
- 2. In changed attitudes toward self, toward learning, toward school
- 3. In better social behavior and group relationships
- 4. In emotional maturity and stability

The project was also to provide teachers attending an Institute at the University of Maine with insight into the needs and capabilities of rural disadvantaged youth, and skill in relating to individual youth.

### How does it operate? Whom does it serve?

The Camping and Education project was cooperatively planned by the public schools of Old Town and Orono, the College of Education at the University of Maine, and the YMCA Day Camp. 25 children were selected by the schools to attend camp for six weeks and their way paid by camperships. Supplementary adult supervision was furnished by teachers attending a federally financed Institute at the University on "Disadvantaged Youth." The YMCA furnished the camp and the basic program into which the 25 children were integrated. Institute teachers attended 2 hours daily to give leadership to tribal projects based upon the interest of the total tribe. C&E children were selected as

- 1. disadvantaged,
- 2. academically deficient.

They entered into the regular camp without identification or discrimination. C & E program was integrated into the regular camp activities and engaged in by all campers.

### How is it funded?

Schools used Title I educational funds for camperships with approval of the Board of Education. University of Maine Institute was funded under Title XI of the National Defense Education Act.

### Evaluation

Campers were tested and retested with California Test of Personality without significant results. Subjective evaluation did show that behavior of children did change, that children learned the satisfaction of group relationships, in changed attitudes toward learning, school, teachers, and changed attitudes of teachers toward individual children. While learnings with academic value no doubt took place in project work and field trips, they seemed secondary to personality growth.

Association: North Central District YMCA

City: Old Town, Maine

# J. Teen Evening Camp - Philadelphia, Pa.

### Purpose of Program

To relieve the boredom of summer evenings at home, and the danger of summer evenings in the streets, the West Branch YMCA is conducting Teen Evening Camp.

The camp aims to serve both the "troubled" teens in the community referred to the Y and the normal teens. As the primary purpose of the project is to raise aspiration levels of teens by expanding horizons and to build trust in self and for other people the ideal would be to have a cross section of the community culturally and racially involved.

# How does it operate? Whom does it serve?

Six two-week periods, Monday, Wednesday and Friday nights, 6:30 p.m. to midnight. Each night group takes a mystery trip--a happening at a local discotheque; a bowling or swimming party, trip to the theatre, a night picnic in the woods....

Serves teens in the West Philadelphia community.

# How is it funded?

Federally funded through Philadelphia Anti-Poverty Action Commission.

### Evaluation

Report on Atlantic City trip was very good. Assume this is equally true of entire program.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia, Pa.

K. Senior Citizens Camping - Philadelphia, Pa.

### Purpose of Program

To provide recreation and camping experience for the elderly citizens of Philadelphia's poverty areas. For most it was the first such experience.

### How does it operate? Whom does it serve?

Senior citizens from city's poverty areas recruited through Philadelphia's Anti-Poverty Action Commission and integrated into regular Senior Citizens camping sessions at Camp Hilltop, an adult and family camp near Downingtown, Pa.

### How is it funded?

Federally funded through Philadelphia's Anti-Poverty Action Commission.

### Evaluation

Staff at Hilltop says senior citizens make best campers. If these special campers are like "regulars" it must be quite a fascinating time.

Association: YMCA of Philadelphia & Vicinity

City: Philadelphia, Pa.

### II CORRECTIONAL ASSISTANCE PROGRAMS

# A. Correctional Assistance Program - Boston, Mass.

### Purpose of Program

To help the ex-inmates of correctional institutions to resume a life of responsibility and self-discipline.

### How does it operate? Whom does it serve?

The program was initiated by David Farrington, a Boston University student who conducts the program with the assistance of work-study students under the direction of the University Director of the Boston YMCA.

Assistance usually includes contact in prison before release and a reception center upon release. It includes aid also in getting transportation, residence, food, employment or legal advice. Prison tutoring is offered for S.A.T. (College Apptitude Tests) and G.E.D. (High School Diploma). English classes are provided for Latin Americans.

Over 400 ex-inmates have been served. Of these over two-thirds have been potential parolees and the remainder have had no restrictions on their freedom upon release.

### How is it funded?

The program is funded by work-study grants to students from the YMCA budget, and a special grant from the Department Of Labor.

### **Evaluation**

The normal rate of recidivism has been substantially reduced among the clients of the "Correctional Assistance Program." The cooperation of correctional authorities and the response of ex-immates have been supportive.

Association: Greater Boston YMCA

City: Boston, Mass.

### II CORRECTIONAL ASSISTANCE PROGRAMS

B. Juvenile Detention Center Program - Nashville, Tenn.

### Purpose of Program

Recreation for youth being held in Juvenile Detention Center. We have recently enlarged our purpose to include some follow-up in relating these youth to our branch programs after their release.

### How does it operate? Whom does it serve?

We have a Vanderbilt University graduate student who works some 30 hours per week at the Juvenile Detention Center. All programs are conducted in their facility with their equipment. When a boy is released we are notified and he is then assigned to the Branch in his neighborhood for follow-up. We also use some Fisk and Tennessee students in the arts and crafts program on a volunteer basis.

### How is it funded?

It was originally paid for and supervised by City Government. They cut it out of their budget and we picked it up last year at their request. We are financing it through private donations.

### **Evaluation**

It meets a real need for filling some lonesome hours with wholesome and creative activities. The follow-up is just beginning, but shows much promise of helping these youth re-adjust and find their place in the community.

Association: Nashville, Tennessee,

Metro Board, All Branches

City: Nashville, Tennessee

### A. Domestic Exchange Program - Ohio-West Virginia YMCAs

### Purpose of Program

To enable high school youth, living in a variety of environments, to have an experience in an environment different from their own. Through the exchange, youth will hopefully (a) better understand and appreciate their own community; (b) test value systems in a different setting; (c) live with youth in an unfamiliar setting; (d) appreciate the problems of others; (e) have an opportunity to evaluate school, educational and cultural differences among Americans.

### How does it operate? Whom does it serve?

The plan was to have eight teenagers in a West Virginia community exchange visits to homes in an urban, or a suburban community in another state with eight teenagers from the latter. Teens would live a week in the host community; would go to school and live the normal teenager's life in the host community. The teenagers would be matched by sex and age. A return visit would then be made to the other community, with the first host visiting in the home (if possible) of the person he, or she, hosted. The participating teenagers should be high school juniors or seniors.

Exchanges have taken place between Dayton, Ohio, and Lewisburg, West Virginia. Finally, Ohio exchanged with Trap Hill District of Raleigh County, West Virginia, and youth from Rainelle, West Virginia exchanged with high school youth from Sandburg High School of suburban Chicago. Other exchanges: Dayton with Kingwood, West Virginia; Canton with Rainelle, West Virginia; (Chicago (Southwestern Center Y) with Jackson, Ohio; and Canton with Lewisburg, West Virginia.

### How is it funded?

The only expense to the participants is travel cost. West Virginia youth go to communities where established YMCAs help by being responsible for them during their stay.

### **Evaluation**

The West Virginia communities have been quite enthusiastic about the exchange program. The area office coordinated the effort, makes arrangements, contacts, etc. The difficulty has been in selling the idea to YMCAs in the urban and suburban settings. But when they participate, they find the experience most rewarding. The project has been successful and has in addition proved good public relations for the YMCAs involved.

Association: Ohio-West Virginia Area YMCAs
City:

B. Trip Program - Paterson, N. J.

### Purpose of Program

To provide inner city boys and girls an opportunity to visit and see the many historical, cultural, etc., places in and around the metropolitan new York area.

# How does it operate? Whom does it serve?

Has just begun and will move into full swing in October 1968. Trips taken every Saturday for about 60 boys and girls to major places of interest for a period of 35 weeks. At present we are taking about 2 trips a month. The program will serve 60 boys and girls from the hard core ghetto area in the city of Paterson, N. J.

### How is it funded?

Almost entirely by money raised in the 1968 Partner Membership Enrollment which was conducted April-May 1968. Youngsters are involved with small fees from time to time to maintain a sense of dignity and responsibility.

### Evaluation

ERIC

Success of trips taken to date have met this need and have convinced us of the necessity for expanding the program.

Association: <u>Paterson & N. Passaic Co.</u>

City: Paterson, N. J.

C. YMCA - YWCA Adventure Tours - University of Washington YM-YWCA

### Purpose of Program

- 1. To demonstrate to disadvantaged 5th and 6th grade children in Seattle's Central Area the interest of adults (University students) in them and to develop relationships of trust, understanding and appreciation between the children and the University students.
- 2. To help University students become more aware of social, economic, and racial conflict and its consequences in the lives of individuals in our society, and to challenge them to accept greater individual responsibility for the alleviation of this conflict.

### How does it operate? Whom does it serve?

The program involves approximately 60 University of Washington students and 250 5th and 6th graders from 4 Elementary Schools in the Central Area of Seattle. A team of two University students (male and female) is related to a group of 8 children for an academic year, taking them on at least once-monthly outings; e.g., the University campus, children's theatre, inner-tubing in the mountains, a dairy farm, the Pacific Science Center. The student leaders are responsible for planning the outings, notifying and receiving parent permission, arranging transportation, etc. Contacts with the parents and teachers of the children are encouraged. Participation in monthly training sessions is required of the student leaders. Responsibility for the direction and development of the program rests with a Steering Committee of University students.

### **How is it funded?**

The program is advised by a member of the University YMCA & YWCA professional staff. University student participants pay an annual \$3 program fee to help underwrite administrative costs. The expenses of the monthly outings are minimal and are absorbed by the children. Some scholarship aid is available.

### **Evaluation**

The purposes of the program are realized unevenly among the participating children and University students. The Program is a significant influence for some, an almost negligible influence for others.

- 18 -

Association: University of Washington YMCA

City: Seattle, Washington

D. Wide Horizons - Philadelphia, Pa.

### Purpose of Program

To involve 15-17 year old boys and girls from South Philadelphia who are underachieving in school and are on the verge of becoming dropouts or pushouts. Because learning is a process of building on prior experiences the project was developed to provide accumulation of experiences: Trips to Art Museum, Academy of Music, Independence Hall, Negro College Campuses, Capitol, and Congress etc.

### How does it operate? Whom does it serve?

25 boys and 25 girls, operated by Christian Street Branch YMCA.

### How is it funded?

Federally funded through Philadelphia Anti-Poverty Action Commission.

### **Evaluation**

During the Summer of '67, witnessing a first hand demonstration by Howard University students and teacher strike at Catholic University there was vigorous discussion and debate by busload of previously uncommunicative young people. They widened their horizons, met people of different ethnic backgrounds, prominent and respected Negro professionals, and found other people had ideas.

Association: YMCA of Philadelphia & Vicinity

City: Philadelphia, Pa.

E. Rocky Mountain Interracial Tour - Cleveland, Ohio

### Purpose of Program

The key word to the purpose of this trip is Communication, giving boys of vastly different cultural and racial backgrounds an opportunity to learn about and understand each other through the vehicle of camping. Through living, working, sleeping and sightseeing together for twelve days, it was hoped that the boys would form new friends and grow to understand one another. Also, to give boys from a culturally deprived background an opportunity to see part of this great country and learn some of its history.

### How does it operate? Whom does it serve?

There were 12 boys and a leader from Cleveland Central YMCA, all Negro and from poverty background, and 15 boys from Geauga YMCA with two leaders. The boys from Geauga were from upper middle-class homes and were white. The twelve day trip consisted of camping out and the trip to and from the Rocky Mountains National Park, staying six days at the Park and then returning to Cleveland. Highlights included a Long's Peak Climb of 14,255 feet, a hike across the Continental Divide, seeing the Black Hills of South Dakota, Mt. Rushmore, the South Dakota Badlands, the Wisconsin Dells and the Mississippi River. In all, we traveled through 10 States, camping and exploring.

### How is it funded?

The trip was funded by the Cleveland NOW Program and the Welfare Federation of Cleveland. The boys from Geauga paid their own way. It cost approximately \$150.00 a boy.

### Evaluation

The boys were left to their own devices of making friends which I believe works best. After a few days out, natural groups formed, including boys from both YMCAs. The boys got along extremely well and have formed many new friendships. One thirteen-year-old boy from Central summed it up. He said, "I learned I had to be friends with them. I needed their help and they needed mine. We had to be friends."

Association: <u>Cleveland Central YMCA</u> City: <u>Cleveland</u>, Ohio

### A. Teen Evening Camp - Portland, Oregon

### Purpose of Program

The program is based on three local problems: Insufficient summer employment for teenagers; Racial tension is particularly high in the summer months; Lack of organized activity for teenagers during the summer late evening hours.

- 1. The program proposes to: Provide a limited number of jobs for teenagers.
- 2. Bring communities of young people from different social and economic backgrounds together for recreational, cultural, and educational exchange.
- 3. Provide a planned program of activity for groups of teenagers during the summer evening hours.

### How does it operate? Whom does it serve?

Set for the summer of 1968, the program operates for four weeks. Monday through Thursday, 6:30 p.m. to midnight, during the months of July and August.

The evening camp offers a program of activity organized by a combined teen/adult committee. Activity examples: Summer theatre and dance; beach campfire and swim; controversial movie and discussion/pizza party. Participants are picked up by bus at set points. The camp is mobile and may go as far as the time allotted will allow.

It serves ages 14 through 18.

### How is it funded?

75% O.E.O. Summer Planning funds; 25% program fees.

### <u>Evaluation</u>

Receptivity of the idea has been good to excellent by both students and adults in all cases where it has been explained. Students and adults have volunteered to help on the program. Several of these volunteers have never been previously associated with YMCA activities.

Association: Portland (High School Dept.)

City: Portland, Oregon



B. Interracial - Intercultural Day Camp - Cleveland, Ohio

### Purpose of Program

To provide an opportunity for youngsters from different social, ethnic, and cultural backgrounds to have a meaningful day camp experience together.

### How does it operate? Whom does it serve?

This last summer four sets of purposefully mixed inner city branches, whose constituents come from different socio-economic ethnic strata, attended day camp together. Fifteen boys and an adult leader from inner city branch Y's were absorbed in regular suburban day camping programs. Total sessions covered a six-week period. The Y branch sets included:

- 1. Addison Road (Hough) Lakewood
- 3. Cedar Avenue Heights
- 2. Glenville West Side
- 4. University Circle Hillcrest

The boys from the inner city were transported in four separate Y vehicles. Combined staff met prior to opening of camp sessions to discuss mechanics of the camping program. More important, they considered the development of practical human relations techniques with the aid of the Executive Secretary of the Interracial-Intercultural Relations Project of the Welfare Federation of Cleveland. These sessions proved very helpful; few problems emerged during the program.

### How is it funded?

The project was funded by a special \$4,000 grant through the Cleveland Y Board of Trustees. Major costs were salaries and transportation.

### Evaluation

The key to the program was quality leadership. The four inner city leaders were paid - each did an outstanding job. Each inner city group also brought with them a couple of volunteer junior leaders.

The project proved that youngsters from different social, ethnic and cultural backgrounds, with planning, can be programmed together for significant benefits in a day camp situation.

Association:	
City:	Cleveland, Ohio

### C. Rotary-Y Day Camp - Reading, Penna

### Purpose of Program

The camp serves the inner city boy who normally does not have the opportunity to participate in a real camping program.

This camp has a 25 year history, mainly as a package building program. The rationale is that urban youth need a low cost real camp, meeting YMCA and A.C.A. standards.

### How does it operate? Whom does it serve?

The Camp Committee is made up of 3 YMCA board members, 3 Rotarians and representatives of the School Guidance Department, Parole Board and Department of Welfare. It reports to the YMCA Youth Physical Committee and the Rotary Youth Service Committee.

A rugged, wooded mountain camp site, four miles from the Central Branch, is utilized for a pioneer out-of-door living type program. Nature study, sleep-outs, outdoor cooking, camp crafts typical of camping programs are the major activities.

To keep it an urban program the fee is \$12 for a two week period. Seventy percent of the campers earn all or part of their way to camp by selling cookies, are awarded camperships from the United Fund and a C.A.P. agency summer opportunities contract, or have a combination sales and campership fee award. Bus transportation is provided without charge to the budget by scheduling bus pick-up and return into the Work-Ration Camp schedule (a government funded program.) Half of the counselor staff is provided by the local O.E.O. agency.

The camp serves approximately 300 boys each year, 7 to 12 years of age.

### How is it funded?

Of an \$8,364 budget in 1968, 23.2% comes from Cookie Sales -- 16.7% in camperships -- 21.5% from the Rotary Club and 16.9% from fees. The remaining 21.5% is counselor salaries which the C.A.P. agency supplies (5 counselors at \$1.60 per hour), and approximately \$800 in bus service not in the budget, but offered through the scheduling described above.

### **Evaluation**

The fact that so many agencies are working together to offer a specialized service which is changing to meet the changing constituency makes this an outstanding idea in the minds of the majority of the Rotarians and Board members. Rotary members feel this is one more way businessmen can show concern for the urban crisis in a tangible and non-controversial manner.

Association: YMCA

City: Reading, Pa.

D. ABCS - "Any Boy Can Succeed" - Worcester, Mass.

### Purpose of Program

To give academically failing boys a success experience in the athletic and swimming areas with emphasis on group cooperation and inter-dependence of each member. By building and improving their success image of themselves and with concentrated individual counseling it is hoped that the success experience can be transferred to the academic field.

### How does it operate? Whom does it serve?

The program is made up of boys 10-14 years of age, failing in school, from the socio-economically deprived area. There are 15 Negro and 10 white boys. Special uniforms with emblems and name chosen by the boys themselves serve to engender an esprit-de-corps. The boys are given very difficult swimming and gymnastic assignments for a two hour period followed by one hour of counseling and one hour of handicrafts one day per week. The teachers of the school where the boys attend are kept informed of the boys' progress.

### How is it funded?

It is funded from the budget of the Youth Division.

### Evaluation

Effectiveness is already visible by a better attitude of the boys toward one another and a more cooperative spirit in the tasks assigned the boys. There is a marked improvement of self-discipline and anger-control.

Association: YMCA Central
City: Worcester, Mass.

# E. Unity School Health & Physical Fitness State YMCA of New Hampshire

### Purpose of Program

To provide a physical education program to a rural elementary school (1st to 8th grades) that had neither facilities, nor staff, nor time in the school day for physical education. A second purpose was to give responsibility and leadership opportunities to the school's older boys as an outlet for energies and a need for recognition and status.

### How does it operate? Whom does it serve?

Following a testing program, three series of exercises were devised that could be led in the classroom, either seated at the desk or standing in the aisle. The exercises would take ten minutes and would be conducted every day.

A group of older boys were chosen as leaders. The exercises were first taught to them. Then they taught and demonstrated them to each other, followed by classroom instruction under supervision of a YMCA leader. Finally, a schedule was organized that the boys used to visit the classrooms each day, without supervision, to conduct the program.

### How is it funded?

The time of the YMCA director was charged to the Western District's program budget. Work in the Unity area is underwritten by a Unity mail canvas as well as other mail canvasses and the district's resident camp.

### Evaluation

Most successful! Later testing programs showed marked improvment in the fitness levels of the students. The boy leaders later formed a Gra-Y club and continued with other projects. The program was enthusiastically received by both teachers and school board.

The program has been operating approximately five years.

Association: Western Dist., State YMCA of

New Hampshire

City: Claremont, New Hampshire

F. Young Adults for Kids - Worcester, Mass.

### Purpose of Program

- 1. To change the image of the young adults in the community by proving that they do care.
- 2. To change the image which the youngsters in a deprived area tend to have of the adult world. For example, all adults are not hostile towards children.

### How does it operate? Whom does it serve?

A group program in the areas of recreation, hobbies, and crafts is conducted for the youngsters one evening a week. The program is planned, carried out, and 12d entirely by a group of young-adult volunteers.

### **How is it funded?**

The young adult group raises all the funds that they need through \$1.00 and \$2.00 Membership fees, sales, and contributions.

### **Evaluation**

This program has broken the ice for the YMCA to get more deeply involved in area service and concerns. Until recently, the youngsters of the area never identified themselves with the YMCA. Now these youngsters feel quite at home at the YMCA.

Association: YMCA of Greater Worcester

City: Worcester, Massachusetts

G. Boys Fun and Fitness Program - Tacoma, Washington

## Purpose of Program

- 1. To give disadvantaged boys a group experience
- 2. To promote fitness among youngsters
- 3. To offer fun and recreation

## How does it operate? Whom does it serve?

The program is conducted in a school gymnasium (at no cost) in a low economic area, and consists of tumbling, gymnastics, games and crafts. It is staffed by a paid part-time person and two volunteer college students.

The program serves 30 boys once a week.

#### How is it funded?

Boys pay \$2.50 a year  $\alpha r$  10¢ a night. The program is subsidized by the YMCA and the school. The "Y" hires and pays the part-time staff.

#### Evaluation

This program has been very effective. We look for expansion in numbers and time and the addition of other schools.

Association: Tacoma YMCA

City: Tacoma, Washington

H. Summer Youth Recruiting Teams - San Francisco, California

### Purpose of Program

To provide employment for high school and college students from poverty and minority families for eight summer weeks. To provide recreational services to children of the Western Addition neighborhood who were not participating in such programs of public and private agencies.

### How does it operate? Whom does it serve?

After one week training, the youth workers went out into the streets and to the three public housing projects to recruit children for supervised games, arts and crafts sessions, and for trips to Golden Gate park, to museums, to points of interest, swimming lessons.

Youth workers in teams of three went out to three separate neighborhoods for the recuitment of children, whatever race or background, or socio-economic level.

#### How is it funded?

\$3,000 provided for the program by the Bay Area Social Planning Council, United Bay Area Crusade. The total amount went to pay for the ten youth workers. The YMCA provided the Program Director to head the program and the necessary funds for the purchase of street car tickets, crafts and sports materials.

#### Evaluation

Fairly successful. The design for the program can be improved as well as implementation. More planning is needed for recruitment of youth workers, plus the selection of neighborhoods where the workers will provide the services. Coordination with other private and public agencies need to be improved.

Association: San Francisco/Buchanan St. Br. YMCA

City: San Francisco, California

## I. COOL TAGS - Philadelphia, Pa.

#### Purpose of Program

To provide YMCA swimming program for inner city youth designated by the community action council area offices of the Philadelphia Anti-Poverty Action Commission.

In addition to teaching the youngsters how to swim and water safety, they are taught grooming and cleanliness.

## How does it operate? Whom does it serve?

Ten-weeks, six days a week. Five Y pools used (four branches take 50 children a session, one handles 35.) Instruction is given by Y life guards and instructors. PAAC recruits the youngsters (8 years of age and older) and brings them to the Ys.

#### How is it funded?

Federally funded through PAAC.

#### Evaluation

This is the second year in operation. Very successful from the point of view of the children's experience. Amount of instruction varies with numbers.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia

## J. Airplane Excursions - Cleveland, Ohio

#### Purpose of Program

The age of Air Travel has been with us for many years and yet the inner city youth has had to look up through the smoke, soot, high rise projects and buildings to get a short glimpse of the space above us. Why not give the boys a chance to see the larger world, the city from the air?

### How does it operate? Whom does it serve?

This program is operated just for boys living in the inner city, Central YMCA area.

Mr. Gene Squires, prominent Cleveland businessman, offered his services as a pilot and his plant to take boys over the city as well as over specific places of interest to the boys themselves. This included projects where they live, the terminal tower (Cleveland's tallest building), Cleveland Stadium, over the lake and the countryside around Cleveland. Before the ride, the boys are taken to the airport tower and weather station to get a better idea of airport and pilot procedures.

#### How is it funded?

Mr. Squires has personally financed this whole program.

#### Evaluation

A better short term with excellent effect has never been found. There was enthusiasm for the ride itself, for the variety of educational interests that were witnessed.

