#### REPORT RESUMES

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CURRICULUM GUIDE--TRAINABLE RETARDED.

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STOCKTON UNIFIED SCHOOL DISTRICT, CALIF.

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SCHEDULES IN CHART FORM FOR TRAINABLE CHILDREN IN ORIENTATION, PRIMARY, AND INTERMEDIATE GROUPS SHOW TOPIC AREAS AND ACTIVITIES ALONG WITH INSTRUCTIONAL MATERIALS AND SUGGESTIONS. AT THE TERMINAL-SECONDARY LEVEL, THE VOCATIONAL PROGRAM IS DISCUSSED AND DAILY SCHEDULES AND WEEKLY UNITS FOR YEARLY PLANNING ARE PRESENTED. TOPIC AREAS, ACTIVITIES, INSTRUCTIONAL MATERIALS, AND SUGGESTIONS ARE OUTLINED FOR TERMINAL-SECONDARY UNITS ON HOMEMAKING AND GOOD GROOMING. THE SAN FRANCISCO SOCIAL COMPETENCY SCALE WHICH EVALUATES SELF-HELP, INITIATIVE-RESPONSIBILITY, SOCIAL SKILLS, AND COMMUNICATION IS INCLUDED. THE GUIDE ALSO INCLUDES SAMPLE STUDENT EVALUATION FORMS AND LISTS OF SUGGESTED FACILITIES, EQUIPMENT, AND INSTRUCTIONAL MATERIALS. (MY)

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DISTRICT 2-9-67-34 CURRICULUM GUIDE ED012116

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CURRICULUM GUIDE

TRAINABLE RETARDED PROGRAM

Donald R. Sheldon, Superintendent of Schools

Curriculum Bulletin No. 132 Stockton Unified School District Stockton, California April 1964

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#### Appendix:

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#### FOREWORD

school education. handy reference for the more experienced teachers in this comparatively new field of public to help the beginning teachers of severely mentally retarded. This Curriculum Guide will fill a long-felt need for something tangible and concrete It should also serve as

Curriculum Guide is to those who worked together to create it. mentally retarded and of several who are no longer in Stockton. Under the able leadership of Don F. Evans, Consultant in Special Education, the committee worked many hours in its preparation. This handbook is a cooperative effort of all the teachers now serving the trainable As in most undertakings of this kind, perhaps the greatest benefit from this

Roger M. V. Walton, Coordinator Pupil Personnel Services

#### INTRODUCTION

the school program was successfully initiated. capable leadership, tolerance for inconvenient conditions, and understanding of pupil-parent problems fall of 1954. Mrs. Josephine McClintock and Mr. Robert Murray were the first teachers. It was through A program for the trainable retarded in Stockton Unified School District has been in existence since the that h their

those who have been associated with the school program for the past eight years. pupils now enrolled. present school-sheltered workshop arrangement that helps to plan and provide for the future of eighty-There has been considerable growth take place from the first "rented house stage" of twelve pupil: Unquestionably, one of the major reasons for this development is the team-like efforts of four

they have extensively contributed lesson plans, activities, schedules, and practical materials that have been classroom tested. The following were on the in-service committee which prepared the materials for this guide The teachers have created an atmosphere that is conducive to the attainment of habitation.

Joyce Harrison, Teacher, Terminal Program Olevia Griffieth, Teacher, Primary Group Muriel Hartwig, Teacher, Terminal Program (home and community living) Josephine McClintock, Teacher, Orientation or Beginning Group Edith Bentley, Head Teacher, Intermediate Group Robert Murray, Vice-Principal

...

Recent additions to the staff who have contributed to the publication are:

Sheila Woolcock, Teacher, Orientation or Beginning Group James O'Brien, Teacher-Supervisor at the Training Center-Sheltered Workshop Elizabeth Lee, Teacher, Primary Group James Fitch, Terminal Program (pre-vocational)

value of this curriculum guide will be determined by those who use it and the results obtained To all those who helped develop a curriculum worth describing • I wish to express my

Don F. Evans
Consultant in Special Education

# PHILOSOPHY OF STOCKTON UNIFIED SCHOOL DISTRICT

## American Way of Life

the privileges, opportunities, and responsibilities of our American way of life. that they should direct the development of all children toward an understanding and appreciation of past and relate these to the constantly changing conditions of the complex world in which we live WE BELIEVE that our schools should perpetuate the cherished American qualities and traditions of

## School Organization

of the individual. the principles of democracy; that they should always treat with highest regard the dignity and worth WE BELIEVE that our schools should be so organized and administered as to imbue

## Full Development of Child

moral, aesthetic, and social. BELIEVE that the primary purpose of education is to bring about the fullest possible develop-We are concerned with all aspects of growth--emotional, physical, intellectual,

#### Fundamentals

individual creativity, and to insure that each child finds satisfaction in work well fundamental tools of learning, including speaking, reading, writing, spelling, and is also important to develop good study habits and scientific attitudes to provide opportunities for WE BELIEVE that it is essential to provide each child with the ability to use effectively

#### Relationships

with all citizens of the community to achieve understandings and solutions of common problems. with his school, his associates, his home, and his community; that our schools should work cooperative WE BELIEVE that our schools should help each child establish mutually satisfactory relationships

## Continuity of Learning

each grade grow out of the specific framework that has been developed by professional personnel workin students. teachers should select learning experiences within this framework that are suited cooperatively with citizens of the community and adopted by the Board of Education; that individual WE BELIEVE that balance and continuity in the educational program demand that the experiences for to the needs of their

# TEACHING PHILOSOPHY OF SPECIAL EDUCATION

individual WE BELIEVE capacities. that special education should be organized to educate the exceptional child to the extent of

exceptional. WE BELIEVE that special educators should be concerned for the needs of all children, normal as wel

need to work in close harmony with related fields and put into practice the team approach. WE BELIEVE that in order to achieve the best educational possibilities and successful rehabilitation we

and home are making every effort to work together. WE BELIEVE that education and rehabilitation of an exceptional child comes about when school, community,

in which they serve. that special education teachers owe their first responsibility to the children and the school

staff of the school district. WE BELIEVE that the school principal plays a key and vital role in the success of any special education gram. The program needs the complete acceptance, efforts, enthusiasms, and understanding of the entire

рe responsible that if an exceptional child can be successfully integrated into a regular classroom we should for accomplishing this placement and to evaluate continually to assure proper school placement.

regular school WE BELIEVE grounds in an effort to foster integrated programs. that programs for the physically handicapped and educable retarded children should be located on

rehabilitation, WE BELIEVE that special education should be aware that it is but one facet of the total process of

C community, home, and school. BELIEVE that special education needs to promote constantly the understanding of the exceptional child

children in our community are we serving and what we can do to make a more complete program. WE BELIEVE that the question we need to keep constantly in front of us is what percent of the exce ptional

prepare ourselves to work effectively with it. -WE BELIEVE that we need to be aware that the exceptional child lives in a critical atmosphere and we must

# PROFILE OF A SPECIAL EDUCATION TEACHER

- --attends to individual Aifferences and creates a school climate th this in mind,
- 2. ---is basically concerned with the education of all children.
- ယ -is full credentialed with constant attention to periodic training in order to keep abreast with a rapidly changing profession.
- -attempts to understand the culture, family life, and fee this as a background for the educational world. and feelings that each pupil has
- 5. ---uses the services of others to the advantage of the pupil.
- expresses and reflects an attitude that enriches and encourages securely with what they have and have not. gu fils to live
- --learns the difference between the tasks that take a teacher and the acts that mother.

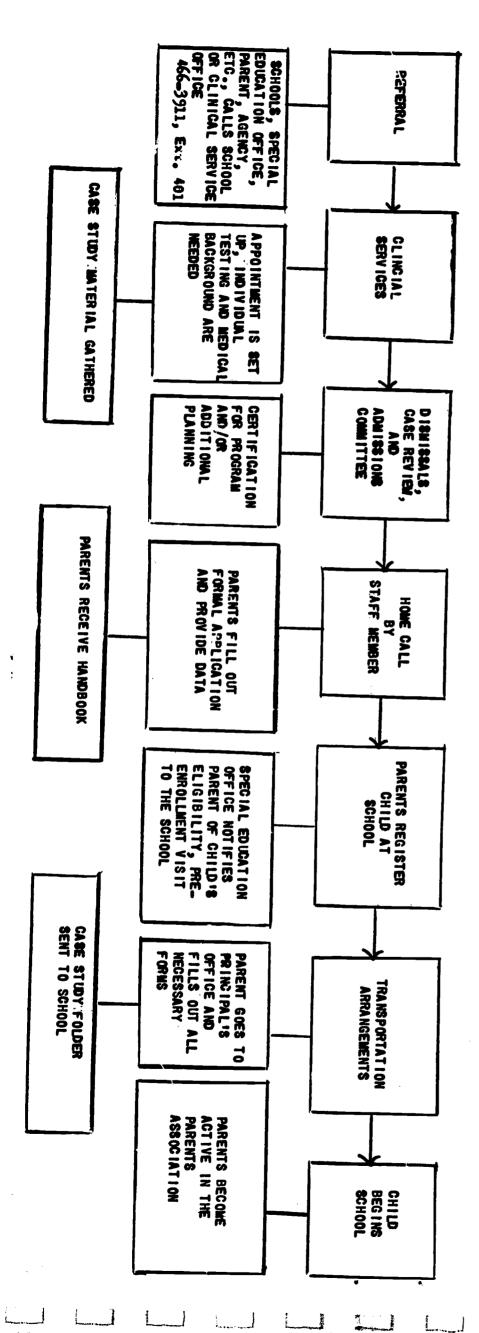
# ADMISSIONS, CASE REVIEW, AND DISMISSALS COMMITTEE

of the complexities of training a severely retarded child not all children may be ready to adjust to individual mentai tests, diagnostic evaluation, and upon recommendation of the school psychologists. approves the admission of a pupil to the program for the trainable retarded after evaluation of the logical, social, educational, and medical background of the child. function of the Admissions, Case Reveiw, Placement, therefore, is on a trial basis. and Dismissals Committee for the Retarded is many fo Eligibility is determined on the basis of psychoa school Because old.

continual evaluation. Pupils are periodically referred to the Clinical Services Office The cases are then reviewed by the committee. ф their teachers in an effort provide

decision and planning. committee is made up of school psychologists, principals, teachers, and others who The Consultant for Special Education is chairman of the committee. may relate

# ADMISSIONS PROCEDURE FOR THE TRAINABLE RETARDED



# ENTRANCE REQUIREMENTS TO THE TRAINABLE RETARDED PROGRAM

provide a minimum level of physical, mental, emotional, and social development for enrollment. Code Section 6903 are based upon the California Administrative Code, Title V, Section 197. These crites The minimum functioning requirements for the admission of children to classes established under Edu ria cation

## A. PHYSICAL CONDITION

- 1. Be able to hear spoken connected larguage and be able engage in special class activities without undue risk. to see well enough to
- 2 involved in his daily work and play activities. ambulatory to the extent that no undue risk to himself or hazard to others
- မ Be trained in toilet habits so that he has control over his body functions the extent that it is feasible to keep him in school.

# B. MENTAL, EMOTIONAL, AND SOCIAL DEVELOPMENT

- understand simple directions. Be able to communicate to the extent that he can make his wants known and
- 2. Be developed socially to the extent that his behavior does not endanger himself the physical well-being of other members of the group.
- ω Be emotionally stable to the extent that group stimulation will not intensify presence is not inimical to the welfare of other children. his problems unduly, that he can react to learning situations, and that his

# AVAILABLE SERVICES, FACILITIES, AND SEQUENTIAL PATTERN FOR EFFECTIVE USAGE

#### ACE S 9 ASSOCIATION FOR RETARDED AND PARENTS OF THE TRAINABLE RETARDED œ 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27

CARE CHILD FOR MR/PH CHILDREN PSYCHOLOGICAL ASSESSMENT AND EVALUATION PARENT COUNSELING SCHOOL PROGRAM FOR TRAINABLE RETARDED DAY AND RESIDENTIAL CAMPING RECREATION PROGRAM TRAINING CENTER ı SHELTERED WORKSHOP ACTIVITY CENTER

DIAGNOSTIC AND MEDICAL EXAMINATION AND CARE

The same of the sa

MENTAL HYGIENE CLINIC

CATHOLIC SOCIAL SERVICE

ı

FAMILY SOCIAL SERVICE

ı

NON-DENOMINATIONAL RELIGIOUS PROGRAM

# EDUCATIONAL GOALS FOR TRAINABLE RETARDED PUPILS

- To learn the basic self-help tasks such as eating, dressing, and cleanliness and how to protect himself from common dangers in the home, school, and community. to teach the child
- To develop adequate social competencies in the home and other environments with which he comes in contact.
- To develop language abilities so that his ability to communicate with others is enhanced.
- To achieve a measure of economic usefulness and to become as independent as possible.

# DISCIPLINE AND ITS RELATIONSHIP TO INDEPENDENCE

effective and practices used in providing such a climate in which to learn. clear at the beginning. Many visitors remark at the apparent lack of discipline problems in the program. training and education takes effort, structuring, planning, and skill. First, there are discipline problems and, second, creating an atmosphere condu These are some of the Two facts should principles

We believe that this provides a more secure setting - one in which the child can progress more rapidly discovers that there are LIMITS. Talking teamwork and practicing teamwork must be synonymous. By structuring his environment he soon knows what he When a pupil enrolls in the school he soon can do and cannot do.

to him takes action. a different direction, tries to run away, pushes someone else, or in any other way misbehaves, the close that a child behaves is everyone's business. The "he's not in my class" attitude will not work. If a pupil impulsively leaves the room, goes st person

care for the children. the school personnel realize and understand the goals of the program, the program becomes more than cu The atmosphere of the school is vitally important. A summation of the school's approach to discipline is: There is no substituce for a positive attitude

- 1. Team approach
- 2. Structured environment and setting limits
- 3. Positive attitudes
- 4. Understanding the goals of the program

## CHILDREN'S ASSISTANTS FOR MENTALLY RETARDED

#### DEFINITION:

mentally handicapped children at schools where such children are taught; and does related work as require A person who, under supervision, performs custodial duties in the areas of Special Education which we have the supervision of t the physically handicapped and mentally retarded; assists in the care and feeding of physically would and ed.

## EXAMPLES OF DUTIES:

by faculty members. braces off children. Sweeps, mops, dusts, polishes walls, furniture, mirrors, plumbing fixtures; fills cares for supplies and equipment; makes minor repairs to clothing; performs special custodial tasks when collects from dispensers; empties waste containers. Sweeps, dusts, and cleans assigned classrooms and offices; gets children to and from therapy as scheduled. Assists children to and from buses; puts on braces and Dresses, undresses, toilets, assists with therapy; checks bathrooms, puts away toys and equipment, takes Ed. and requested

## DESIRABLE QUALIFICATIONS:

Knowledge of:

Ability to:

Modern cleaning methods and the use and care of cleaning materials and equipme

Perform manual labor

Use cleaning materials and equipment with skill and efficiency

Work cooperatively with others Understand and follow a work schedule and oral or written instructions

Experience:

Education:

None required

Equivalent to completion of the eighth grade

# SUGGESTIONS AND PROCEDURES FOR AN ADEQUATE SCHOOL LUNCH PROGRAM

same time, improving the child's coordination. teacher with an excellent opportunity to plan for a variety of homemaking activities as well as for such routine school lunch program has as a part of the curriculum and training of the child. The noon meal provides At the beginning of each school year, the principal serving is employed to give pupils an opportunity to practice table manners, passing of food, and (See "Table Setting Pattern", page 113), explains to the parents of new pupils the part The lunch program is a time when "family at the

maturity, activity in physical education, and the work done at the sheltered workshop. A homemaking unit part of the curriculum. be provided so that the menus can be prepared by the pupils in the school. secondary and terminal age children, it is necessary to anticipate Since the school lunch program is a comprehensive educational The amount of food consumed by the older pupils will be governed by a great many factors unit, covering elementary grade through the size portions to be served and the Such a project would, of cour size, e number se, be a should

needs of the children. that when served. The school lunch menus are run in the Stockton Record and are announced over the radio during at when served. The following is a typical week's menu. It is a well-balanced meal and meets It is a well-balanced meal and meets the n the week prior ntritional

Friday	Thursday	Wednesday	Tuesday	Monday
Grilled cheese sandwiches, escalloped tomatoes, marinated kidney or pinto beans on lettuce, bread, fruit, and cookies	Meat loaf with gravy, mashed potatoes, carrot sticks, cornbread, and pineapple	Chili beans with meat, savory rice, buttered spinach, raw vegetable salad or molded salad, cinnamon bread, and fruit crumble	Fried chicken, parsleyed potatoes, cranberry sauce, lettuce wedge with French dressing, hot bread, and chocolate pudding	Meat in gravy, steamed rice, buttered tomatoes, celery sticks, peanut butter sandwiches, and cherry pie

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# THE SAN FRANCISCO SOCIAL COMPETENCY SCALE

additional guide lines to use in lesson planning and to serve in present and future The San Francisco Social Competency Scale is included in the curriculum guide curriculum studies. to give the classroom teacher

trainable retarded children and the rehabilitation processes by which limited independence may be obtained. through June 30, 1961. From this study there developed an increasing awareness of the educational needs of Institutional School Classes for Trainable Retarded Children," The Stockton Unified School District approved and participated in the "Study of the Effects of Com The project began on March 15, 1957 and munity and continued

with which to pursue better curricula to develop the potential of Scale and their close working affiliations and for their interest and desire to evaluate and establish iates Irving Tallman, Freeman F. Blzey, and Lorraine Baker for the use of the San Francisco Social Competency We extend our appreciation to the Co-Directors of the study, Leo F. Cain and Samuel Levine; Research Assocthe trainable retarded. criteria

'San Francisco Social Competency Scale Form X-3, used by permission

## APPENDIX B SAN FRANCISC: SOCIAL COMPETENCY SCALE FORM X-3

#### SELF HELP

#### 1. UNDRESSING

- 1. Cannot undress self.
- Takes off most clothing but cannot unbutton or unzip.
- Takes off most clothing and can unbutton and unzip.
- 4. Completely undresses self.

## 2. FOOD PREPARATION

- 1. Cannot prepare simple food.
- 2. Can prepare foods not requiring mixing or cooking (e.g., can make sandwiches such as cheese spread, peanut butter).
- not cooking (e.g., cold puddings, cold drinks).
- 4. Can both mix and cook simple foods (e.g., jello, oatmeal).

#### MAKING BEDS

- Cannot make or undo bed.
- Can undo but cannot make bed.
- but Can spread sheets and blankets on bed, cannot tuck or put pillow in case.
- Can completely make bed, including tucking and putting pillow in case.

- Cannot feed self.
- Can hold utensils but can use only spoon in feeding self.
- Successfully uses a spoon but sometimes spills with a cork.
- Feeds self with a fork and spoon without spilling.
- Can use spoon and fork and cut with knife in eating.

