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Some Guides for Sex Education and Marriage Preparation.

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The bibliographical guide presents printed and reading material on sex education and marriage preparation from a Christian point of view. Resource and reading material are presented for preschool children, pre-adolescents, adolescents and young people, married couples, parents, and for those planning, and leading, study courses in sex education and marriage preparation. Suggestions for conducting a congregational family life program include such objectives as helping married couples to continue growth in Christian partnership, parents to meet developing needs of children, young people to prepare for Christian marriage, and teenagers to develop wholesome boy-girl relationships. Issues dealt with are: physical, emotional and psychological development; birth; premarital relations; dating; sexual aspects of love and marriage; problems of interfaith marriages; premartial preparation; family planning; pregnancy; divorce, and the new morality. Prices are included for each document. (This document is also available from The United Church of Canada, Distribution Services, 85 St. Clair Ave., E., Toronto 7, Ontario, for \$.25.) (pt)

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Some Guides
for
Sex Education
and
Marriage Preparation

Recommended by the Christian Family Life Department and
national Marriage Guidance Council
THE UNITED CHURCH OF CANADA

FPF:emm
8-68-M
Price - 25¢

NOTE: All prices listed are subject to change.

SOME GUIDES FOR SEX EDUCATION AND MARRIAGE PREPARATION

Parents are perplexed about helping their children to develop a wholesome Christian attitude to sex. Teenagers are more mixed up than they often care to admit. Young people looking forward to marriage cast about for any information they can get to help them prepare for the intimate relationships of family life. Many married people have never reached an adequate understanding of the place of sex in life that can really be described as Christian. Young and old are challenged and often confused by the so-called "new morality" in relation to sex and man-woman relationships.

The printed and audio visual materials described on the following pages have been reviewed by carefully selected groups of parents and workers with children and youth representing a wide variety of experiences in vocational and social relationships, and with differing family backgrounds and responsibilities. They have examined them particularly from the point of view of their value to parents, young people or married couples in the constituency reached by our church. The list and evaluations offered here are intended as guides for people who have no opportunity to compare and choose for themselves the material which will best suit their needs.

There are undoubtedly other materials which might be recommended. The evaluation program will continue with the hope that this list may be further revised and amended in future editions. Those who use these and other resource materials are invited to submit their evaluations and suggestions for future issues of this listing.

Frank P. Fidler,
Secretary,
Committee on Christian Family Life,
and Marriage Guidance Council,
The United Church of Canada.

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The United Church of Canada
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A CHRISTIAN POINT-OF-VIEW

Sex is a God-given power. It is a normal part of our physical, mental, social and spiritual experience. It must be intelligently developed and controlled if the full powers of our personal life and social relationships are to be realized. It is not sufficient merely to know "the facts" about sex and sex relationships as a separate compartment of learning. Education in this field must be related to the total process of growing up and accepting the whole of life as God-given, subject to intelligent, spiritual, Christian direction and used as a trust from God.

The General Council of the United Church of Canada, in accepting the report of its Commission on Christian Marriage and Divorce, has this to say about marriage and sex:

"This is a day of great confusion in moral standards and ethical conviction. It is desirable that the Church should state a positive morality of sex and marriage as plainly as possible. This statement should reflect a Christian understanding of human nature and personal needs. It should be based upon the Church's understanding of the divine intent for individual fulfilment and social good.

"One of the powerful forces that draws men and women together is sexual desire. This is a God given impulse. It is normal and healthy in itself, a part of human nature for which we may be grateful.

"Like other elements in human nature sexual feelings and expressions must be disciplined and controlled if they are to result in personal fulfilment and social fruitfulness. Otherwise, they may result in personal abuse and social ill.

"Normal expressions of sex in marriage may communicate and increase the most tender love between husband and wife, enriching and refreshing their whole relationship. Selfish and undisciplined expressions of sexual desire, on the other hand, whether within marriage or outside of marriage destroy sensitivity in human relationships, endanger marriage, and undermine the family in society.

"In our present culture there is a strong tendency to exploit and distort the role of our sexual nature. There is constant and irresponsible stimulation of sexual interest and passion through advertising, some sections of the press, motion pictures and other forms of public entertainment. There is a strong tendency to condone a morality of sex and marriage based on personal satisfaction alone. It is as though sex were a power in its own right with imperious demands which must be satisfied regardless of considerations of family stability and the welfare of society.

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"These influences create particularly difficult problems of self-discipline for young people not yet married, for men and women who may go through life unmarried, and for those who are separated from their marriage partners." (1)

PARENTS AND THE CHURCH SHARE RESPONSIBILITY

Parents who have achieved a wholesome attitude to their own sexual natures and to the sexual relationships of their marriage will find it easier to adopt a sympathetic and helpful attitude to the sexual concerns of their children.

Up to early adolescence, information on the sexual facts of life should be given in simple terms, answering the child's questions, helping him to accept his own sexual nature and to recognize the fact that there are persons of another sex with whom he is to live with acceptance, understanding and shared concern for the whole of life. A child does not need a complicated explanation of biological and physical facts. He does need emotional assurance that his interest in sex is normal, straightforward answers to his questions, and positive help in understanding his sexual nature even when he does not ask questions.

As children mature sexually the conflict between their desires and their need for self-restraint almost inevitably causes emotional tensions. Even parents who have found it relatively easy to help their pre-adolescent children often confess their sense of failure in attempting to help their teenagers, especially in the realm of their sexual development.

David R. Mace reports, "I have seen many otherwise exemplary parents fall down on this job. Many of them have admitted to a deep, apparently insurmountable, emotional resistance which I could not reasonably attribute to immaturity or inhibition or neurotic anxiety." (2) He suggests that this may be due to a deeply rooted psychological barrier "the incest taboo." "We have given all too little attention to this deeply implanted inhibition, a product of human culture because it is not found in animals, that protects the family from divisive and explosive impulses."

(1) P. 5 TOWARD A CHRISTIAN UNDERSTANDING OF SEX, LOVE, MARRIAGE, Board of Christian Education, The United Church of Canada.

(2) Quoted from page 109f. "MARRIAGE AND FAMILY LIVING" (Journal of the National Council of Family Relations), May 1962. David Mace is a world renowned authority on education for marriage and family life. He is presently teaching medical students in the Behavioural Sciences Center, Bowman Gray Medical School, at Winston Salem, North Carolina.

If there is such deeply-rooted emotional barrier that makes it difficult for parents to communicate effectively about sex with their adolescent children, how can young people be helped to mature in their sex feelings, attitudes and relationships?

Dr. Mace affirms: "I still believe that parents are well suited to give small children their first knowledge of reproduction. I also think parents can and should be free to talk to their older children about sex at an intellectual level. But the real need of young people is to come to terms with their emotional attitudes to sex. I am coming to think that parents are the last people who can help with this. If I am right, we had better begin seriously to face our long neglected corporate responsibility in this matter."

The Church ought to be concerned about helping parents and young people at this point. Sex relationships are, ultimately, determined by the value that we place upon one another and upon ourselves, as persons in a society of other persons and in the sight of God. Through our partnership in the Church we can help improve the understanding and expression of Christian values in this important sphere of life.

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SOME SUGGESTIONS

FOR YOUR CONGREGATION'S FAMILY LIFE PROGRAM

Help Married Couples to Continue to Grow Together in Christian Partnership. If adults are to help children and youth in their maturing sexual needs, interests and experiences they must become increasingly mature in their own attitudes and experiences.

- Make sure that your church program provides opportunities for husbands and wives to do things together - in a couples' club, or in various specific enterprises. Encourage constructive discussion of subjects that will help them to grow together culturally and spiritually, including consideration of sex in marriage, sex and single adults, interpreting sex to children, handling conflict in marriage, etc. Arrange projects where they can work as men and women together in the church, serve the community and improve in the skills of Christian home-making.
- Help them understand the peculiar problems of sexual developments in mid-life and senior adulthood, and learn how to adjust to them.
- Put appropriate books in the church library and encourage discussion of them. (See Section E below.)

Help Parents to Meet the Developing Needs of Their Children. Cooperate with Couples' Club, Parents' Association, Church School Staff, other Churches and Community Agencies.

- Develop a congregational (or community-wide) plan for Family Life (Sex) Education, to reach children and young people of various ages, and their parents.
- Arrange meetings where there can be appropriate presentations and discussion and where recommended books and pamphlets can be displayed, reviewed, borrowed and purchased.
- Show one of the films or filmstrips and plan a discussion under competent leadership. (Or use a tape recording to open up a discussion.)
- Pass around copies of the book IT TAKES TIME TO GROW, by Marguerite Brown, and arrange for several parents to lead a group discussion on Chapter 6, "What About Sex Education?" (See questions for discussion of this chapter at the end of the book, page 90.) Use one of the other texts in Section E as the basis of group discussion or study.
- Build up a section of the Library in your church to contain good books and pamphlets to loan to parents. Send out mimeographed notes about these materials so parents will know that they are available. Keep adding new items and let parents and young people know about them.

