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THE GUIDE CONSISTS OF FOUR FARTS--(1) AN INDEX OF BASIC RESOURCE UNITS AND DIRECTIONS FOR THEIR USE, (2) OUTLINES FOR EACH UNIT, (3) UNIT AND STUDENT RECORDS SHEETS, AND (4) SUPPORTIVE MATERIALS, SUCH AS BOOKS AND SOURCES FOR FREE MATERIAL. BASED ON THE ASSUMPTION THAT TEACHERS OF GRADES 1-9 HAVE TAUGHT PIVOTAL SKILLS, THE SERIES OF UNITS PROVIDE FOR CONTINUITY OF INSTRUCTION. STATE BOARD OF EDUCATION REQUIREMENTS FOR THE EDUCABLY SINTALLY HANDICAPPED INCLUDE SIX REQUIRED UNITS, THREE OF MAICH ARE IN COMMUNICATIVE SKILLS AND ONE EACH IN SOCIAL SCIENCES, LIFE SCIENCES, AND COMPUTATIONAL SKILLS. UNIT OUTLINES FOR THESE SUBJECT AREAS PLUS VOCATIONS ARE PRESENTED. TWENTY-TWO REFERENCES ARE LISTED. (JZ)

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# OKLAHOMA CURRICULUM GUIDE FOR TEACHERCOORDINATORS OF EDUCABLE MENTALLY HANDICAPPED STUDENTS

**VOLUME IV** 

SPECIAL EDUCATION-VOCATIONAL REHABILITATION

COOPERATIVE PROGRAM

**GRADES 10-11-12** 



Oliver Hodge, Superintendent
Oklahoma State Department
of Education
1966

# OKLAHOMA CURRICULUM GUIDE FOR TEACHERCOORDINATORS OF EDUCABLE MENTALLY HANDICAPPED STUDENTS

### VOLUME IV SPECIAL EDUCATION-VOCATIONAL REHABILITATION COOPERATIVE PROGRAM GRADES 10-11-12

prepared by

Teacher-Coordinators of Educable Mentally Handicapped Students

under the direction of

The State Special Education Division

in cooperation with

The Oklahoma Curriculum Improvement Commission

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE OFFICE OF EDUCATION

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### **FOREWORD**

Special classes for educable mentally handicapped students are rapidly increasing in the State of Oklahoma. Impetus was added to the senior high level four years ago with the initiation of the Special Education—Vocational Rehabilitation Cooperative Program. This program provides students with supervised work experience coordinated with classroom instruction which gives students experience necessary for success in the civic, social, vocational, and personal areas of their lives.

The guide is comprehensive and well-organized; therefore, any teacher should find it to be a valuable aid when planning for classroom instruction.

It always gives me a feeling of personal satisfaction to see teachers develop educational materials designed to meet the needs of our students and this guide certainly meets this criterion.

> OLIVER HODGE, Superintendent Oklahoma State Department of Education



### **ACKNOWLEDGMENTS**

This curriculum guide has been developed by personnel employed in the Special Education-Vocational Rehabilitation Cooperative Programs throughout the State of Oklahoma.

Three committees have worked four months under the supervision and coordination of Jimmie L.V. Prickett, State Special Education Division, in the development of this guide. Jim Brownell has served as a committee chairman and has assisted in the coordination of the committees. The three committees are:

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Appreciation is expressed to the Oklahoma Curriculum Improvement Commission and to the Oklahoma Rehabilitation Service for their support. Appreciation is also extended to Willene Sanders, Janice Hixson, and Jeannie Brownell for secretarial help.

A. LEROY TAYLOR, Director

State Special Education Division



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### INTRODUCTION

The purpose of this curriculum guide is to provide basic resource units and directives for their use. Teacher-coordinators will use these units to provide a continuity of instruction for educable mentally handicapped students (I.Q. score between 50 and 75)\* in grades 10, 11, and 12 throughout the State of Oklahoma.

This curriculum guide is based on the following assumptions:

(1) The teacher-coordinators working in cooperative programs should be instrumental in developing curriculum for their students. (2) By the 10th grade, the educable mentally handicapped student is reaching the peak of his vertical growth in academic ability. However, his education is not complete for he has abilities that can be developed into useful skills through non-remedial horizontal instruction. (3) The teachers in grades one through nine have taught the pivotal skills upon which a series of units designed to provide a continuity of instruction can be taught in grades 10, 11, and 12. (4) Supervised work experience coordinated with classroom instruction will provide a student with experience necessary for success in the civic, social, vocational, and domestic areas of his life.

### THE STATE APPROVED CURRICULUM

The curriculum in this guide does not change any requirements for establishment of classes, reimbursement procedures, laws, or regulations involving Special Education and/or Vocational Rehabilitation.\*

<sup>\*</sup>See Oklahoma State Special Education Bulletin and/or Cooperative Agreement.

This curriculum is not concerned with meeting college entry requirements. It is centered around the realization that the educable mentally handicapped student cannot meet the academic standards established for normal high school students.

The following courses are approved by the State Board of Education for educable mentally handicapped students in grades 10, 11, and 12. The first six (6) units are required:

- \* 1) Communicative Skills 3 units
- \* 2) Social Studies (American History) 1 unit
- \* 3) Life Science 1 unit
- \* 4) Computational Skills 1 unit

The remaining units necessary to complete the required 18 units for graduation will be chosen from the following:

- \* 1) Co-op Training (Released school time work experience or onthe-job training) Students must be under the supervision of the teacher-coordinator for at least one-half the school day. Maximum — 7½ units (Max. 3 units per school year)
- \* 2) Home Training Maximum 3 units
- \* 3) Vocations Maximum 3 units
  - 4) Physical Education Maximum 3 units
- \* 5) Arts and Crafts Maximum 6 units
  - 6) Choir Maximum 3 units
  - 7) Shop Courses Maximum 7½ units
  - 8) Other appropriate electives as recommended by the cooperative program team

<sup>\*</sup>Teacher-coordinators are qualified to teach these subjects to special education students.

This guide is designed to be used in any size school. In schools with three teacher-coordinators, the curriculum can be used effectively by grouping students according to grade level. For example:

1 Teacher-Coordinator	1 Teacher-Coordingtor	1 Teacher-Coordinator
First Year Curriculum	Second Year Curriculum	Third Year Curriculum
10th Grade Students	11th Grade Students	12th Grade Students

In schools with one teacher-coordinator and not more than twenty students, the curriculum can be used by teaching all three grades together using a revolving curriculum in which a teacher-coordinator goes back to the first year curriculum after the third year. For example:

	1 Teacher-Coordinator	
First Year Curriculum	Second Year Curriculum	Third Year Curriculum
10-11-12 Grade Students	11-12-10 Grade Students	12-11-10 Grade Student
1 year	1 year	1 year
i	3 vears	

The State Special Education Division will assist any school in the development of a local program. A program should be designed so that a student who remains in it for three years will be exposed to a continuity of instruction.

### RESPONSIBILITIES OF THE PERSONNEL

The participating school district employs the teacher-coordinator\* and the Vocational Rehabilitation Division employs and assigns a

<sup>\*</sup>A teacher-coordinator is a State certified special education teacher working in a cooperative program.

rehabilitation counselor to the program. The teacher-coordinator spends one-half of the school day teaching classes and the other half of the school day securing jobs, supervising students on the job, making home visits, and providing evaluations to aid in the continued planning of the student's future. The rehabilitation counselor provides medical services, vocational training, counseling, and other supportive services. The teacher-coordinator and rehabilitation counselor coordinate their efforts in a team approach to guide the student toward future success.

### DESCRIPTION OF THE GUIDE'S FOUR PARTS

PART ONE is a complete index of basic resource units and is called the unit guide. The page number by each unit refers to the page where a complete outline is found. The grade in which a basic unit should be presented is indicated with a blocked in square, however, a unit should be refined and/or expanded and presented it. any grade where it is needed. For example, a unit could be presented as a basic unit in the 10th grade and then be referred to according to student need in the 11th and 12th grades. Teacher-coordinators should indicate in the remark column how the State guide has been changed to meet local student need.

PART TWO contains complete outlines for each unit found in the unit guide. These unit outlines represent the thinking of teacher-coordinators and are derived from actual classroom use. They provide for the academic social, vocational, and personal growth of the students. These outlines are developmental and are designed to provide continuity through all levels. Teacher-coordinators will use these outlines when making daily lesson plans and some will teach with plans from one unit for six weeks or so. A clearing committee will keep the unit outlines current by adding or deleting as consensus is gained from correspondence with teacher-coordinators.

PART THREE of this guide contains the unit and student record sheets. The unit record sheet provides the teacher-coordinator with a complete evaluation and record for each unit that has been taught. The student record sheet provides a complete evaluation of a student's work for each unit he has been exposed to. Both record sheets must be kept current and filed for easy reference.



PART FOUR contains supportive materials to be used by teacher-coordinators in the presentation of the basic resource units found in this guide. The materials are arranged alphabetically under these headings: 1) Books, and 2) Free and Inexpensive Materials. The books can be ordered directly from the publishers and the free materials can be obtained by writing a letter of request to the address listed for each.

### ESTABLISHING A COOPERATIVE PROGRAM

School districts interested in establishing a Special Education-Vocational Rehabilitation Cooperative Program for educable mentally handicapped students in grades 10, 11, and 12, should contact the Special Education Division of the State Department of Education. A joint conference will then be arranged with the local school officials and personnel from the Divisions of Special Education and Vocational Rehabilitation to discuss the steps that will be necessary to organize and operate the program.

PART ONE



Unit No.	COMMUNICATIVE SKILLS	10th Grade	11th Grade	12th Grade	Page No.	REMARKS
1	Effective Speaking				1	
2	Listening				2	
3	Parliamentary Procedure				3	
4	Group Discussion				4	
5	Appropriate Language				5	
6	Introductions				6	
7	Interviews				7	
8	Telephone				8	
9	Directions				9	
10	Reading Skills				10	
11	Reading for Meaning		,		11	
12	Reading for Vocations				12	
13	Reading for Pleasure				13	_
14	Newspaper				14	
15	Effective Writing				15	
16	Letter Writing			,	16	
Unit No.	LIFE SCIENCE	10th Grade	11th Grade	12th Grade	Page No.	REMARKS
17	Human Body				17	
18	Life Cycle				18	
19	Good Health			_	19	
20	Mental Health				20	



	1	1	1			
Unit No.	LIFE SCIENCE (Con'd)	10th Grade	11th Grade	12th Grade	Page No.	REMARKS
21	Safety				21	
22	First Aid				22	
23	Disease				23	
24	Drug Addiction				24	
25	Alcohol				25	
26	Hospitals			,	26	
27	Insurance			, i	27	
28	Funerals				28	
29	The Family				29	
30	Child Care				30	
31	Kitchen & Food				31	
32	You and Your Room	43			32	
33	Self-Concept				33	
34	Your Friendships				34	
35	You & Education				35	
36	Driver's Education				36	
37	Selecting Clothes				37	
38	Family Mending				38	
39	Grooming				39	
40	Dating				40	



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Unit No.	LIFE SCIENCE (Con'd)	10th Grade	11th Grade	12th Grade	Page No	REMARKS
41	Party Etiquette				41	
42	Engagement and Marriage				42	
Unit No.	COMPUTATIONAL SKILLS	16th G:ade	11:h Grade	12th Grade	Page No.	REMARKS
43	Basic Math				43	
41	Making Change			; !	44	
45	Basic Measurement				45	
46	Personal Budget				46	
47	Figuring Wages				47	
48	Taxes				48	
49	Social Security				49	
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Unit No.	SOCIAL STUDIES VOCATIONS	10th Grade	11th Grade	12th Grade	Page No.	REMARKS
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54	Current Events				51	
55	Citizenship				55	
56	Prejudice				56	
57	Voting				57	
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Unit No.	SOCIAL STUDIES VOCATIONS (Con'd)	10th Grade	11th Grade	12th Grade	Page No.	REMARKS
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61	Atomic Attack				61	
62	Transportation				62	
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64	Conservation				64	
65	Leisure Time				65	
66	Responsibility				66	
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Reading for Vocations1	2
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You and Your Job7	2
You and Your Room3	
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### PART TWO

### **UNIT OUTLINES**

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### EFFECTIVE SPEAKING

TO be understood in the classroom and at work, one must speak effectively. Speaking in a manner that allows others to understand exactly what is being said is effective speaking.