#### USE OF KNIFE

- Cannot hold knife.
- Can hold knife but cannot use.
- Can spread butter or jam with knife.
- burger patties, French toast. Can cut soft food such as sausage, ham-
- Can cup up meat if trimmed and removed from bone.

#### 9 BRUSHING TERTH

- Cannot hold toothbrush.
- Can hold toothbrush but cannot brush
- motions, Can hold toothbrush, makes brushing but does not brush properly.
- 4 mouth, but must be aided in actual Can hold brush, apply paste and get to brushing.
- 9 Can brush teeth unaided.

### OPENING DOORS

- Cannot open door.
- Cannot open door requiring tu but can push door open. rning knob,
- Can open door when knob turning quired.
- Can open door and lock door w Ith key.

#### SERVING FOOD

- Cannot carry food without spil
- Can carry only solid foods wit spilling. ling.
- spilling. Can carry semi-solid foods without
- without spilling. Can carry a pitcher or glass of liquid
- Can carry and pour liquids without spilling (e.g., milk, juice, coffee)

#### 8 BLOWING NOSE

- Cannot blow nose.
- Can blow nose but usually needs wiping.
- Can blow nose but sometimes needs wiping.
- Can blow nose, including wiping

#### 10. SWEEPING

- Cannot sweep floor.
- Can sweep floor where there are dustpan. obstructions; unable to pickup dirt in
- (;) cannot pickup dirt in dustpon. Can sweep under desks or tables but
- 4 can pickup dirt in dustpan. Can sweep under desks or tables and

## 11.

- REMOVING OUTER CLOTHING

  1. Cannot take off outer clothing.
- Can take off outer clothing such as coats and jackets.
- shirts, pull-over sweaters, blouses, Can take off outer clothing such as shoes, ecc.
- ing undoing back buttons, belts, etc. Can remove all outer clothing, includ-

#### 13. DRESSING

- Cannot put on any clothing.
- Can put on clothing but cannot button or zip.
- button and zip. Can put on most clothing and Can
- 4 Dresses completely except for shoe tying and rain shoes.
- 5 Completely dresses self, including shoe tying and rain shoes.

#### 15. FOLDING ARTICLES

- Cannot fold any laundry items.
- cases with help. Can fold washcloths, towels, and pillow-
- Can fold washcloths, towels and pillowcases without any help.
- 4. blankets, and bedspreads with help. Can fold washcloths, towels and pillowcases without help, and sheets
- 5. Can fold all of above items without help.

#### 17. CLEANING UP

- When cleaning up spilled liquid he smears over larger area, making a bigger mess.
- 2. completed by someone else. Blots up some liquid, but job must be
- မ Blots up liquid but area requires finishing touches by someone else.
- 4 Cleans up liquid and does not require someone to finish job.

## 12.

- 1. Cannot clean or file fingerna: 118.
- Can clean nails with better h needs help with other hand. and but
- Can clean nails on both hands
- Can clean and file nails on b oth hands.

#### 14. PASSING FOOD

- Cannot pass food.
- Can pass bowls with solid food only. Can pass plates with solid food only.
- solid food. Can pass bowls with liquid or semi-
- Can pass all items, and trays with food on them. including platters

#### 16. CARE OF SHOES

- Cannot wipe sho s.
- polish. Can wipe shoes but cannot bru sh or
- Can wipe and brush shoes but polish. cannot
- Can clean, brush and polish s noes.

#### 18. WASHING HANDS AND FACE

- must be redone by someone else Although the child motions of washing hands and goes throu igh the face, they
- 2 partially redone by someone e After washing hands and face 1se. they must be
- Usually washes hands and face not need redoing, but child no checked each time. eeds to be so they do
- 4. Can wash hands and face without having to be checked.

#### 19. DRESSING

- Cannot put on any clothing.
- Usually someone else must partly redo and complete the job (e.g., button correctly, put shoes on proper feet).
- adjust clothing. Adult must check job and frequently
- necessary adjustments made by the child. Job must be checked by someone else and
- Dresses self adequately without having to be checked.

## CLEARING TABLE

- **+** · Cannot clear table of unbreakable dishes.
- Can clear table of and and silverware but cannot scrape dishes stack. unbreakable dishes
- scrape dishes and stack. glassware and silverware, but cannot Can clear table of breakable dishes,
- breakable dishes for washing. Can clear table, scrape and stack

## CLEANING DISHES

- Cannot stack or scrape dishes.
- Can stack and scrape but cannot wash Can stack dishes but cannot scrape.
- Can wash and dry dishes.

#### 24. TOILETING

- Does not wipe self
- Sometimes wipes self.
- Nearly always wipes self. Usually wipes seff.

#### 20. DOING TASKS

When child indicates he is through task:

- It must be completely redone b one else.
- else. It must be partly redone by someone
- well it is done. someone else needs to check on It is usually done adequately
- There is no need to check because the child adequately carries out task.

#### 22. PUTTING ON SHOES

- Cannot put on shoes.
- Can put on shoes and Can put on shoes and make firs pull lace
- of the knot.
- Can put on shoes and tie bow.

## INITIATIVE-RESPONSIBILITY

#### 25. KEEPING NOSE CLEAN

- Does not keep nose clean.
- Sometimes cleans nose.
- Usually cleans nose.

#### 34. EANGING UP CLOTHES

- Does not hang up clothes without being told.
- Sometimes hangs up clothes without being told.
- Usually hangs up clothes without being
- Nearly always hangs up clothes without being told.

#### 36. DRESSING

- Does not initiate dressing.
- Sometimes initiates dressing.
- Frequently initiates dressing.
- Nearly always initiates dressing.

#### 38. OFFERING ASSISTANCE

- Does not offer assistance to others.
- Sometimes offers assistance to others.
- Frequently offers assistance to others.
- Nearly always offers assistance

#### SOCIAL SKILLS

#### 40. TELLING TIME

- Can tell time to nearest hour. Cannot tell time.
- Can tell time 6 nearest half hour.
- Can tell tell time time 0 nearest nearest five minutes. quarter hour.

## 35.

- 1. Does not clean up after having liquids (e.g., soup, water, paint). spilled
- Sometimes cleans up spilled liquids.
- Frequently cleans up spilled li quids.
- Nearly always cleans up spilled liquids.

## CLEANING UP MESS

- Does not take initiative in clo own mess. eaning up
- Sometimes takes initiative in up own mess. cleaning
- ယ Frequently takes initiative in up own mess. cleaning
- ing up own mess. Nearly always takes initiative in clean-

#### 39. ANSWERING TELEPHONE

- Does not take initiative in answering telephone.
- Sometimes takes initiative in telephone. answering
- Frequently telephone. takes initiative in answering
- 4. Nearly always takes initiative ing telephone. in answer-

#### 41. SHARING

- favorite toy he: When other children wish to share his
- Watches passively or cries.
- Protests.
- Shares if both play together wi toy, but otherwise does not share. th the
- 4. others others to play with the toy. Shares, Shares, sometimes giving permission for to play separately with frequently giving permission for toy.

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## 42. TRAFFIC SIGNS

- Does not understand traffic signals or signs.
- Understands a few traffic signs which do not require reading.
- 3. Understands most traffic signs which do not require reading.
- 4. Understands a few traffic signs which require reading.
- · Understands many traffic signs which require reading.

## 44. ANSWERING DOOR

- 1. When doorbell rings or there is a knock, child does not answer door.
- 2. Answers doorbell or knock, does not take message, does not call the appropriate person.
- 3. Answers door and calls appropriate person, but does not take messages.
- and when required, relays simple message such as, "Mr. A was here."

## 46. RESPECTING PROPERTY RIGHTS

- Takes others' property even though he is told what belongs to him or to others.
   Asks permission to use others' property, but does not return property to owner
- when he is through.

  3. Asks permission to use others' property and will occasionally return property to owner.
- 4. Asks permission to use others' property and nearly always will return property to owner.

## 43. BORROWING-VOLUNIZERING 1. Frequently takes ob

- 1. Frequently takes object when in use by others; does not permit use of his objects by others;
- Takes others' objects when not in use; does not permit use of his objects by others.
- Asks permission to use objects and, when asked, will permit others to use his cbjects.
- Asks permission to use objects and volunteers use of his objects to others.

## 5. JOINING IN PLAY

- 1. Does not join others in play.
- 2. Sometimes joins others in play.
- 3. Frequently joins others in play.
- 4. Nearly always joins others in play

## 17. PLAYING WITH OTHERS

- 1. Usually plays by self.
- Plays with others but limits play to one or two children.
- Occasionally plays with a larger group (three or more children).
- Usually plays with a larger group (three or more children).

## 48. HELPING OTHERS

- 1. Never helps other children.
- Helps other children only when they are playing together.
- Sometimes stops his own play to help another child.
- 4. Usually stops his own play to help another child.

#### 50. TELEPHONE

- 1. Cannot answer telephone.
- Answers telephone, but unable to take message and/or call appropriate person.
- Answers telephone, calls appropriate person. Cannot take message.
- 4. Answers telephone, calls appropriate person and takes messages.

## 52. GOING ON ERRANDS

- Cannot be sent on errands to other people.
- Can be sent on errands with note to other people.
- Can be sent on errands without note if only one object is desired.
- 4. Can be sent on errands without note if not more than two objects are desired.

## 54. ATTENDING TASKS

- l. Pays attention to tasks if time does not exceed five minutes.
- Pays attention to tasks if time does not exceed ten minutes.
- 3. Pays attention to tasks if time does not exceed fifteen minutes.
- 4. Pays attention to tasks if time does not exceed twenty minutes.
- 5. Pays attention to tasks even if time exceeds twenty minutes.

### 49. CARE OF SELF

- 1. Adult must be with or near child at all times.
- 2. Child can be left alone in his own room with adult in the house.
- 3. Child can be left in house but adult must be close by (e.g., in the yard)
- 4. Child can be left alone in the house while adult visits neighbor or goes to store (short period, 20-30 minutes).

## 1. FREEDOM OF MOVEMENT

- 1. Does not go out of house or yard alone.
- 2. Goes out alone in the immediate area of the house.
- Goes freely on his own block but does not cross any streets.
- 4. Goes several blocks alone.

## 3. BEHAVIOR IN PUBLIC

- Cannot be taken to public places because he cries, becomes restless, or frightened, etc.
- Can be taken to public places but must be held by hand or given constant reassurance.
- Can be taken to public places but sometimes requires reassurance.
- 4. Can be taken to public places and seldom, if ever, requires reassurance.

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#### COMMUNICATION

#### 55. DELIVERING MESSAGES

- other means. Cannot deliver messages by gesture or
- Can deliver a simple message by gesture only (one thought or action).
- Can deliver a more complex message Can deliver a simple message verbally.
- verbally (more than one thought or action).

#### **57.** RELATING OBJECTS TO ACTION

- Cannot name objects in pictures or story.
- but cannot indicate actions. Can name objects and people in pictures,
- Can relate objects to action but unable to connect actions into a story.
- Can connect actions in a picture to tell a story.

#### 59. REPEATING

- others. Cannot repeat sounds or words made by
- Can repeat sounds made by others.
- ω Can repeat most words made by others.
- others. Can repeat complete sentences made by

#### 61. SHARING

- with him. Does not indicate, even by gesture, he wants someone to share something that
- 2. wants someone He indicates only by gesture that he to share something with
- ယ "I want", He indicates by gesture and limited speech but does not name object (i.e., "Give me").
- 4 with him by naming the object. Indicates that he wants someone to share

## **56.**

When asked a question ha;

- Does not respond
- Responds by nodding, pointing, other gesture. 9
- speech, but oral response is Responds by combination of gesture and (e.g., yes, no, etc.) limited

#### 58. INDICATING WANTS

the table he:

- Does not indicate his wants.
- Indicates his wants by gesture.
- Indicates his wants by saying, "I want
- or "I want the spoon"). food or object (e.g., Indicates his wants by specifically naming that.", etc. (does not name food or object). "Pass the potatoes"

#### 60. USE OF LANGUAGE

- Says no words -- gestures only.
- mother, father). Does not use Says a few specific words (e.g. , water,
- ω want a drink", Speaks in complete sentences (e "I want a toy" .g., "I sentences.
- Speaks in more complex sentence necting a number of actions or etc.). statements. , con-

#### 62. SPONTANEOUS SPEECH

- Rarely speaks spontaneously in directed to him. situations, even when question group
- question or command is directed Responds in group situation only to him. ĺf
- group situation. Sometimes speaks spontaneously in a
- Usually speaks spontaneously in situation. group

- FOLLOWING INSTRUCTIONS

  1. Cannot follow familiar instructions.
- Can carry out one familiar instruction.
- at a time, as well as familiar ones. Can follow new instructions given one
- Can follow several new instructions given at a time as well as familiar ones.

## INDICATING DISLIKES

- other means. Cannot indicate dislike by gesture or
- offered him, but is unable to indicate Can indicate whether he likes an object by any means what he wants.
- u gesture what he wants. object offered him and can indicate by Indicates his dissatisfaction with
- 4. what he wants. with object and specifically requests Verbally states his dissatisfaction

## IDENTIFICATION

- Can state first name only.
- Can state full name.
- Can state full name and address.
- number. Can state name, address and telephone

## PLAYING WITH OTHERS

- Does not ask to play with other children.
- with other children but does not name people or activity. Indicates by gesture his desire to play
- ω activity (e.g., "I want to play."). children but does not name people or States his desire to play with other
- "I want to jump rope with Mary.") "I want to play ball with John", naming people and/or activity (e.g., States his desire to play with others,

- 1. Does not speak to adult friends or adults visitors.
- Speaks only to close friends family. or the
- Speaks to adult visitors if them before. ie has met
- he has not met them before. Speaks to most adult visitor

## CLARITY OF SPEECH

- -Communicates by gesture only.
- Can speak, but speech is frequently indistinct.
- occasionally indistinct. Speech is somewhat clear but
- Speech is generally clean and distinct.

#### GOING PLACES

When he wishes to go someplace:

- Indicates by gesture only.
- "zoo", "store"). Indicates by using simple work
- Indicates by using short phraggers store", "go zoo").
  Indicates by using complete so
- ntences.

## COMMUNICATING UNHAPPINESS

When unhappy he:

- Cries or runs away without exp reason for his unhappiness. laining
- Kicks or screams at offending
- unhappiness. Seeks help by crying and searc an adult, but is unable to exp object. ching out plain his
- Expresses his feelings and the of his unhappiness.

- ANSWERING DOOR

  1. Does not gesture or speak, just stands there.
- by gesture only. Indicates that someone is at the door
- Indicates that someone is at door by gesture and limited speech (i.e., 'Man there").
- using complete sentence. Indicates that someone is at door by

what has happened by: BREAKING OBJECTS
After he has broken something he indicates

- Crying.

  Pointing to the broken object.
- Saying, "I broke it", or "I broke the glass", etc. (names object).

## SUGGESTED FACILITIES, EQUIPMENT, INSTRUCTIONAL MATERIAL AND SUPPLIES FOR TRAINABLE RETARDED

## Classroom Facilities

Size: it is recommended that 60 square feet of space per child be allowed.

Location: so that needs of multiple handicapped can be met.

Sink and Counter: activities centering around economic usefulness and self-care. running water, both hot and cold, are necessities in order to develop properly Ĕ

Toilets and Lavatories: imperative that toilets and lavatories be in close activities centering around proximity to the classroom. good growning and self-help in personal habits nake it

Electrical Outlets: at least one on each side of the room is needed.

torage Space: articles, etc. part of the training provided. pupil's use so that he can get open shelves, closed cupboards and bins for toys, books, paper, are needed. In addition to coat closet space, individual bins should be provided for and put away his own belongings. Importance of keeping things order clay, lumber, tools, concrete

Teachers need an area for maps, records, and instructional supplies.

Bulletin Boards and Black Boards: class makeup. Older groups should have considerably more area devoted to this type of equipment. the amount of space devoted to this type of equipment depends upon

Use of Room: used and disarranged by others. the room cannot be shared by another group either during the day, after school, or over the week-e It is impossible for Routine and consistency a teacher to develop a suitable training program when equipment and supplies are two cardinal principles with these children. For these re easons

#### Playground Area

The playground area should be large enough to provide for several group activities and organized game

#### EQUIPMENT

flag l filing cabinet

l stapler l phonograph, 3 speed

movable divider screens l paper cutter

## EQUIPMENT (Continued)

l kiln 1 full-length mirror aquarium, terrarium or animal cages broom, mop, dustpan

l piano l double painting easel l2 stacking cots or resting pads First Aid Kit

## INSTRUCTIONAL MATERIALS AND SUPPLIES

zipper and button boards dress up clothes wooden and plastic beads for clock dial with movable hands play money toy telephone shoe button beads and elastic doll bed doll buggy doll furniture colored spools picture puzzles yarn, wool sewing cards doll house ring toes game children's housekeeping set lacing and typing frame buttons, thimbles, needles, knitting spools knitting frames dolls interlocking play block toys wooden inset puzzles, varying hammer and peg board hollow building blocks farm set child size kitchen equipment service station postal station toy store equipment for stringing stringing difficulty assorted sizes and colors

white drawing paper weaving mats with wooden slats water color brushes educational thermometer finger paint paper crayons, thick and thin modeling clay chalk, white and colored finger colored construction paper water color sets simple lotto games plastic containers-1/2 pint, cloth for sewing poster paper colored pencils paste, glue scales peg boards assorted children's bean bags abacus counting frame rubber molds, casting powder design blocks poster paints leather craft materials looms for making hot pads small play blocks, asst. sizes rhythm band instruments (bells, T-tiles and fiberboard jersey loops botton pictures 1 quart bourines, triangles, drums, cymbals sand blocks, rhythm sticks) paints records 1 pint,

1 long work or project tabl
1 tape recorder (for school
1 l6 mm sound projector (for (school))

yard sticks brass fasteners, round paper punch 12" rulers scissors and paper towels rubber bands, scotch tape tape measure thumb tacks pipe cleaners, oak tag paper cord, twine, thread paper clips plastic straws heavy wrapping paper paper straws paper paper plates for paint: and colors cups carrying asst. asst. 812

## PLAYGROUND EQUIPMENT

for climbing through, over, around, under and exploring large pipes or similar objects