Help Young People to Prepare Adequately for Christian Marriage.

- Cooperate with your minister and Family Life Superintendent in providing a good library of books to loan to young people, and prospective brides and grooms.
- Plan a "Bride and Groom School", or "Marriage Preparation Course" or "Successful Marriage Seminar", in your own congregation, or in conjunction with other ministers and churches in your community. The KAIROS (Young Adult Group), Married Couples' Club, Senior and Adult Church School Departments will be interested in sponsoring these. See the practical suggestions in the bulletin A PREMARITAL COURSE OR BRIDE AND GROOM SCHOOL FOR YOUR CHURCH OR COMMUNITY (10 cents).
- Show parents and leaders of Young People the MARRIAGE PREPARATION KIT (\$1.00) which might be used as the basis of a series of studies and discussions in a youth group.
- See, especially, the resource materials described in Sections C, D, and F following.

Help Teenagers to Develop Wholesome Boy-Girl Relationships. Develop a continuing program in your congregations, in cooperation with youth groups, parents and other organizations.

- Provide opportunities for teenagers to get the information they need, discuss the attitudes and develop the convictions that will enable them to understand, appreciate and support one another in maturing relationships between the sexes.
- Plan occasions when teenagers and parents can consider these things together under competent leadership.
- Work with other churches and community agencies (such as the Y.M.C.A., Y.W.C.A., Home and School, Mental Health Welfare Organizations, Schools) to develop programs of education in this field.
- Provide opportunities for adolescents to discuss freely, with leaders whom they respect, menstruation, masturbation, homosexuality, dating, "going steady", teenage marriage, and other concerns they may have in relation to sex and marriage.
- Invite and encourage teenagers themselves to raise their questions and to participate in planning the programs that will help them develop Christian attitudes and practices.
- See, especially, the resource materials described in Section C, E, F following.

Choose a Family Life Superintendent in Your Congregation (or preferably a married couple who will act together) to coordinate all of your congregation's plans to strengthen Christian family life, to give leadership in specific programs or to arrange for such leadership, to represent the concern for Christian marriage and family relationships in all phases of congregational life and work, and to help your congregation cooperate with other churches and agencies in your community in this sphere of concern.

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RESOURCE MATERIALS

NOTE: All books and pamphlets are available through the United Church Distribution Services, 299 Queen Street West, Toronto, except where noted. (Please send cash with order.) Items not in stock will be ordered for you. All prices subject to change.

A. FOR USE WITH PRE-SCHOOL CHILDREN:-

GROWING UP, Karl de Schmeinitz, Macmillan, 1965. 73 pp., \$3.00
4th revised edition of a classic. Excellent to read aloud to young children, and for early self-readers. Many illustrations.

INTERPRETING BIRTH TO CHILDREN, David B. Treat, Office of Publication and Distribution, N.C.C.C., U.S.A. - 60 pp. pamphlet, 5¢. Helps parents face any difficulty they may have in telling the wonderful story of birth to their younger children.

NEW WAYS IN SEX EDUCATION, Dorothy Baruch. See comments in Section E.

PETER AND CAROLINE, Stan Hegeler, Abelard-Shuman, 1957, \$2.00.
A very simple book to read to children 4 years and up, simply as an illustrated story book. Translated from the Danish.

PREPARING YOUR CHILDREN FOR MARRIAGE, W. Clark Ellzey. See comments under Section E.

SEX ATTITUDES IN THE HOME, Ralph Eckert. Comments in Section E.

THE WONDERFUL STORY OF HOW YOU WERE BORN, S. M. Gruenberg, Doubleday, 1959, 39 pp., \$3.75. The complete account of reproduction written in story form and illustrated with delightful pictures. Excellent. Inside of book cover gives parents practical tips on sex education.

WHAT TO TELL YOUR CHILDREN ABOUT SEX. Child Study Association of America. See comments under Section E.

B. FOR PRE-ADOLESCENTS:-

A STORY ABOUT YOU, Marion O. Lerrigo and Helen Southard, prepared by the National Education Association and the American Medical Association, 1956, 43 pp., 50¢. For children in grades 4 - 6 (approx. 9 to 12 years old). One of a series of five. Well illustrated. Anticipates questions about menstruation, changes in puberty.

BEING BORN, Frances Bruce Strain, Appleton, 134 pages, 1954, \$4.95. A simple account of human reproduction for pre-adolescent or early adolescent girls and boys to read themselves, or with a parent.

INTO THE WORLD, Emerson and Thompson, 125 pps, 1950, \$3.00. Women's Press. Simple story, well told, about a family visit to a farm where the children have a chance to observe reproduction among the animals. The mother and father use this experience as a stepping stone to show their younger son the reasons for joy in his older brother's courtship and marriage,

THE WONDERFUL STORY OF YOU, Benjamin and Sidonie Gruenberg, Garden City Books, 1960, \$4.00. Large, attractively illustrated. Deals with questions children ask about human development, physically and as thinking, feeling persons. Especially interesting to the scientifically inclined.

WHERE DID I COME FROM? Hugh C. Warner, SCM Press (Britain) 9 pages, .35¢. The story of reproduction simply told with a specifically Christian interpretation so that it may be read by children of eight and over.

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C. FOR ADOLESCENTS AND YOUNG PEOPLE:- (Parents, see Section E)

ARE SEX RELATIONS WITHOUT MARRIAGE WRONG? A. Herbert Grey, Delisle, (238 Edgware Rd., London, W.C.) 1961, 16 pp., 25¢. A Christian argument for pre-marital chastity and marital faithfulness clearly stated.

ART OF DATING, THE, Evelyn M. Duvall and her daughter, Association Press, 1958, \$3.75. Straightforward dealing with hundreds of questions teenagers have asked Evelyn Duvall about dating, going steady, engagement and marriage.

BEFORE YOU MARRY, Sylvanus M. Duvall, Association Press, 171 pps, \$4.75. 101 questions that young people might ask themselves, and the author's discussion of appropriate answers. "Good common sense of inestimable value in guiding the younger teenager" says, Parents' Magazine. Probably most useful for the leader of adolescents - and for older youth and young adults.

BEING BORN, Strain, (See notes in Section B).

BEING MARRIED, Evelyn M. Duvall and Reuben L. Hill, Association Press, 1960, 440 pps, \$6.25. A handbook for older teens deals with questions on dating, becoming involved, getting engaged, sex manners and morals, relating to in-laws, living on your income, coping with crises, bringing up children. Used as a text in high school and junior colleges. Based on modern psychological and social science research, ethically sound and functional. (Updates, and more advanced than previous volume: WHEN YOU MARRY).

CHRISTIAN VIEW OF SEX, Hugh C. Warner, SCM Press (Britain) 30 pps, 35 cents. A more advanced presentation for mature young people and adults who want to get to the roots of the Christian views of the nature of sex, its use and abuse.

CONFIDENTIALLY - TO TEENAGERS. Published by the Queen's Printer, Ottawa, for the Department of National Health and Welfare, 1965, 5 cents. A 12 page pamphlet on the facts about Venereal Diseases.

DATING DAYS, Lester A. Kirkendall and Ruth F. Osborne, Science Research Associates, 48 pps, 40 cents. A booklet in the Life Adjustment Series. Excellent presentation of the subject of dating considered from the young persons point of view. Lists of self-rating questions are helpful.

C. FOR ADOLESCENTS AND YOUNG PEOPLE (cont'd)

FACTS OF LOVE AND MARRIAGE FOR YOUNG PEOPLE, Aron Krich (ed.)
Dell Pocket Books, 320 pps, 1962, 50 cents. Nineteen
chapters mostly reprints of Public Affairs Pamphlets by
various writers, deal with "Preparing For and Building
Marriage", "The Birth of a Child", and "Pleasures and
Problems of Parenthood". Constructive consideration with
many of the concerns in the minds of youth, their leaders
and parents.

FINDING YOURSELF, Marion O. Lerrigo and Helen Southard,
National Education Association and American Medical Association,
50 pps, 1955, 50 cents. Second in the series. About physical
development towards womanhood, manhood and parenthood. Well
illustrated.

FOR BOYS ONLY, F. H. Richardson, Tupper and Love, 91 pps, \$3.85.
Answers a boy's questions about the physical self, male and
female, and discusses his relationships with other members of
the family and other people. The question and answer form is
used.

FOR GIRLS ONLY, F. H. Richardson, Tupper and Love, 98 pps, \$3.85.
A companion book to the above, written for girls.

GIFT OF LIFE, Health Education Service. (See notes in Section E).

HE AND SHE, Kenneth C. Barnes, Penguin (PH 78), 206 pps, 85 cents.
Written for young men but equally helpful for young women.
Frank in a delightful way, rare in American books. Ethics,
human relationship, and religion without preaching or
patronizing.