### I. WHAT IS EFFECTIVE SPEAKING

- 1. Definition
- 2. Why is it necessary
- 3. How does it help

### II. IMPROVING SPEECH

- 1. Do not talk too much about yourself
- 2. Giving others a chance to talk
- 3. Do not be dogmatic
- 4. Be considerate and tactful
- 5. Ask questions

### III. PRACTICE IMPROVING YOUR SPEECH

- 1. A check list for self-criticism
- 2. Practice exercises
- 3. Art of welcoming constructive criticism
- 4. Gestures use and misuse

### IV. HOW WE TALK WITH THE BODY

- 1. Posture: How do you stand
- 2. Changing positions or movement when speaking
- 3. Walking while speaking
- 4. Sitting while speaking

### V. EFFECTIVE SPEAKING AND WORK

- 1. Seeking employment
- 2. Understanding between employees on the job
- 3. Public relations

### VI. EFFECTIVE SPEAKING EVERYDAY

- 1. Speaking clearly
- 2. Getting the point across
- 3. Selling yourself



### UNIT NO. 2

### LISTENING

"A GOOD listener is not only popular everywhere, but after a while he knows something."

### Wilson Mizner

### I. WHAT IS GOOD LISTENING

- 1. Hearing is a passive process
- 2. Listening is an active process

### II. WAYS OF LISTENING

- 1. Listening for entertainment
- 2. Listening for "escape"
- 3. Listening for inspiration
- 4. Listening for information and ideas5. Listening to evaluate and form opinions

### III. THE LISTENING PROCESS

- 1. Listening depends on giving instant attention
- 2. Listening depends on attitude
- 3. Listening depends on understanding and evaluating

### IV. LEARNING TO LISTEN EFFECTIVELY

- Getting ready to listen
- Start listening on the first sentence
- 3. Get the chief supporting ideas

### V. GOOD LISTENING MANNERS

- 1. Listen as you like to be listened to
- 2. Listen with your whole self
- 3. Applaud with your hands only
- 4. Remain until a speaker is finished

### PARLIAMENTARY PROCEDURE

IMAGINE trying to play baseball, football, or checkers unless the players know and observe the rules of the game. Similarly, a meeting cannot be conducted without rules. Parliamentary law guarantees fair play to all and helps individuals work together as members of a group.

### I. HOW TO CONDUCT A MEETING

- 1. Order of business
- 2. Conducting regular meetings
- 3. Decorum

### II. **DUTIES**

- 1. Duties of president
- 2. Duties of other officials

### III. SIMPLE PARLIAMENTARY PROCEDURE

- 1. Main motions
- 2. Committee reports
- 3. Reading of communications
- 4. Amendments

### IV. NOMINATIONS AND ELECTIONS

- 1. Nominations by committee
- 2. Nominations from the floor
- 3. Nominations by ballot
- 4. Kinds of voting

### V. HOW TO SPEAK AT A MEETING

- 1. Speak only after you have been recognized by the chair
- 2. Speak to the chairman
- 3. Speak briefly
- 4. Speak courteously
- 5. Speak to the motion
- 6. Speak only when you have something to say that has not been said before



### UNIT NO. 4

### **GROUP DISCUSSION**

"COME now, and let us reason together."

Isaiah 1:18

### I. THE SETTING OF DISCUSSION

- 1. Discussion and Democracy
- 2. Groups and the individual
- 3. Motives and conflict

### II. GROUP THINKING

- 1. The origin and nature of problems for discussion
- 2. Organizing group thinking
- 3. The raw materials of discussion4. The uses of authority and reason
- 5. Resolving differences in the group

### III. INTERPERSONAL RELATIONS

- 1. Group norms and social pressure
- 2. Apathy and the problem of involvement
- 3. Interpersonal conflict
- 4. Obstacles to good discussion

### IV. LEADERSHIP IN A GROUP

- 1. Functions of leadership
- 2. Styles of leadership

### V. DISCUSSION IN THE MODERN WORLD

- 1. The uses and abuses of discussion
- 2. Discussion in contemporary life

### VI. LEARNING TO DISCUSS

- 1. Evaluating discussion
- 2. Classroom experience in discussion



### APPROPRIATE LANGUAGE

EVERYONE should be aware of the importance of appropriate language. The "whys' of language and its proper usage should be thoroughly examined by each student so he can gain a better understanding of the importance for all people to speak appropriately.

### I. WHAT IS APPROPRIATE LANGUAGE

- 1. What is language definition
- 2. How words help us
- 3. Different usage of words4. Words that are acceptable or unacceptable
- 5. Pronouncing words properly

### II. WHY USE APPROPRIATE LANGUAGE

- 1. Better communication
- 2. Common courtesy
- 3. Social acceptance
- 4. To better self in life5. Understand daily happenings
- 6. Helps to prepare for employment
- 7. Place for expression

### III. HOW TO IMPROVE LANGUAGE

- 1. Gain appreciation of language
- 2. Develop good attitudes toward language
- 3. Practice by use at home

### IV. IMPORTANCE OF WORK LANGUAGE

- 1. Use of trade words
- 2. Necessity of trade words
- 3. Pronunciation



### **INTRODUCTIONS**

EVERYONE is involved in the act of introductions each day. Students need to know the art and rules of introductions.

### I. HOW TO PRESENT PEOPLE

- 1. Introducing a gentlemen to a lady
- 2. Introducing a young man to an older man
- 3. Introducing a young woman to an older woman
- 4. Introducing persons of the same sex and age

### II. RESPONDING TO AN INTRODUCTION

- 1. Formal situations ("How do you do?")
- 2. Informal situations

### III. YOU AND INTRODUCTIONS

- 1. At school
- 2. At home
- 3. On the job
- 4. In the community

### IV. THINGS TO REMEMBER ABOUT INTRODUCTIONS

- Why they are important
   Remembering the name
- 3. Following the rules, why they are important



### **INTERVIEWS**

AN interview is a "conversation with a purpose." Its purpose is to get a job, hire employees, gather information or sell goods.

### I. THREE TYPES OF INTERVIEWS

- 1. Applications
- 2. Getting information from other people
- 3. Sales talks

### II. BEING INTERVIEWED

- 1. Prepare for the interview in advance
- 2. During the interview be concise, and come straight to the point
- 3. Do not talk too long at a time, or do too much talking
- 4. Remember names
- 5. Look the interviewer in the eye
- 6. Let the interviewer select the time be there on time
- 7. Introduce to the interviewer remember his name and use it often. Terminate the interview with Glad to have met you, Mr.
- 8. Give the interviewer an opportunity to tell you about fringe benefits first
- 9. Be a good listener



### **TELEPHONE**

THE telephone is one of the most personal-impersonal conveniences that man has yet devised. Telephone manners are extremely important for many reasons. The first impression you make on many people will be over the phone. Many job openings list only a telephone number. The following unit is devised to aid the student in using the telephone properly.

### I. BUSINESS CALLS

- 1. Introduce yourself and ask for whom you wish to speak
- 2. Come quickly to the point
- 3. Talk clearly
- 4. Write down information (prices, names, times, etc.)
- 5. Thank the person for taking time to answer your questions
- 6. Be prepared before calling

### II. PERSONAL CALLS

- 1. Introduce yourself do not say "Guess who"
- 2. Talk clearly
- 3. Get to the point of the call
- 4. Respect the other person's time

### III. SOME TELEPHONE REMINDERS

- 1. Answer a ring as soon as possible
- 2. Speak directly into the mouthpiece
- 3. ABC always be courteous
- 4. Make your conversation brief
- 5. Sound a personal note in your conversations
- 6. When putting in a call, allow the phone to ring six or seven times
- 7. Create a pleasant impression of sincerity and warmth by your tone of voice and choice of words
- 8. Replace the receiver gently



### **DIRECTIONS**

DIRECTIONS are used every day. What should students know about them?

### I. WHAT IS A DIRECTION

- 1. Definition
- 2. Purpose

### II. TELLING DIRECTIONS

- 1. Being familiar with a compass and the four directions
- 2. Where you live from school
- 3. Where you live from church
- 4. Where you live from work5. Where you live from downtown
- 6. Where you live from shopping centers
- 7. Where you live from recreation areas

### III. GIVING DIRECTIONS

- 1. Being sure of directions
- 2. Make them concise and complete
- 3. Using local and national maps

### IV. WHERE CAN YOU GET DIRECTIONS

- 1. Telephone operator
- 2. School counselor
- 3. Service stations
- 4. Police
- 5. Persons with whom you are working
- 6. Maps



### READING SKILLS

READING materials and exercises should encourage and interest students in the world of work. Stressing reading as it pertains to jobs can be a big incentive to improve reading skills. There are specific skills good to work on at this level.

### I. IMPROVING BASIC SKILLS

- 1. Recognizing the sounds of all syllables
- 2. Learning word analysis
- 3. Extending vocabulary and understanding
- 4. Learning dictionary use

### II. LEARNING GRAMMAR

- 1. Simple grammar
- 2. Learning to punctuate and capitalize
- 3. Learning to recognize sentences
- 4. Learning about paragraph meaning and organization

### III. READING AND VOCATIONS

- 1. Building vocabularies for vocations and occupations
- 2. Teaching students to read and understand all public signs, including some professional and occupational signs



### UNIT NO. 11

### READING FOR MEANING

JUST as an oyster takes a grain of sand and makes a pearl out of it, so you may take words from a printed page and make them warm and alive by the way you read them aloud.

### I. UNDERSTAND THE SELECTION

- 1. Check meaning and pronunciation of doubtful words
- 2. Read the selection through to get the author's general meaning

### II. MECHANICS OF INTERPRETATION

- 1. Quality of the voice
- 2. Pitch of voice
- 3. Inflection in voice
- 4. Force with which one speaks

### III. EMPHASIS TO IMPORTANT THOUGHTS

- 1. Emphasis by inflection
- 2. Emphasis by change of voice quality
- 3. Emphasis by means of pitch
- 4. Emphasis by means of pause



### READING FOR VOCATIONS

THE student at this level probably has a part-time job and is meeting new people, new ideas, and new values as he never has before. All of this brings about new interest in things he has avoided in the past. He should be encouraged to read materials that meet his vocational needs. Some goals are:

### I. TO EXPAND THE STUDENT'S VOCATIONAL VOCABULARY

- 1. Reading safety signs
- 2. Reading health signs
- 3. Reading instructions
- 4. Reading time clocks and cards
- 5. Reading scales
- 6. Reading receipts
- 7. Reading menus
- 8. Reading labels
- 9. Reading prices
- 10. Reading applications
- 11. Reading charts
- 12. Reading schedules
- 13. Reading street signs

### II. TO EMPHASIZE THE USE OF THE DICTIONARY IN VOCATIONAL STUDY

- 1. Greater understanding
- 2. Pronunciation
- 3. Spelling

### III. TO READ NEWSPAPERS AS A VOCATIONAL STUDY TOOL

- 1. Information about jobs
- 2. Special stories about jobs

### IV. TO USE REFERENCE BOOKS

- 1. Encyclopedias
- 2. Personnel Policy Handbooks



### READING FOR PLEASURE

THE student at the senior high level should be a successful worker. He should display further independence in his decisions and his actions. By this level the student should be receiving a great deal of guidance from his teacher on matters affecting him outside of school and after graduation. His reading should be concerned with **information** and **pleasure.** Goals should be concerned with such items as follows:

### I. READING TO EVALUATE

- 1. Fact from opinion
- 2. Judge reasonableness and relevancy
- 3. Sense implied meaning
- 4. Establish cause and effect

### II. READING TO INTERPRET

- 1. Main idea
- 2. Draw inference and conclusion
- 3. Predict outcomes
- 4. Form an opinion

### III. READING FOR RECREATION OR APPRECIATION

- 1. Sense the humor and plot of a story
- 2. Interpret feeling of the story
- 3. Understand characters



### NEWSPAPER

THE major source of reading material for students during their adult lives will be the newspaper. This is the source most readily available and printed in most instances on an appropriate reading level. The paper can be read for information, interest and pleasure. It is current and informative of local, state, national and international news. The information it carries affects all persons. Some of the following items are needed for effective newspaper reading:

### I. WHAT IS THE NEWSPAPER

- 1. Definition
- 2. Purpose

### II. HOW THE NEWSPAPER AFFECTS US

- 1. Local news
- 2. State news
- 3. National news
- 4. International news
- 5. Explain the affect of each

### III. THE INDEX

- 1. The purpose
- 2. How to use it

### IV. FOLLOWING DIRECTIONS

- 1. In using the index
- 2. The classified ad section
- 3. In finding a continued article

### V. CLASSIFIED SECTION

- 1. Help wanted
- 2. For sale
- 3. For rent
- 4. Work wanted
- 5. Lost and found

### VI. CONSUMER BUYING

1. Advertisements

### EFFECTIVE WRITING

WRITING is a vital part of communication. "Any man who will look into his heart and honestly write what he sees there, will find plenty of readers."