1 sandbox

slide

## PHYSICAL EDUCATION EQUIPMENT

utility balls, rubber, asst. sizes basketballs footballs softballs

soccerballs

jumping ropes

indoor social

8ames

tumbling mats

l jungle gym balance bar

whistles baseball bats rubber bases, 1 set

## INDIVIDUAL PUPIL NEEDS

apron nail file facial tissue drinking glass

washcloth

hand towel

toothpaste

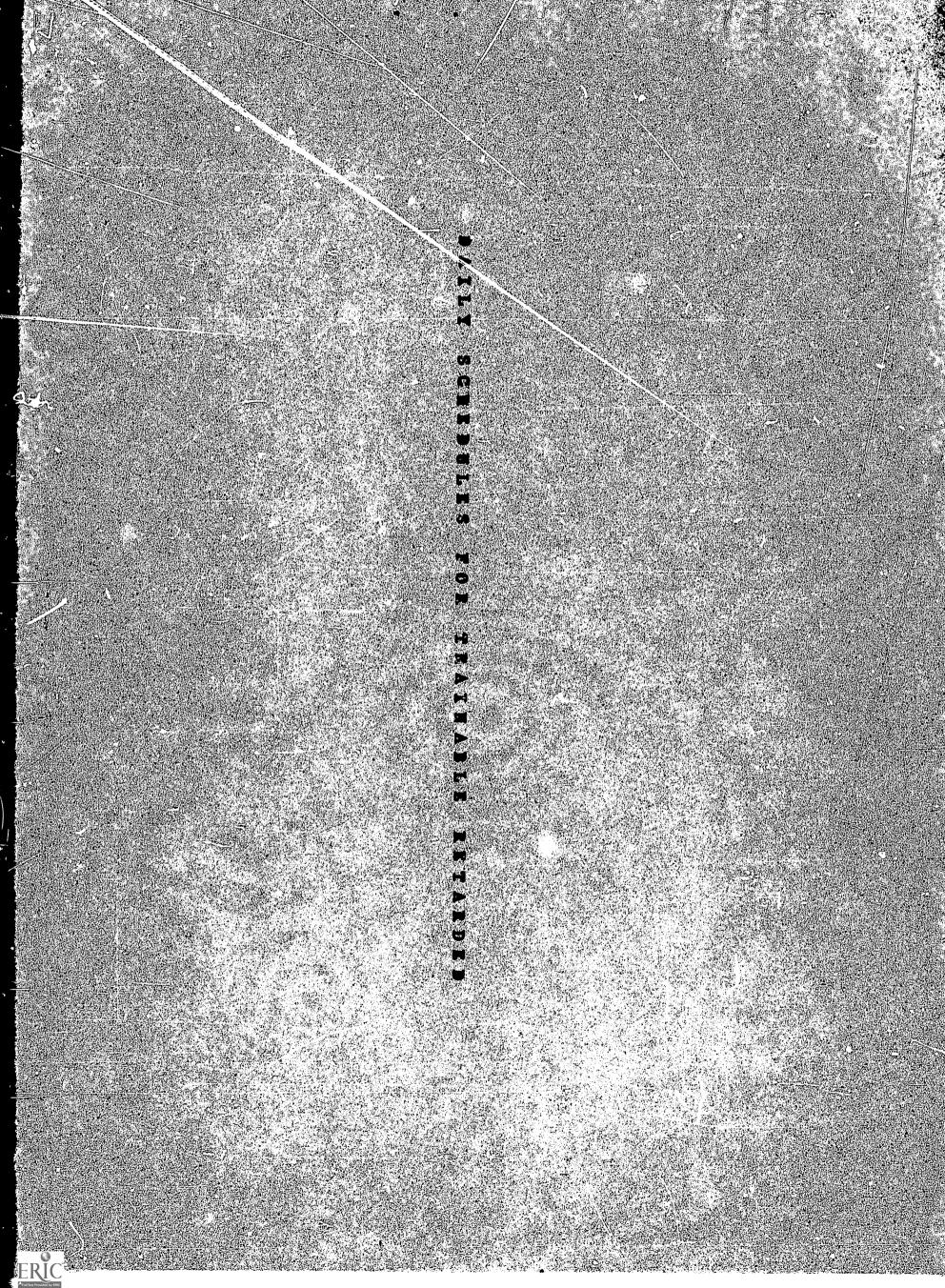
toothbrush

soap deodorant change of clothing (optional

comb

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## SCHEDULE FOR TRAINABLE RETARDED Orientation Group

12:00	11:45-	11:25- 11:45	11:00-	10:55- 11:00	10:55	10:15-	9:50- 10:15	9:45- 9:50	9:35- 9:45	9:25- 9:35	9:10- 9:25	9:00- 9:10	HOUR	School_
Prepar									Numbers and Identification		Greeting Song	Opening Exercises	MONDAY	
Preparation and Cleanup	Story Time		- Lunch	Toilet Routine		Recess and Games		Toilet Routine	Health and Safety		Opening Exercises	(outdoors)	TUESDAY	School Month
Cc		Music			Rest (Music)		Arts and Crafts		Numbers and Identification	Rhythms -	ises (inside)	Roll Call	WEDNESDAY	
Coats Go	Goodbye Song		Manners	- Good Habits		Sharing With		Goo	Health and n Safety		Sharing Time	Flag Salute	THURSDAY	WeekT
o To Bus	g (Red Record)					Other Groups			Numbers and Identification		Oral Activities	Lunch Money	FRIDAY	Teacher

## SCHEDULE FOR TRAINABLE RETARDED Frimary Group

School		School Month	th	Week	Teacher	
					-	
HOUR	SCHEDULE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11:30-		Teacher and	Children's Assis	ssistant meet buses.	Children get h	help in taking off
11:35	Buses Arrive	r jac	e	cafet	•	
11:35-		Teacher and	Children's Assis	supervise	lunch program. T	Table manners, self
11:55	Lunch	rope	of	s, etc., are	17	
11:55-		Children's A	npe	bathroom rou	(washing	hands, etc.). Teacher
12:00	Bathroom	-	children for	ning teetl		ł
12:00-			gnì	Emphasis	on proper method	d of brushing teeth
12;20	Brush Teeth	and cleanliness stressed				
12:20-	Line Up for	Class assembles	for line-up	routine. Class a	and teacher start	t back to classroom
12:25	,	in orderly manner.				
12:25-		Flag salute;	one familiar song	ng. Discuse lunch	h menu and balanced	nced meals. Discuss
12:40	Class Opening	the	11 Be doi	for remainder of	school day. S	Sharing time,
12:40-		Number and c	color concepts.	Class works with	flanne board,	cut out construction
1:00	Readiness Period	paper numbers, ob familiar objects	paper numbers, objects brought familiar objects or persons. ?	from home, etc	. Counting in . etc.	concrete forms, using
1:00-		Story read a	to	teacher. Class	might have puppet	et show, re-enact
1:15	Language Arts	on fl	board or	paper figures	ch tr	10
1:15-		Class is tak	taken out to ccurty	urtyard by teacher for	r organized games	es and for free
1:30	Outdoor Activity	with outdoor	outdoor equipment.			
1:30-	Bathroom and	Class is tak	taken to bathroom b	by Children's Assi	Assistant and teacher	er, Supervised wash-
1:55	Rest Period	ing period.	ker	for	rest period (or	(on mats).
1:55-		viduals	choose puzzles,	records, rhythm band	and instruments,	story, p
2:15	Art and Music	free-hand drawing.	wor) (Wor	with clay and the	the playhouse are	materials.
2:15-		<b>5</b> 1	class eval	day's work.	What did we do? I	Did we enjoy doing
2:25	Evaluation	What would we	like to do	tomorrow?		
2:25-		Five minutes	allowed for pas	passing out notes, p	putting on coats	and jackets and
2:30	Dismissal	lining up to	go to the bu			



## SCHEDULE FOR TRAINABLE RETARDED Primary - Intermediate Group

School Month\_

Week

Teacher\_

School\_

2:00-	Fun	1:45- 1:50 Evaluation	1:45	1:10	1:00	Rest	11:45	11:30 Lunch	11:00	10:40	10:30	10:05	10:00	9:35	9:00- 9:20 Language	9:00 Exercises	8:45 Buses	HOUR SCHEDULE
Di cmi ccal	Time	tion Period				Period									ige	18 Ses	Arrive	JLE
Clean up and get	?			Bathroom		Mats on floor,	Bathroom	Good Manners	Literature	Rest					Flag salute and	count for atter	are n	AVDINON
ready to go	Free Activity Po	What did we do?	Activity Period	Drink	Song or Story	towels for covers	Wash Up	Serving Procedures		(at tables,	Games	Bathroom	Readiness	Number Concepts	opening song	attendance and lunches.	t at front door	TUESDAY
Pass out	Period	Were we	d		,	; absolute	0	Scrape	Get Ready For	heads down)				ts		on hangers.	and lunches ar	WEDNESDAY
notes, papers; p		good workers?		Back To Room		quiet, music by pho	Brush Teeth	Trays Clean-Up	Lunch						Weather discussion	While children a	take	THURSDAY
put on coats and						phonograph record									ion	are at circle take	eria.	FRIDAY

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## SCHEDULE FOR TRAINABLE RETARDED Intermediate Group

16.30	12:35-	12:35	12:15-	12:15	12:00-	12:00	11:45-	11:45	11:30-	11:30	11:00-	11:00	10:55-	10:55	10:30-		10:30	10:25-	10:05-	10:05	10:00-	10:00	9:30-				9.30	0.15	9:15	9:00-	9:00	8:40-	HOUR	School_
																		Directed P.E.											Exercises	Opening	Buses Arrive		SCHEDULE	
Put					PAGTURCTOU	do nother a	Finish un	Bathroom				Clean					Bathroom and			Bat		1							for milk and	Flag Salute,	Teacher meets		MONDAY	School Month
Away Blankets and		Relief Period		Rest Period	d or morning's work	Mork projects	work projects le	and Training on			ı	Up and			lary	Number Development	Lavatory Training	Organized Outdoor		Bathroom and Lavatory		Films. Filmstrins	ige Arts	N-	Speech Drill	Des	1ca	-	name	singing of "Ame	buses as they	TOBOBOT	AV US ZILILI	nth
i Clean Up				8 8 8 8 8	rk	re rrom morning	- 15	Brushine Teeth			اد	for Lunch		G	Building	Wash		Games		y Training		rins				ment			to serve as "co	Roll Call.	unload: choice of	TAGGENERA	TRANSPORT AND	Week
																Hands													•	1	מ	THUKSDAY		Teacher
20)																													, (Case	lunch money count	7	FRIDAY		

## SCHEDULE FOR TRAINABLE RETARDED Intermediate Group (Continued)

1:50 C 1:50- 2:00 C	1:30- D		1:20	1.10					1.10	3		DOOK
Creative Art Clean Up	Directed	MUS1C										SCHEDULE
Crayens, Beads, and Games Evaluation of day's work;	Free chaice when directed											MONDAY
	directed activity is	Rhythm Singing Games	Rhythm Bands	Rote Singing	Visual Discrimination	Auditory and	Current Events	Safety	Science	Health	Social Development	TUESDAY WEDNESDAY
s suggestions for next week. Training in putting	Completed. Burning to					1	retarded.	pertain to t	Use practics			SDAY THURSDAY
suggestions for next week. Training in putting on								pertain to the life of the	Use practical events that			FRIDAY

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TIME	AREAS AND ACTIVITIES	INSTRUCTIONAL AIDS AND SUGGESTIONS
9:00-	Opening Exercises	
ţ	Flag Salute	Flag salute can be done prior to coming into school
	Roll Call	Registers or Class Enrollment Sheets
	Collection of lunch money	Room Organizer (cardboard folder for tickets)
	Routine Tasks: Hang up coats and jackets Announcements, etc. Close doors, etc.	Helper Chart
	Greeting Songs	•
	(See Appendix)	3. "Where Is ?" 4. "Here We Go Walking Round and Round"
	Finger Plays: (See Appendix)	1. "A Ball For Baby" 2. "Open, Shut Them" 3. "Two Little Blackbirds"
		"Follow The
		8. "Sometimes I'm Tall"

TIME	AREAS AND ACTIVITIES	INSTRUCTIONAL AIDS AND SUGGESTIONS
9:00- 9:15	Action Songs (See Appendix)	<ol> <li>"My Hands Upon My Head"</li> <li>"My Head, My Shoulders, My Knees, My Toes"</li> </ol>
	Exploring and Sharing Time Seasonal Experiences Texture and identification of items	<pre>1. Halloween Experience:     Pumpkin: Hold it, touch it, tell what it is.     Say the word "pumpkin".</pre>
	Sett Tmake	<ol> <li>Leaves: Pass leaves around the circle, feel them, talk about the color.</li> </ol>
		<ol> <li>Fruits and Identify them, pass around the Vegetables: circle, feel, smell them, talk about color, texture and taste.</li> </ol>
9:15- 9:20	Choosing Time	Children choose activity they wish to explore during the next period.
9:20- 9:40	Work Activities A. Children may work individually with	Doll house, blocks, puzzles, crayons, easel paints,

(Continued)

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Special Projects

a variety of coordinated activities

peg boards, beads, trucks

Gingerbread Man: Teacher cuts out the form of the man. Children paste forms on poster paper.

10:10		9:40- 9:45		9:20- 9:40	TIME
Supervised play in play yard	and objects used in work activity  B. Evaluation of projects that have been completed and objects that have have been made. Show and discuss.	Individual help with cutting, building, assembling, painting, coloring, and stringing  Cleanup and Evaluation  A Training in replacements		Work Activities (Continued)	AREAS AND ACTIVITIES
Coordinating Exercises: Bouncing large ball, rolling ball, slides, climbing and sitting, monkey bars, swings, hoola hoops, hopping, running, walking, jumping, sand box, balance bar, wagons, tricycles, wheel toys, digging, pouring, carrying	Scissors, colored paper, blocks, paints, crayons, beads, and puzzies	Work with two children at a time. Aid from the Children's Assistant is necessary.	3. Halloween: <u>Ice Cream Carton Masks</u> Use 2-1/2 gallon size ice cream carton. Put on child's head, measure eyes, nose, and mouth.  Cut out parts. Paint with tempera and decorate.	2. Mosaics: Children paste scraps of colored paper on sheet of white poster paper.	INSTRUCTIONAL AIDS AND SHIGGESTIONS

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TIME	AREAS AND ACTIVITIES	
10:10-	ining	INSTRUCTIONAL AIDS AND SUGGESTIONS
10:20	Self-help training	Lavatory, wash hands, toilet training
10:20- 10:40	Rest Period	Rest on mats
10:40-	•	put away
10:50	Use records and record player	1. Singing Games: "Did You Ever See A Lassie?" "Mulberry Bush"
		"I'm Dressing Myself" "I'm A Little Teapot"
	Tuesday Creative Rhythms	1. Folk Dance: "Hokey Pokey"
		2. Fundamental Rhythms:  Elementary Rhythms by Phoebe James  Walking Through by Ruth Evans
	Wednesday Filmstrips: Use filmstrips and projector	Use films related to Social Living Units: Zoo, circus, pets, farm animals, home, and family
	Unit: Pets and Farm Animals	
(Continued)		"Fluffy, the Chick" "Little Red Hen"

		10:50	10:40-	THE
			Wednesday (Continued)	AREAS AND ACTIVITIES
5. Finger Play	4. Stories:	3. Songs:	Z. Records:	INSTRUC
Finger Plays: "This Little Pig"	"Three Little Pigs" "Little Red Hen"	"Old MacDonald Had A Farm" "Baa, Baa, Black Sheep" "Getting Up Song"	Price of Box	INSTRUCTIONAL AIDS AND SUGGESTIONS

## Thursday and Friday

Rhythm Band Choose leader to start band

Use simple rhythm instruments with piano or records

"Two Little Blackbirds"

"Five Little Kittens"

"Telephone Poles"

(See Appendix)

Piano:

"Anchors Aweigh"
"Halls Of Montezuma"
"Caissons Go Rolling Along"
"Yankee Doodle"
"Whistler And His Dog"
"Amaryllis"
"Country Gardens"
"Turkey In The Straw"

TEACHER'S COMMENTS

(Continued)

10:50- 11:00			TIME 10:40- 10:50
Speech Training and Color Training			AREAS AND ACTIVITIES Thursday and Friday (Continued)
Color Chart Objects for matching	Leader: Child chosen starts rhythm band, other children watch the leader and hold sticks up until leader says, "Play."	Instruments: Rhythm Sticks, Wrist Bells	INSTRUCTIONAL AIDS AND SUGGESTIONS  Records: Nursery School Rhythms by Phoebe James  Rhythm Orchestra by Phoebe James

Speech games and sounds

Use simple speech games

2.

Show a picture. Identify objects and tell .

1

story about the picture.

Identify colors on chart, say name of color. Match same colored object to color on chart

Health

11:00-11:15

- Personal cleanliness

  l. Preparation for lunch
- Training habits
- Lavatory, toilet training
- Wash hands before eating

11:45- Pr 12:00	11:15 <b>-</b> <u>Lu</u> 11:45	TIME
Preparation For Closing School Day  Prepare for going home; get things that	Lunch Lunch training Good table manners Develop ability to use silver, napkins	AREAS AND ACTIVITIES
	Lining up to go to the cafeteria Instructions on taking turns Silverware	INSTRUCTIONAL AIDS AND SUGGESTIONS

Training in putting on coats, jackets, mittens, buttons

"Goodbye Song"

Song:

See Appendix

TEACHER'S COMMENTS

Serve (C) D)

(Continued)		12:25- 12:55	12:15- 12:25	12:05- 12:15	11:55- 12:05	11:55	TIME 11:00-
oj danoven.	First and Third Weeks	Physical Education - Recess Training in big muscle coordination	Music Rote Singing:  1. Learn by listening to records 2. Teacher sings phrases 3. Children sing phrases 4. Teacher and children sing whole song together	Health Taspections Inspection of hands, mails, face, ears, and teeth	Lavatory Toilet training, brushing teeth, washing and drying hands	Training in good manners, ability to use silverware, napkins Table cleanup and stacking dishes	REAS AND ACTIVITIES
6. Children's Choice	<ol> <li>Balance Bar</li> <li>Slides</li> <li>Swings</li> <li>Horizontal Bars</li> </ol>	Children line up and each child has a turn to par- ticipate	Songs:  1. "Mary Had A Little Lamb"  2. "I'm A Little Teapot"  3. "Old MacDonald Had A Farm"  4. "Oats, Peas, Beans and Barley"		Face towels and soap, toothbrush and tooth paste		INSTRUCTIONAL AIDS AND SUGGESTIONS

TIME	AREAS AND ACTIVITIES	INSTRICTIONAL ATDS AND SUGGESTIONS
12:25-	Physical Education - Recess (Continued)	THO TOUGHT TOUGHT
	Second and Fourth Weeks	Organized Games Hot Potato
		Bouncing Ball Hoola Hoops Children's Choice
12:55- 1:00	Lavatory Toilet training and washing hands	Soap, brushes
1:00- 1:15	Readiness Activities	
!	Calendar Recognition:  Discuss day of week each day  Place number on calendar	Pocket chart type calendar
	Name Recognition: Children sit in a circle. Use a "Busy	Busy Bee Pocket Chart:

TEACHER'S COMMENTS

Bee Chart" with children's names on

Busy Bee Pocket Chart:
Pocket chart cards with name of each child

cards and cards placed in pockets of

Teacher chooses a child to

Repeat with each name

identify name.

chart.