HOW A FAMILY BEGINS, Hugh C. Warner, SCM Press (Britain) 15 pps,
35¢. The story of reproduction told simply and frankly for
early teen-age girls, and described as part of God's plan
for life in which Christian Marriage has an especially
important place.

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C. FOR ADOLESCENTS AND YOUNG PEOPLE: (cont'd)

I LOVED A GIRL, Walter Trobisch, Harper Chapel Book (GB12) 1965
108 pps, 65¢. A sensitive correspondence between an African
boy, his Pastor and the boy's ultimate girl friend. David
Mace in his introduction, points out that it raises the
question: "Is the long hard struggle for integrity and ideal-
ism really possible, and is it worthwhile?" This is the
question that the Christian is continually having to ask
himself - in Africa, in Europe, in America".

INTO MANHOOD, Roy E. Dickerson, Association Press, 118 pps,
\$2.75. An introduction to the meaning of sex and morality
in the life of a boy and man. Excellent for pre-teen and
early teen-age boys.

LIVING WITH SEX: THE STUDENT'S DILEMMA, Richard F. Hettlinger,
Seabury Press paperback 1966, 185 pps, \$2.25. The difficult
sexual decisions required of college age young adults in
our age are dealt with in a religious context but with
genuine objectivity by a College Chaplain and Professor who
has counselled widely and helpfully.

LEARNING ABOUT LOVE, Marion O. Lerrigo and Helen Southard,
National Education Association and American Medical Association,
47 pps, 1955, 50 cents. Third in series. For young people
about 16 to 20. Basic facts about human reproduction, choosing
a marriage partner, and making marriage work.

LOVE AND SEX IN PLAIN LANGUAGE, Eric W. Johnson, Lippincott, 1967
(rev'd), 103 pps, \$3.75. A slim book, inspiring but not
sentimental. Goes beyond reproduction facts to clarify
attitudes that affect behaviour. Good discussions of
masturbation, homo-sexuality, family planning, male and
female sex roles. Recommended especially for junior high
boys and girls.

LOVE AND SEXUALITY, Robert Grimm, (Comments in Section E).

C. FOR ADOLESCENTS AND YOUNG PEOPLE: (cont'd)

LOVE AND THE FACTS OF LIFE, Evelyn M. Duvall, Association Press, 1967, 352 pps, paperback \$1.00. Successor to the phenomenally successful FACTS OF LIFE FOR TEEN-AGERS, this is a comprehensive book dealing with youth concerns revealed by 25,000 questions of young people themselves and the best available social research. Written for general use, this book nevertheless reflects a positive Christian understanding of life, growth, sex and marriage without using specifically Biblical or theological references. Addressed directly to youth in four major spheres of interest: YOUR LOVE FEELINGS; YOUR SEX QUESTIONS; YOUR FRIENDS, YOUR PARENTS, AND YOUR DATES; YOUR LIFE AND LOVES.

LOVE, SEX AND THE TEENAGER, Rhoda L. Lorand, MacMillan, 1965, 224 pps, 60 cents. Directed to the older adolescents and their parents. Deals with the unconscious sources of adolescent feelings. Written by a psycho-analyst, and especially good for sophisticated young people interested in psychology.

MILESTONES TO MARRIAGE, Louisiana Society for Mental Health (816 Hibernia Bldg, New Orleans 12, La., U.S.A.) 50 cents. A series of letters to teeners, covering topics concerning love and marriage. These are arranged for sending out monthly to students in their final year of High School.

SENSE AND NONSENSE ABOUT SEX, Evelyn M. and Sylvanus M. Duvall, Association Press (Reflection Book) 124 pps, 1962, 85 cents. What it means to become a man, or a woman today. Love is not the same as sex. Why sex expression must be controlled. Sex belongs in marriage and family life. Pocket size, for 14 to 18 year teenagers in their own language.

SEX AND THE TEENAGER, Board of Evangelism and Social Service, The United Church of Canada, 15 pps, 1963, 10 cents. "To provide guidance for teenagers who are tempted to have sex relations before marriage" and to encourage them to know and live up to the Christian standard of sex morality.

SEX ATTITUDES IN THE HOME, Ralph Eckert, (Comments in Section E).

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C. FOR ADOLESCENTS AND YOUNG PEOPLE: (cont'd)

SEX BEFORE 20 - NEW ANSWERS FOR YOUTH, Helen F. Southard, Dutton, 1967, 121 pps, \$4.35. An experienced and mature youth counsellor discussed frankly and positively the questions youth are asking now about dating, sex, love, petting, pre-marital relationships and marriage. Her emphasis is on the emotional elements as well as on the physical and social, and the real meaning of sexual freedom and sexual responsibility. Dr. Mary Calderone introduces this frank book. Recommended as a basis for discussion and as a useful book for adults too.

SEX IN THE ADOLESCENT YEARS, Rubin and Kirkendall. (Comments in Section E).

TEENAGE SEX COUNSELOR, B. Y. Glassberg, M.D., Barron's Educational Series, Inc, Woodbury, New York, U.S.A., 1965, 138 pps, paperback, \$1.25. By case stories and conversational discussion of the specific questions youth ask, this doctor-psychologist presents realistic and relatively non-judgemental counsel while openly affirming the Judeo-Christian principle that sex belongs within marriage. Over 135 "Very Personal Questions" dealt with briefly and clearly in the final chapter. (Order from the publisher).

THE START OF A FAMILY, Hugh C. Warner, SCM Press (Britain) 16 pps, 35 cents. The same story told for boys, as "How a Family Begins" is told for girls.

V.D. Dr. W. Haring le Riche, Ganes Productions of Toronto, 410 Adelaide Street West, Toronto, 25 cents. A colorful and arresting pamphlet of 32 pps. about V.D. - its causes, prevention and cure. (Order from publisher).

WHY WAIT TILL MARRIAGE, Evelyn Millis Duvall, Association Press, 1965, 128 pps, \$3.25, paperback 75 cents. Deals one by one, with popular arguments for premarital sex relations. An honest, frank, specific and modern answer to this question for boys and girls - and for their perplexed parents and leaders.

C. FOR ADOLESCENTS AND YOUNG PEOPLE: (cont'd)

WHAT TEENAGERS WANT TO KNOW, Florence Levinsohn and G. Lombard Kelly, M.D., Budlong Press, 1962, \$1.50 U.S. Available only through physicians. Deals with the changes of puberty, dating, premarital sex, and looks forward to marriage. Brimming with both facts and ideas for the middle adolescent. (Order from Budlong Press, 5428 N. Virginia Ave, Chicago 25, U.S.A.)

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D. FOR PRE-MARITAL PREPARATION:-

AN ANALYSIS OF HUMAN SEXUAL RESPONSE, ed. Ruth and Edward Brecher (Comments in Section E.)

BACKGROUND TO MARRIAGE, Anne Proctor, Longmans, 141 pages, 1953, \$2.25. Written out of twenty years' married life, by the mother of seven children. This is a witty and delightful presentation of marriage as a Christian Sacrament that grows richer through the years, where husband and wife learn how to use the great resources of Christian faith and fellowship. Good for those who are already married, as well as for those looking forward to marriage and parenthood.

BEFORE YOU MARRY, Sylvanus M. Duvall, Association Press, 171 pages, \$3.75. (See Notes in Section C.)

BEING MARRIED, Evelyn M. Duvall and Reuben Hill, Association Press, 1960, 440 pages, \$6.25. (See Notes in Section C.)

BUILDING YOUR MARRIAGE, Evelyn Millis Duvall, Public Affairs Pamphlet No. 113, 25¢. A general presentation of some of the problems which arrive in marriage such as love-life, money, in-laws, religion, broken homes.

CHRISTIAN VIEW OF SEX, Warner (See notes in Section C.)

COMPLETE BOOK ON BIRTH CONTROL, THE, Alan F. Guttmacher M.D., Ballantine paperback, 1963, 152 pp., 50¢. Direct, scientifically accurate and up-to-date information about what medical science knows about the prevention of conception. The religious attitudes of the three major faiths are respectfully considered along with the social, economic and psychological factors involved in family planning.

FACTS OF LOVE AND MARRIAGE FOR YOUTH PEOPLE, Dell Pocket Book, 320 pp., 1962, 50¢. (See Section C.)

FROM FRIENDSHIP TO MARRIAGE, Dr. A. Herbert Gray, Delisle, Cromwell House, Sherborne, Dorset, England, (Britain) pamphlet, 25¢. Excellent for older teenagers and young people.

FOURTH FINGER LEFT HAND, W. C. Lockhart, United Church Publishing House, 30 pp., 50¢. Good, practical advice on the details of the wedding service and the kind of arrangements that give effect to a Christian understanding of marriage.