Ed Howe

### I. WRITING EFFECTIVELY

- 1. Handwriting
- 2. Spelling
- 3. Form
- 4. Clarity

### II. EVERYDAY WRITING

- Check writing
   Notes and messages
   Friendly letters
- 4. Application blanks
- 5. School assignments

### III. THEMES

- 1. Content
- 2. Mechanics
- 3. Sentence structure
- 4. Vocabulary

### IV. BUSINESS CORRESPONDENCE

- 1. Various types
- 2. Form and content
- 3. Clarity



### LETTER WRITING

THIS unit is designed to acquaint students with the parts of a letter and the proper procedures involved in good letter writing.

### I. BUSINESS LETTERS

- 1. Heading
- 2. Inside address
- 3. Salutation
- 4. The body
- 5. Complimentary close
- 6. Signature

### II. SOCIAL LETTERS

- 1. Heading
- 2. Salutation
- 3. The body
- 4. Complimentary close
- 5. Signature

### III. ADDRESSING THE ENVELOPE

- 1. Importance of return address
- 2. Addressing properly

### IV. POSTAGE REQUIREMENTS

- 1. Registered mail and when to use it
- 2. Airmail and its use
- 3. Parcel post
- 4. Special handling
- 5. Stamps



#### THE HUMAN BODY

THE following unit has been used effectively in the classroom. It was received enthusiastically by all students.

#### I. WHAT IS THE HUMAN BODY

1. Naming some of the parts

#### II. WHAT IS THE NERVOUS SYSTEM

- 1. What is the purpose
- 2. What are the various parts

#### III. THE DIGESTIVE SYSTEM

- 1. The parts and how they depend on each other
- 2. The function of each part
- 3. Mastication

#### IV. THE RESPIRATORY SYSTEM

- 1. The diaphram as part of the whole
- 2. The lungs and their function how they work
- 3. The skeleton (chest) rib cage
- 4. The respiratory system as a whole

# V. THE SKIN

- 1. Inside lining as well as outside of body
- 2. First protection against disease (an armor)
- 3. Use of sweat (cooling cleaning of bloodstream)

# VI. THE TOTAL BODY

- 1. The organs all function together
- 2. Any alteration in one leads to a state of dis-ease



# LIFE CYCLE

MILTON Myers has said, "Death is the one idea that has no history . . . . Only death stands unmoved by man's relentless compulsion to know." Some points to be covered are:

# I. LIFE BEFORE BIRTH

- 1. Conception
- 2. Complete cell division by the end of the third month
- 3. Normal gestation period

# II. DEPENDENCY ON OTHERS

- 1. Total dependency
- 2. Partial dependency
- 3. Independency

## III. INDEPENDENCY AND RESPONSIBILITY

- 1. Separation from home
- Taking care of dependents
   Eventual death



#### GOOD HEALTH

THE body is the temple of the soul!

# I. WHAT IS GOOD HEALTH

- 1. Mental health
- 2. Physical health
- 3. Can you be sick once in a while and still have good health

#### II. WHAT DO YOU NEED TO DO TO HAVE GOOD HEALTH

- 1. Exercise
- 2. Environment
- 3. Food (Diet)
- 4. Foreign elements in the body (smoking)
- 5. Be regular in health habits
- 6. Importance of good physical carriage
- 7. Refine a good attitude if a little sick, go on
- 8. Relax

# III. WHY DO YOU NEED GOOD HEALTH

- 1. Personal feeling
- 2. Maintain job
- 3. Healthy offspring

# IV. CAN YOU ALWAYS EXPECT TO HAVE GOOD HEALTH

- 1. When do you need good health
- 2. When can you expect to be sick most often
- 3. What if you do become sick

# V. WHO IS YOUR GOOD HEALTH IMPORTANT TO

- 1. You
- 2. Family
- 3. Employer

#### VI. DOES EVERYONE HAVE EQUAL HEALTH

- 1. Compare yourself with your friends
- 2. Compare yourself with athletes
- 3. Consider foreign countries as compared to this country



#### MENTAL HEALTH

MENTAL health is perhaps the most abused aspect of individual development. Therefore, presentation of this unit is of utmost importance.

# I. MENTAL HEALTH

- 1. Definition
- 2. What does it involve

# II. EVALUATE YOUR MENTAL HEALTH

- 1. Personality traits
- 2. Traits of behavior
- 3. Manner of dress
- 4. Speech
- 5. Appearance

# III. WHAT INFLUENCES YOUR MENTAL HEALTH

- 1. Those at home
- 2. Self-concept
- 3. Others' concept



#### UNIT NO. 21

#### **SAFETY**

SAFETY is like breathing, it must be practiced at all times to insure good health.

# I. WHAT IS SAFETY

1. Definition

# II. THE ACCIDENT PROBLEM

- 1. Motor vehicle accidents
- 2. House accidents
- 3. Public accidents
- 4. Work accidents

# III. ENCOURAGE SAFETY EVERYWHERE

- Home, farm and ranch safety
   Physical education and athletics

- Safety in industry
   School safety
   Fire prevention and protection
   Storage of poison



#### FIRST AID

THE aid first administered at the scene of an accident is important and everyone should know what to do so proper treatment will be given.

#### I. THE NEED FOR FIRST AID

- 1. Definition
- 2. Values of first aid training

#### II. WOUNDS

- 1. Kinds
- 2. Prevention
- 3. Treatment

#### III. SHOCK

- 1. Causes
- 2. Symptoms
- 3. First aid treatment

### IV. ARTIFICIAL RESPIRATION

- 1. Definition
- 2. When it is needed
- 3. Mouth-to-mouth

#### V. POISONING BY MOUTH

- 1. Causes and prevention
- 2. Signs
- 3. First aid treatment

# VI. INJURIES TO BONES, JOINTS, AND MUSCLES

- 1. Fractures
- 2. Head injuries
- 3. Sprains
- 4. Dislocations
- 5. Strains

# VII. BURNS AND ILL EFFECTS OF HEAT AND COLD

- 1. Thermal burns
- 2. Sunburn
- 3. Chemical burns
- 4. Heat exhaustion
- 5. Frostbite

# VIII. COMMON EMERGENCIES

- 1. Heart attack
- 2. Unconsciousness
- 3. Convulsions

# IX. TRANSPORTATION OF THE DISABLED

- 1. Methods
- 2. Precautionary measures



# **DISEASE**

MOST deaths in America are attributed to some form of disease. The most effective method of treatment is through prevention. Prevention is best carried out through knowledge of the disease.

# I. WHAT DOES DISEASE MEAN

- 1. Something that affects the functioning of the body
- 2. A state of disease means lack of ease (dis-ease)

#### II. WHY SHOULD YOU HAVE KNOWLEDGE OF DISEASES

- 1. Protection in many cases increases with knowledge
- 2. How does your body fight diseases

# III. WHEN ARE DISEASES LIKELY TO CAUSE THE MOST **TROUBLE**

- 1. Poor health present at time of contact
- 2. Overly tired
- 3. Extremely young (lack of the ability to communicate)
- 4. Extremely old
- 5. Give examples of the above four

# IV. WHERE ARE YOU MOST LIKELY TO PICK UP A "BUG"

- 1. Crowds why
- Backward countries examples
   In areas known to be contaminated (quarantine)
- 4. Places where good health rules are not practiced

# V. WHO CAN ASSIST YOU IN COMBATING A DISEASE

- 1. School nurse
- 2. Doctor
- 3. Specialist
- 4. Various agencies
- 5. Teacher



#### DRUG ADDICTION

HAVE you ever seen a fallen animal in the last throes of death? A person suffering from the D.T.'s or trying to "kick the habit" manifests the same type of behavior.

# I. WHAT ARE SOME OF THE NARCOTICS

- 1. Benzedrine
- 2. Heroin
- 3. Opium
- 4. Morphine
- 5. Marijuana
- 6. Others

# II. WHAT PHYSICAL AND MENTAL REACTIONS DO THEY CAUSE

- 1. Depressant
- 2. Stimulant

# III. WHY OR HOW DO PEOPLE BECOME ADDICTS

- 1. Accidental addiction from hospital use
- 2. Self-imposed use and eventual addiction

#### IV. IS DRUG ADDICTION HARMFUL

- 1. Physical determent
- 2. Physical craving leading to asocial actions
- 3. Possible erosion of the psychic

# V. TREATMENT

- 1. Institutionalization
- 2. Rehabilitation (counseling)
- 3. Return to useful place in society



#### ALCOHOL

ALCOHOL reduces self-control. Loss of self-control reduces self-respect. With the loss of self-respect the person will eventually need to escape and the use of alcohol is a ready escape.

#### I. WHAT DOES ALCOHOL DO

- 1. Causes loss of self-control
- 2. As a depressant
- 3. Lowers inhibitions and safeguards

#### II. WHAT KIND OF PEOPLE DRINK ALCOHOL

- 1. Many people have taken a drink
- 2. Do you have to drink alcohol to the point that you lose control

#### III. WHY DO PEOPLE DRINK ALCOHOL

- 1. To relax
- 2. To socialize
- 3. To escape (is this good does it solve the problem)

# IV. WHAT HAPPENS IF YOU SHOULD GO PAST THE SOCIAL DRINKING

- 1. Loss of job
- 2. Loss of family
- 3. Loss of life savings
- 4. Loss of self-respect
- 5. Eventual death from malnutrition

# V. WHERE TO GET HELP

- 1. Hospitals (medical field)
- 2. Psychiatrist, psychologist, and psychoanalyst
- 3. Institutionalization (drying out period)
- 4. Alcohol Anonymous
- 5. Courts
- 6. Church



#### **HOSPITALS**

WHAT community resource is more significant than the hospital? This unit will familiarize students with the services of this facility.

# I. TYPES OF HOSPITALS

- 1. The general hospital
- 2. The charity or training hospital
- 3. The veteran hospital
- 4. The specialist hospital
- 5. The clinic

# II. LOCATE YOUR HOSPITALS

- 1. Address and phone number
- 2. Specifying the type needed
- 3. Locating it on a city map

#### III. SPECIFY SERVICES OF HOSPITAL

- 1. The ambulance and how to get it
- 2. The emergency room and its purpose
- 3. The rental services (wheelchair and beds)
- 4. In-patient care
- 5. Out-patient care

# IV. ASSISTANCE AGENCIES FOR HOSPITAL CARE

- 1. Welfare
- 2. Insurance
- 3. Organization for the handicapped
- 4. Various fund agencies



#### **INSURANCE**

THE less money you make the more you need insurance. This may sound strange but if an individual understands insurance and how it can help him then he will be better prepared for the future.