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TIME	AREAS AND ACTIVITIES	INSTRUCTIONAL AIDS AND SUGGESTIONS
1:15-	ties	
,	Training in use of crayons, easel paints, scissors, paste. Draw pictures using	Special Projects:
	been discussed in previous periods of the day.	l. Make turkeys from paper plates, paint plates with tempera. Cut strips of colored paper for tail and make wattles from colored paper.  Fasten tail and wattles in place with staples.
		2. Make Indian teepees by cutting half-circles from colored construction paper. Make design on edges with crayons. Staple in cone shape and cut door.
		3. Room decorations: Cut turkeys and leaves from construction paper, color with crayons.
1:30- 1:50	Number Readiness Use flannel board to illustrate number concepts. Use flannel figures for counting.	Flannel board Flannel figures (Holiday Set, Gel-Sten No. 25)
	Language Arts Use audio visual material such as film strips, story records, slides, flash cards to stimulate language development.	Film strips, story records, slides, and flash cards
(Continued)		

TIME	AREAS AND ACTIVITIES	INSTRUCTIONAL ATDS AND SHOPE STRONG
1:50-	Language Arts (Continued) Children describe objects in materials	
	used. Tell color and use of object, where it is found, and what they like about it.	
1:50- 2:00	Children's Choice Of Activities	
	Monday, Wednesday, and Friday	Blocks, beads, peg boards, and puzzles
	Tuesday and Thursday	Child's choice of trucks, doll house in addition to above items
2:00- 2:15	Rest Period Children rest on mats	Mats: Paper towels for each child
2:15- 2:25	Rhythm Instruments	
	Monday, Wednesday, and Friday Use records to stimulate participation with rhythm instruments	Record: Rhythm Activities - R.C.A. Victor, Vol. 1
)	Tuesday and Thursday Creative Rhythms - Bodily Movements	Record: Childhood Activities by Ruth Evans
2:30	Evaluation at end of each work period on Friday	Teacher evaluates with children

9:15- 9:30	9:15	TIME
l. Use simple tongue and lip exercises. Have each child do the exercises individually, then have the group do	Flag salute and singing of "America" Roll call, lunch count and collection of lunch money	AREAS AND ACTIVITIES
Sounds For Little Folks, Speech Improvement, Speech Correction, Expression Co., Boston, Mass.	Teacher selects a child to serve as "counter"	INSTRUCTIONAL AIDS AND SUGGESTIONS

- 2. Use pictures of objects and have the group say the name of the object.

  Let the children watch the teacher's lips and tongue when she says the word. Let each child say the word.
- 3. Have each child look into a mirror to see how his tongue and lips perform and "exercise."
- 4. Use poems with sounds that are being used. Teacher says part of the line, children add proper word. Do as a group and do individually with each child.

(Continued)

Sound Games, Speech Correction For Your Very Young, Alice L. Woods, Dutton & Co., Inc.

Jack-In-The-Box, Barrows and Hall, Expression Co., Boston, Mass.

		9:15	9:00-	TIME
"ah", and "oo."	doctor for the vowel sounds: "e",	5. Dramatize being a witch, an owl, a	Speech Development (Continued)	AREAS AND ACTIVITIES
				INSTRUCTIONAL AIDS AND SUGGESTIONS

#### 9:30- Social Studies 9:45

Integrate the meaning of the flag salute and the singing of "America" during the opening exercises each morning.

Filmstrips
Learning About Our Flag
Celebrating Flag Day
Flag Etiquette

Practice "America" and other patriotic songs,

Saying the flag salute is a way of saying that we love our flag and the country we live in. To say the salute we stand up straight and tall with our right hand over our heart and our left hand at our side.

Practice raising the right hand and placing it over the heart. Practice keeping the left hand and arm straight down at the left side. Learn the flag salute phrase by (Contined) phrase.

TIME	AREAS AND ACTIVITIES	INSTRUCTIONAL AIDS AND SUGGESTIONS
9:30 <b>-</b> 9:45	Social Studies (Continued) Indicate the ways in which we show respect to our parents and our country:	Moral and Spiritual Values, Ventura County Education. A copy is available from the Education Library, S.U.S.D.
	<ol> <li>obeying laws (respect for authority)</li> <li>helping others</li> <li>following instructions</li> <li>trying to do our best</li> <li>sportsmanship</li> </ol>	
9:30- 10:15	Physical Education and Recess  Large muscle coordination: walk, jump, march, run, hop, and skip	Walking Games: "Follow The Leader" Marching Games: "Follow The Leader" Hopping Games: "Hop Like Bunnies" Skipping Games: "Drop The Hankie" Jumping Games: "Jump Rope" and "Jump Running Games: "Grannie Tippie Toe"
	Eye and muscle coordination: bouncing, catching, and throwing balls of different sizes	Use playground balls: 6", 8-1/2", and 10" Use plastic fun balls
(Continued)	Simple organized games: "Drop The Hankie," "Sky Ball," "Lykins Ball," "Dodge Ball," "Grannie Tippie Toe," "Peggy On The Bounce," and simplified version of kick ball	Education Through Physical Activities; O'Keefe and Fahey, C.V. Mosby Co.
(Continue	20)	

•	10:15	9:45-	TIME	
sie?" "London Brid	Singing Games: "Turkey Turkey " "Did You	Physical Education and Recess (Continued)	AREAS AND ACTIVITIES	
	lise the music series for sincing games		INSTRUCTIONAL AIDS AND SUGGESTIONS	

#### 10:15-Number Readiness of such things as children, sheets of Rote Counting: paint brushes, and letters to go home. lunch mats, lunches, milk, water color pans, paper, pencils, chairs, scissors, tables, Rote counting from 1 to 10

Ordinals: Place youngsters in a line or in forming lines for P.E. and music. first and last. Have the last child in seat them in a row of chairs. Find the line sit down; use first and last child

- Recognition of numbers:

  1. Let each child pick out the number he number of objects to go with his is working with and place it on the flannel board. Let him choose the number.
- (Continued) the number and count the objects. Point to a number on the flannel board. Have the youngsters identify

Use flannel board, flannel cutouts of numbers

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		11:00- 11:30	10:55- 11:00	10:55	TIME
Assign room helpers for lunchroom and table cleanup after lunch.	Chew the food well, teeth are made to bite and chew with.	Lunch Practice good table manners,	Cleanup and Lavatory Go to lavatory, wash hands for lunch Be seated at the tables	3. Have the youngsters bring, jump, or clap the number they are working with in the group. Pick out the flannel number and place it on the board.  Flash Cards: Use flash cards with the number of objects, 110. Show the youngsters a number and have him bring the card with the number of objects on it. Reverse the procedure.	AREAS AND ACTIVITIES
See Table Setting Diagram in Appendix,	Save the dessert for last.	Eat with mouth closed. Learn to hold silverware, and to use knife and napkin. Learn how to use a straw.	Put materials away, put chairs up to the tables. Hand inspection	Flash cards with objects Flash cards with numbers	INSTRUCTIONAL AIDS AND SUGGESTIONS

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					12:15	11:30- Re	
Assign duties for light switches and pulling shades.	box.	blankets and replacing them in their	After rest period, practice folding	Practice resting quietly.	Assign blankets to each youngster.	Rest Period	AREAS AND ACTIVITIES
							INSTRUCTIONAL AIDS AND SUGGESTIONS

## Readiness Activities

# Language Development: 1) Use picture stories to stimulate

- sentences. descriptive words and use of language development in the use of
- 2) Discuss pictures and the stories what is going on in the pictures. they tell as a group and tell about
- $\omega$ Let each child tell his story about detailed description. the pictures. Encourage the use of

(Continued) Visual Discrimination:

1) Use flannel cut outs. ferent. of one kind with one that is dif-Let the youngsters pick out Place three

> Flannel board stories Flannei board and cutouts

"We Read Pictures" "Fun With Pictures" "Weekly Surprise"

(Continued)				12:15- 12:45	TIME
Audio Discrimination  1) Use various rhythm instruments. Have the class sit in a circle, teacher sits behind them and shakes wrist bells or taps rhythm sticks. Let each child identify the sound.	Story Records: Listen to a story record. Play it several times during the week and discuss the story as a group. Let the youngsters retell the story as a group and individually.	Flannel Board Stories: Use flannel board story cutouts. Tell the story to the class, putting up the flannel figures as the story is told. Take down the figures and let the class arrange the figures in sequence and tell the story as the figures are put on the board.	group of figures.  2) Place various flannel cutouts on the board. Hold up an object and have the youngsters find the one on the board that is like it.	Visual Discrimination (Continued) the one that does not belong with the	AREAS AND ACTIVITIES
Rhythm Instruments: rhythm sticks wrist bells drum	Story Records - See list in Audio-Visual Catalog Record Player				INSTRUCTIONAL AIDS AND SUGGESTIONS

TEACHER'S COMMENTS

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A System

		TIME 12:15- 12:45
chair with his eyes hidden. Eraser is placed on his chair. A child is chosen to go up and "steal the bone".  H: whispers, "Doggie," and returns to his seat. Class calls, "Doggie, doggie, who has the bone?" Child	<ol> <li>Tap on the drum and have youngsters count the number of taps.</li> </ol>	AREAS AND ACTIVITIES  Readiness Activities (Continued)  2) Close eyes. Listen for sounds in the classroom or out-of-doors, identify the sounds. See how many sounds you can hear.
Eraser	Drum	INSTRUCTIONAL AIDS AND SUGGESTIONS

12:45- Recess
1:00 Supervi

OO Supervised free play in the play yard.

who has the bone.

from whom the bone is stolen guesses

1:00- Music Rhythms 1:20 Monday and Friday:

Rote Singing: Integrated rote singing with center of interest being discussed

(Continued) during social studies period.

1:20 1:00-TIME Music Rhythms (Continued) We sing "America" because it is the song of our country and like our salute to the flag is a way of saying that we love the country that we live in. AREAS AND ACTIVITIES Records: "America" - R.C.A. Victor Band INSTRUCTIONAL AIDS AND SUGGESTIONS "Patriotic Songs" - Columbia Record

and brothers the words. so that we can teach our little sisters song. We are going to learn the words everybody should know the words to the time ago. The song "America" was written a long It is a very old song and

with all singing the words together. record. Let the boys sing the words, Teach the words phrase by phrase. the girls hum. Finish the music period the words with the piano and with the Sing

#### Tuesday

Marching Fundamental Rhythms

Skipping Running

Hopping

Walking

(Continued)

R.C.A. Victor Albums:

Listening Singing

Rhythms

Singing Games Album

Use drum and have class walk while

			TIME 1:00- 1:20
Rhythm Band: Use piano or records to accompany rhythm band instruments  1) Pick selections that have a very definite rhythm so that the beat is easily felt and accompanied by the rhythm instruments.	3) Use records to accompany the rhythms and encourage each child to listen to the music and to respond to the beat of the music. Have the class perform the rhythms as a group and let volunteers show the class how they are able to walk or skip to the music.	<ol> <li>Use piano to play selections with a definite beat to accompany rhythms.</li> </ol>	AREAS AND ACTIVITIES  Music Rhythms (Continued)  teacher beats out the rhythms of the walk on the drum.
Piano Records Rhythm Instruments: rhythm sticks, drum, tambourine, triangle, wrist bells, and rattles	Record Player Records	Piano	INSTRUCTIONAL AIDS AND SUGGESTIONS

Thursday
Creative Rhythms
Singing Games
Folk Dances

(Continued)

									1:20	-00:Y	TIME
said; add actions,	play the musi Is the words are	After the clamows the actions,	the actions which accompany it.	accent the rayiom of the music and	beginning. Use musical speech to	the words without the music in the	of the game. Do the actions with	singing games. Talk about the words	<ol> <li>Use records or plano to accompany</li> </ol>	Music Knythms (Continued)	AREAS AND ACTIVITIES
								Children's Records	Record Player		INSTRUCTIONAL AIDS AND SUGGESTIONS

- "Skip To My Lou" Have youngsters skip around the circle with a partner to the music. At the end of the chorus, youngsters change partners with the couple in front of them.

  "Pop Goes The Weasle" Children march around in a circle, clap hands on "pop" and turn around and circle in the other direction.
- 3) Use music with a simple theme for creative rhythms. Pick a short selection that is suggestive of the trees swaying, witches, raindrops, (Continued) or clouds floating. Listen to the

				1:20	₹:00-	AWI.I.
music.	demonstrate bodily movements to the	like doing. Let several youngsters	what the music makes the class feel	music first several times and discuss	Music Rhythms (Continued)	AREAS AND ACTIVITIES
						INSTRUCTIONAL AIDS AND SUGGESTION

Let the class select the movement they think fits the music best. Encourage the whole class to participate in the movements. Use simple props, scarves, balloons, streamers of crape paper to encourage all children to participate.

# 1:55 Creative Activities 1:55 Directed: Integrate room activities with the creative arts period; the flag may be a basis for a creative period.

(Continued)						1)	<u> </u>
ren make stars across blue finger-	Using the foreringer, let the chili-	em	give the youngsters a small pan of	tinger paint in blue. When finished,	finger paint paper. Let youngsters	Use blue tempera on a small sheet of	Finger Paint Projects:
Marking Pins	Brushes	Iron	Easel Trough	Starch	Finger Paint Paper	Tempera	

1.55	1:20-	TIME	
painting on the paper.	Creative Activities (Continued)	AREAS AND ACTIVITIES	
		INSTRUCTIONAL ALDS	TOTAL TITLE TOTAL
		INSTRUCTIONAL ALDS AND SUBSCITORS	SMOT TO STORY OF

- 2) Use red tempera mixed with starch.
  Give each child an easel brush. Us
  large sheets of finger paint paper
  and lat each youngster brush red
  stripes lengthwise on the paper.
- press with a warm iron. Mark out a rectangle with a flow pen on the blue star paper. Let the children cut out the rectangle. Mount the star section on the red striped paper with glue, paste or staple.

Flag may be used on a bulletin board developed from the social studies unit on "Our Country's Flag."

Free Creative Activities: Following the directed art period, children may have a choice of manipulative toys or coordination materials.

Blocks Trucks

Puzzles Crayons

Clay-Modeline Snap Blocks Beads Peg Boards

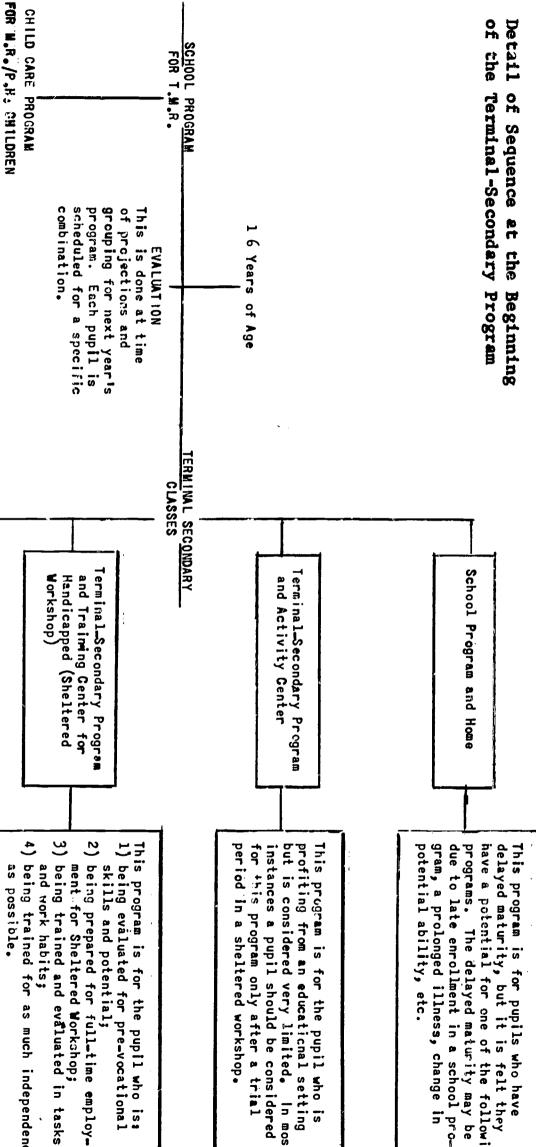
	1:55- 2:00	TIME
Evaluation of the day's work	Cleanup - Evaluation Room cleanup Stack chairs	AREAS AND ACTIVITIES
Teacher evaluates with the class		INSTRUCTIONAL AIDS AND SUGGESTIONS

Preparation to go home

ERMINAL OR SECONDARY PROCRAM

# EDUCATIONAL PLANNING FOR TRAINABLE RETARDED

of the Terminal-Secondary Program



Full-time at Activity Center Termination of School Program Training Center for the or Sheltered Workshop at the

> delayed maturity, but it is felt they have a potential for one of the following programs. The delayed maturity may be ∎ school prochange in who have

This program is for the pupil who is profiting from an educational setting but is considered very limited. In most instances a pupil should be considered for this program only after a trial

This program is for the pupil who is:

1) being evaluated for pre-vocational

3) being trained and evaluated in tasks

4) being trained for as much independence

training, and independence. can occur any time between years of age. The primary progress in education, pre-vocational This is decided according which the pupil or trainee the maximum of provide the most effective independent living. can develop program in concern is to Termination 16 and 21

## IN-SCHOOL WORK EXPERIENCE

sheltered environments and should develop the characteristics that are essential to community living (punctuality, following directions, use of time, etc.). In-school work experience, in this case, is a mock-up of situations that may be encountered in the

jobs depend greatly upon the imagination of the teacher and the acceptance on the part of the school This is a list of possible work stations in a school for the trainable retarded. The number and district. types of

CAFETERIA AIDE
MESSENGER
PHYSICAL EDUCATION MONITOR
CLERK OR SECRETARY HELPER
CUSTODIAN HELPER
GARDENER APPRENTICE
TRAFFIC GUIDE

number of in-school work experience jobs is limited when compared to the work experience program in secondary school program. Since the Stockton Unified School District program is not housed in or attached to a regular school, the the regular

or a good facsimile, and constant and routine evaluations are essential if the work experience program is to will take the lead from the teachers and their approach to the work to be done. Job descriptions, It should be made clear that this is a job and should be conducted in a business-like manner. time clocks The pupil

situation and the pupils are under close supervision. hour basis. The assignment of pupils to this program is arranged by the Director of the Child Care Retarded and Physically Handicapped Children. Care Center or he is returned to the Training Center. time the job capacity is seven. This is proving to be a valuable training program since it is a real terminal teacher, and the principal with the concurrence of the Director of the Training Center. At the present As a part of the school-training center program some of the pupils work at the Child Care Center for Mentally These pupils are assigned to specific jobs and are paid on a per The trainee must be able to be really useful Center, the ıl life to the Child

# EDUCATIONAL PLANNING FOR TRAINABLE RETARDED IN THE TERMINAL OR SECONDARY PROGRAM

Secondary Program. The following sequence becomes operational when a pupil becomes 16 years of age and he enters the Terminal-