D. FOR PRE-MARITAL PREPARATION: (Cont'd.)

GUIDE TO MARRIAGE, Leslie Tizard, Allen and Unwin, 173 pages, 1948, \$2.00. An excellent clear, frank and realistic approach to the problem of marriage, considering pre- and post-marital adjustments, social, sexual, economic and the in-laws. Fine for engaged couples and newly-weds.

HANDBOOK TO MARRIAGE AND MARRIAGE GUIDANCE, Theodor Bovet. Description in Section E.

HARMONY IN MARRIAGE, Leland Foster Wood and R. L. Dickinson, Round Table Press, 122 pages, \$1.25. In a gift box, and used by many ministers for presentation to prospective brides and grooms. Includes an outline of a marriage service (Episcopal) and a fine chapter on Pathways to Spiritual Harmony, in addition to helpful considerations of financial, physical, emotional and social factors in growing together through marriage.

HOW LOVE GROWS IN MARRIAGE, Leland Foster Wood. (See notes in Section E.)

HOW TO KEEP ROMANCE IN YOUR MARRIAGE, W. Clark Ellzey, Association Press, 172 pages, 1954, \$3.25. (Family Life Library edition, paperback, 1965, 85¢.) The real romance of a Christian marriage depends upon continued growth of husband and wife in love. Here are helpful suggestions about the sexual side of romance. As good for married people to read as for those looking ahead to marriage.

HUMAN VENTURE IN SEX, LOVE AND MARRIAGE, Peter A. Bertocci, Boston University, 143 pages, \$3.30. Practical questions of petting for the unmarried, the values of sex for the married, the need for a high code for society, and suggestions about the essential virtues necessary to marital success. Excellent for those contemplating marriage. Seward Hiltner has said, "I know of no other small volume for young people which compares with it."

IF I MARRY OUTSIDE MY RELIGION, Algernon D. Black, Public Affairs Pamphlet #204, 25¢. Considerations to be faced in terms of social, emotional, religious and ecclesiastical factors with suggestions for making decisions.

IF YOU MARRY OUTSIDE YOUR FAITH, James A. Pike, Harper and Row, 1954, 191 pp., \$4.00. Sound guidance on the various religious positions regarding mixed marriages and the problems of interfaith marriage. Available in paperback.

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D. FOR PRE-MARITAL PREPARATION: (Cont'd.)

LOOKING TOWARD CHRISTIAN MARRIAGE, Donald M. Maynard, Abingdon, 144 pp., \$1.65. Easy reading, down-to-earth interpretation of the heart-searchings and handicaps as well as the beauty and fulfilment possibilities of marriage. Includes some helpful observations for those who have thought of and hoped for marriage, yet will never be married.

LOVE AND SEXUALITY, Robert Grimm. Description in Section E.

ONE MARRIAGE, TWO FAITHS, James Bossard and Eleanor Boll, The Ronald Press, 1957, 180 pp., \$4.65. Two sociologists make a thorough analysis of what interfaith marriage really means in terms of husband-wife, parent-child, church and community relationships, with accounts of "some solutions that have worked."

PLANNING TO HAVE A BABY, Planned Parenthood Federation of America, 10¢. A pamphlet listing questions with brief answers on the major questions involved in planning and beginning a family.

PROTESTANT-CATHOLIC MARRIAGES CAN SUCCEED, Paul and Jeanne Simon, Association Press, 1967, 122 pp., \$4.25. Out of their own experience as a Lutheran and R.C. couple, the authors demonstrate how the spiritual values and strengths in an interfaith marriage may be strengthened. Recommended highly by both R.C. and Protestant for its practical, positive counsel. (A chapter for counsellors and ministers - excellent.)

SECRET OF A HAPPY MARRIAGE, Roy A. Burkhart, Harper & Bros. 1949, 77 pages, \$1.65. Examination of one's readiness for marriage and suggestions for discovering the secret of a great marriage. Recommended for the engaged and for married couples of any age.

SEXUAL ADJUSTMENT IN MARRIAGE, Richard H. Klemmer and Margaret E. Klemmer, Public Affairs Pamphlet #397, 1966, 28 pp., 25¢. Warmly and simply written by a skilled marriage counsellor and a teacher of maternity nursing, for those married or about to be married. Helpful in preventing sexual problems and in ameliorating or reversing those already established.

SEXUAL HARMONY IN MARRIAGE, Oliver M. Butterfield, Emerson Books, 1959, 96 pp., 95¢. Very helpful pamphlet on the physical and emotional aspects of marital adjustment. Frequently given to brides and grooms by ministers and other counsellors.

SUCCESS IN MARRIAGE, David R. Mace, Abingdon, 1958, 158 pp., \$1.10. Basic principles. Major adjustments and ways of dealing with difficult partners and perplexing problems, set out by a pioneer in the fields of marriage education and counselling, and author of many articles and books with world-wide acceptance. Highly recommended.

D. FOR PRE-MARITAL PREPARATION: (Cont'd.)

THIS MAN AND THIS WOMAN, Frederick W. Brink, Association Press, 1949, 79 pages, \$2.25. This is a factually dependable and devotionally inspirational book about the meaning of marriage, for the newly married and those about to wed. It tackles, from a definitely Christian viewpoint, delicate and difficult problems relating to money, in-laws, and children, as well as those related to sex before and after marriage. Many ministers use this book in pre-marriage counselling.

THE THRESHOLD OF MARRIAGE, Church of England Moral Welfare Council (Britain) 29 pages, 25¢. Christian Marriage presented as a challenging achievement for two individuals to work out together by investing time, thought and patience. Sections dealing with the sexual relationship and the moulding of the new family. Excellent.

TO LOVE IS TO GROW, Patricia White, M.D., and Christine White, Abingdon Press, 1962, 96 pp., \$1.35. A winsome, direct, complete and Christian approach to the cultivation and expression of love in all aspects of marriage and family life. This is a useful booklet to give to brides and grooms, to use in a course on marriage, or to read at any stage of marriage.

YOUR FIRST YEAR OF MARRIAGE, Tom McGinnis, Doubleday, 1967, 202 pp., \$5.95. David Mace in his introduction writes: "This book...breaks new ground...in its gratifying combination of the sound, positive, workable principles that go into the making of a healthy, happy marriage..." Highly recommended as a text for Bride and Groom Schools, and to put into the hands of any couple who want experienced guidance in developing the love and integrity which builds sound marriage.

WHOM GOD HATH JOINED, David R. Mace, Westminster Press, 94 pages, 1953, \$2.25. Four weeks of daily readings on the purpose of Marriage, The Intimacies of Marriage, The Fellowship of Marriage, The Wider Implications of Marriage. Combines Scriptural references, scientific and technical information, and wise Christian counsel in a unique and very helpful way.

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E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS

A HANDBOOK FOR HUSBANDS AND WIVES, T. Z. Arden and Ralph G. Eckert, Association Press, (Family Life Library edition, 1965) 127 pps., 85¢. Concentrates on the physical aspects of marriage, contraception, and some special concerns in these fields.

AN ANALYSIS OF HUMAN SEXUAL RESPONSE, ed. Ruth and Edward Brechen, New American Library (Signet) 1966, 320 pps. Paperback .75¢. A group of experts comments on and analyzes the Masters and Johnston study in terms of their own special fields. More readable and useful than the original report on HUMAN SEXUAL RESPONSE for the lay person.

A MARRIAGE MANUAL, Hanna and Abraham Stone, Simon and Schuster, 1952, 221 pps., \$5.25. First published in 1935, this is the 46th edition; a sure testimony to its wide use. Questions and answers about sex in marriage.

A WOMAN DOCTOR LOOKS AT LOVE AND LIFE, Marion Hilliard, M.D., Doubleday, 1957, 190 pps., \$4.00. (Also Permabooks paper back, 1960, 152 pps., .75¢.) A book for women, with one chapter especially for their husbands, that opens clear windows for self-understanding and a truly zestful experience of life and love. Very readable. Shrewd observations and sound counsel. Helpful to both those married, and about to marry.

BEING MARRIED, Evelyn Duvall and Reuben Hill, Association Press, 1960, 440 pages, \$6.25. A teacher's and leader's guide for a comprehensive course on marriage preparation. (See Section D.)

FACTS AREN'T ENOUGH, Marion Lorrigo and Helen Southard, National Education Association and American Medical Association, 1955, 72 pps., .50¢. A pamphlet in this series for adults who have any responsibility for children or youth which may influence an understanding of sex attitudes and acts. Discusses the nature of sex education in relation to other phases of education and applies this in various stages of growth from infancy to adulthood. Includes suggestions for school and agency programmes.

FACTS OF LOVE AND MARRIAGE FOR YOUNG PEOPLE. (Paperback (Dell) 320 pps., .50¢. (See Section C.)