We need more good pilots with a care for inner city youth.

Association: Cleveland Central YMCA

City: Cleveland, Ohio

## K. Panthers Sports Program - Dayton, Ohio

#### Purpose of Program

To provide wholesome recreation for junior high boys two evenings per week and develop a sense of pride in their school.

### How does it operate? Whom does it serve?

A young high school teacher meets with the boys for two hours each of the evenings in the local high school gym to teach basic fundamentals in basket-ball, volleyball, weightlifting and tumbling as well as sportsmanship, respect for authority, property and each other, and other basic values missing in the homes of these hard core youngsters.

#### How is it funded?

By an increased subsidy from the United Funds.

#### **Evaluation**

ERIC

It has been successful in laying the ground-work for more organized group work next year. More school pride has been achieved.

Association: Dayton YMCA-Central Branch

City: Dayton, Ohio

### A. Youth Action - Chicago, Illinois

#### Purpose of Program

For the past eleven years we have been increasingly involved in establishing rapport with the street gangs of Chicago and in providing entry into the legitimate opportunity structure for their members. The consequences of really trying to respond to the needs of slum youth have radically altered our Association. (The depth of the change can be measured by going back only seven years to Dr. Meyer Zald's study which found that the two groups that our staff and boards least wanted to serve were delinquents and preschoolers and that the least appropriate role we envisioned for the Y was helping the community attack its social problems.)

### How does it operate? Whom does it serve?

The Chicago Youth Centers, the Chicago Boys Clubs, Hull House Association and the YMCA have merged their gang programs into a single program, involving sixty-eight professional street workers and one hundred seventy-three indigenous aides (drawn primarily from gang leadership) in relationships with one hundred sixty-seven street groups. Of the Chicago Y's 321 College Work Study students, about half have been recruited from gangs by YOUTH ACTION. The JOBS NOW Program depends on the YOUTH ACTION staff and other cooperating agencies to recruit clients for this program.

#### How is it funded?

The funding includes nearly half a million dollars from the Chicago Committee on Urban Opportunity and three quarters of a million dollars in private funds, including \$119,000 in a special Community Fund grant for work in Woodlawn.

#### **Evaluation**

Our experience demonstrates that it is possible to reach street groups and to redirect them into positive channels. They do relate to the street worker as an adult model. With the rest of society they do value middle-class goals above street-oriented goals. The problem is to cut through the scar tissue of repeated failure that their experience with organized society has created, to provide educational experiences in a setting distinct from the traditional school atmosphere which they have learned to dislike and to orient them to what is for them the bizarre and frightening world of work.

Association: Chicago YMCA City: Chicago

## B. Operation Outreach - Rochester, N. Y.

### Purpose of Program

Operation Outreach is a street work program designed to meet with alienated youth in the Metropolitan community of Rochester and Monroe County through the vehicle of the Detached Worker. The purpose is to meet youth in their neighborhoods and places where they feel most comfortable and after establishing rapport and meaningful relationships provide alternatives with direction that have significance and meaning to them.

## How does it operate? Whom does it serve?

Since its modest inception the program has grown to include eight full time Detached Workers, twenty-eight part-time Detached Workers, two office secretaries and two neighborhood store fronts from which the men work. These offices provide clerical services to the Detached Workers as well as facilities in which to meet other Detached Workers in training situations. The facilities of the community are utilized extensively by the Detached Worker for purposes of program. character building agencies, churches, schools, playgrounds and other suitable areas. Before program can be initiated however, a relationship needs to be established between worker and youth. The Detached Worker must be clearly aware of all segments of his community including its make-up, the positive and negative effects on youth, its moods, its needs and its desires before effective relationships can be established. These effective relationships must be with the adult community as well as its youth counterpart. Visibleness is a necessity prior to any effective response. In order to achieve his goals with individuals, in groups and out of groups, the Detached Worker must be able to respond knowledgeably to community organization, group work, case work, recreation and the referral process. He will find himself continually involved with the aforementioned disciplines.

Leadership development is paramount. Although time and training are necessary in developing effective leadership, we feel that indigenous group leadership and Detached Workers who have come up through the ranks are to a large degree responsible for much of the success we may have achieved. Supervision and direction of Detached Workers and their related staff is significant and must be effected through experienced former street workers who understand best the problems and concerns and guide lines necessary to get the job done. A Detached Worker's moves must be cautious and calculated but most importantly, sincere if in fact it will make a difference to youth and the community of which they are a part.

### How is it funded?

ERIC

In the program's eight year history, which had its beginning in November 1959, the financial arrangements have been many and varied. At the outset, funding was arranged through private foundations. After three years a contract was negotiated between the City-County Youth Board and the YMCA which provided local municipal funding matched by

## B. Operation Outreach - Rochester, N. Y.

## How it is funded? (Continued)

State funding. During the entire period a small amount of support has been derived from the Community Chest.

### **Evaluation**

This has been one of the most effective programs conducted by our Association. It has involved all of our inner city branches and our camps in a direct relationship with, and service to, youth in the deprived areas of the city, chiefly non-whites, and has developed direct two-way communication.

Association: YMCA Rochester & Monroe County

City: Rochester, New York

## C. Project Street Corners - Peoria, Illinois

### Purpose of Program

- 1. To contact 500 older hard-to-reach teenage youth, ages 14-19, and provide a program designed to offer constructive and purposeful recreational and other activities for the summer. Youth will be referred to existing programs wherever possible, or program activities will be organized when and as needed.
- 2. To encourage and guide the youth to job-training and placement opportunities.
- 3. To encourage youth to continue education.
- 4. To provide a way for many types of agencies to cooperate together and reach youth who most need guidance and supervision. Major cooperating roles will be played by the Urban League and Child and Family Service.
- 5. To recruit and train a group of youth and adults (staff) who can provide a positive and supportive relationship to teenagers through the summer.
- 6. To provide summer jobs.

## How does it operate? Whom does it serve?

The sponsoring agencies (who have accepted to this date) are Friendship House, Boys Club, Neighborhood House, YMCA, Council of Churches, Illinois Youth Commission, Juvenile Court, Parks Dept, Boy Scouts and the YMCA. The program is highly flexible and mobile, using the "instant programming" concept - that is, facilities, equipment, playing fields are made available and used as needed.

- 1. The first step is <u>contact</u> of youth on street corners by staff in teams or units assigned to geographic areas. Teenagers are asked about their ideas on programs in which they would like to participate.
- 2. Recreation: The program includes the organization of certain sports and athletics as needed. Special events and competition is included.
- 3. Club organization: Certain groups in friendship relationships organize to talk about job placement, job training, return to school and other needs.
- 4. Group counseling: Groups of youth meet with trained therapists and skilled people in looking at values, life goals, and other areas of personal development.

The program operates a total of eleven weeks during the summer with a week of staff training.

#### How is it funded?

Having operated in the summer of 1967 by the YMCA and seven other sponsoring agencies, it has been approved again for 1968. The 1968 United Fund support of the program is to be \$15,400. Additional needs of space and equipment contributions will be met by the sponsoring organizations.

#### **Evaluation**

This program was highly effective during the summer of 1967. It is an expansion of work done by the YMCA year-round. It is the program which has a first contact and regular communication with older teenage youth throughout six neighborhood units, referring many to job training, job placement, education, and other programs, in addition to operating its own program activities.

Association: YMCA of Peoria City: Peoria, Illinois

**- 3**5-



## D. Detached Services Program - Honolulu, Hawaii

#### Purpose of Program

To reach out and serve those youth in the Kalihi area that do not come under the scope of our in-the-building program.

#### How does it operate? Whom does it serve?

Four detached workers are assigned to various areas in Kalihi. This is a field operation. The workers go out to these youth who are mostly dropouts or potential dropouts. They can be found in the pool halls and on the streets in the housing projects. Much of the detached workers efforts are directed at finding employment for these youth who have difficulty securing decent jobs. The potential dropouts are also sustained in school through intensive contact with the detached workers and the schools in the area.

#### How is it funded?

Aloha United Fund.

#### **Evaluation**

This program has served to emphasize the fact that the so-called "unreachable" youth can be reached and that they are not as hostile as people envisioned them. This program points out the fact that these youths have never been actively sought prior to the detached worker program. The program has helped to foster coordinated efforts of the various social agencies involved with these youths and their families. Much of these agency efforts are treatment oriented. To some extent, the detached program is slightly treatment oriented but its main emphasis is on the human element and that of establishing meaningful person to person relationships.

Association: Kalihi Branch YMCA of Honolulu

City: Honolulu, Hawaii

## E. Detached Worker Program - New York City, N. Y.

#### Purpose of Program

To reach out and provide group work and counseling services to hard to reach youth 12-20 years of age.

#### How does it operate? Whom does it serve?

Through seven Branches, fifteen Community Youth Directors serve 3 to 5 groups with 45-55 young people. It is designed to serve young people who do not come to the YMCA for program or activity.

#### How is it funded?

Through an \$8,000 grant per Unit from the Human Resources Administration of the City of New York, and \$8,000, in cash or kind, services from the YMCA. Total Program \$250,000 per year.

#### **Evaluation**

It reaches 750 young people whom we would not regularly reach. It provides a more intense group and individual service by a Youth Director. We have been related to this program for fifteen years and find it helpful.

Association: YMCA of Greater New York

City: New York City



### F. Street Club Work - Worcester, Mass.

### Purpose of Program

- To get in touch with and relate to teenagers in our "backyard," an area that is now known as Worcester's "Model City" area.
- To provide a "listening ear" and show concern for these teenagers. 2.
- To provide an opportunity for teenagers to participate in and plan "prosocial" activities.

#### How does it operate? Whom does it serve?

- 1. Presently we have employed on a part-time basis two street workers and are utilizing five male college student volunteers.
- This program began in the YMCA building during the winter months and in the spring will go out on the streets and use the first floor of a three story apartment house as a drop-in-center, staffed by neighborhood people.
- This activity presently involves 30 boys and girls from the neighborhood in the core group; however, a total of 70-75 come in contact with one or more of our workers.
- 4. The second and third floors of the apartment house (noted above) will eventually house supportive counselling services for the community and for the teenagers in our program.
- 5. We hope to provide opportunities for these teenagers, to express themselves in pro-social directions as a result of their involvement in this program, i.e., planning a dance and carrying it out; decorating and furnishing the center, etc.

#### How is it funded?

The money for this program was taken from other programs within the Extension budget; more specifically, a Gra-Y Program was cancelled in a suburban town and the youngsters redirected into our "bus-in" program for the Gra-Y age group.

#### Evaluation

The program has been in operation now for three months and perhaps it is too early to give an answer to this question now. I feel that the workers are doing an effective job, as can be shown by the rapid growth of this program.

Association: Worcester YMCA

City: Worcester, Mass.

## G. Detached Worker Program - Detroit, Michigan

### Purpose of Program

To relate hard-core inner city youth to the social norms from which they are estranged because of poverty and/or race.

#### Whom does it serve? How does it operate?

Either through referral by a public or private agency or through personal knowledge, youth 12-18 are contacted by a detached worker from the YMCA. worker "hangs out" in the neighborhood haunts of the individual or group to win acceptance. Gradually, through suggestion and encouragement, youth are related to special YMCA programs designed around their needs. couraged to participate more and more in Y activities. The worker becomes an accepted counselor to the group, and in this role he initiates discussion and activities to bring about accepted behavior patterns and to bring delinquent behavior to a minimum. An important function is the development of leadership from within the group by the worker who then uses the indigenous group leadership for constructive attitudes toward society, education, and work.

#### How is it funded?

The program is funded through budget provided by the United Foundation plus Civic and Partner (support) membership funds by individual YMCA members.

#### **Evaluation**

This program, over the past five years, has indicated that more than 80% of youth referred to the Y through the police department have had no further contact with the police. Increasing police department support of the work indicates a high degree of effectiveness. Other agency requests for expansion of the program to new areas is also a good indication. Present staff are unable to comply with the great number of requests for program expansion.

Association: YMCA of Detroit

Detroit, Michigan City:

## H. Schools Detached Worker - Miami, Florida

#### Purpose of Program

To take one school area, including a Senior High School and two Junior High Schools, and see if by working with the adolescents in groups through a non-judgmental approach, the spiritual and ethical climate of the community which was determined and accepted by the young people themselves could be improved.

## How does it operate? Whom does it serve?

Operates on a non-equipment basis, the Project Director working directly with groups (fraternities and sororities), both on the Junior and Senior High School levels. These groups tend to control the culture of the teenage community to a much higher degree than the traditional groups; such as, Interact, Key Club, Hi-Y, etc. It serves adolescents in the Junior High Schools, 7th, 8th and 9th grades, and Senior High School, 10th, 11th and 12th grades, with the primary focus being on the Junior High School young people. This is in an advantaged area of the community basically in terms of economic status, but disadvantaged in many other aspects of life.

### How is it funded?

Through churches, Civic Clubs and individual citizens within the area served.

#### Evaluation

In terms of effectiveness, the Pilot Project completed its objectives basically within two and half years, and we are now in the wrapping up process. From every evidence we have been able to gather...from the Consulting Team, the Board's Investigative Committee, the Project Committee itself, Principals of the schools involved, parents and the participants themselves...all seem to be in general agreement that there has been a marked decrease in vandalism, activities have turned from actively anti-social to more socially accepted patterns and the young people have deeply appreciated the adult relationships. Today, as a result of this Project, we are receiving more requests for this type of program than any others we offer.

Association: YMCA of Greater Miami

City: Miami, Florida

## I. Inner City Ministry - Canton, Ohio

### Purpose of Program

The Inner City Ministry provides a non denominational minister with an office at an inner city YMCA center who does not seek to establish a church, but to serve the unchurched and to team with the YMCA staff to meet the needs of the people in the neighborhood of this YMCA.

## How does it operate? Whom does it serve?

A minister officed at the "Y" has no duties or assigned tasks but is completely free to serve as a detached person meeting the needs of people in a multitude of services ranging from counseling to taking people to referred agencies (welfare, courts, casework, etc.) It serves any person in the community needing or wanting assistance.

## How is it funded?

By the United Presbyterian Church, including salary of the minister, rent of the office and other space in the YMCA.

## **Evaluation**

Excellent team approach of the YMCA and the church in a unique fashion combining casework, counselling, detached work, etc.

Association: Northeast Center,

Canton District

City: Canton, Ohio

A. Dialogue Groups - Springfield, Mass.

### Purpose of Program

Early in September 1967 a joint meeting of four Branch Boards of Management and the Metropolitan Board was held. Among the topics discussed and recommendations adopted was one which stated that the total Association must commit itself to the problems of the inner city and not leave this to the Central Branch alone, and that as an Association, we must become more aware of the needs of the inner city, the problems of the Negroes and the YMCA's role.

Out of this came a series of five staff training sessions--two of them all day--dealing with the inner city.

## How does it operate? Whom does it serve?

Two lay dialogue groups were set up and each has now held three sessions. Participants in each of these dialogue groups are members of Branch and Metropolitan Boards. One or two Negroes working and/or living in the inner city have been meeting with these laymen. There is no structure. The main purpose is to explore together the concerns, frustrations and problems of the Negro and where the YMCA can fit in. These dialogue groups will be expanded and we plan to meet in the homes of some Negroes.

Out of these discussions have come an additional three Negroes on the Central Branch Board of Management and two on the Metropolitan Board of Directors. (They have been nominated and will be elected at annual meetings in December and January.)

Out of this has also come a commitment by the Association to raise additional funds needed to put at least one full time Detached Worker on the staff of Central Branch. The financing of this is a commitment of all Branches. We are also renewing our request to the local Poverty Program Committee for funds for ten Detached Workers.

### How is it funded?

No budget

#### Evaluation

As our awareness grows, and as more and more our key laymen become aware of the intensity of the problem, we are confident more action will follow.

Association: YMCA of Springfield, Mass.

City: Springfield, Mass.



B. Home Dialogues - Newark, N. J.

#### Purpose of Program

Immediately following the riots in Newark, a Negro member of the Board, the President and the Managing Director met to discuss the role of the Y in the changed community situation. Among several steps which should be taken, it was perceived that the Board Members, most of whom come from white suburban communities, should have an opportunity to discuss all aspects of the racial problem with the aim of better understanding the factors in the continuing racial crisis.

## How does it operate? Whom does it serve?

It was therefore decided to set up a "Home Dialogue" pilot group to test the idea. Consequently, two meetings were held, one in the home of a Negro Board Member in the city, and the other in the home of a Caucasian Board Member in a suburban community.

It was felt by the group that the experience was highly worthwhile. Opinions were frankly and honestly expressed. There were honest differences of opinions which created a true dialogue. The participants came to know each other better as human beings, and to understand more clearly some of the dimensions of the racial revolution in our city and in our country. Ideas were expressed relative to making the Y's program more effective. Therefore, every Board and Advisory Council member was offered the opportunity to participate. Four groups with eleven in each group are now taking part in these discussions in home settings.

#### How is it funded?

No cost

#### **Evaluation**

The enthusiasm is high. A final evaluation cannot be made until the program is completed, but there are evidences already that positive values are being achieved.

Association: Newark YM-YWCA

City: Newark, New Jersey

C. Urban Dialogue Meeting - Sacramento, Calif.

#### Purpose of Program

and section suggestion . . .

Urban Dialogue Meeting: to bring together for "frank discussion and mutual understanding" representatives of minority groups in our city and YMCA laymen of our Branch and Metropolitan Boards.

### How does it operate? Whom does it serve?

Dinner Meetings: 30 minority representatives and 30 YMCA laymen. Ten tables of six (3 minority-3 Y laymen), 6:30 to 10:30 p.m.; table discussion on - "Identifying major needs and concerns of minority areas of our city."

#### How is it funded?

YMCA laymen.

#### **Evaluation**

Excellent. An eye-opener to YMCA staff and laymen. Minutes kept on report of each discussion table group. First step of many in acquainting YMCA laymen/ staff with problems. Confident it will lead to a more relevant YMCA role in working with minority groups.

Association: Metropolitan YMCA

City: Sacramento, California

D. SECOND (Students Encouraging Communication on New Directions)

Boston, Mass.

### Purpose of Program

- 1. To stimulate honest, frank, open but emotionally controlled, communication between parents and students (or between the "establishment" and the "new generation.")
- 2. Develop a better understanding of differences in positions in relation to the use of drugs, the draft, the war in Vietnam, religion, the function of the individual in society and any other topics which are sources of conflict between the two generations.

## How does it operate? Whom does it serve?

The program was initiated by Mrs. Pamela Hochstein, a Northeastern University student, and is conducted with the assistance of other work-study college students under the direction of the University Director of the Boston YMCA.

Members of SECOND meet with groups of adults and students in whatever environment the groups choose. It might be in a church, a school, a YMCA or with a civic club. Panel members of SECOND serve as "collective chairmen" in open discussion of the designated topic or area of concern. Panel members do not propose to impose answers but do express personal views, which are divergent within the panel on all subjects. They propose to stimulate discussion and not to dominate it.

#### How is it funded?

The program is funded by work-study grants to students and from sustaining membership secured by the students.

#### Evaluation

New engagements for SECOND keep coming from the good reports of appearances before school groups, and civic clubs. The approach represents one alternative to the "Tell and Sell" exhortations to adult and youth groups.

Association: Greater Boston YMCA

City: Boston, Mass.

Interracial Teen Conference - Long Beach, Calif. Ε.

### Purpose of Program

**建筑的建筑地域的** 

To expose upper middle class White youth, who were "unexposed" to Negro youth. The conference theme was centered around a common feeling in all men, regardless of race. The theme was "What's Love?" and it dealt with acceptance of self and acceptance of others. In our youth, there was a feeling of lack of involvement and exposure, rather than prejudice.

#### How does it operate? Whom does it serve?

We had a 3 day weekend retreat at our local YMCA Camp Oakes. We sent youth from our Y and worked with the Long Beach Community Improvement League to secure Negro youth. The conference included discussion groups, speakers and recreation in the setting of camp.

### How is it funded?

Our YMCA youth paid their own way and the League helped to fund their participants.

#### Evaluation

Our Y allowed youth to decide for themselves that all men have similar feelings, hopes, dreams and goals for themselves. To find out and discover before it was too late to find themselves chained in prejudice, was a helpful learning for the youth.

> Los Alton Branch YMCA Association: City:

Long Beach, California

#### F. Interracial Human Relations Lab - Pacific Northwest Area

#### Purpose of Program

The Interracial Laboratory was sponsored by the Pacific Northwest Area Board, in cooperation with the Lay Manpower and Interracial Advance Committee of the Area Board.

To provide the opportunity for Negro and white YMCA leaders to work together-examining their own attitudes and feelings for interracial advance.

To give Association leaders the opportunity to become deeply aware of urban problems and issues.

To develop a personal commitment on the part of each individual to get involved in the issues that face him "back home."

### How does it operate? Whom does it serve?

It provided the opportunity for Negro and white YMCA leaders to spend a weekend together in small groups. The participants were divided into five groups of twelve. The nature of the laboratory called for each participant to come and remain through the total experience.

The Lab was limited to YMCA Presidents (or a selected member of the YMCA Board) and to the Executive Director of the YMCAs in the Pacific Northwest. There were 60 participants from 16 different communities.

The program began at 6:30 p.m. with dinner on a Friday and ended with the noon meal on Sunday.

#### How is it funded?

The Area Board assumed the costs of meals, lodging, and provided a travel subsidy for those coming over 250 miles.

#### **Evaluation**

Very effective.

Association: Pacific Northwest Area Council

City: Seattle, Washington

G. Coed High School Interracial Micro Human Relations Lab - Tacoma, Wash.

#### Purpose of Program

To relieve immediate tense interracial problems at Stadium High School.

To provide opportunity for interpersonal experiences among the very militant Black and White school leaders.

To develop an understanding of the responsibilities and pressures of "school administration" and the factors that motivate their behavior.

To develop positive ways in relating to the "schools institutional structure."

## How does it operate? Whom does it serve?

13 Black and White boys and girls were selected by the principal and district counselors to attend a 4 day lab at Camp Seymour. Allen Ellsworth, Area Executive, served as trainer, assisted by Dan Lazare (public schools), and Hugh Wagner and Dick Rose of the YMCA Staff. Five youth attending were members of the local Black power group - "Harumbe" - stimulated by the "Black Panther" leadership from Oakland.

## How is it funded?

Subsidized by Y budget.

#### Evaluation

We were encouraged by school superintendents, although they had little hope we could reach the kids. The staff felt we achieved more than our minimum expectations. We did reach many kids who were known only to "talk the party line" and not to listen. The group "bolted" several times but began meeting on their own initiative the last two days. We did help some kids to examine their own feelings as well as developing some awareness sensitivity to the real expressions of others. The group wants to continue. They expressed a strong interest to form an interracial high school club - to meet at the Y. We found that loyalties to the Black Power club were not so strong that they couldn't be lessened when genuine concern and recognition of the individual is given in a Black-White group.

(One of the most emotionally exhausting experiences in my career - requiring great patience, together with listening to soul music 18 hours a day. Entire group ate, slept and met together (on the dining lodge floor) - Think we were successful in bridging the age gap.)

Association: Tacoma YMCA

City: Tacoma, Washington

H. Buddy System Of Trenton, Trenton, N. J.

## Purpose of Program

To develop personal relationships with an individual of another race or culture. To be willing and prepared to work together as a "Buddy Team" in matters such as Riot Control and Cleanup, Community Action Programs, Surveys and Visitations. To provide an alternative to polarizing extremism.

## How does it operate? Whom does it serve?

Buddy Teams composed of two men, two women, two boys or girls meet weekly or bi-weekly in homes, churches, schools, in sensitivity sessions based on their own backgrounds and interests. From these sessions, Groups or Teams decide to work either in existing programs in the community or develop projects of their own. Buddy Teams are generally made up of men or women, boys or girls with common interests, doctors, lawyers, educators, same school, etc. Parent Buddy Groups meet monthly to coordinate and plan larger projects.