## PROGRAM ASSIGNMENT

one of the following combinations. This meeting is usually held in May, after all pupils in the school have been grouped and the prosultant for Special Education meet to decide on the program for each pupil over 16 years The teachers, principal, supervisors for the Activity Center and/or Training Center, and jection of class needs has been determined for the following school year. Pupils are assigned to (For details see Program Assignment Chart, page 61.) of age. the Con-

- C, to School program and home
- Terminal-Secondary Program and Activity
- Terminal-Secondary Program and Training Center
- Termination of school program

## PRE-VOCATIONAL EXPLORATION

Training Center classroom units. It includes in-school work experience and/or part-time assignment for work at the ing of social competencies which will eventually lead to as much independence as possible for the Pre-vocational work experiences are offered as preparation for vocational training and f The pre-vocational work exploration program is carried on in conjunction with regular Sheltered Workshop. or a breaden-

#### ယ • CURRI CULUM

Curriculum Outline for details.) trips, personal hygiene, good grooming, homemaking, self-help skills, job mock-ups, etc. The curriculum should be designed to include such areas as the activities of daily living, field (See

# 4. TRAINING CENTER FOR THE HANDICAPPED (SHELTERED WORKSHOP) AND ACTIVITY CENTER

life after completion of the school program. Therefore every effort should be made to help the re-These programs, coupled with home or residential living, represent a major part of a retarded pupil's



in the life of a retarded adult living in Stockton might parallel these descriptions. tarded child to function in these settings. This should be the goal of the school progra 

continue through the afternoon until it is time to hang up the duster or everalls gress and the speech may be slow, but the stuffing of envelopes and the collating is time to relax with a game of horseshoes before the one o'clock whistle. The proand a chance to talk about the standings in the National League or the new dress time clock and work on sub-contracts in keeping with their skills. A coffee break Breakfast with the family and helping with the routine jobs about the house. to the bus and on to the Training Center-Sheltered Workshop where they punch in on a More work until noontime, then the lunch pails make their appearance and it

will be time for dishwashing and lawn-mowing, and maybe time for just sitting and done and here it is dinner time. The rest of the family is already home, soon it enjoying the neighborhood action. that we put the finishing touches on the dolls for the children at the hospital. There are decorations to be finished for the square dance at the Activity Center There seems hardly enough hours in the day to do all the things that need to be be sewn on the towels for the swim this next Saturday. Tomorrow we have to be sure this recreation, at any rate it is fun. Oh yes, and then there are the names to tonight, so this time it is a different kind of work. Some of our friends call

The dance and the refreshments were a pleasant way to spend the evening, but without rest tonight, tomorrow's busy day will be exhausting.

cooperation between the school, the parent, and the Training Center or Activity Center. for the experiences he will face when he leaves school. This is the reason why there must be close The educational program of the Training Center and the Activity Center endeavors to prepare the pupil the pupil for his placement in the community. time spent in the school and part of the time spent in one of these agencies will help to Part of the prepare

## TERMINAL CASE CONFERENCE

within the last year of the educational program. In addition to the regular parent-teacher conferences, a terminal case conference is held The classroom teacher, principal, Special Education sometime

Consultant and other designated persons will meet with the parents. At this meeting the pupil's plans for the future are discussed. It is the responsibility of the principal of the school to set up these meetings.

# STOCKTON PLAN OF OPERATION OF OCCUPATIONAL TRAINING PROGRAM FOR MENTALLY RETARDED MINORS

on September 29, 1961 and was approved. The plan outlined below was submitted to the State Department of Education, Bureau of Speci al Education,

#### PUPILS

## 1. Admissions Policy and Procedures

ministrators, and the principal of the school. In addition to this committee there is added up of the following: Consultant for Special Education, psychologists, social worker, teachers, ad-Mentally retarded pupils will be selected for occupational training by an admissions committee. This representative, preferably the workshop supervisor who will work with the pupils. committee will approximate the same committee that admits pupils to the school program. It l a workshop is made

## 2. Criteria Used in Selecting Pupils

- Pupils must be enrolled in special day classes for mentally retarded.
- Pupils must not be able to profit from a regular work experience program.
- Pupils must be sixteen years of age and not more than twenty-one years of age.
- or the well-being of other members of the Training Center for the Handicapped. Pupils must be developed socially to the extent that their behavior does not endanger themselves
- œ. will not intensify their problems unduly; that they can react to a training situation and that Pupils must be emotionally stable to the extent that group stimulation and work training situations their presence is not inimical to the welfare of the other members of the Training Center for the

# 3. Supervision and Evaluation of Pupils

Education Code - one supervisor for every twelve pupils who are at the Center at any one time. All pupils going to the Training Center for the Handicapped come under the supervision of the for the coordination of the program, classroom teacher and the workshop supervisor are scheduled to spend a minimum of one hour supervisor. The ratio of pupils to workshop supervisor is that stipulated in the State of California each week he workshop The

Pupils' progress will be evaluated by the workshop supervisor and the classroom teacher of The evaluation of each pupil will be filed in his case study folder. the terminal

# SHELTERED WORKSHOP OF WORK ESTABLISHMENT

Training Program Selection of Sheltered Workshop or Other Work Establishments for Participation in an Occupational

Any training center or workshop considered for an occupational training program would have to meet the local building code requirements, state labor laws, and state education, health and safety codes be developed between the school district and the sheltered workshop or training center. as they apply to physically handicapped and mentally retarded minors. In addition, a contract must

#### ADMINISTRATION

- 1. Records are to be maintained.
- 2 The school district is to have comprehensive insurance coverage on the pupils. training center is to be covered by workmens' compensation and liability insurance. The workshop or

#### TRANSPORTATION

- Inasmuch as the school district contracts for supervision at the training center or sheltered w this makes the training center or sheltered workshop an extension of the school program. orkshop,
- 2. Bids from the transportation companies include transportation to the workshop or training center in an effort to make them more independent. return to the home. However, students are encouraged to use public transportation whenever possible them more independent.

## PRE-VOCATIONAL AND ACTIVITY EVALUATION FOR

## TRAINABLE RETARDED

of the school, particularly of the terminal-secondary teacher, to prepare this information for the wor An evaluation is to be completed on each pupil before he enters the workshop. (See Appendix, page 121, for form to be used.) It is the responsib bility rkshop

# SUGGESTED NEEDS FOR THE PRE-VOCATIONAL EVALUATION

- 1. Dictionary of Occupational Titles
- 2 General Aptitude Test Battery (GATB) Manipulative Test - State Department of Employment
- · ω MacQuarrie Test for Mechanical Ability - California Test Bureau, Del Monte Research Park, Monterey California - 35 tests - \$.20
- 4. Crawford Small Parts Dexterity Test - The Psychological Corporation, N.Y. - \$30.00 522 Fifth Avenue, New York 36
- 5. Bennett Handtool Dexterity Test ibid.
- Box and Block Test - Patricia Holser, C.T.R., County, 1726 West Pico Blvd., Los Angeles 15, California c/o United Cerebral Palsy Association of Los Angeles
- Tower System Institute for Crippled and Disabled, New York, N.Y.
- **ω** The Role of the Workshop in Rehabilitation. Thompson, Workshop in Rehabilitation, 1958. Washington, D.C. Thompson, Nellie Z., National Institute on the Role 0f the
- 9. "Prevocational Evaluation Criteria for the Severely Handicapped." Usdane, William M., Physical Medicine in Rehabilitation, May 1957. Archives of

# PRE-VOCATIONAL AND COMMUNITY-SCHOOL TERMS

The technical language changes as a pupil moves into the Terminal-Secondary level. The following is a list of terms with which the teacher will need to become familiar. Undoubtedly the nomenclature will change with technical advancement. There is space provided for the addition of terms as they become necessary to an understanding of the program and its relationship to the community.

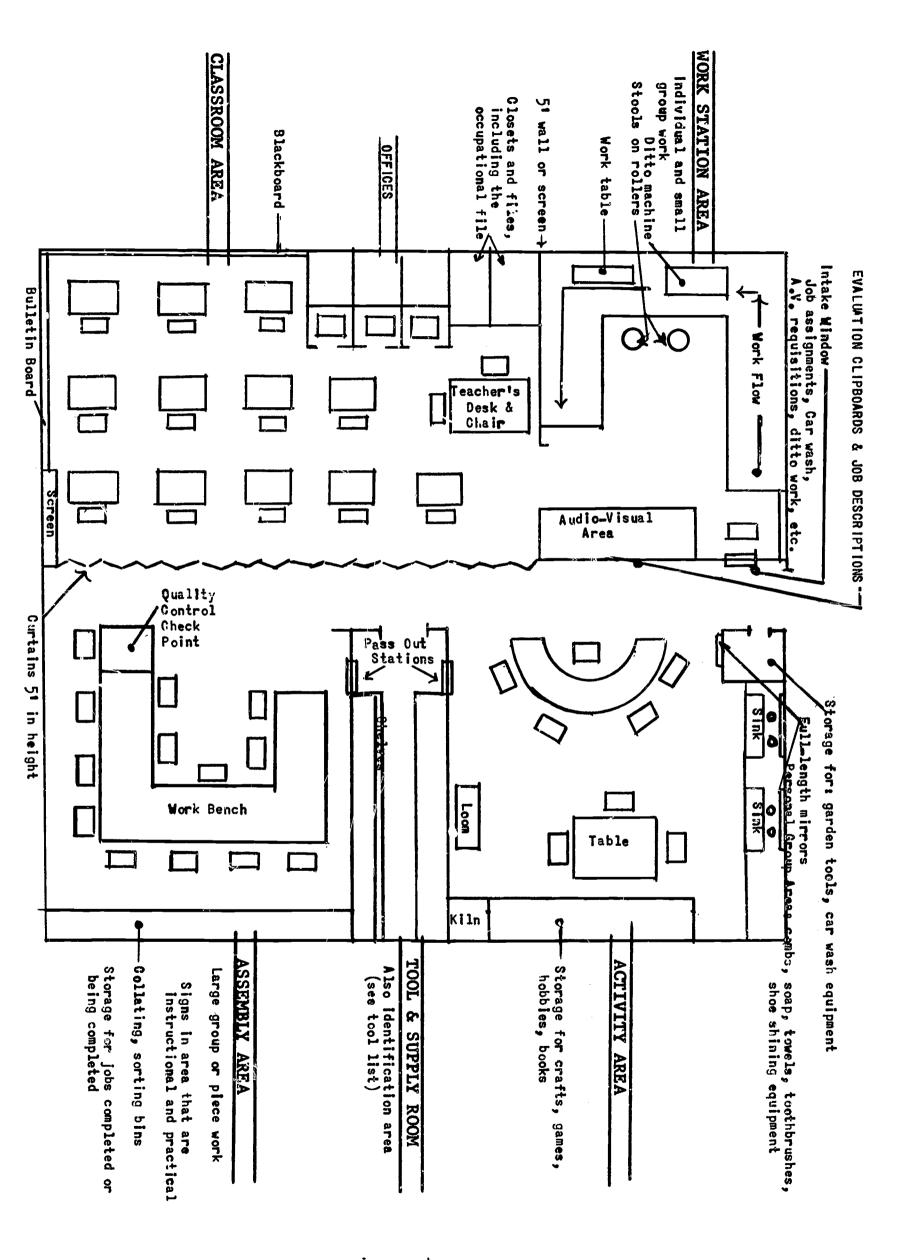
of daily living (ADL)
placeme ct s
sub-contract work habits activities of daily living (ADL)
work habits activities of daily living (ADL)
activities of daily living (ADL)

## CLASSROOM LAYOUT

-

of the nature of the program. As in the other levels, there is no substitution for creative and The classroom for the Terminal-Secondary level program needs to include additional facilities imaginative because

supervision by the classroom teacher. group projects. This would serve as another work station in the school and would provide for direct vocational emphasis. that of the junior high school plan. There should be areas where pupils can work on jobs that would be classified as individual and small See the next page for a sample classroom layout for independent and The classroom for the home economic projects should be similar to



# SUGGESTED LIST OF EQUIPMENT AND MATERIALS NEEDED FOR TERMINAL PROGRAM

file brushes tin snips rip saw pipe wrench paint scraper glass cutter, medium mill sewing machine light and heavy screwdrivers shoe shine kit furniture polish long work benches for projects spattergun 8-4" x 6" C-clamps bins for sorting sponges bed (for instruction in bed making) combination whetstone tri-square nack saw hot plate hand drill brad napkins and assembly line work aw1 hose bucke ts broom pans

wrecking bar asst. wood chisels, including magnetized tack hammer brace and asst. bits miter box adjustable cutting pliers money (play and real) collating bins saw horses assorted sandpaper adjustable wrench six foot steel tape medium mill file, see detailed scroll saw workbenches and vise window washing aids CTOSSCUT SAW ironing board and iron telephone kits and units l" chisel list of files

small block plane soldering iron wooden mallet plumbers force pump (friend) long nose pliers putty knife cash registers kitchen stove cleansers dust pan glue jack plane towels carpenter's level pump type oil can claw hammers nail set time cards eating and coveralls soap and detergents dust mop pocket knife compass or keyhole saw cooking utens

# PHYSICAL EDUCATION EQUIPMENT

tumbling mats
indoor table games
jump ropes
whistles

softballs
footballs
basketballs
baseball bats

soccerballs rubber utility balls, asst. sizes set of rubber bases

## INDIVIDUAL PUPIL NEEDS

teethbrush and teethpaste soap washcloth handtowel

facial tissue
apron
nail file
change of clething (optional)

comb drinking glass deodorant

#### FILE LIST

10" half-round double-cut bastard 8" round bastard

8" mill 6" triangular

6" second-cut half-round 10" half-round rasp

## SUGCESTED LUMBER

Cedar, redwood, white pine, walnut:

Use two or three grades and types of lumber so pupils will learn to "scrap bins" that have usable wood at no cost to you. work with different types and varieties. The amount of lumber sources of information when ordering supplies. is determined by the projects. Industrial Arts teachers are helpful Most lumber yards have needed

Suggested grades of wood:

#1 and #2 clear #2

Size wood needed:

2 x 4's
1 x 6's
1 x 2's
1 x 12's
2 x 10's
4 x 4's

RRHINAL - SECONDARY PROGRA

# TERMINAL-SECONDARY PROGRAM Approximate CA: 14-21 years

			Approximate CA:	14-21 years		
School_		_ School Month_		Week	Teacher	
HOUR	SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00=	Opening Exercises	Roll Call	endan t for	ce report and excuses Children's Assistant	- Collect lu	lunch money
9:20-	Seat Activity: Creative Arts, books					
	magazines, records, games, etc.					
9:25-	Clean desks, put away above activities					
9:30-	Bathroom - Children's Assistant helps					
9:35-	Group Activity and Discussion	Tell Time: Students re-	News Ranger Read and Discuss	Story Time and Discussion	Social Living Health	Group Singing- Class favorites
			D18 cuss	Discussion	Manners	
9:45-	Homemaking: Exchange students,	Weekly				
	boys to Industrial Arts and girls to	Good grooming,	nail care and f	face care		
۵. ۲۵.	homemaking program	<b>n</b>				Weight watchers
10:00-	Group Activity for week:	• (				
11:00	<ol> <li>Poods</li> <li>Sewing, hand crafts</li> </ol>					
	ning for usei					
	school					
	4. Good grooming					Clean up classroom
11:00-			<b>L</b>			
11:20-	Receas		Bathroom and ou	outside .		
11:30 11:30-	Prepare for lunch		Report back to	classroom		
12:00	Lunch - Lunchroom		Pickup sack lun	lunches and lineup		

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# TERMINAL-SECONDARY PROGRAM Approximate CA: 14-21 years

2:00	1:00-	1:00	12:10- 12:30	12:10	School
Clean up. Put on wraps Pass out notes	Homemaking: Group Activity for Week: 1. Foods 2. Sewing, hand crafts 3. Training for useful- ness at home and at school 4. Good grooming	Rest on mats in classroom Listen to records or have	Brush teeth Clean fingernails	Return to classroom Get mats out for rest Pull shades. Line up	CHID TO CHI
ö	**************************************	room have støry time		MONDAY	School Month
Line up at door		í me		TUESDAY	onth
•				WEDNESDAY	Week
Lead group to buses	Weight Watchers Weigh girls			THURSDAY	Teacher
	Nail care and Rair care			FRICAY	

ERIC Full Year Provided by ERIC

# SCHEDULE FOR TERMINAL-SECONDARY PROGRAM Approximate CA: 16-21 years

ERIC \*

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Carried Committee Committe		
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Schoo1_		School Month		Week	Teacher	
HOUR	SUBJECT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1:10-	Pre-Vocational	Job Sampling	Gardening and/	Group	Job Sampling	Work orientation
1:35	Training (boys)	Individual	or Car Cleaning	Project	Individual	Good grooming-
		Projects	Individual		Projects	followed by an
			Projects			inspection
1:35-						
1:40		Clea	Clean up and replace all tools	ill tools		
1:40-		Basketball	Calisthenics	Baseball	Calisthenics	Choice of game
2:10	Boy's P.E.	in yard	in room	in yard	in room	by majority
2:10-	Nimber		Place scores			Discuss pay
2:35	Work		and comments			checks and en-
						dorsements
2:35-	Social	Word Recog-	Readiness or	Art (group	Readiness	Music
3:00	Studies	nition and	Filmstrips	<pre>project)</pre>		
		Writing				

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# SCHEDULE FOR TERMINAL-SECONDARY PROGRAM Approximate CA: 16-21 years

S chool_		School Month		Week		Teacher
9:15-	Students arrive	MONDAY	TUESDAY	WEDNESDAY		THURSDAY
9:30			Group Discussions	Ö		
9:30-		Sa	e. Roll	ali -	llecti	Collection of lunch money
9:50-	Pre-Vocational	Job sampling.	local sheltered	workshop	Ö	scuss current events or
10:25	Training (boys)	_	Gardening		Group Projects	Projects Individual
		Projects	or Car Cleaning	Ö9		Projects
			Shoe Shining			Job Sampling
	(Coordination with	ion with sheltered	workshop	program)		
10:25- 10:35		G	Clean Up and Replace	ace All	Tools	Tools
10:35-	Boys' P.E.	Seasonal		1	Seasonal	al
		Sports	Exercise	Sports	cts	rts Exercise
11:06-	r Wor		Place salvage	Sizes,		
	(boys and girls)	Change and	scores and	Shapes	Shapes and	es and
'						
11:45	Lunch	All students	wash hands	before en	entering cafe	ering cafeteria - emphasis
11:45-						
8			Wash	- Brush	e∵h	e∵h
12:00-	Social	Word and number	Film St	Art (group		group Reading
12:45	Studies	recognition and writing	nd	proj		ect) Readiness
12:45- 1:10	A.M. Class departs	Morning	Morning group goes to bu		departure t	raining Cent
•			C	buses for de	rs catete	up and enters cafeteria for lunch (at

See page 80 for schedule for afternoon class

.