#### I. WHAT IS INSURANCE

1. Definition

#### II. TYPES OF INSURANCE

- 1. Life
- 2. Hospital
- 3. Car
- 4. Property
- 5. Cover-all
- 6. Term vs paid up savings

#### III. WHY HAVE INSURANCE

- 1. Social obligation
- 2. Family security
- 3. Future security
- 4. Meeting sudden demands

# IV. COMPUTING PREMIUMS

- 1. Monthly yearly
- 2. Life, hospital, car
- 3. As in come tax deduction
- 4. Computing indemnity

# V. THINGS YOU SHOULD KNOW

- 1. The rider clauses
- 2. Which policy is best for you
- 3. Importance of (insurance company) being registered in your state

# VI. WHERE TO GET INFORMATION ABOUT INSURANCE

- 1. Insurance companies
- 2. Friends in insurance business
- 3. Insurance commission

# **FUNERALS**

FUNERALS are not usually studied in the classroom; however, very few people know what to do when confronted with one. The following unit will help students meet the problems that arise concerning funerals:

#### I. WHAT IS A FUNERAL

- 1. What is the purpose of a funeral
- 2. What funerals should you attend
- 3. Where should you sit
- 4. What should you wear
- 5. Types of burial

#### II. WHY DO WE HAVE FUNERALS

- 1. Are funerals necessary
- 2. Is the cost of a funeral important

#### III. WHEN DO WE HAVE FUNERALS

- 1. In the case of family death who makes the decision
- 2. How about the grave marker

# IV. WHERE DO WE HAVE FUNERALS

- 1. What can a funeral home do for you
- 2. How much will the cost be
- 3. How will you pay for it
- 4. What if you don't have funeral lots
- 5. What if you die out of state

# V. IF YOU ARE THE HEAD OF A HOUSEHOLD, WHAT PREPARATIONS CAN BE MADE IN CASE OF YOUR DEATH

- 1. Funeral lots
- 2. Insurance to pay all bills of funeral
- 3. A clear cut last will and testament
- 4. Instructions on how and when all bills, etc. are due



# THE FAMILY

WHAT is a family? Just think of what a family's task is: to offer physical protection; mental, emotional, and spiritual guidance; love, security, and a sense of belonging; and to help in preparing children for adulthood.

#### I. THE PARENT

- 1. The job of being a parent
- 2. Getting along with your parents
- 3. Changing roles of family members

# II. FAMILY RELATIONSHIPS

- 1. How children in a family are different
- 2. Why brothers and sisters quarrel
- 3. Sharing with brothers and sisters
- 4. Being an only child

# III. COMMON FAMILY PROBLEMS

- 1. Allowance
- 2. Discussion
- 3. Dating and curfews
- 4. Sharing interest
- 5. Buying clothes
- 6. Smoking and drinking
- 7. School
- 8. Outside activity
- 9. Sibling rivalry
- 10. Lack of understanding
- 11. Punishment

# IV. HOW YOUR FAMILY HELPS YOU

- 1. Physical protection
- 2. Mental and emotional development
- 3. Love, security, and a sense of belonging
- 4. Preparation for adulthood

# V. YOUR RESPONSIBILITY IN THE FAMILY

- 1. Personal qualities of a good family member
- 2. Cooperation as a family member

#### VI. GOOD MANNERS IN FAMILY LIVING

- 1. Showing consideration
- 2. Showing unselfishness
- 3. TV or radio etiquette

#### CHILD CARE

IS there a new baby in your family? Do you know how a new baby affects the family?

# I. CARING FOR A BABY

- 1. Holding the baby
- 2. Feeding the baby
- 3. Clothing the baby
- 4. Sleep and rest for the baby
- 5. Safety precautions with infants
- 6. Special equipment
- 7. Medical and nursing care
- 8. Inoculations

#### II. CARING FOR A YOUNG CHILD

- 1. Helping a child with his physical needs
- 2. Bathing and grooming the young child
- 3. Helping the child in his play
- 4. Protecting a child from dangers
- 5. Helping a child to live happily

# III. WHEN YOU ARE A BABY SITTER

- 1. Do's and don'ts for baby sitters
- 2. Responsibilities of baby sitting
- 3. Knowing where the parents are

#### IV. PROBLEMS OF INFANCY

- 1. Crying in the early weeks
- 2. Spoiling
- 3. Common kinds of indigestion
- 4. Constipation
- 5. Diarrhea
- 6. Rashes
- 7. Mouth and eye trouble
- 8. Breathing troubles
- 9. Thumb-sucking
- 10. The pacifier



# KITCHEN AND FOOD

IT has been said that the kitchen is the heart of the home. A clean, well-arranged kitchen makes meal preparation easier and more enjoyable.

#### I. HINTS FOR CLEANING AND CARING FOR THE KITCHEN

- 1. Suggestions for using the refrigerator properly
- 2. Suggestions for using and cleaning the range properly
- 3. Safety in using electric appliances
- 4. Using and caring for kitchen tools
- 5. Miscellaneous kitchen hints

### II. SAVING TIME AND ENERGY IN THE KITCHEN

- 1. Planning ahead
- 2. Taking your time, finishing faster

#### III. PLANNING NUTRITIOUS MEALS

- 1. Consider needs of family members
- 2. Consider your personal needs
- 3. Consider meal patterns
- 4. Place of proteins, carbohydrates, and fats
- 5. The importance of vitamins and minerals

#### IV. BUYING FOOD WISELY

- 1. Why food costs differ
- 2. Forms of food
- 3. Where to buy food
- 4. Managing the family food budget
- 5. Grades of canned foods
- 6. Can sizes and measures
- 7. What to look for in selecting food: fruit, vegetables, meat, cheese, eggs

#### V. CARE OF FOOD

- 1. How long to store perishable foods
- 2. How to store staple foods
- 3. How to store frozen foods
- 4. Preserving foods for later use



# YOU AND YOUR ROOM

WHAT does your room mean to you? Do you have a room of your own, or do you share a room with someone else in your family? The way your room is furnished, the care you take of it, and how well it serves your needs are all important in your enjoyment of it.

#### 1. THE FURNISHINGS FOR YOUR ROOM

- 1. Using your room for sleeping and resting
- 2. Using your room for dressing and grooming3. Using your room for study
- 4. Using your room for leisure activities

# II. CARING FOR YOUR ROOM

- 1. Daily care of your room
- 2. Weekly and occasional care of your room

# III. MAKING YOUR ROOM MORE ATTRACTIVE

- 1. Arranging furniture
- 2. Selecting furniture and accessories
- 3. Arranging pictures
- 4. Selecting curtains and draperies
- 5. Selecting accessories
- 6. By keeping it clean
- 7. Paint it yourself



# **SELF-CONCEPT**

POSSIBLY the most difficult task facing the teenager is that of developing a sound self-concept.

#### I. WHAT IS SELF-CONCEPT

1. Definition

#### II. WHO ARE YOU

- 1. Your name
- 2. Physical characteristics
- 3. In society
- 4. As an individual

#### III. WHAT CAUSES YOU TO DEVELOP A SELF-CONCEPT

- 1. Interaction with parents
- 2. Interaction with siblings
- 3. Interaction with peer group

#### IV. HOW DOES YOUR PERSONALITY TAKE SHAPE

- 1. Introjection
- 2. Identification
- 3. Sublimation
- 4. Misuse of these mechanisms

# V. WHAT ARE SOME SIGNS OF PERSONALITY PROBLEMS

- 1. Extreme anxiety
- 2. Depression
- 3. Constant excitement
- 4. Withdrawai
- 5. Unusual behavior

# VI. CAN YOU SOLVE YOUR PROBLEMS

- 1. To get help, you must first want help
- 2. Parents as helpers
- 3. Friends as helpers
- 4. Professional help

# VII. WAYS TO PREVENT PROBLEMS

- 1. Relationships with other people
- 2. A code for living
- 3. Getting satisfaction in life
- 4. Getting security
- 5. Realistic goals
- 6. Being emotionally mature
- 7. Watching your actions and reactions

# YOUR FRIENDSHIPS

WHAT would life be without friends. Friendships mean so much that a person probably would not want to live without them. It is easy to understand why most young people are deeply concerned with making and keeping friends.

#### I. BEING A FRIEND

- 1. Ways to show friendship
- 2. How good a friend are you
- 3. Choosing your friends
- 4. Sharing your friends with your family

#### II. BOY-GIRL FRIENDSHIPS

- 1. Building boy-girl friendships
- 2. Conversational cues
- 3. Dating
- 4. Dating manners
- 5. Making a date
- 6. Being a "Good Date"
- 7. Recreation with friends

# III. FRIENDSHIP IN ADULT LIFE

- 1. Importance
- 2. Your extension of friendship and its acceptance or rejection

# IV. SELECTING FRIENDS

- 1. Consider hobbies
- 2. Consider basic beliefs
- 3. Consider recreation interests
- 4. Consider past experiences



#### YOU AND EDUCATION

HAVE you ever had a student ask, "What good is high school?" What did you say? Many times the answer is: "It's important for your future." Does this really pin the problem down?

#### I. WHY GO TO HIGH SCHOOL

- 1. Has become a necessity for employment purposes
- 2. Permits wider choice of occupations
- 3. Helps you to become a better informed citizen
- 4. Greater job security in times of recession
- 5. Helps develop the ability to think, reason, judge
- 6. Society expects a person to have a diploma

# II. WHY HIGH SCHOOL IS AS IT IS

- 1. General courses for all
- 2. Vocational courses for trade bound student
- 3. College preparation

#### III. KNOWING YOUR SCHOOL

- 1. Finding out about the building
- 2. Learning about rules and organizations

# IV. TAKING PART IN SCHOOL ACTIVITIES

- 1. Belonging to a school club
- 2. Which clubs and how many to join

# V. BEING A GOOD SCHOOL MEMBER

- 1. In the classroom
- 2. In the corridors
- 3. In the lunchroom
- 4. In assemblies
- 5. On the campus



# DRIVER'S EDUCATION

GOOD driving is an art that is learned as a result of proper instruction and supervised experience

# I. WHAT IS A GOOD DEFINITION OF DRIVER'S EDUCATION

1. Definition

#### II. WHAT CAN BE TAUGHT IN THE CLASS

- 1. What makes the wheels go around
- 2. Safety on the streets and highways
- 3. Care and service for longer life of your car
- 4. Rules of the road State Driver's Manual
- 5. Habits of the driver and pedestrian
- 6. Commonly used wrenches and tools

#### III. WHAT CAN BE TAUGHT IN THE CAR

- 1. Gauges
- 2. Switches
- 3. Controls
- 4. The power plant

# IV. IMPORTANT DRIVING SKILLS

- 1. Developing smoothness and correct timing
- 2. Backing
- 3. Emergency stops
- 4. Right turns
- 5. Left turns
- 6. Other maneuvers

# V. ADVANTAGES OF DRIVER'S EDUCATION

- 1. Comparison of accident rates
- 2. Insurance rates
- 3. Learning common courtesy on the road



## SELECTING CLOTHES

"I don't have anything to wear!" How many times have you heard this? How many times have you heard the answer, "Why, you have a whole closet full of clothes!"