#### How is it funded?

Collections and contributions. Buddy Board of YMCA Board members who originated the program get most overhead items donated or do the necessary work and contribute themselves.

#### **Evaluation**

Most effective in establishing interpersonal and interfamily understanding and genuine friendships across racist and cultural lines. Appeal is mainly to middle class and opinion moulders in the community.

Association: Ewing Branch YMCA

City: Mercer County (Trenton), N.J.





# I. Amigos Project - Stiles Hall Univ. YMCA Berkeley, California

#### Purpose of Program

Our purpose is to bring people together who might learn and grow from knowing one another.

We are working with elementary school boys who live in homes that do not have a father present. Most of our younger participants have had little in the way of any sustained relationship with an older male figure. It is the aim of our program to give these elementary school boys a greater chance to know and share experiences with an older male.

The older, university student companions are getting a chance to know again what it is like to be young and discovering. They are not serving in a parental role but nevertheless come to have a greater understanding of the complexities and benefits of parenthood.

### How does it operate? Whom does it serve?

Our program operates through the Stiles Hall budget. Also some of the parents pay a small fee for their child to belong. The children served come from one elementary school in particular where the number of single parent families is great. This school is in Berkeley. The university students involved in the program are from the University of California at Berkeley. They are volunteers.

Each university companion is matched with an individual boy. These dyads meet about once each week for a period not less than two hours, not more than four hours. The individual dyad decides what activities it will engage in and then goes about its activity.

The twenty-four university companions meet in groups of eight once a month with a Stiles Hall staff member in order to discuss the direction the relationship is moving and to talk about problems that are present or brewing in the relationship.

#### How is it funded?

The project is funded by Stiles Hall and by fees from parents. Students from the university who participate as senior companions receive no payment for their time. They are reimbursed for their expenses. Staff time given over to the project is paid for by Stiles Hall funds.

#### Evaluation

The majority of relationships between the university students and the elementary students work out well. Each learns from the other.

We have no scientific (or otherwise) evidence to prove that this kind of relationship has lasting effect on the lives of the participants.

Association: Stiles Hall-Univ. YMCA

City: Berkeley, California

# J. <u>Big-Brother-Big Sister - Oregon State Univ. YM-YMCA</u> <u>Corvallis, Oregon</u>

#### Purpose of Program

The purpose of the program is to provide a positive relationship with an adult for elementary age children. The experience is valuable to those college students participating as well as to the child. Benefits for the child evolve through the association and the feeling that some adult really cares.

### How does it operate? Whom does it serve?

The local elementary schools identify those children they feel can benefit from a relationship with a young adult. The parents are then contacted through a form which the child takes home. If the parents sign and return the form the child is then assigned a Big Brother or Big Sister. Students from the university are screened for participation by means of a test at the university counseling center, personal interviews and references. In many instances a male and female student work together as a team assigned to a child. Currently we are serving over 100 children of elementary school age in Corvallis, Oregon.

#### How is it funded?

Support for the program has come from special sources in the community and from the campus chest drive. There is no money available in the regular association budget for the program. In addition all student participants pay a small participation fee which covers the cost of mailing.

#### **Evaluation**

This has been our third year of operation for the program. The first year the program was started on a pilot project basis with about five children from one school. The second year about twenty children from several schools participated. This year over one hundred children are being served by one hundred sixty university students. All the schools report that there has been a marked difference in many of their students who have Big Brothers and Big Sisters.

Association: Oregon State University YM-YWCA

City: Corvallis, Oregon

K. LINK - Philadelphia, Pa.

#### Purpose of Program

To provide small group experiences for young people of different socio-economic and racial backgrounds to develop new understanding and appreciation for one another.

#### How does it operate? Whom does it serve?

A five day fun, fellowship and small group workshop experience at the Y's Camp Hilltop near Downingtown, Pa. Youth 15-17 years from poverty areas and suburban areas learn about each other as, with adult leadership, they consider together issues of community relations, education, military service and career and job opportunities.

Inner city youth recruited by Philadelphia Anti-Poverty Action Commission. Suburban youth recruited by YMCA through branches. Total 30 inner city youth, 30 suburban youth.

#### How is it funded?

Federally funded through Philadelphia Anti-Poverty Action Commission.

#### Evaluation

No report as yet.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia

## L. Negro-Caucasian Teen Dialogues - Portland, Oregon

### Purpose of Program

The Dialogues have been a community effort to solve racial tensions in the high schools. The idea was conceived at an interagency meeting (about 20 agencies represented) in the fall of 1967. It was decided students would have to solve student difficulties in the high schools. To see if students wanted to work with the problem each agency invited two or more students (black, white, rich, poor) to attend a meeting at the North Branch YMCA.

### How does it operate? Whom does it serve?

At the first meeting one adult explained briefly why the students were invited and from then on the discussion was theirs. Adults could watch and listen from the background but none were allowed to speak. After the first meeting the attending students decided when to meet again (twice weekly at first and weekly later on).

All interested high school students and drop-outs under 19 were welcome to attend and participate. All adults were welcome to attend and listen.

#### How is it funded?

The YMCA gave use of a large meeting room and limited staff time. When several of the group requested to go somewhere for a weekend of deeper discussion and face-to-face encounter, the Community Council paid for those unable to cover their own expenses.

#### Evaluation

The students were able to discuss problems and prejudices face-toface on neutral ground and without fear. They took their task seriously and have followed through with action in both the high schools and the community. It has been a real lesson in patience and learning and a renewed pride in teenagers for those adults who stuck it out. For the YMCA here it has been a new start in dealing with teenagers and the racial situation, in working cooperatively with other community agencies and institutions, and in effective programming.

Association: Portland (High School Dept.)

City: Portland, Oregon

# M. Project TEACH - Univ. of Wisconsin

## Purpose of Program

This program is aimed at white Wisconsin. Through the combined efforts of University students from small town Wisconsin, and black students, an attack upon racism is being made. The idea behind this proposal is not to create human rights movements, one black and one white, but to place in specific cities and towns people who are best qualified to establish an effective community dialogue.

# How does it operate? Whom does it serve?

A person growing up in a community who is sensitive to the subtle forms of racism and who would be willing to confront his home town is best suited for this project. It is obvious that in white communities white people are best qualified to develop the foundations of this project. It is after these foundations have been developed that the black perseptive can be introduced through black people.

There are 13 black and 21 white students working in 15 Wisconsin communities. The black students are based in Madison and occasionally travel to these communities to speak.

## How is it funded?

The project is minimally supported by the Johnson Foundation and the U.S. Justice Department. We are in dire need of additional financial support.

## Evaluation

There are many good ideas coming out of the project. If we can continue, this program can be very valuable.

Association: University of Wisconsin YMCA

City: Madison, Wisconsin



### VII DRIVER TRAINING AND ENGLISH TEACHING PROGRAMS

### A. Reading, Pennsylvania

#### Purpose of Program

To help teach driving skills to youth who drop out of school prior to the time they are eligible to enroll in the school Driver Training Course.

To teach the Spanish speaking migrants and inner-city residents driver skills, the laws, and the importance of English as a language skill.

### How does it operate? Whom does it serve?

A driver training car was given to the Y by General Motors. A new car is supplied each six months. The Detached Worker and N.Y.C. programs coordinate scheduling the car for their program constituents. Classes and actual behind the wheel experience follows the regular high school program with modifications to fit the constituents' needs. The approved high school text is used as a resource.

In the case of Spanish speaking individuals, the classes are combined with the teaching of English. Instructions include safety, driving laws, financial budgeting for insurance and car purchases, physical examinations, the need to instruct peers in the negative aspects of illegal securing of licenses or that of driving without a license, the increased employability possible with a license, and new language skill, etc. Four series of three months of instruction is provided.

The program is closely scheduled, especially on Fridays, Saturdays and Sundays. When not used for teaching, the car is used for administrative purposes.

### How is it funded?

The Detached Worker budget money provides funds for instruction at 10¢ per mile. When any department of the Y uses the car for administrative purposes, that budget is charged 10¢ a mile. A special account has been set aside to receive these charges for all expenses incurred in relation to Driver Training.

#### Evaluation

The program provides an opportunity to reach hard core inner city youth, and an incentive for Puerto Ricans who have an average education of fifth grade to continue with education in English, math and basic attitudes.

Association: YMCA of Reading and Berks

County

City: Reading, Penna.



#### VIII GROUP RESIDENTIAL CENTERS

### A. Walton Village - Philadelphia, Pa.

#### Purpose of Program

To provide a constructive group living experience for dependent and/or delinquent adolescent boys. The program is intended not only to assume parental responsibility but also to demonstrate a pilot project to help meet a growing community need for child care facilities.

#### How does it function? Whom does it serve?

Walton Village is a male residential Group Center for dependent/delinquent teenage youths, most of whom have been legally adjudged delinquent some time in their histories. Walton Village, which has a population of 35, and Rotary Village, which has a population of 10, are equipped to supervise and care for a total of 45 residents, most of whom are wards of the City of Philadelphia and surrounding counties, including the State of New Jersey.

Walton Village is so structured as to allow its residents complete freedom of choice and decision, combined with intensive guidance and supervision. In order to eliminate any personal, undesirable, institutional stigma it is necessary to provide each resident with the option to attend group meetings, select his own associates and neighborhoods, spend his own money as he sees fit, decide on the extent of his education, verbalize and execute his decisions regardless of the significance or the consequences. In essence, he is given the opportunity to adjust and cope with the demands of society by first taking advantage of his basic resources. The staff and the group sessions act as a supportive element which is always available and prepared to recommend, counsel, advise, and, when necessary, step in and take appropriate actions.

While in residence boys are expected to attend community public or parochial schools or hold full time employment and comply with the laws and regulations established by both the community and residents of Walton Village.

The staff is headed by a graduate social worker and a full time associate.

#### How is it funded?

Walton Village is presently 75% financed through the Philadelphia Department of Public Welfare and surrounding public county agencies. The balance is met through private contributions and the Central Branch YMCA.

### **Evaluation**

The problem centers around our ability to produce effective guided group interaction sessions concentrating on controlling and exposing each resident to a variety of therapeutic experiences.

Association: YMCA of Philadelphia & Vicinity Philadelphia, Penna.





#### VIII GROUP RESIDENTIAL CENTERS

### B. Group Residential Center - Columbus, Ohio

#### Purpose of Program

The need for a Group Residential Center for Neglected Boys (14-18 years of age) was determined in consultation with professional social workers and the Judge of the Court of Domestic Relations.

Neglected boys, due to lack of foster homes, had to be placed in correctional institutions. A group residential center housed in our Central Branch YMCA can fill this need for neglected youth.

#### How does it operate? Whom does it serve?

This is a preventive program where neglected boys reside, eat and recreate at the YMCA. Two professional directors provide the boys with therapy via individual counseling and self-governing group therapy. This program serves all boys coming before the Franklin County Child Welfare Board and Franklin County Court of Domestic Relations. The boys are not truly delinquent, but only neglected.

#### **How** is it funded?

This program for the first year will be funded by contributions from Foundations, unsolicited contributions from individuals, and from \$5.50 per day from referral agencies. When a maximum of sixty boys is reached the program will be self-sustaining on a per diem basis. Per diem will be received from Child Welfare Board and the Ohio Youth Commission.

#### Evaluation

By judgment of the YMCA Board of Directors and the committees related to this project, it is felt that this program can be the greatest factor in the prevention of delinquency in our city.

Association: Central Branch YMCA

City: Columbus, Ohio

## IX HANDICAPPED PERSONS SERVICES

## Blind Camper Program - New Hampshire State YMCA

## Purpose of Program

To allow the blind person to operate in a "sighted world."

To allow that person to gain confidence and a feeling of achievement in areas usually reserved for the sighted.

#### Whom does it serve? How does it operate?

The blind girls come into camp for a period of two weeks. They become a regular member of a cabin group. They participate in all areas of camp activity without pressure. The program serves campers recommended to us through the New Hampshire Services to the blind. This past year, three young ladies participated, one totally blind, who had spent 11 years at Perkins School for the Blind. This was her first experience in the "sighted world." Other two young ladies were not totally blind.

## How is it funded?

By the New Hampshire Services to the Blind.

#### **Evaluation**

ERIC

Grand experience for both the camper herself, and for all staff and other campers. We were advised not to be overly sympathetic to the girls, and to maintain a normal discipline. A very satisfying program.

> Association: N. H. State YMCA Eastern District

Rochester,

## IX HANDICAPPED PERSONS SERVICES

# B. Retarded Children Swimming Program Concord, New Hampshire

#### Purpose of Program

Informal swimming instruction mixed with a lot of fun.

### How does it operate? Whom does it serve?

One ten-week program in the winter and one ten-week session in the summer. One hour a week for retarded children in the Greater Concord area. Volunteer helpers assist with the program on a one-to-one basis.

### How is it funded?

This program is co-sponsored by the City Recreation Department and the Concord YMCA. Special rates are given and the Retarded Council pays these nominal rates.

#### **Evaluation**

Very worthwhile program; this is our second year and it will be continued.

Association: Concord YMCA

City: Concord, New Hampshire



## X INDIAN (AMERICAN) SERVICES

## A. St. Paul American Indian Center - St. Paul, Minn.

### Purpose of Program

The St. Paul American Indian Center is established as a socialization and educational instrument of the American Indians in the St. Paul Area. As such it will endeavor:

- a. to promote fellowship among the American Indian people of all tribes in the St. Paul Area
- b. to create bonds of friendship and understanding between Indians and non-Indians in our community
- c. to advance health, education and general welfare of the American Indian people
- d. to focus on family life development of the American Indian people
- e. to preserve, foster and maintain American Indian cultural values
- f. to encourage constructive and leisure interests of the local Indian community

#### How does it operate? Whom does it serve?

It serves all the American Indians in the St. Paul environment - 3,000-4,000.

The YMCA has turned over its downtown Branch Building one day per week - total facilities (except dorms) for the center to plan activities.

#### How is it funded?

Private Foundation Funding \$43,000.00; funded on two years of experimentation.

#### **Evaluation**

The program or development of the center provides a means for the Indian Community to gain an identity and dignity so essential in their sub-culture. It will also provide an excellent means of leadership development of the indigenous Indian leadership.

Association: St. Paul Area YMCA
City: St. Paul, Minn.

#### XI INNER CITY YOUTH CENTER

# A. The House of Soul Reading, Penna.

#### Purpose of Program

In 1965, Detached Workers reported tension and talks of "breaking up the town" when the first and newly organized JET SET -- Magro youth discotheque -- was closed. The YMCA decided to create a new Youth Center which would attract youth not normally participating in YMCA programs.

The Center provides a place for social gathering, entertainment and education. Its purpose is to create lines of communication between inner city youth and the community; to provide a place that youth could call their own, keeping off the streets.

## How does it operate? Whom does it serve?

The name, HOUSE OF SOUL, came from the Youth Board who are the group primarily responsible for the complete operation (program, membership, financing, promotion, etc.) A parent Adult Board meets occasionally when supportive services are needed. This Adult Board is a sub-group of the Detached Worker Citizens Advisory Committee of the YMCA.

Approximately 150 boys and girls, ages 14 to 21, participate in drop-in activities (ping pong, table games, T.V.); dances (from record dances to name "soul" artists); leadership training and Negro history; reading room and library; a tutoring program, etc. Sub-groups organize activities such as the College Club (a group that is given guidance on how to prepare for advanced education) or a Photography Class.

A former store was given to the Y by the Redevelopment Authority. The Youth Board periodically repaints and revamps the facility, which will be torn down within the next year.

#### How is it funded?

The director and staff are funded by the local Citizen's Advisory Committee agency. All other expenses come from community minded citizens, membership dues (\$1.00 per month) and program fees (depending on event). The YMCA budget also contributes approximately \$1000 a year.

#### Evaluation

This Center reaches some youth who normally would not participate in the usual multi-service agency buildings. It also serves a group who want a Black center rather than an interracial center. As a part of a total outreach program, it has offered a sense of tangible ownership. Because the usual volunteer-operated teen town was considered unworkable here, it also provided older youth with Recreation Aide positions.

Association: YMCA of Reading and Berks County City: Reading, Penna.

## XI INNER CITY YOUTH CENTER

## B. Teenage Drop In Center - Montclair, N. J.

### Purpose of Program

It seemed that the YMCA had become the place to "hang" - in order to loosely organize ourselves, to be able to keep some personal contact with these teens, and somehow to begin on the least structured level in working with them. We organized a teen drop-in center or "the back room." Having previously found it difficult to get teens interested in the traditional Hi-Y club program, we decided to try a different approach. Since there was so much resistance from the teens to highly organized activities, such as clubs, conferences, banquets, the teen room idea seemed ideal. It gave us the opportunity to gradually know the teens and their desires and needs, to give personal and individual attention and to gradually get these kids in Y activities that they really "dug." Our ultimate goal was to get these teens into groups - any kind: club, sensitivity, interest, etc., no matter how loosely organized. Our purpose in wanting this was to be able through an advisor to give more personal attention to each teen.

## How does it operate? Whom does it serve?

"The back room" operates from September to June from 2:00 P.M. to 5:00 P.M., Monday through Friday and 1:00 P.M. to 5:00 P.M. on Saturday. A man of at least 21 years of age is hired to work with the youth director. The salary is a minimum of \$1.60 per hour and was filled by a "sharp" college student who really knew how to communicate with these teens. The center served all kinds: mostly 'pseudo-hippies' and Blacks. The "pseudo-hippies" have come from upper middle to upper class families with extremely strained familial relations - many of the teens being caught up in the "drug bit" and running away from home. The Blacks (varying from 40% 60%) came mostly from lower to lower middle class families... many with split families and financial problems and feeling the current effects of the Newark situation.

#### How is it funded?

The funds were taken from the general YMCA budget - partially supplemented by required \$5.00 social memberships. The teens could arrange to pay 25¢ or 50¢ each week. This membership entitled them to all social activities that we sponsored: overnights, sensitivities, clubs, dances, etc.

#### **Evaluation**

This program was successful in facilitating communication, thus helping us to find new ways of programming: such as, All Night Sit-Ins, Sensitivities, and various spontaneous activities, such as racial discussions, resulting from tensions in the back room - a great way to really get to know the teens. It was a start for many to get involved in the Hi-Y Program.

Association: YMCA of Montclair City: Montclair, N. J.

#### XI INNER CITY YOUTH CENTER

## C. THE TEEN POST - Redlands, Calif.

#### Purpose of Program

To provide and support a facility for teenagers, regardless of ethnic or racial background, who are unable to find companionship or a sense of "belonging" in existing facilities in the area; to provide opportunities for group activities, both social and educational.

# How does it operate? Whom does it serve?

It operates through two salaried employees - a Director and an Assistant Director, plus available volunteer help. Employees are accountable to a Board of Directors and a Board of Trustees, through which monies are channeled. Activities and program are planned to serve the interests of the greatest number of youngsters in the teen age group. Membership is open to all teenagers; there are no dues. The youth help support the Teen Post by fund raising activities...The Post serves any and all teenagers, of any background, who wish to belong.

#### How is it funded?

Building is furnished by the City of Redlands. There is also help from the United Fund, the Recreation Commission, contributions, and fund raising projects. United Fund funding will be ended June 30, 1968, but additional funds are available through the Recreation Commission to carry through December, 1968. Funding after that date has not been established.

#### **Evaluation**

The Teen Post has proven its effectiveness in the growing number of youth, interested and partaking in the offered program and activities. The building which houses the Post is in itself a popular gathering place for many who otherwise have no meeting place with their peers. The hours, from 2 to 9 p.m., are flexible enough to welcome the entire age group from 13 through 19 years.

Association: Redlands YMCA

City: Redlands, California



# XI INNER CITY YOUTH CENTER

D. August Fun Club - Raritan Velley, New Brunswick, N.J.

# Purpose of Program

To give youngsters a sense of belonging, create a friendly relationship between them and the leaders, have fun in healthful spare time and recreational activities, and to offer youngsters opportunities to talk with leaders about their own problems and aspirations.

# How does it operate? Whom does it serve?

A center-city building program focused solely on deprived youngsters at the neglected end of the summer, when most other in-city summer recreational activities are tapered off or shut down. All youngsters individually enrolled at home or neighborhood base, and were served at the Y building without fee. In many cases towels and togs were provided.

Program operated from 1:00 p.m. to 4:30 p.m., three days per week. Included movies, swimming, games and other recreational activities.

#### How is it funded?

Entirely out of YMCA operating.

#### Evaluation

The program did a very effective job with the framework of its purpose. 174 boys were enrolled and the attendance at any given time ran approximately 50% of total enrollment. It served a critical need for a group of youngsters, many of whom do not participate in regular YMCA or other organization programs - many of whom would be deprived of anything else that could be called a vacation, camp or any other summer diversion of significance.

Association: Raritan Valley YMCA

City: New Brunswick, N. J.

#### INTERN PROGRAMS (COMMUNITY) XII

# A. Midland II Project - Bloomington - Normal, Illinois

# Purpose of Program

This is a Community Action Program of work, study and involvement.

#### Goals:

- To center on specific problems of Bloomington's West Side, influencing the 1. community to act in its own self-interest and stimulating a community sense of awareness.
- 2. To awaken the entire community to the depth and immediacy of its socio-economic problems and promote an atmosphere conducive to creative and unified progress.
- To provide the participant with a ten-week experience in community work and action in order to appreciate the demands and difficulties of life in an urban environment.

#### Whom does it serve? How does it operate?

It will include fifteen participants: five community interns and 10 work interns. The Community Interns are:

Recreation Intern: Stimulating local participation in an emerging West Side Recreation Center; developing leadership capabilities of local high school students; assessing recreational needs of people, and weighing present programs against needs; assisting in establishment of programs which local residents would like to see emerge. Education Intern: Assessing local educational needs and stimulating community action on programs designed to meet needs such as tutorials, etc. Adult Intern: Assessing major needs of adults living on the West Side and responding

to those needs with help and information when needed and requested.

Welfare Intern: Assessing the welfare programs utilized by people and informing persons of need of the availability of assistance; keeping up to date on employment and assisting persons to find jobs commensurate with their capability and motivation. Communications Intern: Attending local meetings; city govt., United Fund, etc. and serving as communication link between West Side and larger community sensitizing larger community to West Side problems.

Work Interns: Approximately 10 participants serve as Work Interns, holding full time jobs in agencies, business and industry. They endeavor, both within and without their job assignments, to sensitize the East Side Community to the socio-economic problems present in Bloomington-Normal. They deal with attitudes, and subjective feelings, and their method of operation requires them to awaken the sensitivities of individuals without alienation.

# How is it funded?

Community interns receive a weekly subsistance wage of \$50.00 and pay for board and expenses from money earned on the job. The project is subsidized by a Sears Foundation grant and local resources.

# **Evaluation**

Midland 1 project was a "study" project which established communication with the disadvantaged section. Midland II will be action-oriented.

> Bloomington YMCA Association: Bloomington, Ill. City:

- 65 -



# XII INTERN PROGRAMS (COMMUNITY)

B. Operation Job-In - Oakland, Calif.

#### Purpose of Program

To recruit and train volunteers from poverty target areas to work with indigenous organizations which are addressing themselves to structural change in the inner city.

# How does it operate? Whom does it serve?

This is a <u>Vista</u> associates project. Volunteers are 18 years of age or older. They serve full time for 10 weeks. They are placed with organizations and in positions according to their skills and experience. In their assignments they work with both youth and adults.

#### How is it funded?

This project is funded through Volunteers in Service to America - a part of the Office of Economic Opportunity.

#### **Evaluation**

This project proved valuable last summer. It opened up career opportunities to volunteers and provided extra "muscle" to indigenous organizations.