# SCHEDULE FOR TERMINAL-SECONDARY PROGRAM Approximate CA: 16-21 years

School_		School Month		Week	Teacher	
HOUR	SUBJECT	MONDAY	TUESDAY	WEINESDAY	THURSDAY	FRIDAY
1:10-	Pre-Vocational	Job Sampling	Gardening and/	Group	Job Sampling	Work orientation
1:35	Training (boys)	Individual	_ `	Project	Individual	Good grooming-
	,	Projects	Individual	•	Projects	followed by an
			Projects		1	inspection
1:35-						
1:40		Clea	Clean up and replace all tools	all tools		
1:40-		Basketball	Calisthenics	Baseball	Calisthenics	Choice of game
2:10	Boy's P.E.	in yard	in room	in yard	in room	by majority
2:10-	Number		Place scores			Discuss pay
2:35	Work		and comments			checks and en-
						dorsements
2:35-	Social	Word Recog-	Readiness or	Art (group	Readiness	Music
3:00	Studies	nition and	Filmstrips	<pre>project)</pre>		

ERIC Patricipatory IDC

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# TERMINAL-SECONDARY PROGRAM Weekly Unit for Yearly Planning

## HOME AND COMMUNITY LIVING

I.	II.		IV.
FOODS	SEWING AND HANDCRAFTS	AT HOME AND AT SCHOOL	GOOD GROOMING
SEPTEMBER		ties for	details)
	tivit		of Activity
Kitchen safety	Place mats and Napkins	Table service and lunch	Prepare good grooming kits
	Aprons and Headscarfs	setups	Emphasize personal clean-
Identification of kitchen	Curtains	Techniques of dishwash-	liness in kitchen
equipment	Resting mats	ing and daily kitchen	Demonstrate techniques to
	Storage boxes for supplies	es routine and cleanup	be used throughout the
Measuring techniques	yground equ	Specific duties of class-	
		room helpers and plan	Discuss reason for emphasis
		definite routine for	
OCTOBER		C	
	Choice of Activity	Care of equipment at	Care of skin, hands and
Vegetable cookery	Potholders	school and home (stoves,	feet
	Make bath mitts	refrigerators, washing	
	Hem hand towels (to be	machines, irons, etc.)	(See Good Grooming Sections
	used later for nail care)	Ü	C and D)
	Make Scuffles from any		
	quilted material		
Halloween treats	Make Halloween costumes		
	for younger group		
	Shellac ornamental gourds		
NOVEMBER			
	Choice of Activity		Care of Clothing
Fruit cookery	Sew buttons and hooks		Shoe care
	Cornucopias from papier-	Plant seeds and bulbs	
	mache	Garden care	(See Good Greening Section
Different methods of cookery	Make dried arrangements	Hand washing	G)
	Laundry bag	Laundry care-sorting, fold-	•
	Clothespin bag	ing, sprinkling, hanging,	
	Decorate clothes hangers	ironing	
	Dress protectors		
	Shoe duster for dad		

# Weekly Unit for Yearly Planning

## HOME AND COMMUNITY LIVING

	TT.	777	444
	•	TRAINING FOR USEFULNESS	# <b>*</b> ••
DE CEMBER	SEWING AND HANDCRAFTS	AT HOME AND AT SCHOOL	GOOD GROOMING
	Christmas gifts for mother	Care of silverware and	Manners and good nosture
Christmas foods	prons	glassware	0
Christmas gifts	Lavender sachets	•	(See Good Grooming Section F)
Cookies, jelly, cranberry	Pomanders	Holiday helpers at	
piced nu	Christmas gifts for dad	•	(See Social Living - Manners)
	Decorate container of		
	goodies		
	Paper weight		
	Bottle opener		
JANUARY			
	Felt tissue case for	Dusting and polishing the	Hair Care
Food for breakfast	<sup>v</sup> leenex		
	Canister sets	Removal of scratches	(See Good Grooming Section E)
	String container	Care and storage of mops	1
	Dustcloth		ry
	Make-up cape	Use and storage of vacuum	
	Duster mitt and container	cleaner	
Teanit And	IOI STOTAGE		
FEBRUAKY	#411 manage		
Of 2224		t	General Fitness
_	for blocker protectors	Dranke	
Tot Soon nearth	ror prankers	mactress	(see Good Grooming Section A)
	Vern octomis for hed	Herping to care for others	,
	decoration		
	Heart-shaped needle case		
	lentines		
MARCH	•		
	St. Patrick's Day	Cleaning mirrors, windows	Posture and exercises
Hot breads: muffins, pop-	Shamrock needle case	and woodwork	Modeling
overs, biscuits, nutbread,	Name tags from felt sham-	Wiping down walls	
cornbread	rocks	_	(See Good Grooming Section F)
•	Green and white felt	Prepare planters	
Hot Cross Buns (Easter)	jabet	Plant seeds in egg shells	
	Neckties for blouse		
	Cover small matchboxes with	T T	
	green telt and sequins		



# Weekly Unit for Yearly Planning

## HOME AND COMMUNITY LIVING

-	<b>*</b>	777	_A_
		TRAINING FOR HISEFIILNESS	•
FOODS	SEWING AND HANDCRAFT	AT HOME AND AT SCHOOL	GOOD GROOMING
APRIL			
	Earring tray from egg	Child Care	Further emphasis on personal
Milk and egg cookery	cartons	Rules for baby sitters	cleanliness
	Assorted vases for spring	Gardening care - weeding	
Puddings, soups, gelatin	flowers	Plant ornsmental gourds	Posture and modeling
whips, milk shakes	Manzanita flower and egg		
•	tree		
	Picture scrap books for		
	younger class made from		
MAY			
	Mother's Day Gifts	Inventory - assist teacher	General review and evalu-
Foods from foreign lands	Beach bag	with general cleaning	ation of Good Grooming
Tea party for mothers -	Bandana blouse	and inventory	
Fancy sandwiches, fancy	Quilted case for her	Storage of supplies	(See Good Grooming)
cakes, fruit punch, and	hosiery		
salted nuts			
JUNE			Tronting apport
Hee lefterer suchline	pesign paper places and	Storage of supplies for	Vacation salery
	Make sticks for weiner		(See Social Living-Safety)
Plan weiner roast for the	roast	Inventory of equipment	
younger group	Father's Day Gifts		

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## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIO Š

#### Foods

Use of equipment

- stove
- refrigerator
- washing machine
- vacuum cleaner
- sewing machine
- kitchen utensils
- correct names
- learn to identify

Demonstration and discussion of use of service equipment

- 3 safety
- correct use

#### Filmstrips

2033 Preserved Foods

3814 Kinds of Food

3816 Keeping Food From Spoiling

Look for pictures of kitchen equipment and utensils to make a mural

Games for identification of equipment:

- Use flashcard pictures of kitchen equipment and utensils to teach identification
- Place an assortment of utensils on table and ask individual girls to select the utensil
- What is it? How is it used? Kitchen equipment quiz: Ask to identify -
- applecorer measur ing cup
- vegetable peeler ricer
- plate scraper flour sifter
- strainer potato masher other cookie sheet
- After items are identified, play see who can name the most utensil the game to utensils

"Cooking Kitchen Safety" (11 minutes)

Class makes set of rules for kitchen safety after viewing film.

Design bulletin board with measuring equi pictures. ipment and

Pin-up measuring cups and spoons, spatulas, etc.

Discuss kitchen safety

Demonstrate and practice measuring

(Continued)

SEPTEMBER

### HOMEMAKING UNIT

FOODS

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

Measuring Techniques (Continued)

1 cup 2 cups cups = 1 pint

2 pints = 1 quart 4 cups = 1 quart

teaspoon (tsp.) 1/4 - 1/2 tablespoon (tbsp) = 3 teaspoons

Demonstrate: Discuss liquid and dry measure Measuring liquid

Measuring sugar (granulated, brown, Measuring shortening and powdered sugar)

Discuss differences in above

Prepare:

Cocoa, lemon and orangeade and cupcake

Basic clay dough for primary group Recipe:

1 cup flour

l cup salt 1 teaspoon oil

1/2 cup water

# INSTRUCTIONAL AIDS AND SUGGESTIONS

## Vegetable Cookery

AREAS AND ACTIVITIES

Prepare a variety of vegetables plentiful at this season.

Prepare same vegetables in a variety of different ways (boiled, baked, fried, etc.)

Prepare vegetable soup and vegetable stew.

Construct a horn of plenty to be used as a table decoration during this season - fill with a variety of vegetables, nuts, ornamental gourds, and leaves.

Class prepares vegetable booklets or makes a mural or movie.

Discuss favorite vegetables of the group.

Class to look for pictures of their favorite vegetables.

Use filmstrips for class discussion.

Bulletin board suggestions (See Health Section in Creative Activities)

Sweet potato - casserole, baked, grow one in container of water

Potatoes - baked, mashed, boiled, potato salad, etc.

Carrots - carrot-pineapple salad, baked, boiled, etc.
Make carrot garden from tops of carrots placed in
shallow bowl of water.

Mold horn with chicken wire and cover with papiermache or asbestos and wheat paste mixture, paint with tempera.

Cut from magazines pictures of vegetables. Have group look for some vegetables cooked in different ways. (See Health Section in Creative Activities.)

Let class tell their favorite vegetables and manner in which it is prepared.

Mount pictures on bulletin board and place girl's name next to the picture. Label bulletin board "Our Favorite Vegetables".

#### Filmstrips:

- 581 Vegetables From the City
- 1784 Vegetable Gardens
- 2027 Vegetables
- 2822 From Farm to Table
- 3817 Where Food Comes From

Decorate with pumpkin faces using corn candy or raisins.

(Continued)

Prepare cupcakes - decorate with Halloween colors or candles.

HOMEMAKING UNIT

**FOODS** 

Vegetable Cookery (Continue/3)

OCTOBER

INSTRUCTIONAL AIDS AND SUGGESTIONS

Cut to resemble pumpkin faces.

Sugar cookies

Popcorn balls

Vegetable Jack-O-Lanterns

Cut face in pumpkin, use assortment of vegetables to decorate (carrot nose, bell peppar sections for ears, carrot tops for hair, radish eyes, etc.),

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

#### Fruit Cookery

Select fruits available at this season.

Prepare some friit by several different methods.

Testing Bee: to possibly acquaint pupils with unfamiliar focds.

View filmstrips on fruits.

Prepare cranberry jelly - may be saved for Christmas gifts or prepare cranberry sauce.

Filmstrip on jelly and jams, class discussion.

Table decorations for holiday season.

Mural or movie made from various fruits and Make booklets of various fruits. Discuss favorite fruits. methods of cookery.

Add a variety of fruits to the horn of plenty.

Apples - applesauce, baked apples, Waldorf Salad.

Unusual foods such as cranberries, pomegran used by class in Testing Bee. of the decorations in the horn of plenty avacodos. A fresh pineapple may be used mates, and later as part

Filmstrip 2032 Fruits

Other jellies may be made by using frozen grape juice. orange or

Filmstrip G 222 Sure Jell Magic

Save fresh pineapple and use as a holiday centerassorted colored sequins. piece. Paint with gold paint and decorate with

See Health Section of Creative Activities,

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

### Holiday Cookery

#### Cookie Tree

Decorate with fancy holiday cookies on strings, cranberries and popcorn. Use decorated ginger-bread boys.

View film

Paint branch (preferable large branch from manzanita) with white tempera with Vano Starch added

#### Film

Gingerbread Boy

Decorate boys with frosting for eyes, nose, mouth and buttons. Raisins may also be used.

A Sawa Cookie Press is especially good and may be purchased from: Scandanavian Import & Export Co.

9051 Harriet Lane

Anaheim, California - \$6.00 For best results chill dough slightly before using the cookie press

Decorate pint or one-half pint cartons or make canister sets. See Creative Arts section

Fancy holiday cookies may be threaded with needle and hung from the tree

Fill holiday gift containers with:

Prepared assorted nuts - sugar and/or spiced
Simple candy or stuffed dates, candied orange peel
Cereal munchies
Simple fruit cake or nutbread

Popcorn can be prepared and used in various ways

Glue popped kernels on tree. (May be colored by shaking in bag with small amount of dry tempera)

Popcorn Balls - Barbecued, seasoned, popcorn centerpieces or cheese popcorn

Popcorn Snowman - Make newspaper base and glue popcorn on outside. Use assorted size pieces of licorice for face and buttons.

Popcorn Wreath - Press candied popcorn into round, buttered molds. Mix cinnamon candies and peanuts into mixture. Wrap in colored celophane and hang as decorations or give as gifts.

**FOODS** 

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

## Foods for Breakfast

Prepare different types of cereal.

Discuss hot versus cold cereals: Pupils tell their favorite cereals, Tasting Bee of various careals.

> Prepare an assortment of different hot cereals Zoom, Roman Meal, Oatmeal.

Class samples various cold cereals such as Wheat, Corn and Rice Chex and Cheerios.

Save scae of cold cereals to be made into Directions: Combine pretzel sticks, nut seasoning with oil. Toast in slow oven. s, and Munchies

See Creative Activities Section on Realth details. for

Plan breakfast bulletin board. etc. bring in egg and milk cartons, bacon wrappers, Ask children to

Class makes mural or movies showing proper food for breakfast.

Class makes scrapbook showing proper foods for breakfast.

Prepare: Cinnamon and French toast

Discuss basic breakfast and use filmstip for discussion.

Filmstrips:
3595 A Right Breakfast 4338 Why Eat A Good Breakfast

Films:

Food That Builds Good Health Bill's Better Breakfast

### HOMEMAKING UNIT

**FOODS** 

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

# Nutrition -- Good Foods and Good Health

Stress the importance of good food to good health,

Read and discuss the story, "Good Health Train".

Class make a "Good Health Train" for bulletin board. Cut out pictures of healthful food.

Use films and filmstrips, pictures for discussion.

Grade Teacher Magazine, October 1959

See Health Section of Creative Activities

#### Films:

Young Mother Hubbard
Food That Builds Good Health (10 minutes
Eat For Health (11 minutes)

#### Filmstrips

Sd91 Good Fcod, Good Health, Good Look; 3813 Food For Good Health 3814 Kinds of Food

Make "Good Health Habit Book" or mural for wall in good foods,

Animal feeding experiment:

Compare results of experiments,

Discuss reasons for differences in growth rate
and implications for teenage diets,

Feed two mice on different diets - one balanced and the other limited.

### HOMEMAKING UNIT

**FOODS** 

AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

#### Hot Breads

Discuss types of hot breads.

Find pictures of various types of hot breads and make them into a mural or add to Food Booklet.

View filmstrips and films and discuss.

Filmstrip:

1078 Loaf of Bread 4203 Muffin Making

Film

Miller Grinds Wheat (11 minutes)

Field trip to Sunbeam Baking Company.

Visit a bakery and see bread baking,

Bake bread in class. Irish Soda Bread may be baked for St. Patrick's Day.

Muffins: View filmstrip, discuss and use recipe in filmstory. Prepare muffins, select several girls to demonstrate for class.

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Other types of hotbreads may be baked in class such as cornbread, popovers, biscuits.

Prepare Hot Cross Buns for Good Friday -- Discuss.

Read story or tell class the traditions of Hot Cross Buns. Let them take buns to share with friends or relatives in keeping with the tradition.

## AREAS AND ACTIVITIES

# INSTRUCTIONAL AIDS AND SUGGESTIONS

## Milk and Egg Cookery

Discuss with the class different ways in which milk may be used in the diet.

Prepare various recipes using milk -- soups, puddings, gelatin whips, milk shakes.

Discuss the importance of milk in our diets and why it is important for teenagers to drink an adequate supply. View film and filmstrips and discuss.

Excellent pamphlets and booklets on milk may be obtained from the National Dairy Council, Chicago, Illinois.

Booklet entitled "Cooking Is Fun" (from above source) is a pictorial cookbook with recipes for cream of tomato soup, banana milkshake, and easy puddings.

#### Filmstrips:

488 Milk we drink 2692 Milk

#### Egg Cookery

Discuss various ways in which eggs may be prepared: boiled, poached, deviled, etc. Prepare custard.

"Blown" shells may be used for Easter decorations.

if egg cookery is introduced before Easter season.

Egg shells may be used to plant seeds.

Eggs may be blown from shell by piercing both ends and blowing through one end. The egg may be painted and hung by thread or secured by pipe cleaners and hung on Easter Egg Tree.

Half-shells may be filled with soil and placed in egg cartons in sunny window. Prick bottom of egg and plant seeds which may be planted in ground after seedlings develope.

Make earring trays from pressed paper egg cartons: Cut lid from cartons, enamel or metallic paint. Decorate cartons by gluing jewels or sequins on top of carton.

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

## Tea Party for Mothers

Class plans tea party and serves fancy sandwiches, cakes, punch, and salted nuts.

Prepare sandwich spreads ahead of time.

Allow time for pinwheals to set in waxed paper before cutting. Spreads may be applied the previous day.

Ask bakery to slice bread lengthwise for sandwiches.

## Sandwich spreads:

- Cream cheese and pineapple, color with pink or green coloring
- Cream cheese and chives
- 3. Pimiento spread

Spread filling on entire slice of bread and place cherries or pimientos at one end of slice. Roll in waxed paper as for jellyroll. Chill. Just before serving cut into thin slices with sharp knife.

Bread may be spread with a variety of fillings and stacked one on top of the other. Chill, and just before serving cut in thin slices or may be cut in slices about one inch thick and then cut in thirds to make finger sandwiches.

Prepare package cake and bake in sheetcake pan.
Frost entire cake with a thin icing and cut into
individual small, fancy shaped cakes which may be
decorated with candies, tinted coconut, or rosettes
made from tinted frosting squeezed through a
pastry gun.

### Foreign Cookery

Prepare sheet cake for Petit Fours.

diamond or other fancy shapes.

Cake may be prepared on previous day and

Small cupcakes may

Cut cake into

be used.

frosted on day of tea.

Many special classes have children from a variety nationality groups. Discuss foods from foreign lands and prepare a few basic dishes.

Ask parents to share recipes not too complicated for a "Tasting Bee".

Invite mothers to visit the class to demonstrate making a dish characteristic of her nationality.

MAY -- JUNE

HOMEMAKING UNIT

FOODS

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

# Foreign Cookery (Continued)

Class prepares such dishes as enchiladas, fried rice, chow mein, Swedish meat balls, Irish stew, Italian spaghetti, and Spanish rice.

Show pictures of foods from various lands.

Clean cupboards and use leftover supplies if

pcssible.

Plan a weiner roast for younger group.

prepares potato salad, cupcakes and punch.

Class looks for pictures of foreign cookery. Name country associated with food.