#### I. AMOUNT TO SPEND FOR CLOTHING

1. What needs to be considered here

#### II. SELECTING OUTER GARMENTS

- 1. Consider your clothing needs
- 2. Consider becomingness
- 3. Consider color
- 4. Consider clothes that go together
- 5. Consider size and workmanship
- 6. Consider the fabric
- 7. Consider your activities
- 8. Consider the season and the locality

#### III. SELECTING UNDERGARMENTS

- 1. Foundation garments
- 2. Construction, fit, and washability
- 3. Garments for sleeping and lounging

# IV. SELECTING ACCESSORIES

- 1. Selecting hats, gloves, handbags, scarves
- 2. Selecting collars, belts, handkerchiefs, jewelry
- 3. Selecting hosiery and shoes
- 4. Selecting rainwear

# V. DAILY, WEEKLY, AND SEASONAL CARE

- 1. Daily care of clothes
- 2. Care of clothes as you wear them
- 3. Weekly care of clothes
- 4. Caring for accessories
- 5. Repairing clothes

# VI. KEEPING CLOTHES CLEAN AND NEAT

- 1. Removing spots and stains
- 2. Washing clothes
- 3. Hand washings
- 4. Dry cleaning clothes
- 5. Ironing and pressing clothes

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# FAMILY MENDING

THE stitch-in-time means fewer clothing replacements and more money for other needs. Taking care of your clothing protects your original investment in that suit, coat, or other garment.

# I. EQUIPMENT AND AIDS

- 1. Needles different kinds
- 2. Thread, pins, thimble, etc.
- 3. Sewing machine use and care

# II. WHERE TO GET PATCH MATERIAL

- 1. Stores
- 2. Old garments

# III. TYPES OF MENDING

- 1. Small repairs
- 2. Repair by piecing or reinforcement
- 3. Patches
- 4. Darns

# IV. MENDING MEN'S AND BOYS' CLOTHING

- J. Men's and boys' coats
- 2. Men's and boys' trousers, shirts, and socks

# V. MENDS FOR COMMON CLOTHING DAMAGE

- 1. Mends in wash pants and slacks
- 2. Mends in shirts
- 3. Mends in dresses
- 4. Mends in robes
- 5. Mends in underwear



# **GROOMING**

AiN attractive appearance can be a key that opens the door to friendships, to a career, and even to happy family living. Teen-age "good looks" are the result of good health, good grooming, good choice of clothing, and a happy outlook on life.

## I. WHAT IS GROOMING

- 1. Definition
- 2. Purpose

#### II. WHY IS GOOD GROOMING IMPORTANT

- 1. Helps avoid minor health problems
- 2. Shows your self-evaluation

#### III. HEALTH AND APPEARANCE

- 1. Your cleanliness affects your appearance
- 2. What you eat affects your appearance
- 3. Exercise affects your appearance
- 4. Sleep and rest affect your appearance
- 5. Your posture affects your appearance
- 6. Your eyes and teeth affect your appearance

# IV. GROOMING AND APPEARANCE

- 1. Hair grooming
- 2. Grooming feet and toenails
- 3. Skin grooming
- 4. Grooming hands and nails



#### **DATING**

MOST every student will get married in the next few years. What can the teacher do to help them be prepared for marriage?

#### I. DATING

- 1. Purpose
- 2. Importance of dating
- 3. Going steady -- advantages and disadvantages

# II. RULES FOR DATING

- 1. Things for the boy to remember
- 2. Things for the girl to remember3. Moral standards
- 4. Dating and parents
- 5. Who takes care of the expenses

#### III. COMPONENTS OF LOVE

- 1. Emetion
- 2. Mutuality (giving as well as receiving)3. Physical attraction
- 4. Satisfying personality needs5. Sacrifice
- 6. Definition of above five and examples of each



### PARTY ETIQUETTE

EVERYONE enjoys a party. It is a good idea to learn to be the kind of guest people like to entertain and the kind of hostess people like to visit.

#### I. IF YOU ARE THE HOST

- 1. Do not try to outdo yourself
- 2. Invite congenial people
- 3. Extend invitations several days in advance
- 4. Select a theme and carry it through
- 5. Make your plans flexible
- 6. You should dress simply
- 7. Direct the guests to a room to leave their wraps
- 8. Be sure people know one another
- 9. See that your guests are having a good time
- 10. Plan special and yet simple refreshments
- 11. Station yourself so your guests can say good-by
- 12. Do not apologize for mishaps beyond your control
- 13. After your guests leave, straighten and clean up the house

#### II. IF YOU ARE A GUEST

- 1. Respond to the invitation by telephone or note
- 2. Arrive on time at the party
- 3. Dress carefully
- 4. Be in a cheerful mood
- 5. Be ready to participate in the entertainment
- 6. Greet your host or hostess before you join the others
- 7. A boy should offer his chair to a girl, a woman, or older
- 8. A girl should accept a chair with a "Thank you"
- 9. Help keep the party going
- 10. Do not be awed by a standard of living that is higher than your own nor contemptuous of one that is lower
- 11. Leave the party at the hour that has been set as a closing time
- 12. Always say good-by to the host or hostess and to the guest of honor
- 13. Say some word of appreciation to the mother and father



# ENGAGEMENT AND MARRIAGE

WHAT happens to teen-age marriages? "Is it a privilege to be forced to choose someone as a lifetime mate before one has found out who one is oneself?"

Margaret Mead

# I. MATURITY AND AGE — IMPORTANCE

- 1. Definition of maturity
- 2. Importance of age at marriage
- 3. The part (1 & 2) they play in dating, engagement, and marriage

#### II. WHAT IS ENGAGEMENT

- 1. Reason for engagement
- 2. Long engagement vs short engagement
- 3. Morals and engagement
- 4. Some danger signs in engagement
- 5. Important issues to be decided during engagement
- 6. Why are engagements broken

# III. RELIGION AND MARRIAGE

- 1. Importance of one to another
- 2. Importance of agreement on religion in a marriage
- 3. Interfaith vs same faith marriages differences



#### BASIC MATH

BASIC math is essential for all students. This unit will help the teacher make sure each student has been exposed to the kind of math he needs.

# I. BASIC MATH SIGNS

- 1. The + sign
- 2. The sign
- 3. The  $\times$  sign
- 4. The  $\div$  sign
- 5. What does each of the above signs mean
- 6. Checking techniques

# II. BASIC MATH AND ITS APPLICATION

- 1. In the store
- 2. At school
- 3. On the job
- 4. In your thinking
- 5. In the newspaper

# III. BASIC MATH — CLASSROOM EXERCISES

- 1. Multiplication
- 2. Division
- 3. Addition
- 4. Subtraction
- 5. Using decimals
- 6. Reading and writing numbers

# IV. BASIC MATH VOCABULARY

19. Difference 1. Add 10. Multiply 2. Decimal 11. Once 20. Borrow 3. Plus 12. Twice 21. Take away Numbers 4. Column 13. Yardstick 22. **23**. Remainder 5. Carry 14. Ruler 24. Product 6. Equal 15. Smaller 7. Fewer 16. Larger 25. Divisor 8. More 17. Subtract 26. Quotient 9. Less 18. Divide



# MAKING CHANGE

IT is important for students to know the value of money and its place in their lives. This unit is designed to give students a general introduction to money and experience in making change.

# I. WHAT IS MONEY

- 1. Definition of money
- 2. Background of money
- 3. Content of various coins and bills

# II. MONETARY DENOMINATIONS

- Explaining the system of 10's
   The value of various coins and bills

#### III. EXPERIENCE IN MAKING CHANGE

- 1. By exercises in math (written and verbal)
- 2. At work
- 3. Shopping
- 4. By exercises in actual classroom money transactions



#### BASIC MEASUREMENT

ADEQUATE knowledge about measurement is a must in many areas of life. Students need to know the basic concepts involved in all types of measurement.

# I. HOW TO USE A RULER, YARDSTICK OR TAPE-MEASURE

- 1. Converting inches to feet
- 2. Converting inches to yards
- 3. Converting feet to yards
- 4. Converting yards to feet and inches

#### II. LIQUID MEASURE

- 1. Measuring by cups, pints, quarts, and gallons
- 2. How to get a correct measurement
- 3. How to read measurements
- 4. Abbreviations for measurements

# III. DRY MEASTARE

- 1. Measurement by ounces, pounds, bushels, pecks, and tons
- 2. How to read a produce scale
- 3. How to read a butcher's scale
- 4. How to weigh yourself properly

# IV. TELLING TIME

- 1. Ability to tell time in seconds, minutes, and hours
- 2. Compare length of day to week, month, and year
- 3. Ability to read a calendar
- 4. Interpretation of working days and holidays
- 5. Knowledge of seasons

# V. MAP STUDY

- 1. How to read a city map
- 2. How to read a state and national map



#### PERSONAL BUDGET

WHEN a student makes a remark such as "I don't have any money left," and it is the middle of the week, you may think he has not been wise in handling his money; ho vever, it may be due to his not knowing about budgets and their use.

# I. WHAT IS A PFRSONAL BUDGET

1. Definition

#### II. WHY HAVE A PERSONAL BUDGET

- 1. Help spend money wisely
- 2. Develops good attitudes toward thriftiness
- 3. Carry-over into adult life
- 4. Prevents indebtedness
- 5. Helps build self-respect

#### III. SETTING UP A BUDGET

- 1. Spending realistically
- 2. Listing bills monthly and extra
- 3. Sticking to it

#### IV. GETTING OUT OF DEBT

- 1. Borrowing money things to remember
- 2. Paying part of each bill
- 3. Finding a better job
- 4. Getting help from public agencies



#### FIGURING WAGES

MANY students never think about figuring wages till they get a job and get their first paycheck; then, they ask, "How can I figure my wages?" This unit will help solve problems related to figuring wages.

#### I. WHAT ARE WAGES

1. Definition

#### II. TYPES OF WAGES

- 1. Hourly
- 2. Weekly
- 3. Monthly
- 4. Piecework
- 5. Overtime

# III. WAGE DEDUCTIONS

- 1. Gross pay How to compute
- 2. Computing social security
- 3. F.I.C.A.
- 4. Company deductions
- 5. Net pay

# IV. WHERE TO GET HELP

- 1. Payroll clerk
- Employer
   Family and friends
- 4. Personnel Policy Handbook



#### **TAXES**

HOW many students know the government is run largely on taxes? Roads, parks, and various agencies are supplemented by taxes. Since some students may make very little in a lifetime, the taxes deducted from their salary will be more noticeable than to those who make more.

# I. WHAT ARE TAXES

1. Definition

# II. WHY HAVE TAXES

- 1. Local, federal, state government
- 2. Benefits received from taxes

#### III. TYPES OF TAXES

- 1. Property tax
- 2. Federal income tax
- 3. Social security
- 4. City and state sales tax
- 5. Various federal, state and local taxes

# IV. FIGURING TAXES

- 1. Sales tax
- 2. Income
- 3. Luxury tax
- 4. State and local

# V. WHERE TO GET AID IN FIGURING TAXES

- 1. State
- 2. Federal
- 3. Private
- 4. Friends
- 5. Self-dependence



# SOCIAL SECURITY

STUDENTS need to know what social security has to offer. This unit will help students see the reasons for social security and its benefits.

## I. WHAT IS SOCIAL SECURITY

- 1. Definition
- 2. Purpose

#### II. HISTORY OF SOCIAL SECURITY

- 1. Before social security
- 2. Beginning of social security
- 3. Changes that have taken place
- 4. Social security today

# III. INFORMATION ABOUT SOCIAL SECURITY FOR STUDENTS

- 1. Use of social security card how it works
- 2. Protections of social security
- 3. How social security benefits the student
- 4. Financing of cid-age, survivors, and disability insurance program



#### **BANKING**

BEING acquainted with services offered by the bank is necessary. The student can better know the services offered there when exposed to a unit such as the following:

#### I. WKAT IS A BANK

1. Definition

#### II. CHOOSING A BANK

- 1. Location is important
- 2. Services offered to you
- 3. Choosing between a state or federal insured bank

#### III. WHAT TO KNOW ABOUT A SAVINGS ACCOUNT

- 1. Understanding interest
- 2. How to make withdrawals
- 3. Power of attorney
- 4. Loans

# IV. CHECKING ACCOUNTS

- 1. Checks and their meanings and value
- 2. Fees for checking accounts
- 3. Balance— How do you keep this
- 4. Maintaining good credit
- 5. Checks as a safeguard
- 6. Good and bad points of checking accounts
- 7. How to write a check
- 8. How to endorse a check
- 9. How to read a check



# **BUYING**

STUDENTS are already involved in some kind of buying and the wise use of money is essential.