FAMILY LIVING AND SEX EDUCATION, S. R. Laycock, Canadian Health Education Specialists Society, Ottawa, 1967, 144 pps., paperback, \$1.50. (See Section F.)

E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS (cont'd)

GIFT OF LIFE, Health Education Service, P.O. Box 283, Capitol Station, Albany, N.Y., 29 pages, .25¢ U.S. (Cash with order to N. Y. State Health Education Service). Each page contains a colorful illustration or diagram with a few words of description designed to help parents "to teach your boys and girls in your own home the things they want to know about birth and human growth."

HANDBOOK TO MARRIAGE AND MARRIAGE GUIDANCE, Theodor Beret, Longmans, 1958, 152 pps., \$2.75. A practical handbook for those contemplating marriage, husbands and wives, and their counsellors that places all of the particulars of their growth together in the context of a clear understanding of the Christian basis of man-woman relationship in all spheres of life.

HELPING CHILDREN UNDERSTAND SEX, Lester Kirkendall, in Better Living Series, Science Research Associates, Inc., 48 pages, .40¢. Outlines the goals of sex education and helps parents to define their own attitude toward the subject. Chapters on each age group from infancy to adolescence. (Order from publishers.)

HOW LOVE GROWS IN MARRIAGE, Leland Foster Wood, MacMillan Co., 183 pps., \$3.00. Some problems of married life, offering a Christian approach and showing the development of a Christian marriage through the years.

HOW TO KEEP ROMANCE IN YOUR MARRIAGE, W. Clark Ellzey, (See Notes in Section D.)

HOW TO TELL YOUR CHILD ABOUT SEX, James L. Hymes, Jr., Public Affairs Pamphlet, No. 149, 32 pps., .35¢. A matter-of-fact approach, with lots of common sense, practical suggestions and re-assurance for parents who are perplexed. Especially helpful counsel to parents who have got started wrong and want to make up for past mistakes in helping their children to get the right facts about attitudes to sex.

HUMAN VENTURE IN SEX, LOVE AND MARRIAGE, Bertocci - see notes in Section D.

HUSBANDS AND PREGNANCY, William H. Genne, Association Press, (Family Life Library edition 1965), 127 pps., .85¢. Helps husbands know what to expect at each stage of his wife's pregnancy, and how to become a responsible father.

I LOVED A GIRL, Walter Trobisch (Comments under Section C. Thought-provoking for adults, too.)

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E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS (cont'd)

LET'S TELL THE WHOLE STORY ABOUT SEX, Edward B. Lyman, American Social Hygiene Association, 1790 Broadway, New York, 10019, .25¢. The right emphasis in telling children about sex. Biological and spiritual aspects of the subject are dealt with together. Includes scripts for four recordings - "How Babies are Born", "Menstruation", "Problems of Puberty", "The Marriage Union". (Order from publisher.)

LOOKING TOWARD CHRISTIAN MARRIAGE, Donald M. Maynard. Description in Section D.

LOVE AND SEXUALITY, Robert Grimm, Association Press, 1964, 127 pps., \$3.75. A stimulating, open-ended discussion of sexual maturity based on the biblical understanding of sexuality and a Christian view of man-woman relationships. David Mace who translated this from the French says: "Robert Grimm has taken the most daringly positive approach to sexuality that any Christian writer, to my knowledge, has yet adopted."

LOVE AND THE FACTS OF LIFE, Evelyn M. Duvall, Association Press, 1963, 352 pps., \$5.50. Also paper \$1.00. Although addressed to teenagers this book is helpful to adults in two ways: first, in developing some understanding of the questions of young people, and, second, in suggesting a vocabulary and an approach which will build communication between the generations." Should be in every Church library, and in homes, too. (See also, notes in Section C.)

LOVE, SEX AND THE TEENAGER, Rhoda L. Lorand, MacMillans, 1965, \$5.95. Written for older teenagers. Useful for parents. (See Section C.)

MARRIAGE BREAKDOWN, DIVORCE, REMARRIAGE, - A CHRISTIAN UNDERSTANDING, United Church of Canada, 1962, 118 pps., .75¢. Reports the position taken by the General Council of the United Church and discusses factors in marriage stability and breakdown, and the responsibility of the church for a strengthening and redemptive ministry.

MEN, WOMEN AND MORALS, Sylvanus Duvall, Association Press, 1952, 336 pps., \$4.50. A survey of existing literature with a digressive treatment of various points of view on sex morality as a social as well as a personal problem. Maturity and education required for appreciation. Excellent for adults and young people at college level.

E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS (cont'd)

NEW WAYS IN SEX EDUCATION, Dorothy Baruch, Bantam Paperback #HB18, 1962, .60¢. Emphasizes feelings and emotions associated with learning about sex. Deals with questions and concerns of pre-schoolers through adolescence. Suggests methods for handling situations with stories and illustrations for parents to use in discussing sex with their children.

PARENTS' RESPONSIBILITY, Marion Lerrigo and Helen Southard, National Education Association and American Medical Association, 1955, 47 pps., .50¢. Written especially to help parents of young children, pre-school and through the primary grades. Deals with parents own preparation, how to talk about sex, handling some common questions and situations.

PREPARING YOUR CHILDREN FOR MARRIAGE, W. Clark Ellzey, Association Press, 1964, 159 pps., \$4.25. An outstanding guide for parents who want to help their children from infancy, to fully appreciate themselves and their companions of both sexes. A veritable manual on parenthood, in which "sex education" is part of a whole process of Christian growth. Written by an experienced and understanding parent, teacher and minister.

PUZZLED PARENTS, Hugh C. Warner, SCM Press, (Britain) 27 pps., .35¢. This is really the first in the seven Sex Education Booklets written by Canon Warner. It suggests ways in which parents can answer their children's questions about sex and reproduction, helping them to recognize God's plan for life in a distinctively Christian perspective.

SEX ATTITUDES IN THE HOME, Ralph G. Eckert, Popular Library paperback, 1963, 172 pps., .50¢. Deals not merely with the facts of sex development, but developing feelings about sex and how they affect behaviour.

SEX ETHICS AND THE KINSEY REPORT, Seward Hiltner, Association Press, 238 pps., \$3.00. A thorough consideration of various views of sex held by different schools of Christian thought in different ages, and a fine summary statement of a contemporary view based upon biblical foundations in the light of modern knowledge, symbolized by the understanding of developmental needs of persons in society. Dr. Hiltner, a member of the Federated Theological Faculty of the University of Chicago, has some challenging and helpful things to say about the relation of the Kinsey reports to the Christian position, and to the Christian's responsibility for demonstrating the relevance of Biblical and historical attitudes to contemporary life. A helpful and thought-provoking study.

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E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS (cont'd)

SEXUAL ADJUSTMENT IN MARRIAGE, Richard and Margaret Klemer,
Comments in Section D.

SEXUAL HARMONY IN MARRIAGE, Oliver M. Butterfield, Emerson
Books, 1959, 96 pps., .95¢. Description in Section D.

SEX IN THE ADOLESCENT YEARS, New Directions in Guiding and
Teaching Youth, ed. by Isadore Rubin and Lester A. Kirken-
dall, Association Press, 1968, 223 pps., \$5.50. Rubin is
editor of SEXOLOGY MAGAZINE and Kirkendall is Professor of
Family Life at Oregon State University. They and others dis-
cuss such questions as "Sex Education in a Changing Society",
"What parents should know about teenage development," "What
young people really want to know about sex", how to help adol-
escents and young people establish sex standards and values
and cope with their sexual needs. They offer guidance on prob-
lems of pre-marital sex, un-wed pregnancy and parenthood and
related questions. The point of view of most contributors is
more rationalistic and humanistic than distinctively Christian,
but they succeed in presenting a "valuable challenge to thought-
ful parent or counsellor". The authors quote Dr. David L.
Mace, "one of the most distinguished leaders in the field of
family living (who) has widely pointed out that we rarely learn
anything from persons who agree with us completely". No one
can read this book without getting helpful new insights into
the primary issues of sex education in our society.

SEX WAYS IN FACT AND FAITH, Evelyn and Sylvanus Duvall, Associa-
tion Press, 1960, 253 pps., \$4.30. Valuable information on
modern marriage, teenage involvements, sex problems - mastur-
bation, homosexuality, adultery - and family planning and the
issues these raise for the Christian Church. This was the pre-
liminary study book for the First N. A. Conference on Church and
Family in 1961.

SUCCESS IN MARRIAGE, David R. Mace, Abingdon, 1958, 158 pps.,
\$1.10. Written for "the average married couple; and the
married couple who are in trouble", as well as for "young
people looking toward marriage." (See Section D.)

TEENAGE SEX COUNSELLOR, B. Y. Glassberg, M.D., Barron's Educa-
tional Series Inc., 1965, 138 pps., \$1.25, paperback.
Especially useful in educational and Church programs for
sex education. (See Section C.)