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## GOOD GROOMING UNIT

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

#### Shoe Care

Demonstrate and practice way of caring for shoes
Plan specific time during week for care of shoes
during class period
Emphasize importance of clean laces as well as
clean shoes

Equipment Needed:
Shoe shine kits, assorted polishes, brushes, wire

brush, cloth or buffer

Make shoe dusters from terrycloth or flannel for dad to shine shoes

## Washing and Ironing

Washing and ironing taught if facilities are available at the school

- Proper way to sort laundry
- 2. Loading the washing machine
- 3. Operating the machine
- 4. Proper removal of clothes from machine
- 5. Hanging clothes on clothesline

Care of washing machine

Care of iron

Handwashing

Equipment Needed:
Spin-dry washing machine
Electric iron
Clothesline
Collapsible clothes dryer for drying during bad weather

## GOOD GROOMING UNIT

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

#### A General Fitness

Exercise Diet Rest

Proper medical and dental care

Class makes "good grooming boxes" for storage of grooming equipment

Discuss importance of first impressions with weight, vitality reference to cleanliness, neatness, posture,

Review filmstrips and follow with class discussion

> Equipment: Articles used for good grooming

Use pictures to illustrate. magazines to find pictures depicting good groompicting good health habits. ing for bulletin board. Look for pictures de-Class looks

#### Filmstrips:

2001 1331 Sleep and Rest Science and Personal Appearance

Films: Sleep for Health Body Care and Good Grooming Let's Be Clean and Neat (11 minutes) Young Mother Hubbard (10 minutes) (20 minutes)

Good Grooming and Health Educational Units Bristol Myers Education Department, G.M. 45 Rockefeller Plaza New York 20, N.Y.

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

## Personal Cleanliness

# Daily bath shower or sponge - perspiration

- take a bath, etc.
- use a deodorant
- wear clean clothing

conditions and lack of equipment. Discuss adjustments one can make to different Discuss importance of body cleanliness.

points on blackboard for discussion. cleanliness, health, and Class plan daily routine for establishing rest.

even though they are unable to read it derive satisfaction from printing materialthey understand and recall content. Students who are capable may copy schedule for their good grooming notebook. Many will

Dramatize:
Play charades - guess games Brushing teeth, combing hair, washing neck, Brushing clothes ears, etc.

> Make bulletin board displaying equipment necessary for bathing (wash cloth, towel, soap, etc.). Arrange around a picture of bath or shower.

cloth, clothes brush toochbrushes, combs, soap, wash

Rules newsprint and pencils

#### Filmstrips:

873 Your Best You	502 Grooming		You and Your	
et You	<b>0</b> 4	eat	Your Grooming	

#### Films:

Good Grooming for Girls (10 minutes)

Class makes movie projector with wooden rollers to Movie." be fastened to beginning and end of "Good Grooming

of white paper to make movie grooming practices. Class draws picture illustrations of good this may find illustrations. Those unable to do Paste on roll

## AREAS AND ACTIVITIES

## The American

Brushing Teeth

# INSTRUCTIONAL AIDS AND SUGGESTIONS

# Teach proper use of toothbrush

Teach proper use of toothbrush, toothpaste or powder

Daily routine for brushing teeth after lunch; check teeth after brushing

Class looks for pictures on dental care to be used for discussion and on bulletin board

Equipment for display: empty toothpaste carton, toothbrush, pictures of child brushing teeth

Construct a toothbrush holder for the class. Use cup hooks and labels. A piece of heavy plywood is suitable and may be hung on the wall and easily removed by the teacher for distribution of the brushes to pupils.

Excellent bulletins, stories, and pictures are available through the American Dental Association, 222 East Superior Street, Chicago 11, Illinois and from the National Dairy Council, 11 North Canal Street, Chicago, Illinois.

#### Filmstrip:

2934 Your Teeth and Their Care

#### Films:

Judy's Smile Teeth Are To Keep The leeth

# 3. Nose, Throat, Eyes and Ears

Nose picking, coughing, sneezing; use of Kleenex

Discuss picking nose from appearance as well as health standpoint

#### Demonstrate

Refrain from putting hands and objects in eyes, nose and mouth

Stress cleaning matter from corners of eyes

# Pictures for discussion - Kleenex

#### Filmstrips:

1755 Health and Eyes
1825 Your Eyes At Work

#### Films:

Hear Better, Healthy Ears (10 minutes)
Your Eyes (10 Minutes)
Eyes Bright (10 minutes)

## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

Girls are requested to have a change of

garments at school in the event that a change is

under-

Label package with girl's name.

necessary.

## Menstrual Hygiene

Encourage self-help and personal hygiene

Ask school nurse to visit class and discuss menstrual period personal hygiene for girls during the

Encourage girls to engage in some moderate activities, not to just sit unless they have cramps, etc.

#### ဂ Care of the Skin

Have pupils bring pictures of care of skin to ing notebook. pictures. class. Make skin care section for good groom-Cut and paste appropriate

Bulletin board displaying pictures and objects used in skin care

Discuss proper care of skin: washing, cleansing, and drying. Demonstrate various methods of cleaning the skin.

#### Makeup:

Choice of color and proper application

Stress using only own lipstick, comb, powder puff, etc.

## Shaving for boys:

Demonstrate shaving routine

Pictures; soap wrappers, wash cloth, towei Kleenex, ecc. l, brushes,

Wash cloth, cleansing creem, soap, bath brush, hand brush, etc.

If possible, invite a resource person (possibly a parent or friend) to demonstrate the following:

- **D** Selection of and applying makeup
- Skin care when makeup is used
- Social graces (applying makeup in pul blic, etc.)

## AREAS AND ACTIVITIES

## INSTRUCTIONAL AIDS AND SUGGESTIONS

#### D. Care of Hands and Feet

#### Cleanliness:

Discuss cleanliness from appearance as well as health standpoint

#### Smoothness:

and/or creams Discuss causes of roughness, use of lotions

# Well kept nails -- manicures

Set aside definite time each week for nail care. Provide each pupil with necessary equipment. Demonstrate care of nails

#### Foot Care

Method of trimming toenails - danger of pick-Discuss function of the feet ing toenails Athletes foot - prevention and cure **Diseases** of the feet

#### ন • Hair Care

Discuss importance of combing, brushing, shampooing, curling and styling hair

Discuss importance of hair care, methods of shampooing, brushing, curling, etc.

Demonstrate brushing methods

Stress importance of covering shoulders when brushing hair and checking clothes after combing hair for loose hairs and dandruff

#### Filmstrips:

2188 4458 Your Hands and Feet Hands Right

## Equipment needed:

mover, colorless nail polish, manicure s Individual plastic handbasins, emery boards, lotion, hand towels. cissors,

#### Film:

Healthy Feet (11 minutes)

Provide combs and brushes of various types good grooming kits for

#### Filmstrip

2187 Your Hair

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## AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTION NS

Ammonia water, stiff brush, a tall container to

hold combs and brushes

#### **F** Hair Care (Continued)

Care of combs and brushes Show how to clean combs and brushes

Discuss avoidance of combing hair in public

Demonstrate how to curl hair - pin curls and rollers. Ask girls who curl their own hair to demonstrate techniques

Bobby pins, curlers, hairnet, hair dryer

#### 'ম Good Posture

Have class demonstrate good posture in sitting, Relationship of good posture and good health Appearance - effect of good posture on health Discuss necessity of good posture - stress walking, standing and appearance reasons for good posture

Use full-length mirror for checking appearance

Wall charts and pictures

Class cuts out pictures of good postures

from

magazines to illustrate

Posture improvement - discuss methods of imof table and chair heights to the individual's proving posture through exercises, adjustment needs.

Exercises for posture improvement class schedule. Give special attention to the posture improvement exercises. Daily exercises should be included in the

Ask school nurse to assist in checking individual for posture improvement Carry out recommended suggestions

"The Living Method Course" by Evelyn Loewendahl (a series of four records with booklet enclosed)

Filmstrips:

2015 1334 Straight and Tall

Suitable records for exercising: "Reduce in Record Time"

Posture

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(Continued)

ERIC

## GOOD GROOMING UNIT

# AREAS AND ACTIVITIES

INSTRUCTIONAL AIDS AND SUGGESTIONS

# F. Good Posture (Continued)

Select a posture "King and Queen" as suggested in movie

Move Better (10 minutes)
Walk Better (9 minutes)

Practice graceful walking - girls act as models

Model to records:
"Alice Blue Gown"

"Easter Parade"

## G. Care of Clothing

Responsibility for care of clothing

Discuss and list ways in which you can help to care for clothing such as:

- 1. Hanging up clothes
- Turning clothing right side out
- 3. Changing clothes after school
- 4. Advising mother of need for repairs or
- 5. Making repairs, sewing on buttons, etc.
- 6. Washing and ironing

Discuss neatness, stress belts tied and shirts tucked inside

Demonstrate proper methods of hanging, brushing, and folding

stain

saw; nail, file, sand, and on plywood, cut with coping Trace pattern for planter

(3 per class)

and dolly

and other heavy items.

seeds in milk cartons

controlled

Discuss ways in which germs may be spread and

Discuss ways in

of neglect

taking a bath

Proper procedure

for

Foot care and d

angers

try planting unidentified

Let individual pupils

Demonstrate use of cart

-105-

ing methods for furniture

Demonstrate proper mov-

other plants

to water these and the bulbs; assign two pupils

Fill planters, plant

and movie projector. Have the rest of class observe.

operation of filmstrip

Train several pupils on

hand tools.

Woodworking with simple

OCLOBER	SEPTEMBER	l
Wire work: learning to handle wire cutters, pliers, specified lengths and completing demonstrated shapes and designs.  Final design to be frame for face mask. Pupils will cover frame with papier mache, then tempera paint	Explain duty chart and proper procedure for each assignment. Rules for safety regarding tools and equipment. Paste names on assigned boxes. Various finger dexterity tests, practice with peg boards, assorted nuts and bolts, hand tools, etc.	avno
Package wrapping, using string and tape.  Gift wrapping-demon- strate tying bows, etc.  Stuff envelopes with one or a variety of items Sort variety of items as to size, shape, color, texture, etc.  Stack books, packages, various size cans, etc.	Ditto machine operation and care, identify cause of misprints  Sorting, stapling, fold-ing, cutting if required Set up work order board and specify procedures  Practice proper table setting and select workers for cafeteria duty (one for each week)	
Car washing, polishing and cleaning of the interior Tire changing - put emphasis on safety	Demonstrate equipment and methods for routine cleaning. Include such items as mirror, wash basin, table tops, word-work, floors.  Clean and arrange cupboards, drawers, sheives Take inventory of the contents at time the cleaning is done	
Clothing - appropriate type for occasion and weather Care of clothing Proper shoe care and techniques for polishing Proper use of hand- kerchief	Standards expected with emphasis on personal clean-liness as an obligation to companions.  Demonstrate shaving techniques, give helpful hints Issue kits for good grooming of teeth, hands, fingernails  Set up procedure for weighing and recording	

## WORK AND COMMUNITY LIVING

_	FEBRUARY	YAAUNAL	DECEMBEK
	Orientation and authoriz- ation of certain pupils to use certain power tools (drill, sander, vibrator saw)  Stripping several pieces of old furniture with paint scrapers and limited amounts of paint remover, sand down for refinishing	Book rack construction for instruction in use of cross-cut and box saw, hand-drill, screws (to be flat-heads and countersunk), use of enamel and paint Carpenter's steel square to be used for checking and Jack plane for trimming corners to specified design	Christmas presents to take home: plaster of Paris ash tray decorated with 1/4" tile  work and design markings of various fixtures from copper and aluminum foil
	Woodwork cleaning, methods used Paint or varnish various pieces of furniture which have been prepared	Jig-saw puzzles - repair methods Stress conservation of plywood sheet when part is traced and cut	Construct Christmas de- corations for classroom and halls Fill requests from the other teachers for con- struction related to the season
	Get acquainted with the sewing machine, using the iron and the vacuum cleaner	Hazards in the home to be aware of: iack of ventilation poison in various forms electrical outlets, spontaneous combustion and other causes of fire	HOME SERVICE.  Demonstrate showing courtesy to guests: seating hanging coats ash trays noise
of caring for the hair	Construct a scrapbook to contain various magazine articles which advertise products for good grooming First section to be on hair care. Discuss chances of product doing all that is claimed. Demonstrate practical means and methods	Good posture; ways to attain and maintain it Importance of maintain-ing good posture	GROOMING  Do's and don'ts" of eating Emphasis on over indulgence and unbalanced diet Stress real price of smoking tobacco in relation to health, etc.

### TERMINAL-SECONDARY PROGRAM

### WORK AND COMMUNITY LIVING

YAM	APRIL	МАКСН
Taking apart various items with a minimum of time and a maximum of salvage, and with safety Items to include scrap T.V. cases for wood, nuts,	Weaving: Fasten 1/4" hardware mesh to picture frames made in March. Make designs by wav- ing colorful yarns through the mesh Make one large frame to be used as a room divider After completing above items, make wooden frames, 8" square with nails pro- truding, to weave pot holders, etc.	Picture frame construction without nails Boards and corners to be joined with glue and dowels by using brace, bit, and clamps Engrave design on frame with tools from woodcutting sets. Several of the pupils may be allowed to design with the wood burning set
Flyer sheets to other teachers offering to make simple repairs or renovate various games and toys needing such treatment	Site for garden to be furrowed and planted with a variety of seeds. Some of the seeds to be for planted for Halloween pumpkins  Crews to weed and water during P.E.	Identification and practice with rake, hoe, shovel and other garden tools Weeds and grass to be cleared from playground Instruction in proper way to dig, weed, prune, rake, trim, water, use of hand mower and wheel barrow
Practice and instruction in proper methods of lubricating cimple tools, toys, and hand-powered appliances	Proper washing, rinsing and drying of individual items Removal of spots from various types of fabric Upholstery cleaning	Bundling old news- papers in neat bundles of 25 lbs. Teacher and pupils may contri- bute papers and the S.A. will pick them up when 200 lbs. has been bundled Proper use and appli- cation of furniture wax
Section in scrapbook to emphasize eye and ear care, to be followed by items on proper rest	Section in scrapbook to emphasize skin care as shown by picture ads Proper care for the skin and of pimples, with emphasis on proper washing, cleansing, and drying	GROOMING  Second section of scrap- book to emphasize dental care Types of common dental problems to be identified Stress dangers of using abrasive type cleaning agents Proper routine for brushing teeth

(Continued)

### TERMINAL-SECONDARY PROGRAM

### WORK AND COMMUNITY LIVING

<b>5</b> 1200		
Make award certificates and plaques by sand cast- ing, block printing with forms cut in styrofoam, engraved sheets of copper foil.  Awards to go to individual pupils for perseverance, effort, or achievement throughout the year	bolts, screws, and wire  Have some pupils try  to re-assemble the items  they have just dismantled  Scrap electric motors  or generators dismantled  for scrap copper.  All of the above items  are available for the  asking at most repair shops	AUHS
Inventory and appraisal of all tools, supplies and furniture (Repair Requisition for those items in need of repair)	SCHOOL SERVICE	מחחחו פסדוזומם
Ideas for vacation activities	HOME SERVICE	
Simple first-aid plus "do's and don'ts" in various emergencies Practice buckling car seat belts and encouraging their regular use.	GROOMING	

	Evaluation form for Use of Training Center Supervisor  Sample Time Card  Judga To Case Study Folia:  Gasa Study Guide  Books and Bublications Matlable in Special Education Office	Forms and Theres for School Forms and Theres for School Form Food Grounding Evaluation Check List for Training	Cults of Study ] Suggested Film (	
	Svaluation Form for Use of Training Center Supervisor Sample Time Card  Sample Time Card  Ladoz To Case Study Polider  Case Study Guide  Case Study Guide  and Fublications Available in Special Education Office	"我们是我们的一个人,我们就是我们的一个人,我们就是我们的一个人,我们就是我们的一个人,我们就是我们的一个人,我们就是我们的一个人,我们就是我们的一个人,我们就	Unite of Study That West Constant Reinforcement Suggested Film Calendar Schadula Satisfin for the Teaching of Fable Setting	
	n Spacial Education	Raining Genter-Si endance and Work a ar and Sheltered	Reinforcement  Reinforcement  Setting	
BOTTLE BESCHIEF BETTER BETTER BY ALVERTANCE AND ALVEST	Parvisor  on Offition Library	and Training Center-Sheltered Werkshop .  Attendance and Work  Tora  Center and Sheltered Workshop		XIGNBAA
		and Accountly Cames		
			708 109	
<u>i</u>				

# UNITS OF STUDY THAT NEED CONSTANT REINFORCEMENT

Competency Scale, the following activities will need continuous emphasis: In addition to developing the self-help skills described in the San Francisco Social

businesses that sub-contract with the training center and sheltered workshop extensive field trips to stores, transportation facilities. sheltered workshops, and

a variety of free-time activities

usefulness in the home

methods and use of transportation facilities

activities of daily living

understanding safety rules and the use of traffic signals

and the second

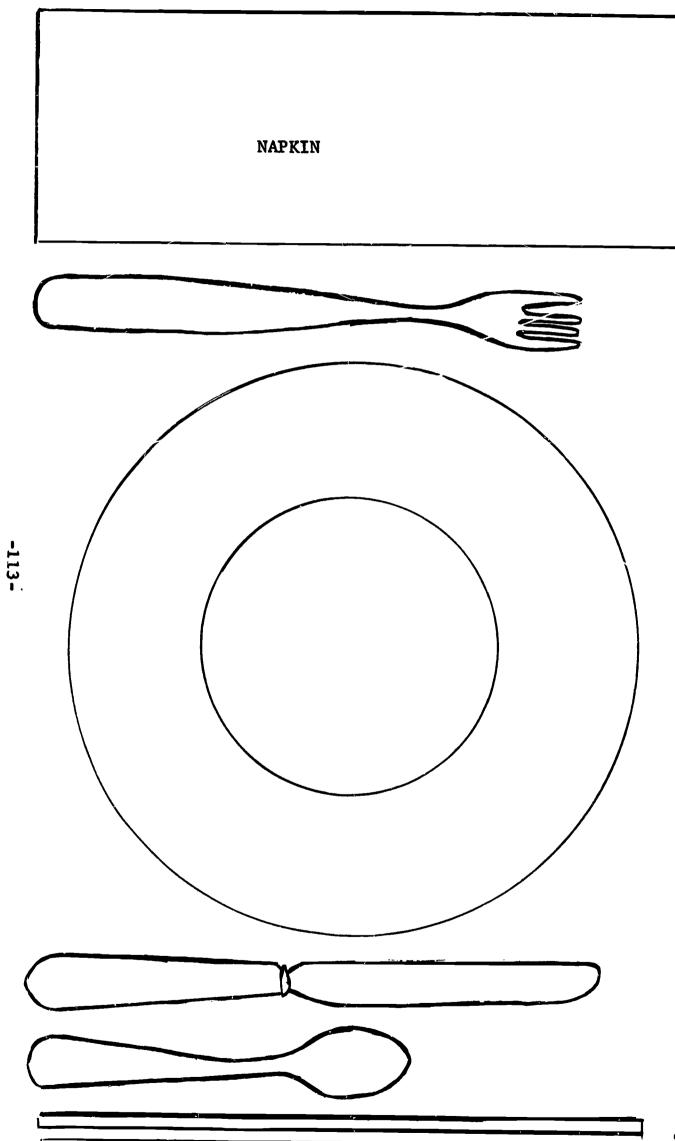
use and identification of money, tools, equipment, various types of materials

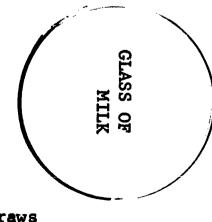
types of jobs and skills required

personal appearance, health, and human relationships

2192 "Your Face" 2744 "Your Skin And Its Care"	1755 "Health And Eyes" 1825 "Your Eyes At Work"	2934 "Your Teeth And Their Care"
Filmstrips:	Filmstrips:	rips:
"Care Of The Skin" "Healthy Skin"	"Sleep For Health" "Hear Better, Healthy Ears" "Your Eyes" "Eyes Bright"	"The Teeth"
Films:	Films:	Films:
МАУ	APRIL	MARCH
Filmstrips:  2187 "Your Hair"  2001 "Science and Personal Appearance"	Filmstrips: 1334 "Straight and Tall" 2015 "Posture"	
	"Move Better" "Walk Better" "Posture Pals"	"Health In The Home" "Foods That Build Good Health"
	Films:	Films:
FEBRUARY	JANUARY	DE CEMBER
2188 "Your Hands and Feet" 4458 "Hands Right"	3598 "You're On Parade" 3873 "Your Best You"	
Filmstrips:	Filmstrips:	
"Healthy Feet" "How To Catch A Cold" "Goodbye, Mr. Germ"		"Teeth Are To Keep" "Judy's Smile"
Films:		Films:
NOVEMBER	OCTOBER	SEPTEMBER

This pattern may be drawn on plastic sheets or on a plain placemat so that it can be used in teaching the correct method of setting the table. Pupils may use samples as placemats until activity is learned. An actual place setting fastened to cardboard is also very helpful in teaching this activity.