# I. WHEN TO BUY

- 1. When there is a need
- 2. When money is available

# II. WHAT YOU BUY

- 1. Is it guaranteed
- Compare goods quality
   Does it serve the purpose
   Name brands vs unknown

# III. HOW TO BUY

- 1. Cash buying
- 2. Installment buying
- 3. Lay-away buying

# IV. THINGS TO CONSIDER

- 1. Depreciation

- Interest on notes
   Exchaning goods
   The importance of receipts
- 5. A legal sales contract



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#### **INTEREST**

HAVE you ever purchased items on a time basis? Were you ever surprised at the amount of interest you had to pay before you were through with the payments? The following points should be presented to all students:

#### I. WHAT IS INTEREST

1. Definition

# II. TYPES OF INTEREST

- 1. On loans
- 2. Items

# III. WHO USES INTEREST

- 1. Business concerns
- 2. Individuals
- 3. Groups

# IV. WHY USE TIME PAYMENTS

- 1. Save cash for emergencies
- Gives you what you need now
   Helps you establish good credit
- 4. Important things to buy on time payment

# V. PROBLEMS IN USING TIME PAYMENTS

- 1. Over-extension of credit
- 2. Understanding contracts before you sign
- 3. Interest vs cash payment

# VI. BORROWING FROM LOAN AGENCIES FOR **NECESSITIES**

- 1. Installment buying
- 2. Small loan agencies
- 3. Banks
- 4. Large loan agencies
- 5. Federal agencies



#### AMERICAN HISTORY

AMERICAN History at this level should be concerned with getting across broad concepts about America's freedom. Threats to freedom should also be presented.

# I. AMERICA WAS FOUNDED BY PEOPLE DESIRING FREEDOM

- 1. What people came to America
- 2. What freedoms were they seeking

#### II. AMERICAN IMMIGRATION

1. The melting pot — the changes over the years

# III. AMERICA AND ITS FREEDOM (civil war)

- 1. Background reasons for
- 2. The war years
- 3. Reconstruction
- 4. The North and South today

# IV. AMERICA AND ITS FOREIGN WARS

- I. War of independence
- 2. Lesser wars
- 3. World War One
- 4. World War Two
- 5. Difference between a war and a police action

#### V. THE CONSTITUTION — ITS UNIQUENESS

- 1. The Bill of Rights
- 2. The purpose
- 3. Reasons why it has survived over the years
- 4. The supreme law of the land

#### VI. THE BRANCHES OF OUR GOVERNMENT

- 1. The Executive branch
- 2. The Legislative branch
- 3. The Judicial branch
- 4. Our system of checks and balances

# VII. THE AMERICAN WAY VS. COMMUNISM

- 1. What is Communism
- 2. Who becomes a Communist why
- 3. Popular misconceptions of Communism
- 4. Dangers of Communism How they work



#### **CURRENT EVENTS**

STUDENTS should be aware of the world around them and what affect it has on them. Current events can be presented effectively throughout the curriculum. Some goals to work toward are:

# I. TO KNOW WHAT CURRENT EVENTS ARE

- 1. Definition
- 2. N.E.W.S. north, east, west, and south
- 3. How is news gathered
- 4. What makes news important

# II. TO BRING ABOUT AN AWARENESS OF OUTSIDE COMMUNITIES

- 1. How do happenings from afar affect you
- 2. How do happenings in your community affect others
- 3. Why do you need to know about what is happening in other parts of the world

# III. TO INTRODUCE SOURCES FOR LEARNING ABOUT CURRENT EVENTS

- 1. Newspapers
- 2. Newsletters and trade publications
- 3. Weekly Readers
- 4. Magazines
- 5. Government publications
- 6. School newspapers
- 7. Church publications
- 8. Radio and television
- 9. Other sources

# IV. TO MAKE STUDENTS AWARE OF OTHER PEOPLE'S PROBLEMS

- 1. War news
- 2. Economic news
- 3. Disaster news
- 4. Strike news
- 5. Famine news
- 6. Oppression news



# **CITIZENSHIP**

THIS unit is concerned with acquainting the student with his responsibility as a citizen. It also points out what responsibility the government has concerning the individual. Some points to be covered are:

## I. CITIZENSHIP IN AMERICA

- 1. Definition
- 2. Historical background
- 3. How an alien can become a citizen

#### II. CITIZENSHIP IN FOREIGN COUNTRIES

- 1. Communist countries
- 2. Compare various countries with the United States

# III. A CITIZEN'S RESPONSIBILITY

- 1. To the nation
- 2. To the state
- 3. To the local community
- 4. To himself

# IV. PRIVILEGES OF A CITIZEN

- 1. Voting
- 2. Holding offices
- 3. Basic freedoms guaranteed by the Constitution
- 4. Others

#### V. RESPONSIBILITIES OF THE GOVERNMENT

- 1. Public health
- 2. Public safety
- 3. Public peace
- 4. Public works
- 5. Others



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#### **PREJUDICE**

THERE'S one thing in common about all prejudices, you have to be taught. "You have to be taught to hate and fear."

The Sound of Music

#### I. WHAT IS PREJUDICE

- 1. Definition
- 2. Can be "against" or "in favor of"

# II. WHAT ARE MINORITY GROUPS

- 1. Cite some examples
- 2. Why are they called this

#### III. DIFFERENT RELIGIONS

- 1. The right to worship
- 2. Prejudices in regard to religions

## IV. ECONOMIC CLASSES

- 1. Name different types and characteristics of each
- 2. Explain how prejudice starts in each class
- 3. Discuss why geography may lead to such classifications

## **V. SOME FRIENDS OF PREJUDICE**

- 1. Stereotype thinking
- 2. Biased thinking
- 3. Name calling
- 4. Smear words
- 5. Hate based thinking
- 6. Insecurity
- 7. Other types of faulty thinking



#### **VOTING**

VOTING is a privilege and responsibility of every citizen. All students should be taught the importance of voting.

# I. WHAT IS A VOTE

1. Definition — what does it represent

#### II. WHAT MAKES AN ELIGIBLE VOTER

- 1. Residence requirements
- 2. Citizenship qualifications
- 3. Rules for registration

# III. WHAT ARE THE QUALIFICATIONS FOR CANDIDATES

- 1. President
- 2. Vice President
- 3. Senators
- 4. Representatives
- 5. Other officials

# IV. IMPORTANCE OF VOTING

- 1. Importance of one vote
- 2. Democracy depends on it
- 3. Insures good government
- 4. Makes you feel responsible



#### **POLITICS**

THE word "politics" has many meanings to people. Some think of it in relation to something underhanded or illegal. Others think of it when they are confronted with anything concerning the Federal Government. Actually, politics involves a great deal more than these and if the student can get a better understanding of what it really means and how it functions daily, he can become a better citizen.

#### I. WHAT IS POLITICS

- 1. Definition
- 2. Historical background
- 3. Where is it used
- 4. How does it affect the government
- 5. How is it used

# II. KINDS OF POLITICS

- 1. Major parties
- 2. Philosophy of parties
- 3. Political terms and usage
- 4. Conventions

# III. POLITICS AND PEOPLE

- 1. Use and misuse of position
- 2. Selection of party and candidates
- 3. Your voice in politics and how to use it
- 4. How to improve politics



### LAWS AND COURTS

THIS is an important subject to be taught at the senior high level. Teachers need to expose students to a positive attitude toward rules, laws, and courts. Some points to be covered are:

# I. DEFINITION OF TERMS

- l. Laws
- 2. Courts
- 3. Rules
- 4. Justice
- 5. Regulations
- 6. Due process of law
- 7. Trials
- 8. Jury
- 9. Judge
- 10. Lawyer
- 11. Other common terms

#### II. WHO MAKES LAWS

- l. Federal
- 2. State
- 3. Local
- 4. Other

# III. HOW ARE LAWS ENFORCED

- 1. Federal Bureau of Investigation
- 2. National Guard
- 3. State Bureau of Investigation
- 4. State Police
- 5. Local Police
- 6. Others

# IV. WHAT IS THE FUNCTION OF COURTS

- 1. Interpret laws
- 2. Insure justice
- 3. Try cases
- 4. Explain how the above three are carried out

#### V. WHAT WOULD HAPPEN WITHOUT RULES

- 1. In the home
- 2. At school
- 3. At play
- 4. On the streets
- 5. In the nation and world around us

#### WAR

WAR is a subject of fascination to most students. It is important for them to be exposed to the reasons for wars so they can understand why the United States gets involved in them.

# I. WHY DOES THE UNITED STATES FIGHT IN WARS

- 1. Our beliefs about Democracy
- 2. Protection of our rights and the rights of others
- 3. Isolation vs interaction

# II. WHAT ARE THE CONSEQUENCES OF WAR

- 1. To the winner
- 2. To the loser
- 3. To those who do not participate in the war

# III. WHAT DOES WAR DO TO A NATION'S MANPOWER AND WEALTH

- 1. The effect of war on manpower
- 2. The change of pace in the economy
- 3. The aftermath of war (when fought on nation's soil)

# IV. THE UNITED NATIONS AND WAR

- 1. Purpose of United Nations
- 2. How does it function
- 3. Is it effective (pro and con)

#### V. THE REALITY OF WAR

- 1. Its influence on those directly involved
- 2. Its influence on those indirectly involved
- 3. The "totalness" of death
- 4. The atrocity of war



#### ATOMIC ATTACK

WILL it ever happen? Would you know what to do? What is so different about an atomic attack?

#### I. WHAT IS A NUCLEAR BOMB

- 1. Definition
- 2. Difference from a conventional warhead

# II. WHAT HAPPENS WHEN AN "A" or "H" BOMB EXPLODES

- 1. Blinding flash
- 2. Gamma rays come next what is their effect
- 3. 1st second is most deadly why
- 4. What about the heat wave
- 5. Shock wave

## III. WHERE AND HOW BOMB WOULD BE DROPPED

- 1. Large cities would be prime targets why
- 2. Strategic areas
- 3. Could be dropped from bombers
- 4. Carried in boats
- 5. Warheads on missiles

#### IV. DO YOU KNOW WHAT TO DO

- 1. What are the warning signals
- 2. Where is a shelter near your home or school
- 3. Importance of learning to follow the rules
- 4. Listen for civil defense broadcasts

# V. WHEN THERE IS NO WARNING

- 1. Take the nearest cover or fall on the ground and cover your face and hands
- 2. Turn away from light instantly
- 3. After 10 seconds pass, leave the blast area
- 4. If you are in a fallout shelter, stay put
- 5. Follow instructions if you are in a shelter



#### **TRANSPORTATION**

TRANSPORTATION is important to the working student. He must know the various routes and carriers to get him to his job and back.

Transportation is also important in the respect of transporting goods. Students need to know the importance and complexity of the transportation network in the nation.

## I. METHODS OF TRANSPORTATION

- 1. Definition of transportation
- 2. Historical development

#### II. MODERN TRANSPORTATION

- 1. All types of "airplanes"
- 2. Space vehicles
- 3. Trucks
- 4. Trains
- 5. Buses
- 6. Cars
- 7. Mono-rails
- 8. Ships
- 9. Others

# III. HOW DOES TRANSPORTATION SERVE PEOPLE

- 1. Commercial
- 2. Pleasure

# IV. LOCAL TRANSPORTATION

- 1. Taxi
- 2. City bus
- 3. Car

### V. LEARNING TO USE TRANSPORTATION FACILITIES

- 1. Reading bus schedules
- 2. Idenitfying bus stops
- 3. Bus routes
- 4. How to get a taxi
- 5. Selecting economical transportation



### **COMMUNITY RESOURCES**

WHAT is of more value to the student and his family than the knowledge of resources available in the community? This unit is designed to make the student more aware of these resources.