TELL THE TRUTH ABOUT SEX, Howard Whitman, Grossett and Dunlop,
242 pps., \$1.49. Offers a plan for sex education from pre-
school age through to marriage. It correlates sex and the
views about sex held by various religions of North America.
Surveys the progress made in sex education. Excellent for
doctors and ministers to use for counselling, as well as
for parents.

E. FOR MARRIED COUPLES, PARENTS AND OTHER ADULTS (cont'd)

TO LOVE IS TO GROW, Patricia White, M.D., and Christine White, Abingdon, 96 pps., \$1.35, 1962. (See Section D. This book will also be helpful to married couples.

TO UNDERSTAND EACH OTHER, Paul Tournier, John Knox Press, 1967, 63 pps., \$2.25. A simple almost poetic, message for those whose marriages "have become the quiet failures." This Swiss physician who has made a significant contribution to our understanding of psychiatry in its relation to Christian faith "writes to couples who live side by side without hurting one another, but poles apart because of no real understanding of one another".

TOWARD A CHRISTIAN UNDERSTANDING OF SEX, LOVE, MARRIAGE, United Church of Canada, 1960, 65 pps., .40¢. The statement approved by the General Council on Marriage and Sex, Responsible Parenthood, Education for Christian Marriage, The Solemnization of Matrimony, Single Persons in a Society of Families, and related concerns.

WHAT TO TELL YOUR CHILDREN ABOUT SEX, Child Study Association of America, Duell Pocket Books, 1964, .35¢. Sex Questions asked at various age levels, and simply worded useful answers that will help parents to recognize appropriate responses.

WHEN YOU MARRY, Evelyn Duvall and Reuben Hill. Comments in Section C.

WHOM GOD HATH JOINED, Mace. See notes in Section D.

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N.B. Any, or all, of the resources described in other sections of this publication may be useful as texts for leaders or participants in courses. Those described below deal especially with the basic points-of-view for educators, methods of proceeding to plan or conduct a course, and discussions of the cultural climate in which sexual and mental attitudes are being re-assessed today.

Dr. Lester A. Kirkendall, Professor of Family Life at Oregon State University is known both for his research and writing about sex, marriage and family affairs. He has proposed three characteristics of a sex education program that contributes effectively to individual and family stability.

1. Sex education must be, first and essentially, human relations education.
2. Sex education should extend through the life cycle.
3. Sex education should help modify and dispel taboos which interfere with communication and socialization. (1)

Substitute for the words "sex education" such words as "family life education", or "marriage preparation", or "parent education" and these three characteristics provide useful guidelines.

A GUIDE FOR PREMARRIAGE COUNSELLING, Clint Phillips and Erma Pixley, The American Institute of Family Relations, Los Angeles, 1963, 52 pp., \$1.10. Outlines four interviews with engaged couples, and presents suggestions for meeting specific needs of some couples in eight possible areas of special concern. Helpful reference lists of articles and books related to each of the 14 brief chapters. (Order from the A.I.F.R.)

AN ANALYSIS OF HUMAN SEXUAL RESPONSE, Ruth and Edward Brechen (Comments in Section E.)

A WOMAN DOCTOR LOOKS AT LIFE AND LOVE, Marion Hilliard M.D., (Description in Section E.)

(1) Proposed in a symposium on "The Family's Search for Survival," at the University of California, San Francisco in 1964, and broadcast as a Voice of America Forum Lecture.

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ARE THEY QUALIFIED FOR MARRIAGE? Verne Steward, Denison, 1964, 168 pp. \$3.50. The author, who has pioneered scientific research in personnel selection, offers 48 "danger clues" and numerous "positive clues" in twelve different spheres of experience, conduct and attitudes, and suggests how these may help young people determine their fitness for marriage. Ministers, parents, youth leaders will find these clues helpful in counselling or conducting a course on marriage.

EDUCATION FOR FAMILY LIFE, Karl S. Bernhardt, in Bulletin of the Institute of Child Study, University of Toronto, December 1962, 12 pp., 50¢. A sensitive discussion of the elements of information, training and learning to live with others that lead to good marriage and family relationships. A useful list of words for sex education and a reading list included. (Order from the Institute of Child Study.)

FACTS AREN'T ENOUGH, Marion Lerrigo and Helen Southard.
Description in Section E.

FAMILY LIVING AND SEX EDUCATION - A Guide for Parents and Youth Leaders, S. R. Laycock, Baxter Publishing Co., Toronto, 1967, 144 pp., \$2.00. This book was commissioned by the Canadian Health Education Specialists Society. Dr. Laycock, dean of parent education leaders in Canada, believes that all human sex behaviour expresses fundamental psychological as well as physiological needs. He views responsible sexual behaviour as resulting in 1) adequate child-rearing practices 2) understanding of the reproductive, psychological and social factors of behaviour and 3) adequate development in childhood and adolescence, of respect for others and continuing concern for the welfare of other persons and society. Includes a useful list of supplementary resources.

FIT TO BE TIED, Charles E. Batten & Donald E. McLean, Seabury Press, 1960, 123 pp., \$2.25. A clergyman and a physician describe a four to six week program for group counselling, designed for a youth group (Grades 9 to 12), based largely on questions raised by the teenagers themselves...Parents are involved and various resources employed. Very useful guide for a congregation or a community program.

HANDBOOK TO MARRIAGE AND MARRIAGE GUIDANCE, Theodor Bovet.
Description in Section E.

HELPING CHILDREN UNDERSTAND SEX, Lester Kirkendall. Description in Section E.

HOW TO TELL YOUR CHILD ABOUT SEX, James L. Hymes Jr. Description in Section E.

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LEARNING TO LOVE, Alan Ingleby. Description in Section E.

LET'S TELL THE WHOLE STORY ABOUT SEX, Edward B. Lyman.
Description in Section E.

LOVE AND SEXUALITY, Robert Grimm. Description in Section E.

MARRIAGE BREAKDOWN, DIVORCE, REMARRIAGE - A CHRISTIAN UNDER-
STANDING, United Church of Canada. Description in Section E.

NEW PATTERNS IN SEX TEACHING, Frances Bruce Strain,
Description in Section E.

NEW WAYS IN SEX EDUCATION, Dorothy Baruch. Description in
Section E.

PARENTS' PRIVILEGE, Lerrigo and Southard. Description in
Section E.

PREMARITAL COUNSELING, Granger Westberg, National Council of
Churches in U.S.A., 1958, 48 pp., 50¢. An outline,
especially for ministers, of ways of conducting premarital
interviews with a single couple, or a course with a group.
Deals briefly with the questions most often considered in
such counseling.

SEX AND RELIGION TODAY, edited by Simon Doniger, Association
Press, 238 pages, \$3.00. Gathers in one volume 10 articles
by recognized authorities in their fields, such as
Roland H. Bainton, Peter A. Bertocci, Seward Hiltner,
John A. P. Millett, M.D., Carroll A. Wise. Some of the
chapter headings indicate the scope of its concern:
Sex - sin or salvation?, Christianity and Sex; Pastoral
Problems of Sex, The Religious Element in Marriage
Counseling.

SEX ATTITUDES IN THE HOME, Ralph Eckert. Description in
Section E.

SEX EDUCATION, Lester A. Kirkendall, Siecus Publication No. G01,
1965, 50¢. Points out common weaknesses of many sex education
programs, lists objectives and outlines the scope of a
comprehensive sex education program. Its discussion of the
new concepts that underlie present thinking about sex education
make it useful to groups and to individuals alike. Order
directly from Sex Information and Education Council of the U.S.,
SIECUS, 1855 Broadway, New York, N.Y. (10023).

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SEX EDUCATION AND THE NEW MORALITY, Child Study Association of America, 1967, 90 pp., \$1.95. Brings together the highlights of a conference of psychiatrists, social workers, educators and representatives of different faiths focussing on sexual attitudes and behaviour today, and how young people themselves feel about such things. Helpful to those probing new approaches to sex education that will be meaningful to young people today. Discusses the impact of social forces on sexual behaviour, the arts and the sexual image, and the search for a meaningful sex ethic.

SEX EDUCATION IS A PROFESSIONAL RESPONSIBILITY, Committee on Maternal Health, American College of Obstetricians and Gynecologists, 1964, 20 pages. Written to encourage and assist physicians to play a more positive role in sex education in their own communities (and in medical training), it has useful data and resource lists for other educators working from elementary school through college programs. Write Eaton Laboratories, Norwich Pharmacal Co., Norwich, N.Y. for a "courtesy copy".

SEX EDUCATION PROGRAM - A GUIDE FOR LEARNERS, Helen F. Southard, National Council Y.W.C.A. (New York), 19 pp., 75¢ (U.S.) Outlines basic principles and essential steps in working with parents and young persons ages 9-12, 13-15, 16-18. Program resources and suggested procedures are correlated with developmental needs. (Order from Bureau of Communications, National Board, Y.W.C.A., 600 Lexington Ave., New York, N.Y., 10022)

SEX ETHICS AND THE KINSEY REPORT, Seward Hiltner. Description in Section E.