Association: Northwest YMCA

City: Oakland, California

# XII INTERN PROGRAMS (COMMUNITY)

# C. Vista Volunteers - Pittsburgh, Pa.

#### Purpose of Program

The original purpose was to give a poverty neighborhood community organization services by interviewing house-to-house surveying needs of the neighborhod and of the people and to work with various committees of the Beltzhoover Neighborhood Council as well as involving citizens, especially the poor, in the activities of the Council. However, the VISTA volunteers were not trained for this job; our training was not effective; the timing weatherwise was not good; the volunteers did not like the job of house-to-house contacts; and many people did not respond in terms of interest or participation.

Therefore, the purpose now is to serve the needs of youth and the welfare recipients in the community, with the VISTA volunteers doing work in various neighborhoods. One is working full time with youth in Esplen neighborhood; one is working full time with the teenage girls in Beltzhoover; one is working full time with male youth at Grubstake, Inc. ( sort of half-way house for young men just out of prison;) and two are working full time with welfare recipients involving them in the city-wide organization of Citizen's Against Inadequate Resources and establishing buying coops, or clubs.

Adding to this, they are doing some club work for the YMCA, serving poverty youth; pre-school children twice a week, and other programs for youth.

#### How does it operate? Whom does it serve?

There are five VISTA volunteers supervised by the Branch Executive and a volunteer woman from the community. Three of them are related to the Beltzhoover Neighborhood Council, one is related to the Citizen's Council in Esplen, and the fifth is related to Grubstake, Inc.

#### How is it funded?

It is funded through VISTA with the YMCA paying some local transportation expenses and small incidentals.

#### **Evaluation**

The original purpose did not work and was not effective. Now the program is going well, the VISTAs are happy about their work and it is hoped that the program can be continued for another year and can be extended to other neighborhoods in our service area.

> YMCA of Pittsburgh, Hill Top Branch Association: City:

Pittsburgh, Pa.

# XII INTERN PROGRAMS (COMMUNITY)

D. Leadership and Work Training Project
Springfield College, Massachusetts

#### Purpose of Program

To provide selected 14-16 year old youths, who give evidence of natural leadership ability, an opportunity to learn group leadership and recreational skills, along with the opportunity for beginning employment.

The objectives are:

- 1. To make available the educational resources of the College to the community.
- 2. To provide an educational experience that will enhance their employability in future years.
- 3. To lead them through the beginning employment process working papers, social security number, withholding tax forms, etc.
- 4. To channel their leadership ability into constructive activity.
- 5. To provide additional pocket money to poverty families.

# How does it operate? Whom does it serve?

See above for whom it serves.

It is operated by Springfield College in cooperation with local community agencies. The local community agencies were charged with the selection of the individuals from key poverty areas of the city. Thirty youths aged 14-16 were selected.

The program was as follows:

The morning instruction program ran for six weeks, and the afternoon employment (or work phase) ran for eight weeks. Students were paid from the Work-Training Program budget, but worked in existing agencies and municipal playgrounds, as assistants to their staff.

#### How is it funded?

Total budget was \$10,097. Funds were obtained from the College, United Fund, and three Foundations.

#### Evaluation

The youths involved displayed high motivation to succeed. Some of them were involved in the selection process and the fact that they knew they were being identified as leaders added to their motivation to succeed. A complete evaluation cannot be made at this time, as we will have to watch their involvement and/or employment in the next year.

Association: Springfield College
City: Springfield, Massachusetts

- 68 -



# XIII INTERPRETATION COURSES ON RACE AND CULTURE

# Understanding Black Power - Reading & Berks County

## Purpose of Program

The Detached Workers became aware of the need to interpret Black Power to the White @stablishment as well as the Black community and how the real problem of the Black man was not jobs, housing, etc. -- but white racism. Branch Adult Education Department decided to sponsor a short term course as a coordinated effort with the Detached Worker Program.

#### Whom does it serve? How does it operate?

This informal education course was open to Y members and the community, and was given special and separate promotion. Four two-hour sessions were planned with one hour of lecture followed by an hour of discussion. Two Negroes volunteered to teach the course (one was a Detached Worker.)

The first three sessions were planned as an interpretation of history from the Black man's point of view. The lecture or information-giving hour covered Negro history thoroughly. The final session's lecture centered around an interpretation of Black Power based on Negro history and what the Black man learned about entering the main stream of life. In this last session, the students (class limited to forty) broke up into four groups of then students, a convenor and a member of P.O.A.A.Y. (a YMCA Negro Youth Organization.) It was here that representatives of industry (some flew in weekly from Connecticut and New Jersey) YMCA officers and board, social agencies, Public Relations firms, banks, education, police and city council had direct confrontation with the more militant Negro youth.

#### How was it funded?

Instructors were a Detached Worker and a volunteer. Printed promotion and other miscellaneous costs were absorbed by the Adult Program budget. There was a \$2.00 fee charged.

#### Evaluation

This was the most controversial course ever offered in Reading. The confrontation caused deep and sometimes painful probing into the attitudes of Whites. As the group became emotionally and academically involved in the course, they had a somewhat traumatic experience -- yet the course held an average of 86% attendance for the four evenings.

A new Department has been approved by the Board called Department on Behavioral Change in Racial Attitudes and \$5,000 has been contributed as a planning grant to launch the program.

> Association: Reading YMCA

Reading, Penna. City:



# A. Jobs Now - Chicago, Illinois

#### Purpose of Program

After the civil disorders in the summer of 1966, Chicago developed JOBS NOW, a new approach, aimed at status gang members who could not be interested in standard youth training programs. JOBS NOW was sponsored by thirty-nine agencies: The Chicago Committee on Urban Opportunity, the Employment Service, the Cook County Department of Public Aid, the Police Department, the Chicago Commission on Youth Welfare and other agencies from the public sector; such private agencies as the Federation of Settlements, the Chicago Boys Clubs, the Chicago Youth Centers, the YWCA, Hull House and the Welfare Council; the AFL-CIO and the Association of Commerce and Industry; the Tri-Faith Employment Project; grass-roots community organizations like The Woodlawn Organization and the West Side Federation and civil rights groups like the Urban League and Dr. King's Southern Christian Leadership Conference.

# How does it operate? Whom does it serve?

A number of the sponsoring agencies, public and private, bring youth to the orientation center, not just the first day but, if necessary, throughout their two weeks orientation to the world of work. The JOBS NOW staff, a smoothly functioning mix of Employment Service personnel and experienced workers from our JOBS Project, begin the process of transforming these youth into workers. The job developers, a term of JOBS NOW staff and businessmen on loan to the project, then place them in good jobs with a future with employers who have waived such normal hiring standards as high school diplomas, aptitude tests and no police records. The employer and the JOBS NOW staff cooperate in providing high support to the youth until he has adjusted to employment.

During the first year of the program we have enrolled 1,992 clients, about 75% male, 95% between the ages of 17 and 20 and 98% Negro. Of the total enrolled, 551 (28%) dropped out of the program during the orientation period (they preferred their street "hustle" to employment); another 244 (14%) were ineligible for employment (too young, ill, jail, etc.); 130 (7%) had gone into the other training programs, military service or back to school; 1,065 (54%) had gone into jobs. (The project actually made 1,491 referrals to jobs and placed 1,156; some clients have been placed three times, but at the end of the year 1,065 different clients had been placed.) Of those 1,065,439 (22%) were working at the end of the year and 626 (32%) had been fired, laid off, or quit.

#### How is it funded?

Manpower Administration, United States Department of Labor (\$1,315,274.)

Concentrated Employment Program (\$254,991.)

# Jobs Now - Chicago, Illinois

#### How is it funded? (Cont'd)

Just funded for its second year by the Manpower Administration, U.S. Department of Labor and the Employment Service, JOBS NOW receives guidance from the YMCA Advisory Board, fifty industrial leaders who are a cross section of the economic strength of Chicago.

#### Evaluation

A study of a sample of those who have kept jobs and those who have lost them revealed almost no difference between the two groups. The difference proved to lie in the employing companies --- in the degree of their ability to give the extra support that makes the youth feel like a wanted and needed employee.

The first half year of the program has shown an increasing willingness of the sponsoring agencies to devote private resources to the support of the youth in the program and a growing commitment from business and industry; currently 194 companies are cooperating.

The JOBS NOW concept has been linked with the New Careers concept to form the nationwide Concentrated Employment Program which the Department of Labor and the Office of Economic Opportunity have launched in twenty major cities and two rural areas. Our staff has been involved in helping them develop their programs, train their staffs and "trouble shoot" operational problems.

Association: YMCA of Chicago

City: Chicago, Illinois

# B. YPI (Youth Progress in Industry) - St. Louis, Mo.

#### Purpose of Program

To find jobs and provide job support for 3,000 inner city teenagers, all in-school achievers.

#### How does it operate? Whom does it serve?

Youth Progress In Industry is the 1968 summer job segment of the National Alliance of Businessmen's overall jobs program. The St. Louis YMCA is the administrative agent for this phase of the effort to find jobs and provide job support for 3,000 inner city teenagers, in cooperation with the Missouri State Employment Service which is providing job placement. In addition, 200 college age youth, mostly inner city residents, have been hired to serve as job coaches and provide job support to the employer and the youth on the job.

The program is administered by the YMCA's Inner City Youth Outreach Department. It was organized also with the cooperation of the Mayor's Council on Youth Opportunity and is an integral part of "St. Louis Cares" program for employment, recreation and education.

#### How is it funded?

Through a \$100,000 Danforth Foundation Grant, \$124,000 in Department of Labor Funds, and \$242,000 through Vocational Rehabilitation.

#### **Evaluation**

The program contains a research component administered by the Department of Urban Programs, St. Louis University.

Association: St. Louis YMCA
City: St. Louis, Mo.

C. BYU (Business, YMCA, Urban League) - St. Louis, Mo.

## Purpose of Program

To provide business and industry with a complete program and supportive services for obtaining productive employees and trainees from the central city area of Metropolitan, St. Louis.

# How does it operate? Whom does it serve?

This is a comprehensive program of employment and pre-job orientation for hard-core unemployed males and other disadvantaged persons.

Two components will be in operation: one by the Urban League and one by the Metropolitan St. Louis YMCA. The goal is for 1,000 job placements in the first year, 500 by the YMCA and 500 by the Urban League, or an average of 10 per week for each.

#### How is it funded?

Basic funding for the first year of the program was made available through Civic Progress, Inc., \$250,000; and the Danforth Foundation, \$150,000. The YMCA component budget is for \$142,000.

#### **Evaluation**

Research and evaluation is provided by St. Louis University.

Association: St. Louis YMCA

City: St. Louis, Mo.

## D. New Careers - Boston, Mass.

#### Purpose of Program

The "New Careers" concept proposes that all the human service occupations (health, education, recreation, welfare, corrections, etc.) can provide much more efficient service through the employment of people who may have little or no formal training. They can free persons with professional training from those tasks which do not require such training. At the same time they can learn on the job and may ultimately become career professionals.

## How does it operate? Whom does it serve?

The Scheuer Amendment to the Economic Opportunity Act authorizes grants to private, non-profit agencies to cover costs for work-training employment. Supplementary assistance is provided for educational training and transportation expense. Applicants must be 22 years of age and over and must meet the poverty guidelines.

The Boston YMCA has 16 trainees in "New Careers" to provide indigenous leaders in the inner city who can increase the scope, relevance, and acceptability of the outreach of the YMCA.

# How is it funded?

Under the agreement, a federal stipend of \$3500 is paid to each trainee for the first year based upon a 35-hour week. The Boston YMCA received a special grant of \$11,000 to underwrite the training program.

#### Evaluation

Trainees were selected who were known by and who knew YMCA staff. They have responded well to both work and training. We are enthusiastic about the contribution they are bringing, in knowledge of the inner city and in racial balance to our staff.

Association: Greater Boston YMCA

City: Boston, Mass.



# E. New Careers - Washington, D.C.

#### Purpose of Program

The YMCA of Metropolitan Washington is taking advantage of the New Careers Program to extend its present programs and services in the District of Columbia. Six New Careers persons are present in introductory positions in the Central and Twelfth Street Branch YMCAs.

With the increasing size and administrative complexities of the programs and services offered by the YMCA, hard pressed professional staffs have had to split themselves too many ways and spend too high a proportion of their time in duties and programs which could be performed by staff with special skills and abilities but less formal education and training. However, no pool of this intermediate, "non professional" category of workers exists.

#### How does it operate? Whom does it serve?

The New Careers Program has been developed to train residents of the inner city who have particular talent and interest in the "human services" fields to meet this acute need for personnel and at the same time open up permanent challenging career opportunities. One of the real strengths of this program is the unique quality that poverty level workers could bring to our programs, their first-hand knowledge of the problems and life styles of the poor.

The Twelfth Street YMCA has three New Careerists identified as Community Developer Aides. They are employed to work in a small well defined neighborhood, identify the conditions which exist and develop an understanding of the people living there.

They are trying to create a climate of mutual trust and respect through program development involving youth and by providing direct leadership. From this they would identify and interpret needs and issues and begin to involve parents while at the same time developing indigenous leadership.

The Central YMCA has three New Careerists identified as Community Developer Aides. They are employed to work at the grass roots level in a small well defined neighborhood. They are identifying with and becoming a part of that neighborhood getting to know everyone. They are developing a climate of mutual trust and respect, identifying and interpreting needs and issues and working with small groups. They are also stimulating small group programs.

#### How is it funded?

The Federal Government, through the Labor Department, will provide the initial funds for this program. These funds cover direct salaries and fringe benefits for the New Careerists for the first six months on the job. These funds also finance the training programs. No funds are provided for YMCA supervision, and



# E. New Careers - Washington, D.C. (Cont'd)

# How is it funded? (continued)

following the first six months, the YMCA will assume full costs and responsibility for the New Careerists.

# **Evaluation**

There is a concurrent training and on the job program for the first twenty five weeks. This is a developmental program in which the on the job experiences directly reinforce and expand the individual's skills and talents. Hopefully, this will lead to more responsible positions within the YMCA.

Association: Washington Metropolitan Office

City: Washington, D. C.

# F. New Careers Project - St. Louis, Mo.

# Purpose of Program

To provide up-grading of under-employed adults to para-professional services on behalf of private leisure time agencies. (YMCA, YWCA, Girl Scouts, Jewish Community Center, several settlement houses). These are face to face situations, primarily. Continuing education is an important dimension of this program. It may begin a movement to a professional career.

# How does it operate? Whom does it serve?

Serves 20 men and 10 women from "Model Cities" Area Neighborhoods in a three phase program:

- 1. Formal education, including and/or college credit G.E.D. courses.
- 2. Specialized training in job related functions and knowledge.
- 3. On Job training in agency settings.

This contract is administered by the YMCA.

# How is it funded?

United States Department of Labor - Manpower Division - \$71,358.

Participating Agencies - Leadership and supportive services - 20,393.

#### **Evaluation**

At the end of ten weeks of operation:

The program has provided the trainees with a new lease on life. Only 2 out of 30 have dropped out. They have had the opportunity to demonstrate they have competency. There is high committment by trainees to program. Agencies are well pleased with demonstrated competence of trainees.

Association: Young Men's Christian Association
City: St. Louis, Missouri



# G. Training Resources For Youth, Inc. (TRY) YMCA Of Greater New York

#### Purpose of Program

Training Resources for Youth, Inc. (TRY) simply stated, is a research demonstration project designed to discover, define and develop teaching methods, curriculum and materials for the education of disadvantaged young men (ages 17-22) toward successful adjustment in the world of work, recreation, personal, community and family life. TRY is directed toward providing a positive new learning environment, eliminating negative conditions, changing the life style of the socially deprived male and confronting him with new alternatives. The major end product is placement in a career vocation with upward mobility.

## How does it operate? Whom does it serve?

The project is housed in renovated YMCA buildings, formerly accommodating a trade school, dormitory and adult program with gymnasium, swimming pool, track, locker-rooms and a cafeteria. The core program includes:

Vocational Training in Appliance repair; Heating, Air-conditioning and Refrigeration; Diesel Engine and Automotive repair; Vending Machine repair; Food Services; Business machine repair and operation.

Remedial Education in math and reading

Individual counseling and group instruction in Life Skills designed to deal with the whole man.

Job Experience Training, Placement and follow up. During their enrollment in training, trainees receive an average weekly stipend of \$50.

The TRY staff is comprised of 280 staff persons in all categories serving 600 trainees. The TRY population is recruited largely from the Bedford Stuyvesant community of Brooklyn where more than 250,000 Negroes are residents. The TRY racial and ethnic composition follows a breakdown of roughly 80% Negro, 15% Puerto Rican and 5% White. Most are high school dropouts from disadvantaged homes, although, some are unemployed high school graduates; a large percent have court records; math and reading levels range from 3rd to 10th grade.

#### " s it funded?

To develop and secure government funding, the YMCA invested more than \$60,000, plus another \$500,000 in the renovation of the YMCA buildings now used by the project.

The project itself is funded annually by:

 Health, Education and Welfare
 \$2,853,923.00

 Office of Economic Opportunity
 \$1,000,000.00

 Labor
 \$96,000.00

 (N.Y.S. MDTA) trainee stipend
 \$640,000.00

TRY, as a separate corporation, has an independent Board of Directors composed of community and metropolitan representatives, many of whom are related to the YMCA organizational structure. In the TRY Project, the YMCA of Greater New York has not only a huge investment and responsibility, but also an opportunity to sharpen up the image of the association at the point of its readiness to deal with difficult youth problems which characterize the inner city.

Association: YMCA of Greater New York
City: New York, N. Y.

City: New Yo



# H. College Work Study - Boston, Mass.

## Purpose of Program

The Work-Study program for college students is under direction of the U.S. Office of Education and was created to provide significant part-time work for qualified students who "are in need of the earnings from such employment to pursue courses of study at such institutions."

# How does it operate? Whom does it serve?

The university prepares an estimate of need in an application for a federal grant for the Work-Study program. The funds are administered by the university in the same manner as are other loan or scholarship funds. Students must be qualified and approved for a grant which is earned through as much as 15 hours of work per week while in school and as much as 40 hours per week during vacation period.

The Boston YMCA has contracts with 12 colleges and universities and in 1967 placed 350 students in the YMCA positions in the Boston area and 145 students in YMCAs throughout the United States.

## How is it funded?

The YMCA reimburses the university for 15% of the Work-Study grant received by the student plus charges for Social Security and Workmen's Compensation.

#### Evaluation

The student is provided a "laboratory" of academic-related experience which enhances the classroom, and the YMCA is presented a dynamic work force at low cost to expand its program and services. The YMCA becomes a working partner of the university in the education of young people.

Association: Greater Boston YMCA
City: Boston, Mass.

# I. College Work Study - Ashland, Oregon

## Purpose of Program

PARTY PROPERTY OF THE

- To: 1. provide a work experience for college students
  - 2. assist college students in financing their education

A by-product of this program is that it provides program assistants, clerical, and maintenance help for the YMCA, which makes it possible to expand the scope and quality of the program for youth.

# How does it operate? Whom does it serve?

When the local college applies for their grant under the Economic Opportunity Act for the work-study program, they include in their submission a request of three or four off-campus agencies, including the YMCA. Over the past year, approximately \$3800 of the amount approved for the college was ear-marked for the Ashland YMCA work-study program. Payroll, taxes, and deductions are handled by the Business Office of the college. The students' timeslips are processed through the YMCA office and then forwarded on a monthly basis to the Business Office of the college together with a YMCA check covering approximately 22% of the payroll, which takes care of our share of this expense together with the ancillary costs and taxes.

An average of four students are enrolled in the work-study program with the Ashland YMCA at any one time. Approximately twelve different students are related to the program during a year.

Again there are many beneficial by-products in terms of value of this program to our youth. We are actually getting triple mileage out of the funds in this project. First, in assisting students through college; secondly, in giving the students a good work experience, training, and supervision, and thirdly, by providing a valuable program for the youth of the community.

#### How is it funded?

The program is funded through the work-study program of the Economic Opportunity Act, as noted above.

#### Evaluation

This program is of inestimable value to the program of the YMCA. Also, the feedback that I get concerning students who have been related to the YMCA in this project is that it has been an extremely valuable experience in orienting the student to the working world and increasing their confidence and self-concept, and in giving him the role of an important individual in an otherwise large, impersonal campus. Greater than the value to the student, is the benefit received by the many boys and girls whose YMCA program is enhanced by having smart, personable young people related to it.

Association: Ashland YMCA

City: Ashland, Oregon 97520



# J. Neighborhood Youth Corps - Jackson, Michigan

## Purpose of Program

To provide job training, personal counseling, and education (remedial) to youth (15-21 years old) who have dropped out, been pushed out, or have graduated from High School, but still lack necessary qualities to handle meaningful employment. The youth are first financially disadvantaged but other criteria validating social or physical disadvantages may qualify certain youth for the program.

# How does it operate? Whom does it serve?

An agency (YMCA) writes a contract with the Dept. of Labor to provide proper administration of such a program; counseling; supervision; remedial education; to develop jobs in their communities when their charges have been trained; and to do follow-up so that the effectiveness can be measured.

The youth are recruited by said agency and the Employment Offices, then placed into prearranged training stations. The training program involves twenty-nine hours per week of office job training plus three hours per week of counseling. Enrollees are paid for this participation at minimum wage levels for six months. By this time enrollees should be better prepared for full time work experiences.

#### How is it funded?

Of the 100% cost of operation, up to 90% is supplied by the Dept. of Labor, 10% by the Agency in "in-kind" services or actual cash.

Of the 100% cost of operation, about 75% is spent directly on the enrollees (wages, fringe benefits) and 25% may be allocated to staff or operational costs.

#### **Evaluation**

The Jackson YMCA has become a focal point for services to disadvantaged youth. Over 200 young people that would not have been seen by the YMCA received counseling, referral, or job training in 1967. We feel it is a very important part of our operation.

Association: Jackson YMCA

City: Jackson, Michigan



# K. Neighborhood Youth Corps - Washington, D.C.

#### Purpose of Program

To provide youth of low-income families:

- 1. supervised work experience
- 2. structured training
- 3. needed financial assistance
- 4. problem-directed counselling.

In addition, the program is aimed at providing an opportunity for many youngsters to continue in school and in many cases return to school.

# How does it operate? Whom does it serve?

Over 200 young people, ages 16-21, male and female, unemployed or under-employed, in-school, or dropouts from low income families participate in this program each year. At any one time 50 to 80 youths are employed in our several YMCA Branches and General offices in many program and supportive staff positions. We have one full time NYC counsellor-coordinator and one part time counsellor-coordinator.

#### How is it funded?

Labor Department program through the District of Columbia Health and Welfare Council.

#### Evaluation

We have completed over two successful years in this program and at present are in our third contract year.

Association: Washington Metro Office YMCA

City: Washington, D. C.

# L. YMCA Neighborhood Youth Corps Reading & Berks County, Pa.

## Purpose of Program

To provide a work experience for youths 16 through 21 who are school dropouts and who are from low income poverty families.

# How does it operate? Whom does it serve?

The YMCA of Reading and Berks County became prime contractor for the Neighborhood Youth Corps in June, 1965 before the local O.E.O. office was organized.

The target group of the neighborhood Youth Corps are out-of-school youth (the School District works with those still in school) who can not relate to the school efforts in this program.

Positions, paying \$1.40 per hour for a 32-hour week, are located in thirteen public and non-profit agencies. Jobs include clerk-typist; cashier, switchboard operator; masseur; recreation; building maintenance; nurses; auto mechanic; park maintenance aides; business office machine operator, etc. The 32 hours work is spread from Monday through Thursday, leaving Fridays for group counseling.