# I. WHAT ARE COMMUNITY RESOURCES

- 1. Definition
- 2. Types

## II. USES

- 1. Individual
- 2. Business

## III. HOW PUBLIC SERVICES ARE PROVIDED

- 1. City and state government
- 2. Private business
- 3. Federal government

# IV. COMMUNITY AGENCIES OF ASSISTANCE

- 1. Police
- 2. Fire department
- 3. Welfare agencies
- 4. Health clinics
- 5. United Fund agencies6. Employment agencies
- 7. Other agencies of assistance

# V. HOW ARE COMMUNITY SERVICES SUPPORTED

- 1. Taxes
- 2. Bonds
- 3. Income from services provided
- 4. Philanthropy



# **CONSERVATION**

THE world has many natural resources. The prevention of waste is conservation and conservation is everybody's business.

# I. CONSERVATION OF RESOURCES

- 1. Definition
- 2. Purpose of conservation
- 3. Results of poor conservation

#### II. REPLACING RESOURCES

- 1. Trees
- 2. Soil
- 3. Wildlife
- 4. Other natural resources
- 5. Discuss the time required for the above replacements

# III. DIFFERENT TYPES OF WILDLIFE

- 1. Birds
- 2. Small animals
- 3. Large animals

### IV. THE FOREST

- The forest ranger and his job
   Causes of forest fires
- 3. Reforestation

#### V. WATER

- The water cycle
   The problems of water pollution (causes)
- 3. The importance of water conservation



#### LEISURE TIME

MANY times fear prevents students from engaging in activities they would like to try. Teachers should encourage students to select activities and help them get involved. The following points concerning leisure time should be covered:

#### I. LEISURE TIME

- 1. Definition
- 2. Historical background
- 3. Advantages
- 4. Disadvantages

## II. USE OF LEISURE TIME

- 1. Hobbies
- 2. Civic activities
- 3. Sports
- 4. Church activities
- 5. Family time
- 6. Reading
- 7. Public entertainment
- 8. Second job
- 9. Other constructive uses

# III. PROVISIONS FOR LEISURE TIME

- 1. National and State parks
- 2. National and State museums
- 3. State fairs
- 4. Community projects
- 5. Others

## IV. WHO SHOULD PLAN LEISURE TIME ACTIVITIES

- 1. The individual
- 2. The family
- 3. The church
- 4. The group
- 5. The community
- 6. The government
- 7. The school
- 8. Others



#### RESPONSIBILITY

EVERY person should learn to accept responsibility. Teachers need to help students learn how to handle responsibility.

#### I. WHAT IS RESPONSIBILITY

1. Definition

#### II. WHAT ARE MY RESPONSIBILITIES

- 1. At home
- 2. At school
- 3. On the job
- 4. To the community
- 5. To the nation
- 6. In regard to safety
- 7. Concerning health
- 8. Socially
- 9. Financially
- 10. Morally
- 11. Spiritually
- 12. Educationally
- 13. Others

# III. WHAT DOES BEING A RESPONSIBLE PERSON MEAN

- 1. Accepting responsibility for actions
- 2. Thinking logically
- 3. Working for a living
- 4. Being a good example
- 5. Respecting authority
- 6. Respecting rights of others
- 7. Others

# IV. HOW CAN BEING A RESPONSIBLE PERSON HELP

- 1. Your family
- 2. Your job
- 3. Your personal relationships
- 4. Your education
- 5. Your self-concept



# VOCATIONAL REHABILITATION

VOCATIONAL Rehabilitation and Special Education have correlated their services to provide a complete program for educable mentally handicapped students in grades 10, 11, and 12. The following outline will help teachers familiarize students with Vocational Rehabilitation:

#### I. WHAT IS VOCATIONAL REHABILITATION

- 1. Location (main office)
- 2. Location (field office)
- 3. Where is the counselor in your area

#### II. PURPOSE OF VOCATIONAL REHABILITATION

- 1. In connection with handicapped individuals
- 2. How it helps people to help themselves

## III. SERVICES AVAILABLE

- 1. Psychological evaluation
- 2. Counseling and guidance
- 3. Medical diagnosis
- 4. Correction (surgery, etc.)
- 5. Training on the job or in school
- 6. Helps you get through schoo.
- 7. Helps you find a job
- 8. Provides prostheses when needed
- 9. Maintains complete records for ongoing career planning



#### THE JOB

MANY things need to be considered when you are looking for a job. One of the most important of these is finding the right one for you. This unit is designed to help the student find the right job.

## I. WHAT IS A JOB

1. Definition

### II. HOW TO LEARN ABOUT YOURSELF

- 1. Talk with teachers
- 2. Check school records
- 3. Take a good look at yourself
- 4. Look at your future plans
- 5. Think about what you like to do

#### III. WHERE TO FIND OUT ABOUT JOBS

- 1. From your family and friends
- 2. From your rehabilitation counselor
- 3. From your cooperative teacher
- 4. From the newspaper
- 5. From part-time work experience
- 6. From bulletin boards

# IV. POINTS TO REMEMBER IN CHOOSING A JOB

- 1. Your personality
- 2. Work experience
- 3. Opportunity for the future
- 4. Requirements of the job
- 5. Competition
- 6. Job satisfaction

## V. HOW TO QUIT A JOB

- 1. Take a good look at the reason for quitting
- 2. Find another job first
- 3. Tell the cooperative teacher you are thinking of quitting
- 4. Give proper notice



### APPLICATION BLANKS

ONE of the most important things for students to know and remember is the correct procedure for filling out an application blank. This is often the first thing the employer sees of a prospective employee. His handwriting, spelling, and ability to fill out the form quickly and completely are all important.

#### I. WHAT IS AN APPLICATION BLANK

- 1. Definition
- 2. Purpose

# II. THE PARTS OF THE APPLICATION BLANK

- 1. Information about you
- 2. Information about your family
- 3. Information about your education and training
- 4. Information about your job experience
- 5. Information about who can recommend you (references)

# III. IMPORTANT THINGS TO REMEMBER

- 1. Ask for two application blanks
- 2. Use your manners
- 3. Know how to spell and write common words asked for
- 4. Be able to recognize commonly used words on a blank
- 5. Be prepared
- 6. Use a good pen or pencil
- 7. Be sure to fill in every space
- 8. Ask someone to help you with difficult parts



#### WORK RECORD

EVERYONE needs to know what makes up a work record and why it is important. All students should be exposed to these points:

## I. THE CONTENTS OF THE WORK RECORD

- 1. Your work performance
- 2. Your attitude
- 3. Punctuality
- 4. Adaptability
- 5. Appearance
- 6. Accidents you have on the job
- 7. Other appropriate items

## II. WHAT INFLUENCE DOES YOUR WORK RECORD HAVE

- 1. On your employer
- 2. On your future employers
- 3. On industry in general

# III. HOW DOES IT AFFECT YOU

- 1. You and promotions

- Obtaining future employment
   Salary increases
   Your references
   Helps you to constantly evaluate yourself



### **REFERENCES**

ONE of the most important steps in obtaining employment is the listing of references. Students should be taught the importance of references.

#### I. WHAT IS A REFERENCE

- 1. Definition and examples
- 2. Difference between references
- 3. Purpose of a reference

#### II. WHEN DO YOU USE A REFERENCE

- 1. School entrance
- 2. Getting dates and making friends
- 3. Getting a job
- 4. Examples of references you use every day

#### III. YOU ARE THE NUMBER ONE REFERENCE FOR YOU

- 1. Your behavior
- 2. Personality
- 3. Attitudes
- 4. Past job experiences
- 5. Past job performance

## IV. WHO ARE GOOD REFERENCES

- 1. Your minister
- 2. School person (teacher counselor)
- 3. Past employers
- 4. Others that know your qualifications
- 5. Your banker

# V. IMPORTANT THINGS IN LISTING REFERENCES

- 1. Know your reference
- 2. List only good ones
- 3. Include address, phone number, and position
- 4. Get your reference's permission before you use him



#### YOU AND YOUR JOB

THE most common reason for job failure is lack of proper personality adaption. Students should be exposed to these points:

# I. WHAT IS PERSONALITY

- 1. Definition
- 2. The outer self vs the inner self
- 3. You as a person

# II. ARE YOU AN INDIVIDUAL

- 1. Importance of individual differences
- 2. Are any two people alike
- 3. Do we all want to be the same

## III. ARE OTHERS INDIVIDUALS TOO

- 1. Your neighbor
- 2. Your employer
- 3. Others

#### IV. WHAT MAKES PEOPLE DIFFERENT

- 1. Physical characteristics heredity
- 2. Past learning
- 3. Environment

# V. YOU AND THE JOB

- 1. You as a single member of the work force
- 2. You as a member of a team
- 3. Taking criticism as constructive rather than destructive
- 4. Know your short comings
- 5. Know your boss' personality



### ATTITUDE TOWARD WORK

THE attitude of the worker is an important part of any job. It may be the making or breaking point. Attitudes and their importance are discussed in this unit.

## I. WHAT IS AN ATTITUDE

1. Definition

## II. ATTITUDE — A GAUGE

- 1. Employer's likes and dislikes
- 2. Punctuality and its meaning
- 3. Doing more than is required
- 4. Learning extra things connected with your job
- 5. Your personality in dealing with others

#### III. YOUR ATTITUDE DEPENDS ON MANY THINGS

- 1. Personality and the job
- 2. Happiness on the job
- 3. The art of getting along with others4. Looking at ourselves objectively
- 5. Home life
- 6. Dating
- 7. Marriage
- 8. Feeling toward authority
- 9. Other things



#### WHAT EMPLOYERS WANT

STUDENTS should recognize the importance of doing what their employers expect of them. The following points need to be covered so students will know what to look for:

#### WHO IS AN EMPLOYER

1. Definition

#### II. THE EMPLOYER'S JOB

- 1. Hiring others
- 2. Looking out for the company's interest first
- 3. Making the business pay

#### III. THINGS THE EMPLOYER LOOKS FOR IN AN EMPLOYEE

- 1. Employee qualifications experience
- 2. Employee personality
- 3. Matching a man to a job
- 4. General presentation appearance

# IV. SUBSTITUTES FOR EXPERIENCE

- 1. Part-time jobs
- 2. Hobbies
- 3. Education grades
- 4. Vocational training

# V. YOUR PERSONAL QUALITIES AND THE JOB

- 1. What have you to offer
- 2. Working well with others
- 3. Getting along with the boss
- 4. Desire to learn
- 5. Desire to achieve
- 6. Maturity



#### **TRAINING**

SKILLS are invaluable in the modern world. They are important for special education students because of the difficulty they have finding jobs.

#### I. WHAT IS TRAINING

- 1. Skill preparation
- 2. Preparation for a specific job
- 3. Preparation for future types of employment

#### II. TYPES OF TRAINING

- 1. Schooling
- 2. On-the-job experience
- 3. Combination of both

#### III. TRAINING SCHOOLS AVAILABLE

- 1. Automotive
- 2. Cosmetology
- 3. Business
- 4. General technical

## IV. VALUE OF TRAINING

- 1. Employment enhancement
- 2. Better salary
- 3. Job security
- 4. More opportunity for premotions

# V. THINGS TO CONSIDER IN SELECTING A SCHOOL

- 1. Location
- 2. Cost
- 3. Length of study for certification



#### **EMPLOYMENT AGENCIES**

EMPLOYMENT is vital to the life of every individual. This unit will make students aware of employment agencies and the services they provide.