SEX, FAMILY, AND SOCIETY IN THEOLOGICAL FOCUS, T. C. Wynn (ed.), Association Press, 1966, 256 pp., \$2.50. The study book for delegates to the 2nd North American Conference on Church and Family, at McMaster University in 1966. A stimulating and provocative assessment of Sexual Ethics, Family Values and Society's Stake in the Family, with a guide for group study and discussion.

SEX IN THE ADOLESCENT YEARS: New Directions in Guiding and Teaching Youth, ed. by Isadore Rubin and Lester A. Kirkendall, Association Press, 1968, 223 pp., \$5.50. Rubin is editor of Sexology Magazine and Kirkendall is Professor of Family Life at Oregon State University. In this book they and others discuss such questions as "Sex education in a changing society", "What parents should know about teenage development", "What young people really want to know about sex", how to help

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adolescents and young people establish sex standards and values and cope with their sexual needs. They also offer guidance on the problems of pre-marital sex, unwed pregnancy and parenthood and related questions. Although the point of view of most contributors is more rationalistic and humanistic than distinctively Christian, they do succeed in presenting "a valuable challenge to thoughtful parents or counsellor." The authors quote Dr. David L. Mace, "one of the most distinguished leaders in the field of family living (who) has wisely pointed out that we rarely learn anything from persons who agree with us completely." No one can read this book without gaining helpful new insights into the primary issues of sex education in our society.

SEXUAL RENAISSANCE IN AMERICA, Irah Reiss (ed.), Vol. XXII, No. 2, of the Journal of Social Issues, April 1966, 140 pp., \$1.50. (U.S.A.). Ten articles by research and teaching authorities discuss significant issues raised by new patterns of sexual thought and conduct in our society. Valuable background resource for educators. Order from The Heffernan Press, Inc., 35 New Street, Worcester, Mass., U.S.A.

SOURCEBOOK FOR ADULT SEX EDUCATION, P. K. Houdek, 1967, 52 pp., \$1.00 (U.S.A.). Out of his lengthy and wide experience in this field "P.K." has provided a folksy, down-to-earth and informative guide for dealing with the questions most frequently asked by men and women about all aspects of their sexual concern. Word list, directory of authors and resources, very helpful to educators in this field. (Order from Kansas City Social Health Society, 406 W. 34th Street, Suite 412, Kansas City, Mo., U.S.A., 64111)

STEP BY STEP IN SEX EDUCATION, Edith Hale Swift. Description in Section E.

SEX WAYS IN FACT AND FAITH, Evelyn and Sylvanus Duvall (ed). Description in Section E.

TEENAGE SEX COUNSELLOR, B. Y. Glassberg. Description in Section C.

TELL THE TRUTH ABOUT SEX, Howard Whitman. Description in Section E.

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THE PASTORAL CARE OF FAMILIES, William E. Hulme, Abingdon Press, 1962, 208 pp., \$4.25. Helpful to any who counsel families, particularly through the church. Follows the life cycle in considering needs at each stage of family life. Presents theological perspective as well as counselling principles and techniques.

THINKING TOGETHER ABOUT MARRIAGE AND THE FAMILY, William and Mildred Morgan, Association Press, 1955, 178 pp., \$4.25. Written by a husband and wife team of marriage counsellors as a basis for group discussions. Provocative questions to consider and suggestions of resource materials to stimulate study.

TOWARD A CHRISTIAN UNDERSTANDING OF SEX, LOVE, MARRIAGE, United Church of Canada. Description in Section E.

UNDERSTANDING THE SEXUAL RESPONSE IN HUMANS: CONTAINING A CRITICAL REVIEW OF THE MASTERS-JOHNSON RESEARCH, Allan Fromme, Pocket Books, 1966, 79 pp., paperback \$1.10. An eminent clinical psychologist and therapist challenges the findings of the Masters-Johnson study and raises pertinent questions about so-called "norms" of the human sexual response.

WHAT TO TELL CHILDREN ABOUT SEX, Child Study Association of America. Description in Section E.

N.B. For their currently recommended and helpful reading lists of resource materials on Sex Education, write to:-

American Academy of Pediatrics,
1801 Hinman Avenue,
Evanston, Illinois, U.S.A. (60204).

SIECUS (Sex Information and Educational
Council of the U.S.),
1855 Broadway,
New York, N.Y., U.S.A. (10023)

The Child Study Association of America,
9 East 89th Street,
New York, N.Y., U.S.A. (10028)

G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE
BREAKDOWN, DIVORCE AND REMARRIAGE.

There are many new publications raising issues and putting forth arguments and data in support of the various points of view now under widespread discussion in our society. Theologians, sociologists, psychologists, researchers, educators, journalists and many others are engaged in a great debate while young people and adults engage increasingly in pre-marital and extra-marital experimentation. If we are to understand, and relate helpfully to youth and adults in this confused era of "new morality", "situational ethics" and also "conventional morality" it is essential to understand the various positions being discussed and their rationales.

ARE SEX RELATIONS WITHOUT MARRIAGE WRONG? A. Herbert Gray, (see notes in Section C).

CHRISTIAN VIEW OF SEXUAL BEHAVIOUR, THE - W. Norman Pittenger, Seabury Press 1954, 71 pps, \$1.50. An exploration of the meaning of sexuality in reaction to the Kinsey reports. "Sex is to be understood as the power of human relatedness ... sexuality, when rightly used and properly enjoyed, is a sharing in the love of God Himself for Himself for His creation ... chastity is a positive and not a negative concept ... the use of that sexuality to the highest and best ends ... in order to bring sexuality to its rightful place, it must be controlled".

COMMON SENSE ABOUT SEXUAL ETHICS, Sherwin Bailey, Victor Gollancz Ltd., 1962, 175 pps, \$3.25. A small book reviewing the historical background of sexual ethics in the western tradition, Christian understanding of the meaning of sex and the principles of sexual ethics, with special attention to three representative problems in behaviour and relationships; chastity, contraception, divorce and remarriage. This is written for the person "of average education" and would be helpful to senior youth as well as adults. The basis of his point of view is "that sexual ethics must take account of both of the sexual structure of Man, and of the consequent relational obligations which devolve upon man and woman" (p.81).

DIVORCE, THE CHURCH AND REMARRIAGE, James G. Emerson, The Westminster Press, 1961, 190 pps, \$4.50. Theological, pastoral and legal considerations in re-defining Christian attitudes towards divorce and remarriage from the point of view of "realized forgiveness".

G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE
BREAKDOWN, DIVORCE AND REMARRIAGE (cont'd).

ETHICS OF SEX, THE - Helmut Thielicke, Harper and Row, 1964, 338 pps, \$5.45. A comprehensive treatment based on biblical doctrines of creation and redemption and drawing on modern psychological and social insights. It relates a thorough concern for theological understanding to practical guidance for the Christian counsellor, teacher, pastor. Everything is set for the framework of "a Christian understanding of what God intended when he created mankind, male and female and instituted marriage and the family". Not always the easiest reading, but helpful for the thoughtful seeker after theological foundations for ethics.

THE FAMILY AND THE SEXUAL REVOLUTION, Ed. Edwin M. Schur, Indiana University Press, 1964, 427 pps, \$4.35. Selected readings on (I) "Changing Sex Standards", (papers by Kinsey, Pomeroy, Albert Ellis, Paul Goodman, Bertrand Russell, Pitirim A. Sorokin, Seward Hiltner etc. (II) "The Woman Problem" (papers by Margaret Mead, Simone de Beauvoir, David A. Mace, Bruno Bettelheim, Bronislaw Malinoski etc.), (III) "Birth Control" (papers by Alan F. Guttmacher, Pius XI, National Council of The Churches of Christ, Alva Myrdal etc). A variety of views on three areas of controversial concern, sampled by short extracts that do not always do adequate justice to those quoted but illustrated the great differences among influential writers.

HUMAN VALUES IN SEX, LOVE AND MARRIAGE, Peter A. Bertocci (see notes in Section D).

LIVING WITH SEX: THE STUDENTS' DILEMMA, Richard F. Hettlinger (see notes in Section C).

LOVE AND SEXUALITY, Robert Grimm (See notes in Section E).

MARRIAGE BREAKDOWN, DIVORCE AND REMARRIAGE - A CHRISTIAN UNDERSTANDING, United Church of Canada, (see notes in Section E).

MEN, WOMEN AND MORALS, Sylvanus Duvall. (See notes in Section E).