Volunteers from the Junior League act as aides to the staff in the Friday group counseling sessions. During these sessions, groups from 8 to 12 youth meet in an unstructured situation where concerns about getting and keeping a job, applying for jobs, getting a job interview, sex and marriage, insurance, financing, etc. kick off each group session. Attitudes and problems confronting the youth come to light as the youth "T group" it.

#### How is it funded?

The contract is funded for 50 to 100 youth by the Department of Labor under the Economic Opportunity Act of 1964.

#### **Evaluation**

Approximately 600 youth have been served. A follow-up study made by the Social Action Committee of a Jewish Temple pointed out after two years of operation more than 60% of former enrollees were gainfully employed -- in advance schooling or in the service -- which is higher than the national average for youth in comparable age and economic status.

The study was highly commended by U. S. Secretary of Labor, W. Willard Wirtz. Our Association was also commended as being one of the most effective places in the United States for recruiting Job Corps members. A full time member of the AFL-CIO Appalachian Council assigned to recruitment gave public credit to our N.Y.C. as the reason for his success.

One problem identified is the lack of job skill training in the area to follow upon the basic work skills acquired in N.Y.C.

Association: Reading & Berks Co. YMCA

- 83 - City: Reading, Penna.



# Jobs Club - Philadelphia, Pa.

## Purpose of Program

To reach 300 "hard core" unemployed, out of school youth through a ten-week Job Preparation experience. Prime objective is change of attitude of youth whose habits and attitudes are now dysfunctional for the world of work and who can be motivated and helped to make the transition to job readiness. Second, but no less important objectives are to provide summer employment, limited cash income, and generally clean and beautify neighborhoods. Some goals: realistic attitude toward work, development of self-confidence, pride, motivation to seek employment or training, improvement in appearance, grooming, manners and honest knowledge of weakness as job-seekers. completion of the program it is hoped each trainee will move toward the goal of suitable employment through on-the-job training, vocational training, back to high school, or directly to an employer.

#### How does it operate? Whom does it serve?

Recruitment handled through the community action councils of the Philadelphia Anti-Poverty Action Commission. Youths must be 16 to 19, out of school, unemployed and in need of special help in improving their employability; primarily drop-outs, but does not exclude high school graduates who are unemployed.

Work experience: daily, 9 a.m. to noon; work with a purpose -- cleaning streets, vacant lots painting and fixing, preparation of many poor and substandard playlots. PAAC prepares list of needed projects. Effort made to include neighbors in cleanup projects to the extent they can feel a sense of pride and hope as they see improvement through the efforts of the youth work force.

Each work group, 25 boys, captains (2 boys who have shown leadership, coordinator and assistant coordinator) encouraged to become a club unit. This provides a sense of belonging and identification.

Club meetings: 2 to 3:30 p.m.; discuss problems of work world, get training in job preparation (how to dress, how to act at an interview, what kind of jcb to seek etc.) Coordinators, called supervisors, feel this is the vital part of the entire program.

# How is it funded?

Federally funded through the Philadelphia Anti-Poverty Action Commission.

#### **Evaluation**

ERIC

On site inspection of groups (one for each of city's 12 poverty areas) shows visual accomplishments. Supervisors report boys responding well. Supervisors, incidental ly, are an above average group of men. They average last year of college in age. It is difficult to tell at this point what will be outcome.

> YMCA of Philadelphia and Vicinity Association:

Philadelphia, Penna. City:

N. Job Corps Program
Washington State Univ., Pullman, Wash.

#### Purpose of Program

The purpose of the Job Corps program carried on by the YMCA-YWCA of Washington State University is to develop communication and understanding between the Job Corps participants and university students and the community of Pullman. Since this is a small town, relatively isolated, this is the first opportunity for many to develop interracial friendships and dialogue, particularly with Southern Negroes. It is also the first opportunity for most of the latter group to visit a college campus or to become acquainted with a white family. We feel the program has been of great value to all those involved.

## How does it operate? Whom does it serve?

Approximately once a month the YM-YW students have sponsored a Job Corps weekend, sometimes in cooperation with one of the churches, hosting as many as 70 to 80 Job Corpsmen from Cottonwood, Idaho and Job Corpswomen from Moses Lake, Washington. Most of the Corps participants are housed, in groups generally of 2 to 4, in the homes of community residents, but on several occasions a good number of Corpsmen and women have stayed with students in dormitories or sororities and fraternities. They arrive in town on Friday evening and stay until late Sunday afternoon. During this time the college students provide recreation in the form of games, sports, swimming, etc. on Saturday afternoon and a dance on Saturday night. A potluck dinner including host families is generally held on Sunday noon followed by recreation. Sometimes it is also possible to include a play or concert or movie, etc. held on campus during the weekend. Other weekends a much smaller group (usually 7) of Corpsmen from Cottonwood are entertained by families or students with no special recreation planned. This provides a greater opportunity for real friendships to develop. Thus this program is of benefit to host families, Corps participants, and students.

#### How is it funded?

The host families or host students provide most of the weekend hospitality in the form of lodging and food. Funds for party food, rental of recreational facilities and equipment, etc. come from the YM-YW budgets.

#### Evaluation

From reports we have received from the 2 Job Corps Centers in Cottonwood and Moses Lake, and from the enthusiasm of the Job Corps participants, as well as their desire to come to Pullman again, we feel the program has been of great value to the Corps participants. We also feel it has done a great deal to establish concern and understanding among our student and community participants. Many of them are very dedicated to the program and have been extremely generous in hosting Corps participants as well as spending much time and effort organizing weekend activities.

Association: Washington State University YMCA-YWCA

City: Pullman, Washington

# O. JACS (Joint Action in Community Service) Job Corps Returnees Program Denver, Colorado

## Purpose of Program

To enable returning Job Corpsmen to make an effective re-entry into the mainstream of meaningful community life following their training at a Job Corps Training Center.

# How does it operate? Whom does it serve?

It is a community-wide effort. A Coordinating Council guides the endeavor and solicits the kinds of contributory services that are needed to maintain the program.

A member of the YMCA staff is the voluntary director.

One business or professional man volunteers to be a counselor for one returning Job Corpsman.

The volunteer enters into a training program. He develops his contact with the young man, determines where the latter needs assistance. Then they work together toward solving whatever blocks they identify as keeping the Corpsman from attaining many of his goals.

The nature of the counseling or assistance may fall into a wide spectrum of need: job placement, finding a place to live, how to enroll in other educational programs, gaining further cultural enrichment, etc.

Job Corpsmen are between the ages of 16 and 21 years. Prior to their training they have been out of work, school dropouts for three months or more, have grown up in the impoverished areas of the community and have volunteered for a change in environment in order that they may become trained for a useful and productive life.

## How is it funded?

The federal government funds the office of a regional director. No federal monies are available for local operations. The need for this program is so very great, it captures the imagination of most community, business and religious leaders. The keynote to the whole operation is the voluntary nature of it from both the private and public sectors.

#### **Evaluation**

The program is just underway. The initial results are exciting and encouraging. If we believe that men are desirous of upgrading themselves...that it is this motive that led these men to the Job Corps..and that we more fortunate persons really want to be of service...it should be a success.

Association: YMCA of Metropolitan Denver

City: Denver, Colorado

# P. Industrial Services Program - Wilmington, Delaware

# Purpose of Program

To work, and advise with local business and industry. To secure equality of employment opportunity for Negro residents of Wilmington and New Castle Co., to conduct pilot job placement; to communicate the personal and skill qualifications prerequisite to vocational success to Negro youth, and to conduct such other programming as will achieve the broadest vocational success for Negroes.

# How does it operate? Whom does it serve?

The department operates with a committee, and several sub-committees, representative of the cross section of employers, educators and community leaders. There is a close liaison with schools and colleges, and community social agencies. Programs are designed for all age and socio-economic levels, school class groups, family groups in private home settings. Programs include youth motivation and incentive, school counsellor seminars, new teacher orientation, job development and placement, fostering skills training.

# How is it funded?

United Fund, and a special contract with The Greater Wilmington Development Council.

#### Evaluation

To date, tremendous progress has been made, yet much remains to be done.

Association: YMCA of Wilmington & New Castle

City: Wilmington, Delaware

# Q. Concentrated Employment Program (CEP) Washington, D. C.

#### Purpose of Program

To prepare 2000 men and women, through guided troup interaction sessions and special workshops, for the "world of work."

# How does it operate? Whom does it serve?

Approximately 80 hard core unemployed or underemployed persons, ages 16 and older, spend about two weeks in a special program geared to job orientation. Workshops in grooming and hygiene, money management and urbanization, plus special "human relations" group sessions are the means by which a "client" is oriented.

# How is it funded?

This is a Labor Department program with the local antipoverty agency (United Planning Organization) as the contract monitor. The contract for one year is \$225,000.00.

#### **Evaluation**

The program has been very successful. Other programs based on this model are expected to be started in many other cities in the nation.

Association: Washington Metro office YMCA"

City: Washington, D. C.

# R. HOUSE OF U.S.E. (Understanding, Stimulation, Education) Butler St. Atlanta, Ga.

# Purpose of Program

The House of U.S.E. is Atlanta's newest United Appeal Agency, formed with the guidance of the Butler Street YMCA and an active Board of Atlanta Community leaders, both Negro and White.

It was conceived in 1966 through O.E.O. but did not come to maturity because of administrative problems. In Sept. 1967 a group of concerned private citizens (Negro and White) realized the value of the idea and with the experienced help of the Butler Street YMCA, created the House of U.S.E.

# How does it operate? Whom does it serve?

It is designed to reach and help the "hard core unemployables" and work in a guidance role primarily with the 16-30 year old men and women, boys and girls, Negro and White. It began in Summerhill with further programs planned for Mechanicsville, West End and Grant Park areas. It is actively aligned with the Atlanta Concentrated Employment Program. The House of U.S.E. also serves as a community recreation center and a referral center to area residents of all ages.

It is open six days a week from 8:30 a.m. to 11:00 p.m. It is located at the rear of 85 Georgia Avenue, S. E., juxtaposed between the affluence of the Atlanta Stadium and the very unaffluent neighborhoods surrounding it.

#### How is it funded?

Through United Appeal, Federal Funds (ACEP), and private contributions.

#### **Evaluation**

The program has been quite successful in light of the severity of the problems faced by the persons served. The most successful phase has been securing employment for persons heretofore unemployed or underemployed. There have also been some indications of individuals reorienting themselves away from the poverty syndrome.

Association: Atlanta-Butler St. YMCA

City: Atlanta, Georgia

# S. Brooklyn YMCA Trade School - New York City

## Purpose of Program

To assist young men educationally who are semi-skilled or unskilled in a "Dead End" Job, to become employed in an occupation that has a future. Most of these persons who really require assistance do not qualify under Manpower Training, as they have some kind of income.

The school's present number of graduates is 500 and counting 300 wives and 1400 children, it can be said that 2000 people annually feel the results of the YMCA's effort with this purpose in mind.

# How does it operate? Whom does it serve?

The school offers training in Automotive Mechanics, Machine Shop, Refrigeration, Air Conditioning, Oil Burner Servicing, and Welding.

The courses, teachers, director, and building are licensed and approved annually by The State Educational Department. As one of the first schools in New York State (1908), it is proud to be the first licensed school in New York City. Students attend the programs coming from a three-state area as well as over 40 a year from different parts of the world.

#### How is it funded?

Since this is an adult program the student body carries the cost of operating by making weekly payments. Members in training from another agency, State or Federal, have their fees paid for by that agency. 94% of the school's funding is covered by the private student.

#### Evaluation

Upon graduation students are assisted in obtaining employment. This on-going placement of graduates in jobs along with industry's need for keeping up to date is the school's Yardstick of effectiveness.

Association: Brooklyn YMCA Trade School

City: Brooklyn, New York City, N. Y.

# T. Youth In Action - Canton, Ohio

## Purpose of Program

Youth In Action is a voluntary program of supervised work and activity for boys who have major problems as referred by agencies and who need and want opportunities to work, learn, and earn.

# How does it operate? Whom does it serve?

Seventy-seven boys and eleven adult leaders are employed to work in eleven groups. Each group works at a different job site (city parks, camps, YMCA centers, boys clubs, etc.) for four hours, five days per week for eight weeks during the summer. Afternoons are devoted, without pay to field trips, industrial plant tours, counseling, recreation and home visitations.

Boys 14 to 17 years of age are referred to the program by the juvenile court, schools, social agencies and other institutions. Priority is given to employment of boys with major problems of attitude, behavior, etc. as defined by the referring agency.

Various incentive programs are included which contain bonus pay for perfect weekly attendance, matched savings programs for approved projects such as buying school clothing, and an overnight camping experience.

# How is it funded?

100% by the United Fund - \$27,500. for 1968.

#### Evaluation

Excellent. Program is in its fifth year.

Association: Metropolitan Canton District

City: Canton, Ohio

# U. O.I.C. (Opportunities Industralization Centers) Pittsburgh, Penna.

## Purpose of Program

O.I.C. recruits unemployed and underemployed persons in Negro ghetto communities and seeks to develop self-pride and motivation. O.I.C. involves the "whole person" concept while seeking to impart job-related skills.

#### Whom does it serve? How does it operate?

The Pittsburgh O.I.C. is a non-profit corporation with a separate Board of Directors. It is built on a "self-help" approach whereby the hard-core person joins with others in seeking to improve his job-getting and earning potentials.

#### How is it funded?

OICs exist through private and governmental funds. The Pittsburgh OIC operation began in August of 1967 and was funded by a Department of Labor grant.

#### Evaluation

O.I.C. is the most positive force in the civil rights movement. The fully functional O.I.C., with recruiting, educational and skill training, counseling, and job development components, has been one of the most successful manpower programs in the United States.

Association: Centre Ave. Branch YMCA

Pittsburgh, Penna.

V. Youth Orientation To Industry - Pomona, Calif.

#### Purpose of Program

The Youth Orientation to Industry Program was conceived by a strategy committee composed of members of the Industrial Management Club and the Pomona Valley Personnel Association. Both are sponsored by the Pomona Valley YMCA.

The original intent was to provide a program involving high school junior and senior boys and girls, primarily those planning to enter the labor market upon graduation.

#### The main thrust is to:

- 1. Emphasize the strong need for youth to be more familiar with employment opportunities locally.
- 2. Understand all aspects of employment procedure.
- 3. Talk with personnel men and work supervisors candidly about all aspects of work in a particular company.
- 4. Most of all, create an attitude concerning employment that will help the young person be more prepared and motivated in the direction he is best suited.

#### How does it operate? Whom does it serve?

- 1. The program is promoted through business and vocational classes in the high schools.
- 2. Small groups of 1-15 youths tour 2 to 4 different industries over a period of 4 weeks, along with adult chaperons from the Industrial Management Club or Personnel Association.
- 3. A final evaluation and wrap-up session is held and often a permanent YOTI group is formed.

Our pilot project was held at Garey High School in a predominately Negro and Mexican-American neighborhood. We involved 47 boys with 70% Mexican-Americans, 20% Negroes and 10% Caucasians represented. We discovered that most of these youths came from poverty or near poverty areas.

#### How is it funded?

Presently the program is funded by the two sponsoring organizations and the YMCA general fund.



V. Youth Orientation To Industry - Pomona, Calif. (Cont'd.)

#### Evaluation

The idea has been enthusiastically accepted by industry and the community as a whole. It has been received well by the boys participating. However, the participation has not been as good as anticipated as yet. We hope to improve as the program gains more acceptance on the part of the youth in the schools.

The program has effectively given the participants a variety of exposures to industry in the Pomona area plus the opportunity to ask candid questions about all types of employment, job skills, and other important factors.

Association: Pomona Unified School District

City: Pomona, California

# W. YMCA Work-Reation Camp - Reading & Berks County, Pa.

#### Purpose of Program

- 1. To increase employment opportunities fo boys and girls 14 and 15 years old in the poverty areas of Berks County.
- 2. To provide delinquency control and prevention.
- 3. Enlarge the scope of the Detached Worker and Community Extension programs by recruiting new youth and forming groups.
- 4. Renovate and/or beautify declining neighborhoods.
- 5. Improve community parks, playgrounds and playlots.
- 6. Develop in youth elementary work habits, job attitudes and an appreciation for the "dignity of labor."
- 7. Increase family income through meaningful work projects.

(This age youth perceive themselves as too sophisticated for many recreational programs, yet are not considered prime employee prospects by employers.)

#### How does it operate? Whom does it serve?

The camp is a combination work and recreation program which serves those who are too young to be employed through the YMCA Neighborhood Youth Corps program. Goals are accomplished by the utilization of the small group method with a high degree of related, indigenous leadership, common to YMCA camping.

The Community Extension and Detached Worker Units cooperated in the conducting of the program. A survey originally made by a Citizens Advisory Committee pointed out the need for employing this age, and the number of work projects needed. They also approved the total plan for submission to the O.E.O., helped recruit and select campers and staff, etc.

More than 360 youth applied for positions in 1968. Camp started at the YMCA at 7:45 a.m. where busses transported campers to work sites. Campers work from 8:00 a.m. to noon and are paid \$1.25 per hour. One crew chief from the Park Maintenance staff was assigned to aid the Camp Director. Ten campers and two counselors were the basic unit. These units cleared picnic sites, felled trees, painted road barrier fences, renovated picnic equipment, cleared trash from streams, etc. Lunch hour consisted of discussion of value of school; questions on city earning tax, income tax, social security; how well groups performed on jobs; how to look for a job; what an employer expects, etc. From 1:00 p.m. to 3:00 p.m. the campers participate in swimming, bowling, riflery, weightlifting, judo, softball, trips, etc. Negro, Puerto Rican and White youth were accepted for an eight week contract. The camp was conducted in Reading and four boroughs of the county.

- 95 -

W. YMCA Work-Reation Camp - Reading & Berks County, Pa. (Cont'd)

# How is it funded?

The 1968 budget is \$27,000 (mainly salaries and transportation) and was approved by the local C.A.P. agency. In addition, the boroughs, the Junior Chamber of Commerce and borough Councils contributed \$900 to match C.A.P. funds for their area. All equipment, supplies, use of facilities and staff time are contributed by the city councils or school district. Last year a total of \$4007 non-federal contributions were recorded on a \$17,000 budget.

# **Evaluation**

Parent evaluation forms returned in English and Spanish praised this government funded program and the Y's creativeness. More boroughs are requesting the program; more funds are being contributed toward this; the United Fund agreed to seek additional funding because of the high number of youth the Y had to turn away even though the local C.A.P. agency allocated 50% of its summer budget to meeting the program's needs in 1968.

Association: YMCA of Reading and Berks County

City: Reading, Penna.

# X. Work-Study-Motivation Project, San Francisco, Calif.

# Purpose of Program

To provide training and meaningful work experiences for junior high, high school, and school drop-out youth for eight weeks during the summer months. Youth workers to come from poverty families, mainly Negro. Youth were employed as teachers for three hours daily in Negro history, spelling and arithmetic; then for the afternoon hours to supervise Negro children in arts and crafts, organized games, and trips to museums, rock shows, libraries, Golden Gate park. Two weeks of summer camp was the climax.

57 youth were employed during the eight weeks to care for 170 grammar school children.

# How does it operate? Whom does it serve?

Funded by O.E.O. to serve youth and children of poor and minority families. Youth employed as counselors had one week of training and had the responsibility of setting policy matters and to planning the daily programs. Daily evaluation sessions were held by counselors during the eight weeks.

The Executive of the Buchanan branch was the program director. Assistant Director, Arts and Crafts Instructor, and counselor staff were all non-professionals from the poverty neighborhood. The Teacher-Coordinator of the Education program was an accredited school teacher.

# How is it funded?

O.E.O. grant for \$26,000. Grants were made for summer of 1966 and 1967. We received a grant of \$24,000 for the summer of 1968.

#### **Evaluation**

ERIC

I think that it was highly successful program. The unsigned evaluations by both counselors and students were, by and large, complimentary to the program. The Buchanan YMCA program was selected by the Regional office of the O.E.O. as the Program Model to be presented to the Western Regional Conference, March 29, 1968, of Community Action Agencies.

- 97 -

Association: Buchanan Branch YMCA

City: San Francisco, California

# Y. Urban Youth Jobs Program - Detroit, Michigan

#### Purpose of Program

The program is designed to provide meaningful employment for the so-called "unemployable" youth from inner city areas and to enable them to become dependable employees and good citizens.

. .

# How does it operate? Whom does it serve?

Through contacts from the Detached Worker Program, youth 18-24 are brought into the program. Business and industry are contacted and regular jobs found for these youths. Employers have agreed to lower their hiring standards and to waive police records and written examinations. The major part of the program begins after employment with counseling and worker follow-up. In this phase, a Y worker relates personally to each new employee in the program, helping him to adjust to the new employment situation, acting as a "buffer" between the employee and management until both can reach a point of mutual respect and understanding. During this period, both individual and group counseling sessions are held to bring about an understanding of personal and community responsibility. Whenever possible, youth are encouraged to continue their education. Basic classes in reading, writing, and arithmetic are provided for those who need them.

# How is it funded?

A permanent source of funding for this program has not yet been discovered. Application has been made to foundations, industry and the New Detroit Committee. Through publicity received, many private individuals have contributed funds.

#### **Evaluation**

The only yardstick we have to date is a comparison of job retention rates with performance rates of similar individuals prior to the program. Industry reports job retention in the program at better than 70% as compared with a rate of only 18% for similar youth prior to the program. Some youth are seeking to continue their education. Some have begun a systematic savings program. Acceptance of personal responsibility shows some improvement. Social responsibility acceptance comes at a much slower pace, though there is evidence that headway is being made. Anti-social behavior has decreased.

Association: Detroit YMCA

City: Detroit, Michigan

## XIV JOBS PROGRAMS

# Z. Housing Program For Imported Youth - Rochester, Minn.

#### Purpose of Program

Manhanas -

To provide housing for 30 Black boys and girls, 16-18 years of age, hired by IBM and the Mayo Clinic out of Minneapolis and St. Paul for twelve weeks of summer employment in Rochester.

IBM has 25 of the students and did the hiring. IBM came to YMCA and asked the YMCA to arrange housing. The Clinic then hired five and asked the YMCA to arrange housing for their students, too. All housing is in private homes.

Twenty-one girls, some having completed their junior and some their senior year, and nine boys, all having completed their junior year, are participating.

The YMCA also planned a new program -- a high school & college night weekly (coffee-house variety) where these students could meet others in the community.

## How does it operate? Whom does it serve?

About 65 families have agreed to serve as hosts, some for the full 12 weeks, some for all 12 except for a vacation period, some for just one or two weeks while others are on vacation. Some screening of the families was done by the YMCA; only two were excluded from participating due to screening.

#### How is it funded?

IBM is handling the cost of transporting the program participants to and from Rochester, as well as providing (through one of the departments at IBM) some recreational planning. The youth pay their hosts \$15 per week room and board. The YMCA has assigned one staff person to work as needed; others are "back up." The clerical costs (direct costs, no time included) amount to about \$150. The YMCA has thus far assimilated these costs, although IBM may reimburse them.

#### **Evaluation**

Basically as of July 24 (today) this program would be considered successful. However, we prefer holding a final evaluation after the completion of the program. The program has had a real impact in this community which had only 130 Negroes out of 50,000-plus population.

Association: Rochester YMCA

City: Rochester, Minnesota

## XIV JOBS PROGRAMS

# ZZ - Jobs Search - Cleveland, Ohio

#### Purpose of Program

To secure employment and give counseling, retraining, and hope to Cleveland's inner city teenage boys.

#### How does it operate? Whom does it serve?

All Cleveland YMCAs utilized their boards of directors, lay and professional staff, volunteers, and Y's Men's Clubs in a county-wide job seeking effort. Six inner city Y Branches, using Y staff and detached workers, recruited, joboriented and referred the 16-21 year job applicants to jobs. All job seekers and youth recruiters were asked to serve as off-the-job "big brothers" and each employer was asked to assign an on-the-job "big brother" to each youth that received employment as a result of the Cleveland YMCA Jobs SEARCH Program.