#### I. PURPOSE

- 1. Counseling (job direction)
- 2. Testing for skills and ability
- 3. Research community labor needs
- 4. Locate jobs
- 5. Place people on jobs

#### II. TYPES OF EMPLOYMENT AGENCIES

- 1. State employment agencies
- 2. Private employment agencies
- 3. School placement programs

## III. LOCATIONS

- 1. Person to contact
- 2. Address and phone number
- 3. How many are there

# IV. IMPORTANT THINGS TO REMEMBER

- 1. Know about fees and interest rates
- 2. Be careful about rider clauses
- 3. Find a reputable one
- 4. The Better Business Bureau (as a checking agency)



### **VOCATIONS**

TODAY, an individual's work may dictate his social status, financial security, and emotional well being. Thus, selecting a vocation is of paramount importance to the student.

# I. VOCATION, WHAT IS IT

1. Definition

# II. WHAT DOES A VOCATION MEAN TO YOU

- 1. Job security
- 2. Promotion
- 3. Higher wages

#### III. CHOOSING A VOCATION

- 1. What do you like

- What do you do well
   What are your abilities
   What experiences have you had
- 5. What training have you had
- 6. How much education do you have

## IV. TRAINING FOR YOUR VOCATION

- 1. What training schools are available
- 2. Which is best for you
- 3. What are the requirements4. Can you receive assistance in getting the training
- 5. On the job training



#### UNIONS

WORKERS, unorganized are weak— workers, organized, are strong. This is why workers join unions.

#### I. WHAT IS THE UNION

- 1. Definition
- 2. Purpose

## II. UNIONS AND BARGAINING POWERS

- 1. Individual bargaining
- 2. Collective bargaining

#### III. HOW DO YOU JOIN THE UNION

- 1. Closed shop
- 2. Union shop
- 3. Maintenance of membership

#### IV. STRUCTURE OF THE UNION

- 1. Officers
- 2. Union representatives in the company3. Local unions
- 4. National union (parent union)

### V. COMPANY UNIONS

1. Unions of the company where they have no parent union

# VI. BAD ASPECTS OF UNIONS

- 1. The initiation fee
- 2. The dues
- 3. No personal choice in case of strike
- 4. In time of strike, loss of income

# VII. GOOD ASPECTS OF UNIONS

- 1. You and your fellow workers are united
- 2. Good pay scale

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- 3. Paid vacation4. Two day weekend or overtime
- 5. Better job security



PART THREE

**RECORD SHEETS** 

## THE UNIT RECORD SHEET

The unit record sheet will help develop the preceding units into one of the most usable guides available for educable mentally handicapped students. It will enable the teacher-coordinator to evaluate each unit by determining how well the students are learning the material presented from the unit. To make the unit record sheet workable, it is important that it is filled out immediately after a unit has been completed.

The parts of the sample unit record sheet, found on the next page, are labeled with letters A through I, and are discussed below, so the teacher-coordinator will be able to use the unit record sheet more effectively:

- A. Unit: The name of the unit that has been taught should be written here.
- B. Number: The number of the unit is to be placed here. This number should correspond to the number listed for the unit in the unit guide.
- C. Grade: The students a teacher-coordinator teaches the unit to should be indicated by circling the appropriate grade.
- D. Date: The date or dates the unit was presented should be written here.
- E. Teacher: The name of the teacher-coordinator who presented the unit is written here.
- F. Student's Name: This column provides space for an alphabetical list of the students who have been exposed to the units. These names could be mimeographed on several blank record sheets at a time.
- G. % tile Rank: This column is included for those teacher-coordinators interested in ranking students according to achievement.
- H. **Performance:** Space is provided here for teacher-coordinator to indicate how well students do in the unit by placing check marks in the appropriate squares.
- I. Remarks: This column is to be filled in by the teacher-coordinator, and should include information that will aid in the evaluation of students or units.



THE UNIT RECORD SHEET

The state of the s

GRADE: Soph. Jr. Sr.

DATE: ......D. REMARKS GOOD FAIR POOR UNIT \_\_\_\_\_\_B... PERFORMANCE . н • EX. . 6 %tile Rank . . . H STUDENT'S NAME

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#### THE STUDENT RECORD SHEET

The student record sheet will provide a comprehensive evaluation of the student's academic achievement. It will be imprinted with the units listed in the unit guide and as the student completes a unit, his performance will be evaluated and recorded. The completed student record sheet will be placed in the student's rehabilitation folder so it will be available for reference. If a student moves, the folder will be transferred to the receiving teacher-coordinator and vocational rehabilitation counselor.

The parts of the sample student record sheet, found on the next page, are labeled with letters A through J, and are discussed below.

- A. Student's Name: The name of the student is written here.
- B. Voc. Rehab. Case No.: (Social Security Number). This number will enable a positive and rapid correlation between vocational rehabilitation and school files.
- C. **Date Enrolled:** This refers to the date the student enrolled in the local cooperative program.
- D. **Date Closed:** This refers to the date the student left the local cooperative program.
- E. Reason: This gives space for writing the reasons for the student leaving the program.
- F. Unit No.: This refers to the number assigned this unit in the unit guide.
- G. Unit Name: The name of the unit that has been taught should be written here.
- H. % tile Rank: This column is included for those teacher-coordinators interested in ranking the student according to his achievement.
- I. **Performance:** This indicates how well the student has done in each unit he has been exposed to.
- J. Remarks: This column is for the individual teacher-coordinator, and should include information that will aid in the evaluation of a student.



# THE STUDENT RECORD SHEET

Student's Name:A  Voc. Rehab. Case No				Date (	Closed:	:	D	
UNIT		% tile	PERFORMANCE					
NO.	UNIT NAME	Rank	EX.	GOOD	FAIR	POOR	REMARKS	
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# PART FOUR

# SUPPORTIVE MATERIALS



#### BOOKS

- Adams, M. THE MENTALLY SUBNORMAL: The Social Casework Approach. New York: The Free Press, 1964
- Anastasi, A. Individual Differences. New York: John Wiley and Sons, Inc., 1965.
- Balcer, C. L., and Seabury, H. F. Teaching Speech in Today's Secondary Schools. New York: Holt, Rinehart and Winston, Inc., 1965.
- Bernstein, B. Readiness and Reading for the Retarded Child. New York: The John Day Company. 1965.
- Best, H., Public Provision for the Mentally Retarded in the United States. Workester. Massachusetts: Heffernan Press, 1965.
- Bucher, C. Activities for Today's Social Studies. Dansville, New York: F. A. Owen Publishing Company, 1965.
- Charney, L., and La Crosse, E. The Teacher of the Mentally Retarded. New York: The John Day Co., 1965.
- Daniels, A. S., and Davies, E. A. ADAPTED PHYSICAL EDUCATION:
  Principals and Practice of Physical Education for Exceptional Students.
  New York: Harper and Row, Publishers, 1965.
- Demos, G. D., and Grant, B. Vocational Guidance Readings. Springfield.
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- Gowan, J. C., and Demos, G. D. The Guidance of Exceptional Children. New York: David McKay Company, Inc., 1965.
- Grant, B., Demos, G. D., and Edwards, W. Guidance for Youth. Springfield, Illinois: Charles C. Thomas Publisher, 1965.
- Hill, P. L. Solving Behavior Problems. Dansville, New York: F. A. Owen Publishing Company. 1965.
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- Kolstoe, O. P., and Frey, R. M. A High School Work-Study Program for Mentally Subnormal Students. Carbondale, Illinois: Southern Illinois University Press, 1965.
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- Shaw. B. Foundations of Citizenship. Phoenix, New York: Frank E. Richards, 1965.
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- Strang. R. Understanding and Helping the Retarded Reader. Tucson. Arizona: The University of Arizona Press, 1965.
- Tinker, M. A. Bases for Effective Reading. Minneapolis, Minnesota: University of Minnesota Press, 1965.
- Willey, R. D., and Waite, K. B. THE MENTALLY RETARDED CHILD: Identification, Acceptance, and Curriculum. Springfi-id, Illinois: Charles C. Thomas Publisher, 1964.
- Wood, M. H. Communication Skills for the Mentally Retarded. Cedar Falls, Iowa: State College of Iowa, Extension Service. 1965.



#### FREE AND INEXPENSIVE MATERIALS

The organizations listed below will send free educational materials and/or price lists for inexpensive educational materials upon request. Allied Trades of the Baking Industry, 625 Madison Avenue, N.Y., 22, N.Y. American Bankers Association, 12 East 36th St., New York 16, N. Y. American Bar Association, 1155 E. 60th Street, Chicago 37, Illinois American Dental Association, 222 E. Superior Street, Chicago II, Illinois American Foundation for the Blind, New York II, New York American Home Economics Assoc., 1600 Twentieth St., N.W., Wash., D.C. American Library Association, 50 E. Huron St., Chicago II, Illinois. American Management Assoc., 1515 Bdwy., Times Square, N.Y., N.Y. American Medical Association, 535 N. Dearborn St., Chicago 10, Illinois. American Occupational Therapy Association, 250 W. 57., New York 19, N.Y. American Petroleum Institute, 1271 Avenue of Americas, N.Y. 17, N.Y. American Psychological Assoc., 1200 Seventeenth St., N. W., Wash., D.C. American Red Cross, Washington, D.C. American Society of Agronomy, 2702 Monroe St., Madison 5, Wis. American Telephone and Telegraph Co., 195 Broadway, New York 7, N. Y. American Trucking Assocation, Inc., 1424 16th St., N.W., Washington, D.C. Associated Master Barbers and Beauticians of America, National Education Council, 537 S. Dearborn St., Chicago 5, Ill. Automobile Manufacturing Assoc., 320 New Center Bldg., Detroit 2, Mich. Bureau of Apprenticeship and Training, Washington 25, D.C. Culinary Institute of America, 309 Prospect St., New Haven, Conn. Department of Labor, U.S. Employment Service, 1724 F. St., Wash., D.C. Mathematical Association of America, Univ. of Buffalo, Buffalo 14, N.Y. Methods and Material Press, 6 South Darby Road, Springfield, N. J. National Art Education Association, Washington, D.C. National Bureau of Standards, Washington, D.C. National Institute of Cleaning and Dyeing, Silver Spring, Maryland National Consumer Finance Association, 100 16 St., N. W., Wash. 6, D.C. National Educational Association, 1201 Sixteenth St., N.W., Wash., D.C. National Funeral Directors Association, 136 W. Wells St., Milwaukee 3, Wis. National Health Council, 1790 Broadway, New York 19, N.Y. National Association of Housing Officials, 1313 E. 60th St., Chicago 37, III. National Association of Insurance Agents, 96 Fulton St., New York 21, N.Y. National Association of Music Therapy, P.O. Box 4, Lawrence, Kansas National Recreation Association, 8 West 8th St., New York 11, N.Y. National Urban League, 14 E. 48th St., New York 17, N.Y. New York Stock Exchange, 11 Wall St., New York 5, N.Y. New York Life Insurance Company, 51 Madison Avenue, New York 10, N.Y. Peace Corps, Washington, D.C. Public Affairs Institute, 312 Pennsylvania Ave., S. E., Washington, D.C. Society of Fire Protection Engineers, 60 Batterymarch St., Boston, Mass. The Carrie Chapman Catt Memorial Fund, 461 4th Ave., N.Y. 16, N.Y. U.S. Department of Agriculture, Washington 25, D.C. U.S. Department of Labor, Bureau of Labor Statistics, Washington 25, D.C. U.S. Public Health Services, Department of H.E.W., Wash. 25, D.C. U.S. Department of Interior, Washington 25, D.C. Vocational Guidance Manuals, Universal Publishing and Distributing Corporation, 800 Second Avenue, New York, N.Y. YMCA, 291 Broadway, New York 7, N.Y.