Straws

### GREETING AND ACTIVITY SONGS

#### GREETING SONGS

7

### 1. The More We Get Together

The more we get together, together The more we get together
The happier we'll be.

For your friends are my friends And my friends are your friends The more we get together The happier we'll be.

## 2. Name Song (Where Is

Where is
Where is
He is here, he is here,
We are glad to see you
dear,

Repeat the verse using the names of several children in turn.

dear.

5

## 3. Here We Go Walking Round and Round

Here we go walking round and round,
Round and round, round and round.
Oh! won't you tell me what's your name?
(music stops, point to a child)
Hi! Robert (everybody says name of child)

#### ACTIVITY SONGS

#### Clap Your Hands

Clap your hands, clap your hands, Clap your hands, 'til the music stops.

Shake your hands, shake your hands, Shake your hands, 'til the music stops.

Swing your hands, swing your hands, Swing your hands, 'til the music stops.

Swing your arms, swing your arms, Swing your arms, 'til the music stops.

Not your head, nod your head, Not your head, 'til the music stops.

Stamp your feet, stamp your feet, Stamp your feet, 'til the music stops.

### 2. Action Song Of The Body

My head, my shoulders, my knees, my toes. My head, my shoulders, my knees, my toes.

My eyes, my ears, my mouth, my nose. My eyes, my ears, my mouth, my nose.

3. Sometimes I am tall -- (stand up and stretch hands high over head)
Sometimes I am short -- (bend over)

#### ACTIVITY SONGS (Continued)

#### 4. Ball For Baby

Here's a ball for Baby Big and soft and round!

Here is Baby's hammer-Oh! how he can pound. (make hammer with fist)

Here is Baby's music-Clapping, clapping so. (clap hands)

#### 5. Follow The Leader

Touch your eyes
Touch your nose
Touch your ears
Touch your waist
Touch your legs
Touch your feet
(stand up and touch parts of body)

#### 6. Open, Shut Them

Open, shut them Open, shut them Give a little clap.

Open, shut them Open, shut them Lay them in your lap.

#### My Hands Upon My Head

My hands upon my head I'll > Lace (hands on head)
On my shoulders - and on my face (hands on
shoulders and on face)
At my hips and by my side (hands on hips, down
by side)
Then behind me they will hide (hands behind you)

And let my fingers fly, fly, fiy. (wiggle the fingers over the head)

I will raise them way up high (hands

high over

head)

Clap, clap, clap, and (clap hands)
One, two, three (count)
Just see how quiet they can be (fold the hands
in the lap)

## 8. This Little Pig Went To Market

This This This and ran all This little little little little little the way home. (close hand pic cried, "wee, wee, wee" pig went to market (start with thumb) pig had none. (4th finger) pig had roast beef (3rd pig stayed at home (2nd finger) finger) into fist) (5th finger)

ERIC

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						MAM
						ATTE NDANCE
						ATTEMPTED ASSIGNMENT
						COMPLETED ASSIGNMENT
						WORKED SAFELY
						CLEANED UP
						TEAMWORK
						NOTATIONS

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X = Good
V = Needs to improve (second V in succession means an 0)
0 = Unacceptable (second 0 = note home)

M-1 - 1 - 1 - 1	 N X 400 TO 1	 	 	 			
							NAME
							CLEAN SKIN
							CLEAN CLOTHES
							NEAT FINGERNAILS
							NEAT(Clean) HAIR
							SHAVED
							SHOES
							WEIGHT Since many of the pupils are overweight the comment is on loss or gain

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#### STOCKTON UNIFIED SCHOOL DISTRICT Pupil Personnel Services Department Special Education Office

# CHECK LIST FOR TRAINING CENTER AND SHELTERED WORKSHOP

Grasping	Reaching	Ցսդրս <b>թ</b> գ շ	Ambulatory	Code:  0 - Never  1 - Someti 2 - Usuall 3 - Almost 4 - To be the
12. To grasp small objects (a) thin (b) bulky (c) flat (d) upright  13. To grasp large objects (a) thin (b) bulky (c) flat (d) upright (d) upright 14. To grasp solid objects 15. To grasp pliable objects	11. To reach (a) forward  (b) sideways  (c) backwards  (d) downwards  (e) upwards	5. Erect with comfort 6. On rough surfaces 7. On heights 8. To lift from table height (a) light objects (b) heavy objects 9. To lift from bench height (a) light objects (b) heavy objects 10. To lift from floor (a) light objects (b) heavy objects	1. Carry solid 2. Carry fluid 3. Carry as pa 4. Over changi	or rarely mes or occasionall y or often always or always used when item doe evaluator is unabl
			0 1 2 3 4 Remarks	Name Evaluator  Date of Evaluation

Code:	Name
) - Never or rarely	
- Sometimes or occasionally	Evaluator
? - Usually or often	
3 - Almost always or always	Date of Evaluation
- To be used when item does not apply or	
the evaluator is unable to determine	

				_	_		υ¢	e w	ιθΛ		[ F	) <del>9</del> 3	<b>P</b> U	ılb	oro	<b>,</b>	)				_				8u	ĮP	oŢ	H	Item
sorting, sewing, etc.	etc.	ment, i.e. polishing,	nd and Finger Movement	(b) horizontal	rtical	into sewing machine,	i.e. feedin		controls, e	b. controlled applied pressure, i.e.	controls, etc.	chine, electri	a. alternating up and down, i.e. treadle	B. Leg Movements	digging with shovel	d. repetitious shifting of weight, i.e.	sweeping	c. repetitious swaying, i.e. sawing or	b. repetitious squatting, i.e. lifting	_	A. Body Movements	17. Rhythmic coordinated movement	(d) without movement	endurance	(c) containers of fluid with	and maintaini	μ.	16. To hold (a) solid objects	Activity
•						W							<u> </u>								•								0 1
				-								_																	2
								-										-	-										3   4
																													Remarks

	ı	
	) independen	Ì
	respecting property	
	i	
	(n) honesty: voluntarily admitting	
	fulness	
	(1) ambition	
	(k)	
	(i) alertness	
	(h) following instructions -	
	initiative	
	(e)	
	(d) cleanliness	
	attention span	
	20. Traits: (a) physical	
	The state of	
	(f) can make	
	(e) can tell time	SŢ
	(d)	[]]
	주 B (c) spelling	K.J
	( <u>a</u>	S
	19. Basic Skills: (a) reading	
	Tacco, e	
		uc
	light switches etc	)T:
	a. household, i.e. dwor knobs.	] B:
	entifying various fasten	ΣT
	p. a. hammers, pliers, saw	ı
	18. A. Identifying major tools:	
1 2 3 4 Remarks	Item   Activity   0	It
		:
	the evalu	4
	To be used when item does not emply	<i>-</i>
Date of Evaluation	- Almost always	ယ I
	- Usually or of	2
Ryaluator	- Sometimes	<b></b>
Name	- Never or rarely	0
Nomo	Code:	Cod

ch ch

D

(C)

:

-123-

# CHFCK LIST FOR TRAINING CENTER AND SHELTERED WORKSHOP

		-124-		
			- girls	
			28. Combing Hair - boys	٠٤
			Brushing	Su j
			washing Body	ışų wo
				TO SE
			25. Shaving or applying cosmetics - boys	g O
		etc	- braces,	
		aid	70	\$ `\$
		S	s - gias	ieo luț Bu
			(d) Dressing, help on fastenings	is ss ns
			Dressing	II re es
			Undressin	pu pu
			$\Gamma$	ı U A
			(I) Spreading	
			Cutting meat	
			) Fork to	8u
			Spoon to mouth with	<b>1</b> 2
			Drinking from cup wi	E 8
			Drinking from glass	
			(8) Turning of pages	
			Transfer & Concrete Will	
			nenci le	
			Writing or pri	
			and sealing envelope	•
		P	(d) Folding new paper, placing in envelope	8 K
			ing paper	Ŋę
		-	envelope, remov	
			Cutting alo	
			using a ruler	_
			raight line with pencils	
		-	(b) Telephone	:
Venative		1		
	1 2 3 4 1	0	Activity	Item
			the evaluator is unable to determine	
			used when item does not	t = 10
	Date of Evaluation		always or always	AI
			y or orten	2 - 08
	Evaluator		mes c	1 - Someti
			ver or rarely	0 - Ne
(4)				Code:

# CHECK LIST FOR TRAINING CENTER AND SHELTERED WORKSHOP

Top Contract

Code:

0 - Never or rarely

1 - Sometimes or occasionally

2 - Usually or often 4 - To be used when item does not apply or 3 - almost always or always the evaluator is unable to determine Name\_ Date of Evaluation Evaluator (5)

(c) transfers		H = Work - (a) paying fare	H   30. Can use public	(e) UII toll	CTE	(c)	(e)	29. (a)	
									2
1	-		-	-	-	-	-	-	3 - 2
									Remarks

C)

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## STOCKTON UNIFIED SCHOOL DISTRICT Pupil Personnel Services Department Special Education Office

# EVALUATION FORM FOR USE OF TRAINING CENTER SUPERVISOR

		$\vdash$	
	1	╀	
		4	
		_	
		_	Comprehension of New Learning Situations
			EX
		-	
			Attentiveness
			Punctuality
			Attendance
			Quantity of Work
			Quality of Work
			Operation of Equipment
		4	Tool Usage
			Work Habits
			Emotional Tolerance
			WOTK Tolerance
			Cooperation With Other Clients
			ion
			Attitudes
			Motivation - Initiative
Remarks	Adequate Poor Unacceptabl	Good	Excellent
	le_		
3.			Date of Evaluation
1.			Evaluation of
h			



#### SAMPLE TIME CARD

This is a sample of the punch card used at the Training Center - Sheltered Workshop. It is used to dete mine the hours worked, pay due, benefits and deductions, etc. The pupil uses this time card in conjunction with the time clock and needs instruction on how to use it. The date is recorded by the secretary. to deter-

Pay Period Ending  Rate Total  Rate Total  ST.UN.COMP. Total  ST.DIS.BEN. Total  Dues  Bonds  Net Wages  Net Wages  Full
--

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#### INDEX TO CASE STUDY FOLDER

- 1. Identification (Inside Front Cover)
- 2. Pictures of Pupil (Paste Inside Back Cover)
- 3. Yearly Case Study Summary (Latest Year On Top)
- 4. Parent and Case Conference Reports
- 5. Psychometric and Clinical Services Reports
- 6. Speech Therapist Reports
- 7. Developmental Records
- 8. Test Results Intelligence, Achievement, Others
- 9. Previous Case Study Materials
- 10. Other Material Should Be Contained in the Envelope Inside Front Cover

#### STOCKTON UNIFIED SCHOOL DISTRICT Pupil Personnel Services Department Special Education Office

CASE STUDY GUIDE

						Name	
то	BE	MADE	OUT	IN	DUPLICATE	Date	<del> </del>
						Teacher and School	

Areas to include: I. Home and Family History; II. Personal History, Social and Emotional Adjustment; III. Scholastic Adjustment; IV. Pre-Vocational Planning and Work Experience; V. Suggestions for Next Year's Teacher.

ERIC Full Took Provided by ERIC

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COUNSELING THE EMOTIONALLY DISTURBED, C. H. Patterson

EARLY EDUCATION OF THE MENTALLY RETARDED, Samuel A. Kirk

EDUCATING EXCEPTIONAL CHILDREN, Samuel A. Kirk

EDUCATION OF THE SLOW LEARNING CHILD, Christine P. Ingram

EMOTIONAL BLOCKS TO LEARNING, I. D. Harris

EXCEPTIONAL CHILD, THE (A Book of Readings), J. F. Magary, J.R. Eichorn

HELPING CHILDREN WITH SPECIAL NEEDS, R.F. DeHaan, J. Kough

IDENTIFYING CHILDREN WITH SPECIAL NEEDS, R.F. DeHaan, J. Kough

I RECLAIMED MY CHILD, L. Stout

LEARNING PERFORMANCE OF RETARDED AND NORMAL CHILDREN, G. O. Johnson, K.A. Glake

MENTAL DEFICIENCY, A. F. Tredgold

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MENTAL MEASUREMENTS YEAR BOOK, O.K. Ruros

MENTAL RETARDATION, J. H. Rothstein

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MENTALLY RETARDED CHILD, The, M.L. Hutt, R.G. Gibby

MOTHER-CHILD INTERACTION IN PSYCHOSOMATIC DISORDERS, A.M. Garner, C. Wener

PARENTS OF THE HANDICAPPED, Gunnar Dydwad

PSYCHOPATHOLOGY OF CHILDHOOD, P.H. Hoch, J. Zubin

PSYCHOLOGICAL PROBLEMS IN MENTAL DEFICIENCY, S.B. Sarason

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READING CURRICULUM FOR THE MENTALLY HANDICAPPED, Sisters of St. Francis of Assissi, St. Coletta Schools

READINGS ON THE EXCEPTIONAL CHILD, Century Psychology Series, E. Philip Trapp, Philip Himelstein

REFLEXES TO INTELLIGENCE, S.J. Beck, H.B. Molish

SLOW LEARNER IN THE CLASSROOM, The, N.C. Kephart

SPECIAL EDUCATION FOR THE EXCEPTIONAL, Introduction and Problems, Merle E. Frampton, Elena D. Gall

SPECIAL EDUCATION FOR THE EXCEPTIONAL, Mental and Emotional Deviates, Merle E. Frampton, Elena D. Gall

STUDY OF THE EFFECTS OF COMMUNITY AND INSTITUTIONAL SCHOOL CLASSES FOR THE TRAINABLE MENTALLY RETARDED Study by Sam Levine, San Francisco State College

TEACHING METHOD FOR BRAIN-INJURED AND HYPERACTIVE CHILDREN, William M. Cruickshank, Frances A. Bentzen, Frederick H. Rataeburg, Marian T. Tannhauser

TEACHING THE MENTALLY RETARDED CHILD, Natalie Perry

## AMERICAN JOURNAL OF MENTAL DEFICIENCY

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	Mav. 1958	March, 1958	January, 1958	November, 1957	September, 1957	July, 1957		9	January, 1957	October, 1956			April, 1956	January, 1956	ber,	l n		January, 1955	October, 1954	July, 1954	April, 1954	January, 1954	October, 1953	l n	April, 1953	January, 1953	er,	July, 1952		S		October, 1951	July, 1951		April, 1951	January, 1951
	Volume 62	Volume 62		Volume 62	Volume 62	Volume 62		Volume 61	Volume 61	Volume 61			Volume 60	Volume 60	Volume 60	Volume 60		Volume 59	Volume 59	Volume 59	Volume 58	Volume 58		Volume 58	Volume 57	Volume 57	Volume 57	Volume 57			Volume 56	Volume 56	Volume 56		Volume 55	Volume 55
	Number 6	Number 5	_		Number 2	Number 1		Number 4	Number 3	Number 2			Number 4	Number 3	Number 2	Number 1		Number 3	Number 2	Number 1	Number 4	Number 3	-	Number 1	Number 4	Number 3	Number 2	Number 1			Number 3	Number 2	Number 1		Number 4	Number 3
7 -				January, 1963	November, 1962	September, 1962	July, 1962			"Prognosis of Mental	1962	1962	"Monograph Supplement"	$\boldsymbol{\sigma}$	January, 1962						November, 1960				March, 1960	January, 1960		September, 1959	July, 1959		May, 1959	March, 1959	January, 1959	•	September, 1958	July, 1958
				Volume 67	Volume 67		Volume 67			1 Subnormals"		Volume	nt"	Volume 66	Volume 66						Volume 65				Volume 64	•		Volume 64	-		Volume 63	Volume 63	-		Volume 63	•-
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# CURRICULUM GUIDES AND COURSES OF STUDY FOR THE TRAINABLE RETARDED

- A Curriculum Guide Raleigh, North Carolina for Teachers of the Trainable Mentally Retarded - State Department of Public Ins truction,
- To Curriculum Planning for the Trainable or Severely Retarded - D.W. Wood, Central Michigan University
- 0£ Study and Curriculum Guide for Severely Mentally Retarded Students - San Mateo County Schools
- Curriculum Guide for Severely Mentally Retarded - Kerr Avenue School, Modesto City Schools System
- Curriculum Guidelines for Teachers of Severely Mentally Retarded Children ı State 0f Tennessee
- Curriculum Material for the Severely Mentally K tarded ı San Francisco Unified School District
- Planning for the "Trainable Child" in the Classroom Day By Day - National Association for Retarded Ω hildren
- Report Number Two on Study Projects for Trainable Mentally Handicapped Children Superintendent of Public Instruction, Illinois - Vernon L. Nickell,
- Report on Study Projects for Trainable Mentally Handicapped Children Vernon L. Public Instruction, Illinois Nickell, Superintend lent of
- Teaching Extremely Retarded Children Kent State University Bulletin
- Teaching the Retarded Child At Home: Home At School - Edna Davison Osterhout, Dingman's Ferry,
- Trainable Retarded, The Department of Education A Curriculum Guide for Special Class Teachers - The Commonwealth of Massachusetts,