#### How is it funded?

Funding as an integral part of programming.

#### **Evaluation**

Program was a modest success. Over 400 jobs were secured for boys. More emphasis needs to be placed on jobs for 16-17 year old boys. The counseling was extremely valuable and worthwhile.

Association: Cleveland YMCA

City: Cleveland, Ohio

#### XIV JOBS PROGRAMS

# ZZZ - YMCA Counseling and Testing Service New York, New York

#### Purpose of Program

The Vocational Service Center, Brooklyn Counseling Unit, offers a program of vocational guidance and counseling to male and female youth between the ages of 16-21 who are in need of help because they are thinking of leaving school or have dropped out of school, or are casually employed or otherwise feel the need for assistance in making educational and vocational plans. The service is provided free of charge.

# How does it operate? Whom does it serve?

Educational & Vocational Counseling
Psychological & Vocational Testing
Personal Consultation
Job Placement
Remediation in Mathematics and Reading
Occupational & Educational Information

#### How is it funded?

Vocational Service Center Branch of the YMCA of Greater New York and New York City Youth Board.

#### **Evaluation**

The number of clients have increased from year to year referred by former clients.

Association: YMCA Counseling & Testing Service
City: Brooklyn, New York, N. Y.

## XV DETACHED WORKER PROGRAM

# A. Migrant Worker Program - Reading & Berks County, Pa.

## Purpose of Program

To upgrade the living and working conditions among migrant workers in Berks County:

- 1. Mobilize leadership resources of the community to help meet the special needs of migrants.
- 2. Involve migrants in constructive, educational and leisure time activities.
- 3. Involve migrants in leadership training and self betterment.

# How does it operate? Whom does it serve?

Approximately 800 seasonal farm workers (200 Southern Negro and 600 Puerto Ricans) working in Mushroom Farms and Fruit Farms of the County. The YMCA Detached Worker recruited indigenous leaders among the migrants to relate to the migrant camps.

A former grocery store located in the middle of a concentrated area of migrant mushroom workers was purchased as the Spanish-American Center and has become a focal point for the movement. The Mushroom Workers Organization was organized. The Organization has helped to influence various mushroom interests to bring about improved conditions on the farms. Because the mushroom workers are virtually 100% Puerto Rican, most have difficulty communicating with the larger community.

Classes in Spanish (for illiterates); English; Driver Training; counseling services; job placement; movies in Spanish; baseball, plus the drop-in activities at the Center are provided. The State Health Department and other agencies are asked to provide services out of the Center.

## How is it funded?

The Migrant Program is part of the YMCA Detached Worker Program, funded through the local C.A.P. agency. The current budget is approximately \$73,784 (which includes the inner city work.)

#### Evaluation

The operation of the Migrant Program in concert with the Mushroom Workers Organization has had significant impact upon the migrant worker situation. Wages have been raised, living conditions improved by the mushroom interests, crew leaders are not able to take advantage of the workers who have a new awareness, the State has assigned more migrant farm inspectors, and the migrants are more a part of the Reading community with unskilled labor positions in industry and a permanent resident.

Association: Reading and Berks County YMCA City: Reading, Penna.

# A. Operation Latch-Key - Dayton, Ohio

#### Purpose of Program

We established six after-school center programs for elementary school children 6-13 years of age. These are children mostly of one-parent homes in which parent (s) work. Although self-supporting, these families are economically depressed because the family income is derived from low paying entrance-type, usually service-occupational employment. The children are given a supervised and constructive experience which will offer a variety of activities and pursuits; also an after school "snack" is provided. Recent studies concerned with child development and mental health\* have shown that not only the so-called "latch-key" child needs the kind of after-school care submitted in this program but also those children who return home from school where parents are home.

\* Survey of Day Care Needs in Select Neighborhoods of Dayton Area CWC of the Dayton Area, 1964.

# How does it operate? Whom does it serve?

Our purpose is to locate neighborhood centers in pockets of poverty where high incidence exists of children who return home from school each afternoon mainly to a home where there is no parent. These centers provide programs which supplement education and culture, but more important, provide leadership and supervision to obviate delinquency and to aid children in their development towards normal, wholesome adulthood. The programs are based in six schools. Although rent was charged for school rentals for the first year of operation, the value of the program is such that no rental was charged the second year.

#### How is it funded?

A Community Action Program - Title 11, Office of Economic Opportunity.

#### **Evaluation**

Listed in high priority approved for funding for second year.

Association: Dayton YMCA

City: Dayton, Ohio

# B. Lighted Schools, Cincinnati, Ohio

## Purpose of Program

The purpose of this program is to provide recreational and group experiences in the evenings for disadvantaged youth from approximately ages nine to sixteen.

# How does it operate? Whom does it serve?

The Cincinnati YMCA Branches contract with the Board of Education for the use of certain schools in the inner city area for which the Board of Education has received Federal funds to keep open at night. The Branch YMCA that serves the area in which the school is located agrees to conduct these recreational and physical programs during certain hours at each school.

# How is it funded?

The maintenance and overhead costs for keeping the schools open is funded to the school board by the Government. The leadership for these specific YMCA programs is paid for by the local YMCA Branch.

#### Evaluation

ERIC

This program is very effective in providing recreational opportunities for the youth and has led many boys to become more active in other phases of YMCA Youth Program.

Association: YMCA of Cincinnati & Hamilton County

City: Cincinnati, Ohio

- 104 -

## C. Enrichment Centers - Dayton, Ohio

#### Purpose of Program

The Youth Department of Fifth Street Branch YMCA of Dayton, Ohio have strategically located throughout the Branch constituency, Enrichment Center programs for parents, and boys and girls, 4th - 6th grades. Purpose of such programs:

- 1. Communication between the races;
- improving the community;
- 3. providing cultural experience for the youth.

## How does it operate? Whom does it serve?

Three days a week in seven elementary schools, between the hours 10:00 - 12:00 noon and 3 - 7 p.m. The program serves both disadvantaged and those who can help pay their way. Activities vary from gym class, crafts, swimming, Life Builders Clubs, Family Program, Camping, Exchange programs within the school systems, etc. Children are bused to the Y daily.

#### How is it funded?

Private foundations in the Dayton Community and individuals. Youth participants also help pay their way, as well as United Fund.

#### **Evaluation**

This program rates high in Dayton Community. It has been tremendous for communications between all groups, and citizens of our community.

Association: Dayton YMCA

City: Dayton, Ohio



## D. Project Outreach 2 Schenectady YMCA

#### Purpose of Program

The "Buddy Club" program is an effort to reach young boys where the action is, in their immediate neighborhoods, using leadership that is totally familiar with the individuals and groups' problem.

Basic philosophy for service is that of giving the neighborhood program in a familiar, comfortable setting that takes away the institutional flavor.

## How does it operate? Whom does it serve?

Program operates in approximately eight schools, with a total individual enrollment of approximately 800 youngsters - ages 7 to 15, median age 11 yrs. Content is basically a recreation, health information program with an opportunity given for expression in a group work/meeting session.

Facilities used are school and city recreation gymnasiums and playgrounds with opportunity offered to acquaint each with central YMCA building program once per week.

## How is it funded?

United Fund and excess earned income from adult membership and business features.

#### **Evaluation**

Have observed program for 15 of its 28 years duration and its effectiveness is evident in what happens to those it touches. Many come back to be leaders as they reach adulthood.

Association: Schenectady County YMCAs
City: Schenectady New York

City: Schenectady, New York

# E. Extension Work in Depressed Areas Nashua, New Hampshire

## Purpose of Program

This is a program co-sponsored with the Citizens Volunteer Service to serve underprivileged children in the 8-12 year age bracket. Some of the boys are emotionally disturbed due to home circumstances. We have one or two retarded children. Our kids are of many mixed nationalities: Polish, Lithuanian, Negro, Puerto Rican, Irish, French, etc. In the depressed areas we serve we are now reaching 40 boys in two clubs. Our potential here is about 300 from ages 8-14. The challenge is limitless.

## How does it operate? Whom does it serve?

The program is divided into two age groups--8 to 10 year-old boys and 11 to 14 year-old boys. They meet every Thursday evening in a local school. They are picked up by the YMCA bus and taken to this school where they take part in an athletic program, crafts, and a club program. In addition they have participated in an "Operation clean-up" in their own neighborhoods, visited the Museum of Science and Prudential Center, and have taken trips to all games, Mount Monadnock. On Saturdays they have started coming to the Y building for swims. The object here is to try to assimilate them into the rest of the membership and to meet other boys besides the ones in their own neighborhood. Merchants in town make available sneakers, socks and underwear which they sorely need. From time to time I visit the parents of the boys so that they will know we are interested in their sons. This also helps ease the suspicion that they hold for the "uptowners."

#### How is it funded?

(No special funding reported)

#### Evaluation

It has been operating successfully for a year and a half.

Association: Nashua YMCA

City: Nashua, New Hampshire

F. Mobile Swimming Pool - Jersey City, N. J.

#### Purpose of Program

To provide swimming lessons and recreational swimming for small children in underprivileged neighborhoods of Jersey City.

## How does it operate? Whom does it serve?

Pool is hauled to selected site Monday morning--filled from fire hydrant with help of Fire Department. Stays one week at location and taken to garage Friday evening. Pool cannot be moved with water in it. Operates 10 a.m. to 5 p.m. Two swimming instructors are on duty. It is meant to serve mainly children 5-8 years of age. Pool has filtration system and chlormotor and is permanently attached to flat bed trailer. It measures 8 x 28 x 30" deep. A lock on the cover protects the pool overnight.

#### How is it funded?

YMCA covered full cost of securing unit, about \$9,000. YMCA covered 80% of operating cost and Rotary Club about 20%. Estimate \$200. per week operating cost. Children paid nothing.

#### Evaluation

Very good! 7200 small children served in 8 weeks. City officials enthusiastic and most helpful. Helped image of YMCA considerably. The city can see we are interested in the underprivileged.

Association: Jersey City YMCA

City: Jersey City, New Jersey

## G. YOUTHMOBILE - Worcester, Mass.

## Purpose of Program

- 1. To provide, for 8 weeks during the summer, an opportunity for boys and girls from 6-14 years of age to have some fun, making handicraft projects and using the many different games provided.
- 2. To bring a recreation program into the various inner city neighborhoods where there is a dearth of such activities.

# How does it operate? Whom does it serve?

The youthmobile made 18 stops a week, operating 6 days a week with 3 stops per day. It visited 12 different locations and returned twice a week to each of the stops, scheduled in our "model city" area. In purchasing the games and handicraft supplies, it was apparent that we would primarily reach boys and girls between the ages of 6 and 14. Naturally we had youngsters younger than 6 and older then 14, but primarily our total attendance of 7,500 youngsters fell within the age group of 6-14.

# How is it funded?

- 1. The vehicle was provided, supervision of the program, hiring and supervising of staff was done by the YMCA; who also developed the program.
- 2. Community Services of Greater Worcester, Inc. provided \$3,000 for salaries and equipment.
- 3. The Parks and Recreation Commission of the City of Worcester provided equipment, purchased some handicraft supplies, provided gas and oil for the vehicle and garaging for the entire summer.

#### Evaluation

The program and the idea of bringing the program to people caught on immediately in Worcester in 1967 and was extremely well received. More important than the program, however, was the cooperation between agencies, both public and private, to make the Youthmobile a reality. This year the Parks and Recreation Department picked up the entire cost of the program; the YMCA hired the staff and supervised the program. In 1969, the Parks and Recreation Department will take the Youthmobile on entirely and will run it as a part of their on-going program.

Association: Worcester YMCA Worcester, Mass.

- 109 -



## H. VAN PROGRAM - Aurora, Illinois

#### Purpose of Program

To extend program and services beyond the limits of buildings and into Aurora and surrounding communities where there is a need.

To provide program and services for youth with constructive activities ranging from small group involvements to mass recreation. Specific program is determined by the setting and needs of the various geographical and social areas in which program is attempted.

Within the scope of the program, concentration is on personal development, leader-ship potential, and inter-personal relationships.

Concentration is in areas (program, social and community) which are not already being served by other Aurora agencies and designed to augment those programs now underway by providing any needed resources which are available to us.

## How does it operate? Whom does it serve?

The Van Program is a cooperative venture sponsored by the Aurora Young Men's Christian Association and the Aurora Young Women's Christian Association designed to serve the residence of Aurora, Illinois and surrounding communities with a program of individual personal development, neighborhood development, and community organization. To accomplish these ends the YMCA and YWCA are striving to make themselves thoroughly aware of community needs and concerns; to begin function in areas which demonstrate the two agencies to be a valuable resource to existing bodies in the community, i.e. schools, churches, social agencies, governmental agencies, industry, and individual contributors; and build a sphere of influence in all facets of community life which facilitate communication and the alleviation of community problems and needs.

Two vans establish program contact with youth in disadvantaged neighborhood areas and an attempt is made to provide program and work with individuals on any feasible location or sight found in those areas. As contact is made a schedule of visits by a van is drawn up. Recreation is the initial outreach to build relationships. The van personnel try to make extensive use of every form of communication with the youngsters week days, evenings, and week-ends.

#### How is it funded?

The first summer of operation was in 1967 and funds were allocated by the Board of Directors of the YMCA with the purpose of demonstrating to the community the need for this type of program. With the needs established funds have been asked for and allocated from the United Community Services of Aurora for expansion of this program during the summer of 1968.

#### Evaluation

Our first summer of operation reached a great number of children. There were many children in disadvantaged areas who seemed to find Aurora's present recreational facilities far removed in terms of miles and in terms of their own feelings of acceptance in already established programs.

There is much to be said about the specific areas in which we worked and the conditions we found there. Many of these are probably unique to our community. However, we feel that this type of program has much to offer. We experienced moderate effectiveness in our first summer of operation and anticipate greater effectiveness in the coming months.

Association: Aurora YMCA

City: Aurora, Illinois

ERIC

## I. WHEELS - Boston, Mass.

## Purpose of Program

A STATE OF THE STA

The purpose of WHEELS is to provide an outreach of the Greater Boston YMCA to both the inner city and the suburbs across political, social, racial and economic lines through youth and adults in programs of leadership training and recreation.

# How does it operate? Whom does it serve?

The program is a highly mobile and flexible operation coordinated by an Associate General Director of the Greater Boston YMCA. It is a deployment of staff and resources including public and private facilities in the community. Carry-all vans are provided to put detached workers and groups on WHEELS.

The program involves youth and adults in both the inner city and the suburbs.

# How is it funded?

WHEELS is funded by the operating budget of the YMCA and is already attracting new sustaining membership income.

#### **Evaluation**

WHEELS has provided a dramatic symbol to the outreach of the YMCA. It has freed many staff from the limitations of a building and departmentalization. WHEELS has enabled the YMCA to relate to many new groups and to respond to unmet community needs.

Association: Greater Boston YMCA

City: Boston, Mass.

## J. Youth Mobile - Philadelphia, Pa.

#### Purpose of Program

To provide recreation and community advice to youngsters and adults of Philadelphia.

## How does it operate? Whom does it serve?

Youthmobiles, 3/4 ton Dodge vans (11 of the 12 donated by Quaker City Dodge, Inc.) go into pre-selected play streets (by the City Dept. of Recreation) in each of the City's 12 poverty areas. Staffed by a supervisor, assistant supervisor, driver recreation aide, they set up instant playgrounds (basketball, volleyball, gym sets, arts and crafts, games). While the youngsters are playing the staff talks with neighbors, finding out their problems and directing them to public and private agencies for help. Permanent block committees are encouraged--clean block campaigns, neighborhood block parties, civic action, etc. Each van visits three streets a day for two hours at a time, Monday through Friday.

Last summer our pilot program consisted of one Youthmobile operated by the Columbia Community Branch YMCA.

#### How is it funded?

Federally funded through a sub-contract with the City Department of Recreation through the Philadelphia Anti-Poverty Action Commission.

#### **Evaluation**

Terrific! Neighbors and staffs are wildly enthusiastic. Wish we could have one in every street.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia, Penna.



# A. Wilmington Youth Emergency Action Council Wilmington, Delaware

#### Purpose of Program

Wilmington Youth E. A. C. was first established to stop gang fighting in Wilmington. It has since evolved into a community organization project to serve street youth through changes in community services to youth including legal aid, recreation, employment, and educational services. It has as a goal the creation of a self-motivating and self-run corporation involving youth and adults of the street.

## How does it operate? Whom does it serve?

Youth plan and develop services and community organization efforts through the support of local neighborhood adults and youth staff. They develop policies and procedures through youth and adult councils in target areas with the support of local agencies (including the YMCA as co-sponsor) and local funding groups. The program incorporates high levels of staff and volunteer training.

The target population of WYEAC is youth between the ages of 16 and 21 years. Adult support comes from older street youth, adults from target areas, and related agency volunteers and staff.

#### How is it funded?

Funding includes the following approximate proposed amounts:

Local Cash (private funding)	\$186,000
Federal Support	100,000
Local Agency In-Kind Support	70,000
Legestey	\$356,000

#### Evaluation

The organization of WYEAC did result in a reduction of gang fighting in target areas, and the mobilization of community support for a street youth community organization program. It has since contributed to some progress on police-community relations, school-employment progress for related street youth, increased use of legal aid for street youth, and many programs of recreation and skills learning in local neighborhood centers. It has become increasingly more involved in the training of staff and lay street youth towards more effective community and group participation. Still in an experimental stage, it continues to show signs of potential as a unit which can contribute to community betterment.

Association: YMCA of Wilmington and New Castle County

City: Wilmington, Delaware



# B. CENTER CITY COORDINATED YOUTH SERVICES Wilmington, Delaware

## Purpose of Program

To take the YMCA Fellowship into the city neighborhoods.

To help neighborhood people develop their programs to meet their own needs in harmony with the YMCA framework.

To effectively feed neighborhood people into the YMCA fellowship, including the operating boards and committees of the YMCA.

To make effective use of buildings and facilities in order to increase the effectiveness of the outreach, and to involve youth and adults in self-determined building programs.

To stimulate community adults to take a more active part in developing community action, such as efforts to get increased public recreation, increased correctional services, etc.

To build a basis of evaluation and research into the work in order to assist in developing more precise concepts for working in the above areas.

## How does it operate? Whom does it serve?

The youth services of both downtown branches are coordinated through staff and lay operations with each branch board still having the final determination of program. Three professional workers are assigned to urban areas to develop group services to meet local needs through a "world service" type of approach. These workers also act as a link between the neighborhoods and the YMCA building programs where staff and lay groups develop group work and physical education services. Overall staff and lay coordinating units develop resources and programs for staff functions such as public relations, research-evaluation and leadership development workshops.

The programs serve youth through adult support across the Wilmington Community. Neighborhood Group Service Workers concentrate in areas which differ in economic, racial, ethnic, and religious make-up. Because these neighborhood units act as a feeder to building programs, the building centers provide a basis for intergroup, and intercultural experiences.

#### How is it funded?

The total program is funded primarily through YMCA - United Community Fund Support.



# B. <u>Center City Coordinated Youth Services</u> Wilmington, Delaware

(Continued)

#### Evaluation

In the first two years since the latest changes were started, the program has led to the initiation of a community and government supported program for street youth. School-YMCA oriented clubs have been re-focused toward the involvement of neighborhood people in a supporting leadership role; block clubs developed by community organization efforts have become a potential for the development of youth services in certain neighborhoods. Both city branches have begun to work on coordinating efforts. Another step in research development has resulted in a promising tool for focusing group work interventions. Y staff and laymen have become involved in attacking problems of police-community relations, improved "Correctional" systems, and social adjustment services for marginally employed persons.

There has been movement forward, but many specific goals lie immediately ahead, including the creation of more effective patterns of leadership development; increased development of neighborhood leadership councils; more advanced and specific evaluation and research; development of student placement programs.

Association: YMCA of Wilmington and New Castle County

City: Wilmington, Delaware



# C. Operation Positive - Canton, Ohio

#### Purpose of Program

Operation Positive is a representative group formed by the mayor to include public, private, education, welfare, casework, group work, recreation, employment sectors of the community to work on inner city problems in the areas of communications, employment and recreation needs of older youth in the depressed areas to alleviate potential crisis situations.

#### How does it operate? Whom does it serve?

It operates as a process and not as an agency with countless meetings of many representative groups to identify the problems and develop means of solving or initiating programs to help solve the critical gaps in services. An example is the interagency operation of five Night Owl Centers during the summer months for teenagers six nights per week from 9 p.m. to midnight. A full time coordinator is employed by the city. A major portion of the constituency served are Negro teenagers and young adults who reside in the inner city.

#### How is it funded?

City government, private contributions, United Fund and the business community.

#### Evaluation

A unique organization providing a positive force of cooperative efforts in multiple fields of endeavor - employment, recreation and communications with the hard to reach, restless teenagers of the inner city.

> Canton YMCA Association:

City: Canton, Ohio



D. Goal Five Program - Detroit, Mich.

## Purpose of Program

To implement our National Goal Five: "To recognize the worth of all persons and work for interracial and intergroup understanding."

#### How does it operate? Whom does it serve?

The Goal Five program is aimed toward the entire membership of the YMCA of Metropolitan Detroit and the community at large. A central metropolitan Goal Five Committee helps branch counterpart committees plan for inclusion of the Goal Five thrust in all program activities. Speakers for service clubs, churches, and other organizations are provided. They largely communicate the achievements of the inner city Negro youth in our YMCA programs. Inter-branch youth conferences bring suburban white youth together with inner city Negro youth in programs of discussion centering on mutual understanding. Goal Five groups have raised funds for Urban Youth Work. Several programs among various membership groups are planned for interracial and intergroup confrontation and discussion.

#### How is it funded?

It is an integral part of all program activities and separate funding is not required.

#### Evaluation

Since this program involves change in personal attitudes, a real evaluation at this point is not possible. Individuals who were lukewarm to the idea of Goal Five become enthusiastic supporters but it may be assumed that they simply needed direction. It is hoped that some measurement of effectiveness may be developed in time.

Association: Detroit YMCA

City: Detroit, Michigan

## XVIII POLICE RELATIONS PROGRAMS

# A. Police Junior Aide Program - St. Louis, Mo.

#### Purpose of Program

- 1. To provide employment for unemployable male youth 14-15 years old with St. Louis Police Department.
- 2. Reduce the amount of juvenile delinquency.
- 3. Develop positive attitude between police, boys, their parents and peers.
- 4. Aide in reducing community tension.
- 5. Develop a new recruitment source for police.

## How does it operate? Whom does it serve?

It is operated by the Metropolitan St. Louis YMCA in cooperation with the St.Louis Police Department, Metropolitan Youth Commission and the Human Development Corporation. Each youth worked four hours per day, five days a week for which he was paid \$1.00 per hour. Duties included:

- 1. Distribution of Police Community Relations Literature
  - a. Assembling the literature.
  - b. Passing it out door to door or car to car in certain specified neighborhoods.
- 2. Spotting sanitation violations.
- 3. Bringing business men files up-to-date.
- 4. Neighborhood clean-ups.
- 5. Headstart classes assistants.
- 6. Training sessions in functions of Police Department.

#### Staff consisted of:

YMCA Lead Supervisor	1	Police Community Relation Officers 6	)
YMCA Supervisors	3	(part time)	
Police Junior Aides	54		

#### How is it funded?

Metropolitan Youth Commission, private business and industry	with gifts fr	rom \$ 7,934.00
Human Development Corporation (Community Action Agency)		\$ 8,417.00
	Total	\$16,351.00

## XVIII POLICE RELATIONS PROGRAMS

A. Police Junior Aide Program - St. Louis, Mo.

(Continued)

#### Evaluation

One aspect of the evaluation is a study conducted by the Metropolitan Youth Commission with pre and post testing of the demonstration group and a control group. This study will determine if there is any attitudinal or behavioral change. Results have not been compiled as of this date (July 1968.)