MORAL RESPONSIBILITY, Joseph Fletcher, The Westminster Press, 1967, 256 pps, \$4.50. Paperback \$2.25. Subtitled "Situation Ethics at Work", the author goes over much of the ground covered in SITUATION ETHICS applying his principles to such problems as sex offences, unmarried sex, fertility control and other non-sexual ethical problems. "Responsibility" he says, "means a free and critical conformity to the facts first of all - the shifting patterns of situations - and then to the unchanging single norm or boss principle of loving concern for persons and the social balance".

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G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE
BREAKDOWN, DIVORCE AND REMARRIAGE (cont'd).

NEW LOOK AT MORALS, (A), J. A. Davidson, The Ryerson Press, 1964, 30 pps, paperback, 50 cents. The minister of Sydenham Street Church, Kingston, discusses the morality of love and the morality of law in relation to sexual ethics, and offers a three point basis for arriving at Christian moral decisions.

NEW MORALITY, (THE), Arnold Lunn and Garth Lean, Blandford Press Ltd, London, 1964, 154 pps, \$1.50. An Anglican and a Catholic review and argue against what they describe as "the clotted confusion of the New Moralists" with irony and wit. Though they evoke many references to Freud, Huxley, J. D. Unwin, C.E.M. Joad, Pitirim Sorokin, Dr. Carstairs, and other widely known names, this is an easy book to read and a spirited defence of Christian values in sex relationships.

PERMISSIVE MORALITY (THE), C.H. and Winifred M. Whiteley, Methuen & Co. Ltd, 1964, 143 pps, \$3.15. This husband and wife team of philosophers at Birmingham University examine conspicuous changes in moral attitudes since 1900 concerning sex, child-training, personal independence and the treatment of criminals, and consider the gains and losses in the "quality of living" which are resulting. While "resources of frustration" may have been reduced they have been replaced by "neuroses of bewilderment". Looking ahead they predict that "transformations are likely to continue in the same direction "with consequent progressive weakening of family ties". They offer some suggestions for a satisfactory program of humanization, including views on the place of the church in the whole picture.

PLAYBOY PHILOSOPHY, (THE), Hugh M. Hefner, Playboy Magazine, 232 East Ohio Street, Chicago 11, Illinois, U.S.A. 1963, 47 pps, \$1.00. Reprints of loquacious, rambling repetitive editorials of the editor - publisher that appeared in a series of monthly issues of PLAYBOY magazine, to declare and defend its guiding principles and editorial credo. They argue that PLAYBOY has become more than simply a magazine ... it is ... a way of life ... "a movement" ... "more than just a handbook for the young - man - about - town: it is a sort of Bible". Hefner blames "American religion" and especially "American Puritanism", for serious loss of "rights and freedom of every individual in our society". Necessary reading for an understanding of what PLAYBOY believe the "younger generation" thinks and feels. (Order from the publisher).

G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE
BREAKDOWN, DIVORCE AND REMARRIAGE (cont'd).

PREMARITAL INTERCOURSE AND INTERPERSONAL RELATIONSHIPS, Lester A. Kirkendall, Matrix House, paperback 1966, 302 pps, \$2.50. A monumental study by an eminent social scientist that relates sexual behaviour to the basic consideration of healthy interpersonal relationships and makes it clear that "intercourse with a prostitute or in a pick-up association is of a different order than intercourse involving couples planning marriage". "Fully convinced of the importance of moral standards", Kirkendall "has, at the same time, recognized the necessity of moving from a negative to a positive approach in decision-making". William H. Genne discusses this as "a challenging documentation of facts which all leaders of youth, especially those in our churches, must face ... even though most church leaders will be properly critical concerning the context in which Dr. Kirkendall urges decision making".

PREMARITAL SEXUAL STANDARDS, Ira L. Reiss, SIECUS (Sex Information and Educational Council of the U.S.) 1967, 24 pps, 50 cents. A study guide for those who are preparing to lead discussions in sex education, marriage and family life, and related fields. It outlines current trends in premarital sexual permissiveness and conflicting values in our society, and points to possible future developments. In a selected bibliography, 18 books and pamphlets are briefly described. (Order from SIECUS, 1855 Broadway, New York, N.Y. 10023, U.S.A.)

PREMARITAL SEXUAL STANDARDS IN AMERICA, Ira L. Reiss, The Free Press of Glencoe, Illinois, 1960, 286 pps, paperback, \$2.25. An objective, but lively investigation of four major styles of sexual standards in America, and their expressions in North American culture: (1) "The ancient double standard", (2) "Permissiveness without Affection", (3) "Permissiveness with Affection", and (4) "Our Formal Single Standard of Abstinence".

PUTTING ASUNDER - A DIVORCE LAW FOR CONTEMPORARY SOCIETY, London SPCK, 1966, 172 pps, \$2.35. This report of a Group appointed by the Archbishop of Canterbury in 1964 makes a strong case for the adoption of "marriage breakdown" (rather than "marital offence") as the criterion for granting a divorce and argues that this is not incompatible with a covenant of lifelong attention. It deals also with three questions raised by the procedure it recommends: (1) Is breakdown a triable issue". (2) Would it be fair for a marriage to be dissolved against the will of an unoffending spouse? and (3) How could maintenance and costs be assigned under the new system?

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G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE BREAKDOWN,
DIVORCE AND REMARRIAGE (cont'd).

SENSE AND NONSENSE ABOUT SEX, Evelyn and Sylvanus Duvall (see notes in Section C).

SEX AND MORALITY, A Report (Fortress Press, Phil.) of the British Council of Churches, SCM Press, London, 1966, 77 pps, 75 cents. This report by a Working Party appointed to prepare a statement on the Christian case for pre-marital abstinence has received world-wide publicity because of its refusal to lay down a closed system of moral rules for sexual behaviour. It examines various positions within the church and points to the great need for dialogue and further study.

SEX AND THE TEENAGER, Board of Evangelism and Social Service (see notes in Section C).

SEX EDUCATION AND THE NEW MORALITY, Child Study Association of American (see notes in Section F).

SEX ETHICS AND THE KINSEY REPORT, Seward Hiltner (see notes in Section E).

SEXUAL BEHAVIOUR OF YOUNG PEOPLE, (THE), Michael Schofield, Little Brown & Co, Boston, (Longmans, Green & Co, London), 1965, 316 pps, \$9.25. This very carefully designed and important study of the behaviour of boys and girls 15 to 19 years of age, conducted by the Central Council for Health Education in England, found far less permissiveness than most people would suspect.

SITUATION ETHICS - THE NEW MORALITY, Joseph Fletcher, Westminster Press, 1966, 176 pps, \$4.50. Paperback \$2.25. A discussion of the new situation ethics based not on adherence to dogma and rules, but on an ethic of love and individual decision-making, by the Professor of Social Ethics at the Episcopal Theological School, Cambridge, Massachusetts.

SORTING THINGS OUT, Hugh C. Warner (See notes in Section C).

STORM OVER ETHICS - United Church Press. The Bethany Press (U.S.A) 1967, 183 pps, paperback, \$2.25. Chapters by eight distinguished contributors argue alternative views about the "new morality". In addition to Joseph Fletcher, there are thought-provoking chapters by John C. Bennett, James M. Gustafson, E. Clinton Gardner, Gabriel Fackre, Harmon L. Smith, Robert W. Glesson, S.J., and Gerald Kennedy.

G. SEX AND THE NEW MORALITY, and considerations of MARRIAGE BREAKDOWN,
DIVORCE AND REMARRIAGE (cont'd)

TEENAGE SEX COUNSELOR, B.Y Glassberg (see notes in Section C).

TOWARD A CHRISTIAN UNDERSTANDING OF SEX, LOVE, MARRIAGE, United
Church of Canada (see notes in Section E).

TOWARDS A QUAKER VIEW OF SEX, Friends Home Service Committee,
Friends House, Euston Road, London N.W.1, revised ed. 1964, 84 pps,
75 cents. This "essay by a group of Friends", has evoked
widespread interest because of its denial "that a rigid moral
pattern of conduct is an inherent part of Christianity". The
Preface to the revised edition points up the insistence of its
authors, however, that it must be made clear that to hold that
an external pattern of morality is inapplicable in some instances
does not imply that we condone fornication and adultery, wayward
sexuality is often appallingly destructive ... we are asking for
an approach that starts from something far deeper than a conventional
moral judgement: rather it is from a concern for full responsibility
in personal relationships".

WHY WAIT TILL MARRIAGE, Evelyn Millis Duvall. (See notes in Section C).

YOU AND THE NEW MORALITY, James A. Pike, Harper and Row, 1966,
148 pps, \$1.70. Using a method learned in his first professional
discipline as a lawyer, Bishop Pike examines 74 cases that pose
ethical problems in the light of three ethical points-of-view:
(1) code ethics, (2) Antinomianism (literally, against-law-ism);
and (3) existential (or situational) ethics. The cases cover a
great deal more than sexual relationships. Ready answers to the
problems they pose are not supplied, but implications of the
differing ways of decision-making are presented.

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