An Evaluation of the program by Board and Staff members from the YMCA, St. Louis Police Dept., and the Metropolitan Youth Commission indicates the program should be continued and expanded during the summer of 1968. The Board of Police Commissioners has authorized the continuation of the program, expansion into every Police District and the assignment of increased Police staff (Police Community-Relations and Juvenile Officers.) The YMCA will continue to provide the day by day and hour by hour direct supervision of the program.

Employment of youth in the ghetto areas is a <u>major problem</u>. The program demonstrated this year was successful with the St. Louis Police Dept. Could it be used as a format for ghetto youth working in business and industry? This possibility is being given serious consideration and study by the St. Louis YMCA Board and Staff members.

Association: YMCA of St. Louis

City: St. Louis, Missouri



## XVIII POLICE RELATIONS PROGRAMS

## B. Police-Community Relations Camp Omaha, Nebraska

#### Purpose of Program

1. To develop better relations between youth and police.

2. To provide youth and police with an opportunity to internalize why rules and enforcement are necessary.

3. To stimulate interest in and develop ideas for year-round activities which might help improve governmental-community relationships.

## How does it operate? Whom does it serve?

Operates at YMCA Camp Sheldon

Five Weeks - one week sessions

50 youth - 8 police each session (interracial)

Leadership shared - YMCA, Omaha University, National Teachers Corps, Offutt Air Force Base, Police, City of Omaha

#### How is it funded?

0.E.O.

YMCA Delegate Agency

#### **Evaluation**

Excellent potential - only fair results. Time too limited. Needs more highly skilled leadership in group dynamics than we could secure.

Association: Omaha

City: Omaha, Nebraska

# Pre-School Program - Paterson, N. J.

## Purpose of Program

To provide a meaningful educational program for youngsters in the inner city in cases where one or both parents must work to maintain a minimal or better standard of living.

#### Whom does it serve? How does it operate?

It operates 5 days per week from 8:00 a.m. to 5:30 p.m. The program is under the leadership of top qualified personnel and the program is planned with balance in social, physical education, educational and spiritual emphasis. A hot meal is provided daily prepared by the YMCA cafeteria. It serves boys and girls between the ages of 4-5 from the city of Paterson, N. J. Total enrollment is capacity which is 28. There is a waiting list.

## How is it funded?

The program is funded largely by the following: The individual families pay \$10.00 per week for each child, which covers about 80% of the cost. The balance is secured from service clubs with the Y's Men's Club a major supporter of the program. There is no federal funding.

#### Evaluation

The program is outstanding and the results have far exceeded our expectations. The value to the youngsters has been quite pronounced,

Association: Paterson & North Passaic Co.

City: Paterson, New Jersey



# B. Pre-School Program - Wash., D. C.

## Purpose of Program

- 1. To offer all day programs (7:30 a.m. 6:30 p.m.) to enable mothers in fatherless homes to be able to work, in many cases being able to separate from welfare roles.
- 2. To provide pre-schoolers within neighborhood regarded as incompetent environments with access to growth and development experiences appropriate to their age and sex.
- 3. To use parent interest as a basis for further and continuing involvement in community affairs and organization.

# How does it operate? Whom does it serve?

Neighborhood facilities are used. 70 children from 2-5 years of age are enrolled. Staff is organized in three units. The parents meet monthly and on call as required to make all decisions appropriate to the operation.

Normal program includes opening exercises, educational classes appropriate to age served, indoor and outdoor recreation, dramatics, music, rest period, lunch, story telling, movies, use of tapes for speech therapy, handcrafts, etc.

#### How is it funded?

Three such schools are in operation. In each case the parents are fully responsible for budget. In one instance a weekly fee of six dollars is assessed and staff is employed. In one case an alternating roster of volunteers works with permanent Neighborhood Youth Corpsmen. The third is sponsored by parents and a church group.

#### **Evaluation**

The existence of the programs, per se, provides the mothers with the opportunity to work. In each instance parents have been motivated to become involved in total community affairs. The educational quality is sound but gains achieved are lost within a few years in the public school system.

Association: Central Branch Washington, D.C.

City: Washington, D. C.

# C. Day Care Program - Savannah, Georgia

## Purpose of Program

The present Day Care program for pre-school children has become a permanent program for the West Broad Street YMCA. This program was initiated for disadvantaged children and parents living in the inner city. Many mothers are able to leave their children at the YMCA and take advantage of Day's work or training for new job opportunities.

## How does it operate? Whom does it serve?

This program is operated by trainees supplied by the local Neighborhood Youth Corps. Many of the girls between the ages of 16 and 21 have had to drop out of school because of pregnancy. Many of these girls have from two to three children. They have made excellent workers in that they have faced the problem of rearing children themselves.

Many of these girls are high school students and they are able to give these children the rudiments of kindergarden instruction. This program serves the children of working mothers, and a fee of \$1.00 is paid weekly which partially takes care of the expense of operating the program. The children bring their own lunches, and the YMCA furnishes milk and juices.

## How is it funded?

The program is funded by the local office of Economic Opportunity Authority, in that the young people are paid at the rate of \$1.45 per hour every two weeks. As many as sixty children have been involved, with ten girls furnished by the neighborhood youth corps taking care of the salaries.

#### Evaluation

This program has been a great help to disadvantaged families and children. It has given the mother of the family a chance to work and bring in some money to help expenses of rent, food and medicine. With the coming of the new May Street Neighborhood Center the local EOA plans to use the up-to-date facilities of the center, and operate this program themselves. The center will have a capacity of 60 children. EOA will furnish the trained supervision and continue to use trainees for this program. The up-to-date kitchen will be used to prepare meals for 250 young people in the various centers in the city.

Association: West Broad Street YMCA

City: Savannah, Georgia

## XIX PRE-School/NEIGHBORHOOD MOTHERS PROGRAM

## D. Y KIDS - Pre-School - Canton, Ohio

#### Purpose of Program -

Y-Kids provide a pre-school enrichment program during the school year for children in a deprived neighborhood served by an inner city branch, with the express purpose of creating a pre-school readiness for children who are severely handicapped by their limited environments.

## How does it operate? Whom does it serve?

A professionally employed director teaches the 20 pre-school children who are transported to the YMCA in a Y bus three mornings per week during the school year. It serves five-year-old children who reside in the immediate area, the majority of whom come from homes that are on Aid to Dependent Children.

#### How is it funded?

Currently, by private contributions. An expanded program has been proposed to be funded by the Junior League and the United Fund. Cost \$5,000.

#### Evaluation

Excellent program if expanded to five days per week. If Head Start becomes a year-around program it would supplant the Y-Kids program.

Association: Northeast Center Canton District

City: Canton, Ohio



## E. Neighborhood Mothers - Canton, Ohio

#### Purpose of Program

Neighborhood Mothers is a program to involve mothers who do not readily become active in any community program, in a program of club activity, skill development and self improvement.)

## How does it operate? Whom does it serve?

It is a bi-monthly program with volunteer leadership coming from outside of the area (Y-Wives and Junior League) who work with the mothers to develop programs that they (the mothers) determine that they want and need (e.g. discussion club, crafts, sewing class, etc.).

Initially it served the mothers of the youth in the Y-Kids program but it has been expanded to include any interested mother in the neighborhood. The mothers are transported to the YMCA Center in a "Y" bus.

## How is it funded?

Volunteer leadership plus nominal expenses from YMCA budget.

## Evaluation

Excellent. Junior League plans to expand to weekly program.

Association: Northeast Center Canton District

City: Canton, Ohio

# F. Self-improvement Group for ADC Mothers Eugene, Oregon

#### Purpose of Program

To offer self-improvement opportunities for ADC (Aid to Dependent Children) mothers and other women with families receiving public assistance. Initially the aim was to help the ladies build self-confidence and to feel at ease within the group. Actual self-improvement program takes the form of very informal instruction in grooming, health, first aid and practical nursing for home use, budgeting, cooking and house-keeping, sewing, buying, clothing, etc. These programs are arranged in ten week units dealing with one area and allowing for more detailed and specific sessions. Other programming is done in the area of making the ladies more aware of their community and their responsibilities as citizens. They engage in volunteer work in the community and some are seated on community boards. There are counseling groups that meet in the afternoon dealing with personal adjustment, family relations, marital problems and problems with children. Opportunities for learning group process are available for all and leadership skills are developed on a progressive scale.

#### How does it operate? Whom does it serve?

The group operates as a club with an advisor and with the Adult Program Director acting as a liaison and resource person to the club. It has officers and does its own programming, with advice, and formulates its own policies. It served only women receiving ADC assistance originally but voted to expand its membership when the need of other recipients become apparent to the group.

Dues of \$75 a month are collected by the treasurer and babysitting is provided by one Y nursery worker free of charge and two sitters hired by the group and paid by individual mothers using the facility. Transportation is provided by car pooling but the need for more transportation is causing the club to look to the possible involvement of volunteers.

The group meets one day a week from 10:00 a.m. to 2:00 p.m. The morning is taken with planned program for the entire group three times a month and a general business meeting once a month. The women lunch with their children at noon and break into four small groups in the afternoon. These groups have no more than fifteen in number and serve the need some women have to relate to a smaller, more intimate group. The counseling is done in these groups. The age range is from 16 to 60, the average being 30.

#### How is it funded?

The facilities and staff are provided by the Y, the advisor is a Y volunteer and one Y nursery worker is provided per week. The Lane County Welfare provides each woman with \$5.00 per month to help her with the expenses of babysitting, transportation and dues. This allowance is given at the discretion of each individual's case worker and only when attendance is regular.

#### **Evaluation**

It is not the aim of this group to work miracles with the lives of these people or their families but within the limited objectives of the program, good and meaningful things have been accomplished. Much has been learned in the last two years as to what has meaning for these people and what techniques bring the best and long lasting results. I see this program growing and expanding in the future. It has great promise.

Association: Central Lane YMCA

City: <u>Eugene</u>, <u>Oregon</u>



G. Women's Fitness Class - Tacoma, Wash.

## Purpose of Program

- 1. To counsel with mothers in regard to weight problems.
- 2. Provide an active Physical Fitness Class for women.
- 3. Encourage participation in downtown Women's Fitness Program.

## How does it operate? Whom does it serve?

Class meets every Thursday night for weight evaluation and calisthenics in a poverty area Multi-Service Center.

The leader of class is a mother from the Poverty Area.

The Y physical director meets with the group once a month to develop progressive program and to work with specific individuals and their problems.

#### How is it funded?

No direct expense. The staff and facilities are provided by the YMCA and the Multi-Service Center.

#### **Evaluation**

We have provided a number of families with membership cards and they are active in downtown program.

Attendance is stable and growing slowly.

Association: Tacoma YMCA

City: Tacoma, Washington

#### XX S C H O O L S

## A. PENN CENTER ACADEMY - Phila., Penna

#### Purpose of Program

For various reasons, including the need for room for expansion, Temple University decided to discontinue its high school operations. It is a unique and vital part of Philadelphia's educational picture. The school serves those who need extra study toward college (50%) and high school degree candidates (50%). For some enrolled it is the only place for them (in the words of one student, who was a ward of the court and received virtually no schooling but who became motivated in the Army, "the public schools don't want anything to do with me, this is the only place I can go.") Temple University High School became Penn Center Academy, the 16th branch of the YMCA of Philadelphia and Vicinity May, 1968. Classes begin on the third floor of the Central Branch YMCA September 1, 1968.

## How does it operate? Whom does it serve?

The school operates days and evenings, and a student can attend full- or part-time, taking only those courses he needs. Students must be at least 17, and 78-year-old grandmothers have also received diplomas. The school is co-ed, cosmopolitan (10 to 15% foreign) and fully accredited (not a coaching school.) The school is ungraded, there are no home-rooms, supervised study, minor subjects. There is an adult and flexible atmosphere. An open door policy encourages former students to re-enter at any time for further study.

#### How is it funded?

The school is independent (non-public) with moderate tuition.

#### Evaluation

96% of the graduating class of 1967 are enrolled in some post-secondary school. Since 1894 has served more than 250,000 students. Present enrollment is 903. The capacity will be increased to 1200 students in September.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia, Penna.

#### XX SCHOOLS

# B. Social Service Aide Project For The Education and Training of Sub-Professionals Chicago, Ill.

## Purpose of Program

The specific program objectives are:

- 1. To identify realistic sub-professional roles by examining the social service field and coordinating relevant tasks that could be performed by a sub-professional functioning in a semi-independent position.
- 2. To investigate and analyze present social service functions to determine where a sub-professional could be used to the best advantage.
- 3. To develop a curriculum that will provide a sound academic base for training the sub-professional, and one on which the sub-professional may continue his education.
- 4. To provide training and employment for people who, due to various past negative experiences, have been unable to realize their economic potential through normal channels.

## How does it operate? Whom does it serve?

This is a cooperative program sponsored by four Junior Colleges in the Chicago Area (Wilson Junior College, Thornton Junior College, Prairie State College, and Central YMCA Community College) and the YMCA of Metropolitan Chicago.

Utilizing the data collected by the investigating team, a curriculum will be established which will be offered by the participating Junior Colleges. The training period will be two years and will lead to a certificate of Social Service Aide.

## How is it funded?

Funding includes \$103,000. from the United States Department of Health, Education, and Welfare, Office of Education and \$17,000. in local contributions.

#### Evaluation

This program has not yet become operational. However, we feel that the data resulting from this program will provide some insight into the problems of creating new sub-professional occupations, contribute to the rapidly growing research being done in curriculum development for sub-professionals, delineate career ladders, and provide a catalyst by which social service agencies will begin to re-examine their present division of labor and services.

Association: YMCA of Metropolitan Chicago

City: Chicago, Ill.

# A. Tutor Project - Dallas, Texas

#### Purpose of Program

YMCA TUTOR PROJECT attempts to seek out those self-motivated youth in a "less chance" area and relate them on a one-to-one basis to a college student, young adult, or a teenager who serves as a Tutor.

The YMCA TUTOR PROJECT in Dallas has become an educational experience in that the Tutor is broadening his "frame of reference" and at the same time providing an opportunity for the youth from a "less chance" area.

#### Whom does it serve? How does it operate?

There have been approximately 1,000 Tutor relationships for the past two years.

Tutoring takes place in thirty-three different community centers in the inner city (some are YMCAs.)

Tutors are transported from their camps, church, or gathering place to the community centers.

All Tutors are volunteers. Good communication is essential.

There is a co-ordinator for each 30 or 40 tutors whose role is to recruit, train, and supervise related tutors. Graduate students are used as co-ordinators on a part-time paid basis.

## How is it funded?

The annual operating budget is approximately \$30,000 a year, and to date has been financed by foundation grants, the Junior League of Dallas, local civic groups, and churches.

#### Evaluation

It is difficult to evaluate the significance of the cross-culture, person-to-person contact as represented by the Tutor and his student - one person showing interest in another person. The YMCA Tutor Project in Dallas has shown that these relationships can be most meaningful.

Association: YMCA of Dallas

Dallas, Texas City:

## B. "College Opportunity Program" - Dallas, Texas

#### Purpose of Program

To actively look for youth from the inner city who have potential and motivation for higher education and aid them in every manner possible to attend college. This includes aiding them in finding scholarship aid as well as making the transition into the "college world."

## How does it operate? Whom does it serve?

It is operated by the University Branch of the Dallas YMCA as a direct "spin-off" of the YMCA Tutor Project.

It is concerned with aiding all the youth from disadvantaged inner city areas.

There is a full time Scholarship Counselor related to this program, whose efforts are aimed at personalization and the means of aiding these youth to assimilate into the college culture.

- 1 Aiding them to register.
- 2 Visiting their campus each semester.
- 3 Hosting them for informal get-togethers.
- 4 Sending birthday cards.
- 5 Maintaining regular correspondence.

#### How is it funded?

This program is funded by a grant from the Junior League of Dallas that includes the cost of a full time Scholarship Counselor related to this program.

#### **Evaluation**

The program has been in operation for several years, but with only a part-time staff person. It is more than meeting expectations and with the addition of a full time staff person, many more youth will be discovered and aided as they move into the "college world."

Association: YMCA of Greater Dallas

City: Dallas, Texas

C. Tutorial Program - Meriden, Conn.

## Purpose of Program

To provide tutoring service for boys and girls who are potential school drop-outs or who are experiencing difficulty in school. In offering this service the program seeks to improve specific academic skills, develop motivation for staying in school and give the student a better understanding of self.

# How does it operate? Whom does it serve?

Students in need of help are identified by members of the YMCA staff, NAACP members, school counselors, youth serving agencies or workers in the Office of Economic Opportunity. Volunteer tutors are recruited from all walks of life with a number of churches and civic organizations assisting. Each tutor spends at least one hour a week with the student at a time and place that is mutually convenient. A weekly report sheet is handed in by the tutor to keep Y staff posted on progress and possible problems. Tutors receive orientation and help from Y staff in workshops, group discussions and personal consultation. Cases are often discussed with school guidance counselors, parents and sometimes case work agencies who may be related to the family.

Presently, approximately 100 tutors and tutees are involved in this program. Most of the students are in grades 6 to 12. Tutors range from retired school teachers to high school students.

The program is jointly sponsored by the YMCA and the NAACP, with the two organizations working closely together. Because of staff time required, the YMCA carries most of the administrative load of the program. The local Office of Economic Opportunity is cooperating by providing study centers in four housing developments. An advisory committee, representing many sections of community life, helps to guide the program and develop operating policy.

# How is it funded?

Estimated cost of operating the program for the first year include:

Staff time	\$4,600
Office space charge	200
Materials and postage	<u>150</u>
Total	\$4,950

Because of the growth of the program, tutor supervisor and an associate director will be hired next fall. Program is only partially funded by the Office of Economic Opportunity this year. Next year complete funding is anticipated.



C. Tutorial Program - Meriden, Conn.

(Continued)

#### **Evaluation**

Program has developed lines of communication and trust between the YMCA and low income sections of Meriden. It has generated wide-spread response and interest among middle and upper middle class residents of the community. Much learning has taken place on both sides and the YMCA has effectively liberated latent community resources to meet community need.

Association: Meriden YMCA

City: Meriden, Conn.

D. Tutorial Program - Carbondale, Ill.

#### Purpose of Program

There was a feeling in our community that youngsters in our elementary school system who came from a culturally deprived background were as much as two or three years behind their more affluent counterparts both socially and in educational experience. Teachers of these culturally deprived youngsters state that they could spot a potential school dropout as early as the third grade.

The purpose of the Tutoring Program is to provide a friend to a youngster who would not only tutor him academically but would expose him to a number of social experiences, such as trips to a dairy, a University Farm, a local supermarket. The tutor became an adult to whom the tutee could tell about his school and home experiences. For a minimum of one hour per week the youngster being tutored had the undivided attention of an interested adult.

## How does it operate? Whom does it serve?

At the present time we have 80 volunteer tutors, both University students and concerned adults, from the community, who each work with a youngster for a minimum of one hour per week. The tutoring sessions are conducted in donated space in the education wing of the First Presbyterian Church in Carbondale. Our tutees come from grades one through six and are all either culturally or financially deprived. Most have a distinct lack of social experience. They are tutored after school, evenings, and Saturday from October through May. Many of the tutees, through a scholarship program, also attend our summer day camp, which in many cases is their first exposure to organized outdoor recreation.

#### How is it funded?

There are virtually no funds used in the program. The director of the program plus all tutors are volunteers. Volunteer car pools have also been established to transport the youngsters in the program. Some funds have been contributed by various groups in the community and have been expended for equipment and supplies.

#### **Evaluation**

We feel the program has been a success judging from the fact that the majority of teachers report a change in both attitude and learning results of the tutees. We have also been receiving additional referrals from not only the school system but various other city, county, and state agencies.

Association: Jackson County YMCA

City: Carbondale, Illinois

E. Tutorial Program - Wash. State Univ.
Pullman, Washington

# Purpose of Program

The purpose of the program is to provide opportunity for service in the community for concerned university students and to meet a real need in our elementary schools. The program was developed following a suggestion from a Pullman Public School teacher and with her help and guidance following consultation with elementary school principals. The university student response has been enthusiastic and seems to meet their need to be of service as well as to meet the need in the community.

# How does it operate? Whom does it serve?

University students spend one hour per week tutoring a grade school child who needs help in a particular area -- generally reading, spelling, arithmetic. The child may be a slow learner who benefits from the extra time spent with him alone or he may be a child who greatly benefits from the personal interest someone shows for him. Tutoring is done during the regular school hours and we try to arrange for transportation for the participating students where necessary.

#### How is it funded?

The expenses for this project are not great -- mostly involving publicity and the dispensing of informational materials to the tutors. The interested Public School teacher mentioned above has done much of the interviewing of student tutors purely on a voluntary basis. Those expenses involved come from regular budgeted expenses of the YM and YW.

#### Evaluatuion

We believe the program has been of great value both to the students tutoring and to the tutees. It has expanded to a great extent since its inception in the fall of 1966, now including all the grade schools in town. There have, quite naturally, been problems of tutors and tutees not responding to one another, and the like. But over all it has been enthusiastically supported by the teachers and the students involved.

Association: Washington State University

City: Pullman, Washington

F. YMCA Academy - Buffalo, N. Y.

## Purpose of Program

The YMCA Academy is a tutoring program, which utilizes teacher training students at the State University on a one to one basis with youngsters in Grades 6, 7, and 8 of the inner city schools.

# How does it operate? Whom does it serve?

Youngsters attend four hours a week, two hours daily. They receive special instruction and tutorial help in areas where they are having problems. The youngsters are recruited through guidance counselors in their schools. It is primarily designed for youngsters who have innate ability but have been "missing the boat" in the normal academic processes.

# How is it funded?

A special private foundation supports the program with about \$20,000. annually.

#### Evaluation

ERIC

As youngsters get older, their time is utilized for part-time jobs, therefore we do not have youngsters in the program who are in high school. Some evaluative research has been done by faculty members of the University of Buffalo (State University of New York) and it is seen as improving classroom work by the youth who participate.

- 136 -

Association: Michigan Avenue Branch YMCA City: Buffalo, N. Y.

#### College Entrance Aid, Fresno State College G. Fresno, California

## Purpose of Program

To get more minority group students into college. Our institution presently enrolls only a fraction of the proportion of Negro and Mexican-American students that are in the general population in the community. Many students that are qualified for college do not attend for a variety of reasons.

#### Whom does it serve? How does it operate?

Names of Negro and Mexican-American students who are able to meer our admission requirements as well as those that demonstrate potential college aptitude but do not have the grades for regular admission are solicited from high schools in the area. An admissions committee will make a determination on which students qualify for the special program (financial/academic support) and which will be able to make it on their own. The academic program will consist of a short, intensive orientation session prior to the fall term, plus tutorial aid programs for the first year's course work.

#### How is it funded?

Work/study program; Educational Opportunity Grants; private and local funds, plus some state support.

#### Evaluation

ERIC

Our first year pilot program has shown us that the academically deficient students need a lot of individual attention. Most minority group students need help with their "self-image" to enable them to benefit from a white, middle-class college environment.

Association: Fresno State College

Fresno, California

H. Union City Project - Stiles Hall, Berkeley, Calif.

## Purpose of Program

For the resident: To be of help in continuing service jobs for Mexican-Americans in Union City and East Oakland that would upgrade achievement in education and employment among Spanish-speaking residents, and promote greater Mexican-American participation in civic affairs; to help the Mexican-American child to adjust to the educational systems which are foreign to him.

For the volunteer: To learn more about the Mexican-American community; to help him better understand the Spanish language and the Spanish-speaking people.

# How does it operate? Whom does it serve?

Student volunteers from the University of California at Berkeley are recruited as "tutors" and family visitors in the two areas served. There is an orientation session, a student steering committee who keep the program running, a weekly session for the volunteers to get together and exchange ideas and/or techniques. It serves both residents of Union City and East Oakland as stated above.

#### How is it funded?

The funding for the UCEPA projects comes from O.E.O.

## **Evaluation**

The length of existence of the Union City Project (four years) and the beginning of an identical program in East Oakland (EPA) will attest to the effectiveness of the program. However, it would seem to me that not enough work is being done in other Mexican-American communities.

Association: Stiles Hall

City: Berkeley, California

# I. Remedial Reading Project - Ohio-West Virginia Area of YMCAs

## Purpose of Program

To test the assumption that high school students in West Virginia are untapped resources which can help prevent drop-outs from the West Virgina school system. The plan was to develop a one-to-one relationship between grade school students having difficulty in reading and verbal skills, and high school students. Major goal of the program was for the high school students to give love and understanding to the grade schoolers, and to try to overcome the low motivational factors in low economic and low educated families where the grade schoolers came from.

# How does it operate? Whom does it serve?

Twenty-five junior and senior girls were recruited from five high schools in Weirton, Rainelle, Bridgeport, Harmon and Williamson of West Virginia, to take part in the project. The high school girls were selected from the Tri-Hi-Y Clubs in the five schools. All girls spent a week at YMCA Camp Horseshoe in training and motivation. Grade school students were given the Metropolitan Achievement Test to determine level of verbal skills. Five 3rd and 4th graders were chosen by the teachers in each grade school, and were assigned to the high school students. The high school students worked with the grade schoolers approximately 3 hours a week. All grade schoolers had average I.Q's, and the tutors tried to work as closely as possible with the grade school principals and classroom teachers.

# How is it funded?

No funding necessary.

#### Evaluation

Grade school pupils gained a new attitude toward school; new self-confidence in the classroom, particularly in verbal communication. In schools where children were re-tested, all had gained at least one year grade level. In each a school teachers feel the project should be continued. A side result seems to be that several of the high school tutors are planning to become elementary school teachers. In all cases, the high school tutors felt this to be a very worthwhile experience and a highlight of their total high school experience.

Association: Ohio-West Virginia Area of YMCAs

City: Ohio, West Va.

# J. Remedial Educational Services - Univ. of Kentucky Lexington, Kentucky

# Purpose of Program

To provide remedial educational services to inner city grade school age children.

# How does it operate? Whom does it serve?

A student-run/student-staffed program operating out of six centers in the community. The program is coordinated by a steering committee of students, faculty, community agencies representatives, and YM-YWCA staff. It serves most of the inner city area of Lexington through the six tutoring centers.

## How is it funded?

Through student organizations and community civic clubs; also YM-YWCA campus groups.

# **Evaluation**

In some respects the Tutorial program has been almost revolutionary for the community. It has involved a significant number of students in the problems of the community and has attracted a great deal of attention to the inner city of Lexington. There are, however, real needs for more coordination/leadership/training/resources.

Association: University of Kentucky YMCA

City: Lexington, Kentucky

K. Latin-American Literacy Project - Boston, Mass.

# Purpose of Program

To make use of Latin American personnel in teaching English to Puesto-Rican adults as a means of helping them to:

- 1. Communicate in meeting their personal needs and in conducting their personal affairs in an English-speaking community.
- 2. Seek and hold gainful employment.
- 3. Assimilate more freely in community life.

#### How does it operate? Whom does it serve?

The program was initiated by Louis Macharro, a Northeastern University student from Mexico, who conducts the program with the assistance of other college students. The program is under the supervision of the University Director of the Boston YMCA.

The program is designed to meet the needs of Puerto Ricans whose basic problem is their inadequacy in English. There are approximately 21,000 Latin Americans in the Greater Boston area and 7,000 of them are within a half mile radius in the South End of Boston.

# How is it funded?

The program is funded by work-study grants to students and from the YMCA budget.

#### **Evaluation**

The informal approach to English in settings convenient to the Puerto-Ricans has been very successful and has provided a bridge to many other opportunities. Additional funds must be secured to increase the volume of the program.

> Association: Greater Boston YMCA Boston, Mass.

City:

# L. Supervised Study - Canton, Ohio

## Purpose of Program

Supervised Study provides a facility, equipment and volunteer leadership for youth to receive help in their school home work in an environment conducive to study and with resources (books and adult leadership) to assist them.

# How does it operate? Whom does it serve?

Adult volunteers, including students from a local college, provide leadership four nights per week (Monday through Thursday) from 7:00 p.m. to 9:00 p.m. during the school year at an inner city YMCA center in a room equipped with reference books, materials, blackboard, etc. Any neighborhood youth may attend. Most of the youth are in grades 5 to 9. These youth come from homes in a depressed area where there are few facilities in their home for quiet study.

#### How is it funded?

Volunteer leadership plus nominal expenses from YMCA budget.

## Evaluation

Very good.

Association: Northeast Center Canton District

City: Canton, Ohio

M. SHARE - 20, Chicago, Ill.

# Purpose of Program

A special program designed for "capable" but poor-achieving youngsters utilizing social group work techniques outside the school setting as a direct supportive service to the educational process. SHARE - 20 attempts to determine the relative effectiveness of the group work method in building positive attitudes toward learning and to test the relative effectiveness of college students and professional workers.

# How does it operate? Whom does it serve?

Operated jointly by the YMCA of Metropolitan Chicago and the Chicago Board of Education, the program works with elementary school students in school district 20 who are considered "capable underachievers." Small after-school group sessions are held in various settings away from school by college students under the guidance and direction of professional group work supervisors.

These sessions are organized around the needs and interests of the students with an important part of the process being to help the children establish a different relationship with themselves. Students are initially referred by their teachers, but attendance is based on an atmosphere of volunteering rather than pressure.

#### How is it funded?

Funded under provisions of the Elementary and Secondary Education Act, Title III, by the Office of Education, Department of Health, Education and Welfare. The initial authorization was \$364,873.

#### Evaluation

The theory which underlies the project and which was related in the initial proposal leads us to believe that some of the changes we are hoping to see in pupils as a result of service by SHARE - 20, will not begin to show up for at least another year. However, we are in the process of evaluating each of the objectives of the program.

Association: YMCA of Metropolitan Chicago

City: Chicago, Il1.

A. <u>Urban Problems Conference, Springfield College</u>
Springfield, Mass.

## Purpose of Program

To provide an opportunity for leading business and industrial executives of greater Springfield to meet and examine urban problems confronting the city. This group included the "power structure" of the city. This was an "off the record" chance for them to sit down and discuss the total city urban problems as a group. Although all of them have been involved and are part of some programs, there was a felt need to have time to sit down together to find out what the total picture was. College leadership was used to provide initial input and then guide the discussion.

# How does it operate? Whom does it serve?

As noted above, it serves the top business and industrial executives of the community. These are the decision makers, those who know they are part of the "power structure" of the community. The Chairman of the Board of the largest company in town extended invitations to a select list of leading business and industrial executives to attend a meeting for the above stated purpose. It outlined the leadership team and made clear that only those invited could attend. No second or third level executives were allowed to "represent" their company. It started with a cocktail hour on a Thursday evening, after which dinner and the first session - around housing needs - was held. The next day, the program started at 9:00 a.m. and continued until 4:00 p.m. Coffee breaks and luncheon were held immediately adjacent to where the meetings were being held. Jobs, education, and Black-White relations were covered during the next day. A session planned on community services was dropped for lack of time, but was felt to be important for a follow-up meeting. It was the first time that this group had sat down together to review what was, and what was not, being done in the town. Selected leaders of the Black community were present for all parts of the conference, as well as the head of the local Chamber of Commerce, to augment the Urban Life Staff of the College.

#### How is it funded?

Total cost amounted to a little over \$500. These were provided from private funds available to the College. (A registration fee could have been used.)

## **Evaluation**

A most effective and valuable service to the community. Out of a total list of thirty, about 24 attended, with the rest indicating their desire to attend, but business out of town prevented their coming. Proof of their desire for this experience was the fact that none left until completion of the program. Vital lines of communication between the "power structure" and the Black community were opened. Nine specific areas for immediate action by the group or members there were identified. A follow-up meeting has been scheduled to review the progress on these items and discuss further steps. A YMCA Board of Directors could promote and hold a similar session in their own community.

Association: Springfield College Springfield, Mass.



# B. CRISIS FORUM - Philadelphia, Pa.

# Purpose of Program

To provide an opportunity for people concerned with the findings of the President's Commission on Civil Disorders and racial problems in their community to meet with their neighbors to find a solution(s). Basic premise is that there are thousands of Americans who have said "yes, but what can I do?" to the injustices of prejudice. These people need support and a channel for action.

# How does it operate? Whom does it serve?

Calls to Crisis Forum are sounded in radio spots, newspaper articles and by television promotion in connection with programs dealing with some aspect of racial/urban problems. When the responses come in to "Crisis Forum, c/o YMCA, Box C, Philadelphia, Pa. 19105"the Public Relations office sorts them and channels them to sponsoring YMCAs from Atlantic City to Reading and from Wilmington to Trenton. There are also sponsoring YWCAs and church groups, and the YMHA-YWHA now involved. The sponsors send invitations urging the respondents to bring interested friends and a CF is started.

There are now 29 CFs meeting, representing more than 2000 people. On August 6 there was a joint meeting of all CF representatives (a maximum of three from each.) We have a steering committee of respondents including a psychiatrist, a psychiatric social worker, a television public affairs director, a Y PR. man, a consultant to the public schools, etc.

# How is it funded?

CFs don't require actual funding. Some have established small treasuries to take care of mailings, coffee, speakers, etc., in most cases the Ys pick up the tab.

## Evaluation

There are now 29 CFs and each has taken a different tack. Each decides its own area (housing, education, their own attitudes, etc.) and proceeds as quickly as a group level of information permits. All express the same "frustration and disgust with talk, talk, talk." These people want to do something. Some have-if only on an information level by creating dialogue between Blacks, and Whites. Some have plunged into more direct action. There is great potential here.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia, Penna.

# C. A I D (Action in Depth) Philadelphia, Penna

# Purpose of Program

Designed to give young men and women who have completed a minimum of one year of college an insight into urban problems. The program is interracial and is operating this summer with a unit of a director, an administrative assistant and eight participants. These students all either live or attend school in Philadelphia and its suburbs (so as to insure greatest follow through.) From the description below it can be seen that A.I.D. is a comprehensive primer for social action; that it is the student and not the community that actually benefits most during the 10 weeks of the project; that it returns an informed and concerned citizenry to all parts of greater Philadelphia that will serve as a necessary link in finding solutions by all to the problems of urban dwellers.

The uniqueness of the program lies in the fact that students who are not yet committed to social action, but who want to learn about urban problems, but who must earn money for tuition and other college expenses, have the chance to earn, learn, and serve.

# How does it operate? Whom does it serve?

Participants live together in a converted row home in North Philadelphia. In a four-day orientation they receive an overall view of the area's geography, its problems and potential, available help from public and private agencies, and meet their "neighbors." During the day participants hold down typical summer jobs (banks, department stores, drug company, etc..) In the evenings they do volunteer work with ongoing programs of agencies working in the community (churches, settlement houses, city agencies, etc..) At two weekly seminars they share their problems and discoveries, and also invite outside resource people for more detailed discussion.

#### How is it funded?

Through a grant from the Samuel S. Fels Fund, and a contribution from Industrial Valley Bank.

This is a joint project of the Philadelphia YMCA and Philadelphia YWCA.

#### <u>Evaluation</u>

Difficult to tell at this point. An evaluation is being drawn up by the director but will not be available until fall. The participants are enthusiastic about the entire project, especially the unstructured choice of exactly what they want to do.

Association: YMCA of Philadelphia and Vicinity

City: Philadelphia, Penna.



D. Project Understanding - Pittsburgh, Pa.

# Purpose of Program

The original project was sponsored by the Catholic Diocese of Pittsburgh and the Sisters of St. Joseph. A series of eight workshops was conducted on interracial understanding, attended by representatives of six local parishes where the Sisters of St. Joseph staffed the school. In addition to the parish representatives, people from the community were invited, and the YMCA had one staff and one layman participating. The purpose of the project was to promote interracial understanding in the community.

# How does it operate? Whom does it serve?

Following the original eight workshops, the local parish people got together to make program plans for their own parish locale. St. Canice Church is the church and school located in the same neighborhood as the Hill Top YMCA. One of the programs coming out of these plans was four Gra-Y and Tri-Gra-Y Clubs, involving half of the youth from St. Canice Elementary School which is 98.6% white, and the other half from the Beltzhoover public elementary school which is 96.4% Negro. The clubs met once a week in the schools, and has special events once a month at the YMCA, such as an overnight, splash party, etc. It served forty youth in 4, 5, 6 grades, about half of whom were disadvantaged. Leadership for the club program was provided by the VISTA volunteers. Parents of the club members met once a month to exchange views, ideas and opinions about the program, ending up in interracial discussion and interfaith discussion of their own.

# How is it funded?

Leadership provided by VISTA volunteers. Other incidental expenses paid by the YMCA and St. Canice School, with the youth paying the cost of the special events.

# Evaluation

This has been one of the best programs the YMCA has sponsored in cooperation with the Catholic church. Actually three purposes were attained: interracial understanding; interfaith understanding and involvement of disadvantaged youth at the same time. The program involved both the youth and the parents. It is hoped that this program can be increased to additional clubs because of the response of youth and parents. As a matter of fact, some parents were resentful that their children could not be involved this year. However, it was an experimental program with membership in each club set at 10. Requests also have come from other Catholic schools for a similar program.

Association: YMCA of Pittsburgh, Hill Top Branch

City: Pittsburgh, Penna.



# XXII URBAN CONFERENCES/STAFF DEVELOPMENT GROUPS

E. Staff Development Series on the Urban Phenomena - Pittsburgh, Pa.

## Purpose of Program

To achieve a basic understanding of what is involved in the urban phenomena of our time. Regardless of where we live, work or play, all of us are a part of this picture. In order to live, work and play in this situation, we must develop an "urban attitude" toward life. A following objective is to explore the significance of all this for the YMCA of Pittsburgh and application to programs and services for all operating units.

## Six sessions

1st Session: Film titled "The Way It Is." Discussion will follow on the questions and concerns of each staff person, these questions to be used as a basis for the content of the following sessions.

2nd Session: "Introduction to the Urban Phenomena" - Dr. Edward Foster
Dept. of Urban Affairs, Univ.
of Pittsburgh

Topics covering: myths people have about each other and their situations; suburbia and city; Black and White; poor and middle class; conflicts in values; riots; factors in the urban crisis affecting all of us.

3rd Session: "Understanding the Negro" - Dr. Norman Johnson
Director Community Development
Mayor's Committee on Human Resources
Why is he like he is? Matriarchal family; "nothing to lose" attitude; civil rights--Black power; middle class and poor; visibility; the white problem.

4th Session: "The Culture of Poverty" - Dr. Eugene Young, Psychiatrist, Western
Pennsylvania Psychiatric Institute
Economic, cultural, psychological and educational factors; leadership for
Blacks and Whites; welfare rights; paternalism; values such as the importance of the immediate.

5th Session: "Confrontation with Negro Citizens"
Unstructured small discussion groups with Black militants.

6th Session: Where Do We Go From Here?

The program was planned by our Staff Development Committee with the help of three professors from the Dept. of Urban Affairs in the Graduate School of Public and International Affairs at the University of Pittsburgh.

Of the three professors who lectured, Dr. Foster is White. The other two are Black. The sessions ran from 8:30 until 12:00 noon and sometimes later. Each session involved a presentation of forty-five minutes to an hour and the rest of the time was devoted to discussion.

Association: Pittsburgh YMCA
City: Pittsburgh, Penna.



# XXIII YOUTH (NEW) ORGANIZATIONS

# A. The Progressive Organization Of Afro-American youth Reading, Penna.

# Purpose of Program

Detached Workers organized a group of leaders because of the problems they identified (i.e. self-perception of Negro because of lack of knowledge about his history; lack of unity among Negro youth; lack of adequate recreational facilities, etc.)

Some of the goals adopted were:

1. To create unity among Negro youth.

- 2. To establish a more wholesome attitude in the community toward Negro youth.
- 3. To strive to have Negro history taught in Reading Schools.

4. Promote and support Negro businesses.

- 5. To establish wholesome recreation for youth.
- 6. To improve guidance help for Negro students, etc.

# How does it operate? Whom does it serve?

This group (known as P.O.A.A.Y.) is an agent for community change. Members of the group range in age from 14 to 22 years and spend much time studying Negro history and the techniques of attacking the social, political, economic and educational problems of Reading Negroes.

Fourteen field workers lead programs involving other youth on Negro history and pertinent materials, such as the Commission Report on Civil Disorder, etc.; offer elementary recreational programs which also involve Negro education; give leadership to the HOUSE OF SOUL -- a Negro Youth Center; help individuals and families with personal problems (locating jobs, moving into adequate housing, etc.) and This group was responsible for having an alderman relieved of his position when they turned a potential "rumble" into an organized hearing involving the Mayor, Human Relations Council and City Council around the problem of the alderman's prejudiced handling of cases involving the Negro and Puerto Rican. They also brought about special elective classes in Reading High on Negro History after many visits to the School Board. As a result, all history books are being reviewed by a special school Board Advisory Committee. One of the P.O.A.A.Y. 17-year-old field workers represents the group on this committee. During the week following Dr. Martin Luther King's death, they were instrumental in helping keep the city "cool" when White motorcycle gangs and Ku Klux Klansmen roamed the main streets causing many disturbances. They also participated in the Hi-Y Model Legislature, presenting bills and resolutions concerning racial problems.

# How is it funded?

This group is one part of the Detached Worker contract financed by the local Community Action Programs agency. Members pay monthly dues, sell pins and placards and receive contributions from individuals, groups and Negro businesses.

# Evaluation:

This group has been an outstanding example of the YMCA's concern for what happens to people. It has been one of the groups who has kept the YMCA relevant in the community. While there are problems of negative reactions by some YMCA and community lay leaders, on the whole this group helped the YMCA attract dynamic leaders in the community who previously considered the YMCA just another recreational agency.

Association: YMCA of Reading & Berks Co.

City: Reading, Penna.

- 149 -



# 

Page numbers of this section, which now includes reports recently added, are designated by an "S" before the number. This Supplement will be expanded as additional noteworthy programs are submitted on a continuing basis. The classification by Roman numeral in the heading of each report follows the categories originally set up for pages 1-149.

# XIII. INTERPRETATION COURSES ON RACE AND CULTURE

# Institute on the History of Blacks in America - Meriden, Connecticut

## Purpose

- 1. To enlarge the sense of reality concerning black life in America, through information that revises older views, reveals variety, depth, achievement, frustration, values, and impact upon personality.
- 2. To render the sense of undergoing and struggling with events that has characterized black life in America -- and to avoid heat formulas.
- 3. To see the life patterns in the larger context of general American developments.
- 4. To give historical perspective to contemporary crises.

# How does it operate? Whom does it serve?

The course, offered cooperatively by the Meriden YMCA and the NAACP, consisted of ten meetings and spanned a period of ten weeks. During this period essential aspects of the history of the life of black people in America were analyzed in lectures and discussions. Topics for lecture and discussion were:

- 1. Africa prior to the arrival of the Europeans, with concentration upon West Africa as the source for most American slaves.
- 2. Slave trade and American slavery -- characteristics of each.
- 3. Achievements during slavery.
- 4. Civil War. Contributions of nearly 200,000 black soldiers who fought for their own freedom.
- 5. Reconstruction -- revision of older version, contributions of black politicians, local Southerners, and Northern whites to a vision of new times.



# How does it operate? Whom does it serve? (Cont'd)

6. Reactionary post-Reconstruction period, Agrarian and Populist movements; the age of Booker Washington.

7. Development of black institutions.

- 8. Recrudescence in politics and political struggle; the "Black Cabinet" of FDR.
- 9. The struggle for full equality in all areas of life: the mattle through the courts, through congress, through non-violence. The significance of Black Power, etc.

The 26 participants were drawn mainly from industry but included representatives from the Public Utilities, Board of Education, Office of Economic Opportunity, State Welfare Department, the Mayor's Office and the NAACP.

# How is it funded?

Participants (or their employers) paid a \$30.00 tuition fee.

## Evaluation

The group became so involved that it continued to meet on its own after the Institute was concluded and has originated a list of action projects which it will pursue.

Association: Meriden YMCA City: Meriden, Conn.



# XV DETACHED WORKER PROGRAM

# East Village Detached Workers - New York, N. Y.

## Purpose

- To conduct an experimental program to determine the size and elements of the Hippie culture to which the YMCA might be related.
- To determine if the YMCA would be acceptable to Hippies as an organization or vehicle to find solutions.

# How does it operate? Whom does it serve?

We have three apartments in the East Village (one for a male worker, one for female worker, one served as commune, for eight hippies). We found basic needs are most crucial - food, shelter, a place to bathe.

Providing these we were able to begin to explore work and discussions relating to direction, motivation, rebellion, and dropping out of society.

First month served about 50 persons for counseling, feeding, housing.

# How is it funded?

William Sloane House Branch Funds.

#### **Evaluation**

One month is a little too soon to tell. Current reception and results are encouraging.

Association: YMCA of Greater New York

City: New York, N.Y.





# XVI NEIGHBORHOOD PROGRAMS/MOBILE OPERATIONS

# "Pied Piper" - New York, N. Y.

## Purpose

- To reach out to Youth in an area of City unserved by community YMCA.
- To help 100 youth in Inner City (Mid-town Manhattan) learn about free and low cost resources of New York City.
- ${\tt An}$  opportunity for college students to become personally involved in the urban crisis as staff leaders, relating to youth as a "pied piper."

# How does it operate? Whom does it serve?

One hundred youth 10-13 years of age are recruited and divided in 10 groups with a "Pied Piper," college or graduate student. The group with its leader explore the free and low cost recreational and horizon lifting resources of the City. (Museums, Safari to George Washington Bridge, etc.)

It serves 100 youth living in mid-town Manhattan.

# How is it funded?

Two foundation Grants and William Sloane House Branch funds.

# **Evaluation**

Program has worked well. Staff have developed new creative, low cost trips for kids. Personal relation of group and "Pied Piper" excellent. Adventure and counseling mix well.

Association: YMCA of Greater New York

City: New York City, N. Y.



# XVI NEIGHBORHOOD PROGRAMS/MOBILE OPERATIONS

# Youthmobile - New York, N. Y.

# Purpose

- To provide program services to youth in ghetto areas of high racial or ethnic tension.
- To experiment with a new mode of extension service of the YMCA.
- To provide job counseling service on an extension basis.

# How does it operate? Whom does it serve?

Eight Youthmobiles (Dodge Vans) with an interracial staff establish 5 to 8 play street locations in cooperation with the Mayor's Urban Task Forces in 8 of the 18 most critical areas of the City. The staff of from 3 to 6 persons develop recreation programs, trips, camp outs, discussions and job counseling programs. The Vans work five days per week.

The Vans had a summer attendance of 33,000 persons from 3 to 30 years of age. Some family programs are beginning.

#### How is it funded?

Originally funded by the Board of Directors of the YMCA. However, Greater New York Fund and Foundation Grants have been secured to conduct the experiment. The YMCA retains a \$23,000 capital investment in the vans.

#### Evaluation

The program is certainly finding needs to meet, recreational, counseling, community arbitration etc. We feel it is an effective new tool of the YMCA of Greater New York.

ERIC Clearinghouse

OCT7 1969

on Adult Education

Association: YMCA of Greater New York City: New York City, N.Y.